

Know  
the  
facts.



# HOW WE TALK ABOUT ADDICTION MATTERS

## Reduce the Stigma

### SAY THIS

### NOT THIS

Person with substance use disorder

Addict, user, druggie, junkie, abuser

Disease

Drug habit

Person living in recovery

Ex-addict

Person arrested for a drug violation

Drug offender

Substance dependent

Hooked

Medication is a treatment tool

Medication is a crutch

Had a setback

Relapsed

Maintained recovery; substance-free

Stayed clean

Negative drug screen

Clean

Positive drug screen

Dirty drug screen

Find addiction treatment that meets your needs at [TreatmentAtlas.org](http://TreatmentAtlas.org)  
Dial 2-1-1 to get connected to local treatment and recovery resources  
Call 9-8-8 to reach the Suicide & Crisis Lifeline and speak with a trained crisis specialist

Division of Mental  
Health and Addiction

Shatterproof  
Treatment Atlas

