



FUELING YOUR FAMILY: Food, Fun & Fitness Fair

SATURDAY, JANUARY 29th • 11-3 PM
Glenbrook Square Mall, Macy's Wing



Race over to get on track to a healthier family lifestyle!

- *Plant a Veggie* • *See Drums Alive* • *Make a Meal* • *Win Prizes*
- *Eat Healthy on a Budget* • *Move with Your Family*

...and much more!

Continuous FREE activities for the entire family!

For more details, phone 481-4868.



- * Fort Wayne Cardiology * Lutheran Hospital * Parkview Health System * YMCA of Greater Fort Wayne* IPFW*
- * McMillen Health Center * Purdue Extension * Fred Toenges Shoes & Pedorthics* American Heart Association *
- * Focus On Health * Fort Wayne Community Schools * Fort Wayne Parks & Recreation*



