

A McLaren Company

2022 IHCP Works Seminar Behavioral Health (BH)

Presented By: Amanda Deaton

Agenda

- About MDwise
- Commonly Used Acronyms
- Behavioral Health Provider Enrollment
- Covered Services
- Types of Behavioral Health (BH) Services
 - Outpatient Behavioral Health Professional and Facility
 - **o** Crisis Intervention
 - Intensive Outpatient Treatment (IOT)
 - Opioid Treatment Program (OTP)
 - Psychotherapy Services
 - Substance Use Disorder (SUD)
- Behavioral Health Resources





About MDwise

About MDwise

Our Mission

To enhance client satisfaction and lower total health care costs by improving the health status of members through the most efficient provision of quality health care services.

- MDwise is local and Indiana's only non-profit, provider-sponsored health plan.
- Owned by McLaren Health Care Corporation, a provider-owned, not-for-profit integrated health system with multi-state experience committed to better serving Hoosier families.
- MDwise administers Medicaid and Medicare programs throughout Indiana to ensure all families receive high-quality and affordable health care.
- MDwise has a large network of doctors, specialists, and hospitals throughout Indiana.





Commonly Used Acronyms

Commonly Used Acronyms

| ABA | Applied Behavioral Analysis | LCSW | Licensed Clinical Social Worker | |
|-------|---|------|--|--|
| ASAM | American Society of Addiction Medicine | LMFT | Licensed Marriage and Family Therapist | |
| BH | Behavioral Health | LMHC | Licensed Mental Health Counselor | |
| СМНС | Community Mental Health Center | LOC | Level of Care | |
| CPT | Current Procedural Terminology | MCE | Managed Care Entity | |
| DOS | Date[s] of Service | OMPP | Office Of Medicaid Policy and Planning | |
| DMHA | Division of Mental Health and Addiction | OTP | Opioid Treatment Program | |
| FSSA | Family and Social Services Administration | OTS | Opioid Treatment Services | |
| HCPCS | Healthcare Common Procedure Coding System | OUD | Opioid Use Disorder | |
| HSPP | Health Service Provider in Psychology | PA | Prior Authorization | |
| IHCP | Indiana Health Care Programs | PHP | Partial Hospitalization Program | |
| IOT | Intensive Outpatient Treatment | PMP | Primary Medical Provider | |
| LCAC | Licensed Clinical Addiction Counselor | SUD | Substance Use Disorder | |





Behavioral Health Provider Enrollment

Who can Enroll as a Behavioral Health provider?

- The MDwise Behavioral Health network is made up of a variety of provider types that deliver behavioral health and substance use disorder services.
- BH Provider Types and Specialties listed on the <u>IHCP Behavioral</u> <u>Health Services Module</u> and the <u>IHCP Provider Enrollment Module</u> can enroll as a rendering provider.





Behavioral Health Provider Enrollment

To become a provider, visit <u>MDwise.org</u>, under the *For Providers* menu and select <u>Become a Provider</u>.





Behavioral Health Provider Enrollment

MDwise utilizes the <u>IHCP MCE Practitioner Enrollment Form</u> to enroll behavioral health providers.

| Hoosier Healthwise | Н | P | Hoosje CARE CONNE | | |
|---|--|------------------------|---------------------------------|------------------------------------|--|
| IHCP MCE PRACTITIONER ENROLLMENT FORM | | | | | |
| This form is used to enroll participating practitioners | with any of the Indiana | Health Coverage Progra | ems (IHCP) managed care entitie | s (MCEs). | |
| Please select the programs for which this form applies: Healthy Indiana Plan (HP) Hoosier Healthwise Please indicate if this is a new enrolment or an enrolment update: New enrolment Update (HI out up | | | Icosier Healthwise | osier Care Connect ration ONLY) | |
| If an update, please explain what is being updated: | | | | | |
| Council for Affordable Quality Healthcare (CAQH) Number | | | | | |
| Practitioner First Name | Practitioner First Name Mi Last Name Suffix | | | | |
| Degree (check one): MD DO DO | мо 🗌 оем 🔲 с | IRNA 🔲 NP 🛄 🗍 | ONM Cher: | | |
| Social Security Number Date of Birth Gender: OMale OFemale | | | | | |
| National Provider Identifier (NPI) | National Provider Identifier (NPI) Taxonomies (list all) | | | | |
| DEA# CSR# | | | | | |
| License Number & State | | UPIN | INCP Provider ID | | |
| | Physician Specialist NP Supporting a PMP Dehavioral Health Certified Mid-Wife Prenatal Care Coordinator Other | | | | |
| Primary Specialty NP Specialty NP Specialty-Supported? O Yes | | | Yes 🔘 No | | |
| Are you: A Locum Tenem? | Disspital-Based Phys | idan? | ospitalist? | | |
| The National Committee for Quality Assurance (NCQA) requires that health plans assess the cultural, ethnic, racial, and linguistic needs of members of the practitioners in the network. Please provide the following information: | | | | | |
| | trican American/Black Xher (please specify) | Caucasian/White | Dispanic Latino | lative American | |



Behavioral Health Provider Enrollment

- Providers must complete and submit the applicable forms and supporting documents.
- <u>Step-by-step instructions</u> are outlined on our website.

Become a Provider & Provider Network Participation

Provider Network Participation

Thank you for your interest to participate in our network. Before proceeding, please review the "How to enroll with MDwise" section below. The How to Enroll section offers information for providers interested in participating in the MDwise Provider Network.

How to Enroll with MDwise

Please refer to the **step-by-step instructions** to assist you with enrolling in the MDwise network. Once you complete the applicable IHCP MCE Enrollment forms and compile the required documents, submit them either to MDwise Provider Enrollment at <u>prenrollment@mdwise.org</u>, or via fax at 317-822-7310. Providers also have the option of submitting paper request via mail to:

MDwise Provider Enrollment

PO Box 441423

Indianapolis, IN 46244

If the submission is received by MDwise Provider Enrollment at <u>prenrollment@mdwise.org</u>, the submitter will receive an automated email acknowledgment within one hour of submission with the submission tracking number. If the submission is received by MDwise Provider Enrollment via fax or mail, each submission is still assigned a tracking number that will be faxed or mailed back within five (5) business days of receipt.





Behavioral Health Covered Services

Behavioral Health Covered Services

MDwise provides coverage for inpatient and outpatient behavioral health services, including mental health and addiction treatment services in accordance with IHCP guidelines.

Outpatient BH Services include but are not limited to:

- Crisis Intervention
- Intensive Outpatient Treatment (IOT)
- Opioid Treatment Program (OTP)
- Psychotherapy Services
- Applied Behavioral Analysis (ABA)

Inpatient BH Services include but are not limited to:

- Partial Hospitalization Program (PHP)
- Residential Substance Use Disorder (SUD) Treatment

Note: Many of these services have prior authorization requirements. For a comprehensive list, please see <u>Prior Authorization Resource</u> at MDwise.org.



Reimbursement

Hoosier Healthwise Providers

- Contracted Providers: 100% IHCP Medicaid fee schedule amount
- Non-contracted Providers: 98% of the IHCP Medicaid fee schedule for medically necessary services

Healthy Indiana Plan (HIP) Providers

- MDwise will cover and reimburse medically necessary mental health care services, including substance abuse services.
- Contracted/Non-contracted Providers:
 - Medicare reimbursement, if available
 - I 30% of Medicaid rates if the service does not have a Medicare reimbursement rate





Outpatient Behavioral Health Professional and Facility

Outpatient Behavioral Health – Professional Services

- For services rendered on an outpatient basis, providers must identify and itemize services rendered on the professional claim form (CMS-1500/837P).
- Providers are to follow <u>IHCP billing guidelines</u>.
- Providers may bill directly for services rendered, using an individual NPI as the rendering provider on the claim.
- Covered procedure codes can be found on the <u>IHCP Behavioral</u> <u>Health Services Code Table</u>



Outpatient Behavioral Health – Facility Services

- For services rendered at the facility, bill the appropriate clinic or treatment room revenue code on the institutional claim form (UB-04/837I).
- Providers must follow <u>IHCP billing guidelines</u>.
- The most common revenue codes billed include, but are not limited to:

Behavioral Health Treatments/Services

900, 907, 914, 915, 916, and 918



Outpatient Behavioral Health – Facility Services

• More information on covered services can be found on the <u>IHCP Behavioral Health Services Module</u>.

| Code | Behavioral Health Treatments/Services |
|------|---|
| 900 | General |
| 907 | Community Behavioral Health Program (Day Treatment) |
| 914 | Individual Therapy |
| 915 | Group Therapy |
| 916 | Family Therapy |
| 918 | Testing |





Crisis Intervention

What is Crisis Intervention?

Crisis intervention is a short-term behavioral health service available twenty-four (24) hours per day, seven (7) days per week. The goal of crisis intervention is to resolve the crisis and transition the member to routine care and stabilization.



Crisis Intervention

- Crisis intervention does not require prior authorization.
- Crisis intervention includes, but is not limited to:
 - \circ Assessment, planning and counseling specific to the crisis
 - Intervention at the site of the crisis (when clinically appropriate)
 - Pre-hospital assessment
- Crisis intervention services are billed using procedure code H2011 – Crisis intervention service, per fifteen (15) minutes.



Crisis Intervention - Providers

The following IHCP-enrolled behavioral health providers may be reimbursed for Crisis Intervention services on the professional claim:

| Provider Specialty (under type 11 – Behavioral Health Provider) | Provider Specialty Code |
|---|----------------------------|
| Outpatient Mental Health Clinic | 110 |
| Community Mental Health Center | 111 |
| Health Service Provider in Psychology (HSPP) | 114 |
| Licensed Psychologist | 616 |
| Licensed Independent Practice School Psychologist | 617 |
| Licensed Clinical Social Worker | 618 |
| Licensed Marriage and Family Therapist | 619 |
| Licensed Mental Health Counselor | 620 |
| Licensed Clinical Addiction Counselor | 621 |



Crisis Intervention - Providers

The following IHCP-enrolled behavioral health facilities may be reimbursed for Crisis Intervention services when billing on the institutional outpatient claim:

| Provider Specialty (under type 01 – Hospital) | Provider Specialty Code |
|---|----------------------------|
| Acute Care | 010 |
| Psychiatric Facility | 011 |





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Intensive Outpatient Treatment (IOT)

Intensive Outpatient Treatment (IOT)

- Is planned and organized with mental and behavioral health professionals and provides multiple treatment components for the rehabilitation of alcohol, drug abuse and/or psychiatric care in a group setting.
- Is a treatment program that operates:
 - \circ at least three (3) consecutive hours per day
 - \circ at least three (3) days per week
- Includes the following components:
 - \circ Individual, family and group therapies
 - \circ Skills training
 - \circ Medication training and support
 - \odot Peer recovery services
 - \circ Care coordination
 - Counseling



Intensive Outpatient Treatment (IOT)

- IOT is available to members of all ages. Must be provided in an age-appropriate setting for members less than twenty-one (21) years of age.
- IOT services require Prior Authorization.
- IOT can be used for behavioral health and SUD treatment service components.
- Provision of at least 120 minutes of therapeutic interventions per three (3) hour session is required.



IOT Billing Guidelines - Professional

- Providers that bill claims on a professional claim form (CMS-I 500 or the electronic equivalent) should continue to bill as follows:
 - S9480 Psychiatric IOT reimbursed one (I) fee per
 three (3) hours
 - H0015 Drug & Alcohol IOT reimbursed one (1) fee
 per three (3) hours
 - $\odot\,\text{No}$ revenue codes are to be billed with professional claims



IOT Billing Guidelines - Facility

- Facility providers that bill institutional claims (UB-04 claim form or the electronic equivalent) must bill with one of the following revenue codes, based on the type of service rendered:
 - 905 Behavioral Health Treatments/Services Intensive
 Outpatient Services-Psychiatric
 - 906 Behavioral Health Treatments/Services Intensive
 Outpatient Services-Chemical Dependency
 - No HCPCS codes are to be billed in conjunction with the 905 and 906 revenue codes



IOT Limitations

- Members are limited to procedure codes H0015 and S9480 in a professional setting.
- One (1) unit of the appropriate IOT code is equal to three (3) or more hours, and only one (1) unit is reimbursable per date of service.
- Members are **not** allowed to receive any combination of procedure codes on the same date of service.
- For more information, please refer to the <u>Behavioral Health</u> <u>Services Provider Module</u>.





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Opioid Treatment Program (OTP)

- Opioid Treatment Program (OTP) is defined as a daily bundled service used to treat Opioid Use Disorder.
- OTP includes the daily administration of methadone, either at the OTP provider location or as an authorized take-home dose.
 - The use of other agents (e.g., Suboxone, Subutex, Vivitrol, etc.) with or without the daily services is not considered OTP programming.



• Opioid Treatment Program (OTP) daily bundled rates includes reimbursement for the following services:

| Daily | Oral medication administration Methadone administration Pharmacology management | |
|---------------|---|--|
| Weekly | One (I) hour of case management | |
| Monthly | Drug testing Specimen collection and handling 4 hours of group or individual psychotherapy | |
| Every 90 Days | One (I) office visit | |
| As Needed | Hepatitis A, B, and C testing Pregnancy testing Tuberculous testing Syphilis testing Complete blood count | |



Services are available to eligible IHCP members **aged eighteen (18) and older** who meet the following medical necessity criteria:

- Must be addicted to an opioid drug
- Must have been addicted for at least one (I) year before admission to the OTP
- Must meet the criteria for the opioid treatment services (OTS) level of care



Services are available to eligible IHCP members **under the age of eighteen (18)** who meet the following medical necessity criteria:

- Must be addicted to an opioid drug
- Have two (2) unsuccessful attempts at short-term withdrawal management or drug-free addiction treatment within twelve (12) months preceding admission
- Meets the criteria for the opioid treatment services (OTS) level of care



- Prior Authorization is not required for MDwise-contracted, IHCPenrolled OTP providers.
- Prior authorization is required for all out-of-network providers.
- Additional therapy codes are allowed outside of bundle when a relapse occurs.
- Copays may apply to OTP services, depending on the members' health plan.
- For dates of service on or after May 20, 2022, members will be allowed to receive intensive outpatient treatment (IOT) services while undergoing methadone medication-assisted treatment as part of an opioid treatment program.



OTP Billing Requirements

- OTP providers are reimbursed at a daily bundled rate that includes required opioid treatment services. Providers should bill one (1) unit of HCPCS code H0020 for each day a member presents for treatment.
 - H0020 Alcohol and/or drug services; methadone administration and/or services (provision of the drug by a licensed program)
- Providers that allow take-home doses of methadone must bill H0020 with modifier UA for each date of service for which a take-home dose of methadone is dispensed.
- Services are bundled. There are not separate claims for services included in the bundle.





Psychotherapy Services

Psychotherapy Services

Psychiatric evaluations including diagnosis of mental illnesses and evaluation of treatment plans.

- Psychiatric services are billed using covered codes within the CPT code range 90785–90899.
- Certain psychiatric HCPCS have a limits

 90791 Psychiatric diagnostic evaluation
 90792 Psychiatric diagnostic evaluation with medical services
 - These services are limited to two (2) outpatient units per member, per provider, per rolling twelve (12) months without prior authorization.
- Covered Mental Health and Addiction Services Codes can be found on the <u>IHCP Behavioral Health Services Codes Table</u>.



Psychotherapy With Evaluation and Management

- Members can receive a medical evaluation and management (E/M) service on the same day as a psychotherapy service by the same physician or other qualified healthcare professional.
- When psychotherapy is provided in addition to medical management, an appropriate add-on psychotherapy code with E/M may be reimbursed for 90833, 90836 or 90838.





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Inpatient Behavioral Health Services

Inpatient Behavioral Health Services

Inpatient care is provided in a freestanding psychiatric hospital or the psychiatric unit of an acute care hospital when the need for admission has been certified.

A psychiatric hospital must meet the following conditions to render services:

- Enrolled in the IHCP
- Provide services under the direction of a licensed physician
- Meet federal certification standards for psychiatric hospitals
- Obtain a prior authorization



Inpatient Behavioral Health Services

- Hospital inpatient claims consist of the following reimbursement methodologies:
 - A diagnosis-related group (DRG) system that reimburses a percase rate according to diagnoses, procedures, age, gender, and discharge status

• A level-of-care (LOC) system that reimburses psychiatric services

• MDwise requires PA for all psychiatric and SUD inpatient stays.





Substance Use Disorder (SUD)

SUD treatment provides short-term, low-intensity and highintensity treatment for opioid use disorder (OUD) and other substance use disorders (SUDs) in facilities registered as Substance Use Disorder (SUD) Residential Addiction Treatment Facility Provider Specialty Code - 836.

Treatment is based on the following American Society of Addiction Medicine (ASAM) Patient Placement Criteria:

- ASAM Level 3.1 Clinically Managed Low-Intensity Residential Services
- ASAM Level 3.5 Clinically Managed High-Intensity Residential Services

MDwise requires prior authorization for SUD residential stays and requires Place of Service (POS) 55 to be billed on the claim.



Substance Use Disorder (SUD)

Residential addiction treatment facility (provider type 11, specialty 836) is limited to billing only the following procedure codes:

○ H2034 – Low-intensity residential treatment

- O H0010 High-intensity residential treatment
 - UI Member is an adult (age 19 years and older)
 - U2 Member is a child (age 0 through 18 years old)
- All claims must be submitted on a CMS-1500 claim form.
- Claims must be billed as one (1) date of service per line.
- SUD residential providers must use their group NPI for the rendering provider in Field 24J.





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Partial Hospitalization Program (PHP)

Partial Hospitalization Program (PHP)

Provide a transition from inpatient behavioral health hospitalization to community-based care or, in some cases, substitute for inpatient admission.

To qualify, members must have a mental health diagnosis and one of the following:

- Short-term deficit in daily functioning
- High probability of serious deterioration of the member's medical or mental health
- Must have ability to reliably maintain safety when outside of the facility



Partial Hospitalization Program (PHP)

- Services must be ordered and authorized by a psychiatrist.
- A face-to-face evaluation and assignment of a mental health diagnosis must take place within twenty-four (24) hours following admission to program.
- Program must include four to six (4-6) hours of active treatment per day and be provided at least four (4) days per week.
- The program has a high degree of structure and scheduling and does not mix PHP patients with other outpatients.



Partial Hospitalization Program (PHP)

- Services for partial hospitalization must be submitted on a CMS-I 500 with HCPCS H0035 – Mental health, partial hospitalization, treatment, less than twenty-four (24) hours.
- Facility providers must submit a UB-04 with one of the following revenue codes:
 - 912 Behavioral Health Treatments/Services Extension of 090X-Partial Hospitalization-Less Intensive
 - 913 Behavioral Health Treatments/Services Extension of 090X-Partial Hospitalization-Intensive





Behavioral Health Resources

Behavioral Health Resources

For a full list of MDwise behavioral health resources please visit our <u>Behavioral Health</u> page on our website. On the MDwise website you'll find:

- Program guides
- Quality resources
- Clinical practice guidelines
- Member resources



IHCP - Banners and Bulletins

| Banners | <u>BR201807</u> | IHCP removes linkages between certain CPT codes and revenue code 513 and adds coverage to 9XX series revenue codes |
|-----------|------------------|--|
| | <u>BR201944</u> | IHCP clarifies billing requirements for mental health therapy services in outpatient facilities |
| | <u>BR202216</u> | IHCP removes same-day billing restriction for IOT and OTP services |
| Bulletins | <u>BT201755</u> | IHCP issues revised reimbursement policy and billing guidance for OTP-specific services |
| | <u>BT201801</u> | IHCP enhances coverage for substance use treatment |
| | <u>BT2020122</u> | IHCP announces procedure codes for newly enrolled behavioral health professionals |
| | <u>BT202239</u> | IHCP announces final 2022 telehealth and virtual services code set |



Resources

MDwise Manuals

https://www.mdwise.org/for-providers/manual-and-overview

IHCP Provider Modules

https://www.in.gov/medicaid/providers/provider-references/provider-referencematerials/ihcp-provider-reference-modules/

MDwise Provider Customer Service Unit (PCSU) 1-833-654-9192

MDwise Member Customer Service



MDwise Provider Relations Team

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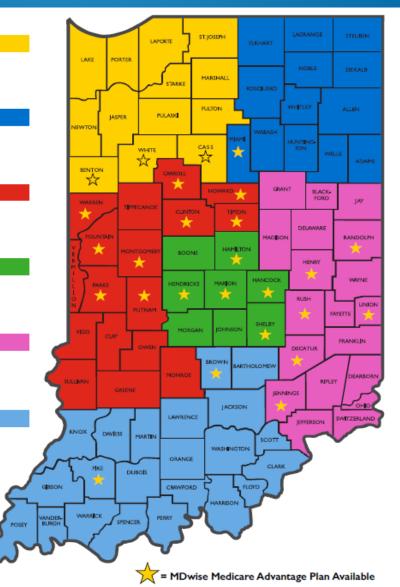
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Thank you!



QUESTIONS?



