



Indiana's Tobacco Burden



Tobacco use is the single most preventable cause of death and disease in the United States. Annually cigarette smoking causes more deaths than alcohol, AIDS, car accidents, illegal drugs, murders and suicides, combined. The impact of tobacco on Indiana is staggering, costing Hoosiers 9,700 lives each year.

Data shown here are smoking rates for Indiana and some comparisons with the U.S. This data illustrates the great burden smoking places on all Hoosiers.

Indiana Adult Smoking Rates

- Indiana's adult cigarette smoking rate is 23.1%, a statistically significant decrease since 2001.
- Over 1 million adults in Indiana smoke cigarettes.
- Indiana ranks high among states in adult smoking prevalence, and is higher than the U.S. rate of 17.9%.
- Indiana smoking rates for men remain higher than those for Indiana women. Hoosier smoking rates by gender are also higher than the national rates.

Indiana Youth Smoking Rates

High School Smoking – 18%

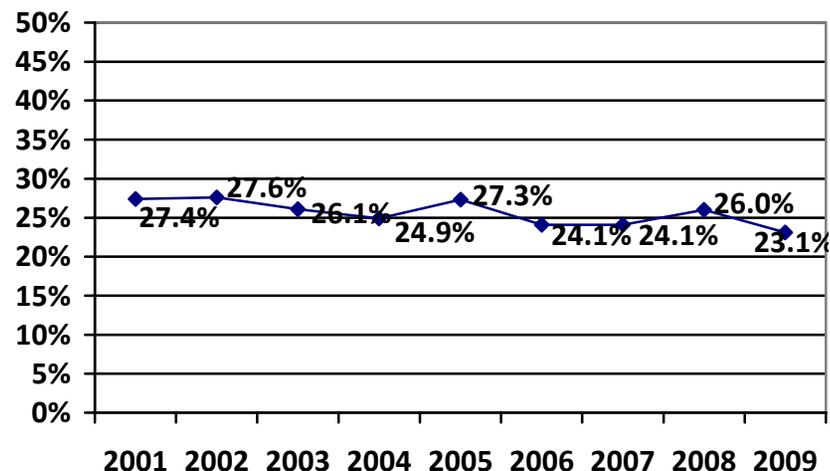
A 43% decline from 32% in 2000 to 18.3% in 2008

Middle School Smoking – 4%

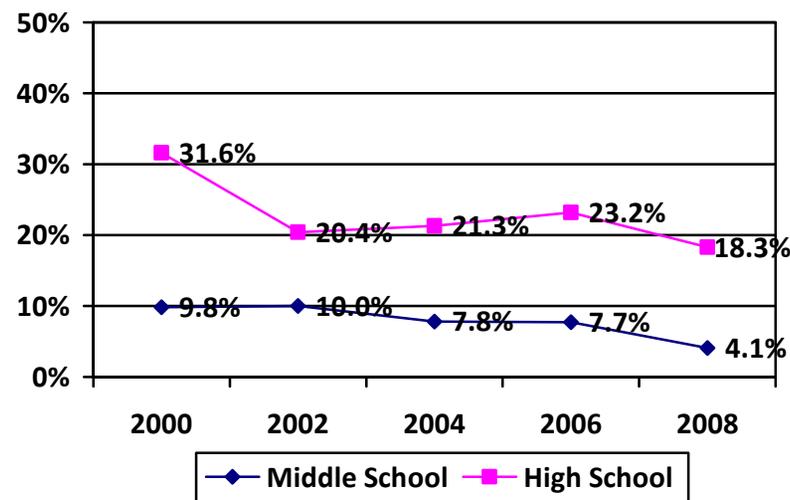
A 59% decline from 10.0% in 2000 to 4.1% in 2008

- Dramatic gains have been made among “frequent” smokers, or youth who report smoking 20 out of the last 30 days. An estimated 8.7% of high school youth and 1.4% of middle school are established smokers that will likely become addicted adult smokers. This is a significant decline from 2006 and since 2000.

Indiana Adult Smoking Rates, 2001-2009 BRFSS



Indiana Youth Smoking Rates, 2000-2008 IYTS





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Smoking by Pregnant Women in Indiana

- Indiana's smoking rate among pregnant women has declined to 17% from 21% in 1999. However this is still one of the highest smoking rates in the country.
- County rates range from 32% to 4%. Seventy-one (71) of Indiana's 92 counties have a smoking during pregnancy rate higher than the Indiana average. All but four Indiana counties have a smoking during pregnancy rate higher than the United States average.
- Smoking during pregnancy is associated with poor health outcomes, such as low birth weight, growth retardation, and spontaneous abortions. Prenatal exposure to secondhand smoke is also harmful to children affecting mental development.

Indiana's Tobacco Policies

- Current Indiana state cigarette excise tax: 99.5 cents
- The average state tobacco tax is \$1.42, with taxes ranging from 17 cents to \$3.46.
- As of July 2010, approximately 30% of all Hoosiers are protected from secondhand smoke by a local smoke free air law that covers workplaces and restaurants. Only 8% are protected by a local law that covers workplaces, restaurants, and bars.

What Tobacco Costs Indiana

- Medical costs related to smoking in Indiana: Over \$2 billion annually
- Medicaid expenditures directly related to tobacco: \$487 million
- For every pack of cigarettes sold in Indiana, Hoosiers spend \$7.57 in health care costs related to smoking.

Smoking rates of Hoosiers illustrate why tobacco use greatly impacts our state. Through Indiana's comprehensive tobacco control program we continue to raise Hoosiers' awareness of tobacco prevention and control issues. These tobacco control efforts are beginning to be realized through reductions in youth smoking, but it will take some time before we will see declines in Indiana high adult and pregnant women smoking rates. Join the fight so all Hoosiers can live without tobacco!

Sources: 2009 Behavioral Risk Factor Surveillance Survey; 2000-2008 Indiana Youth Tobacco Survey; 2006 Indiana Birth Certificate Data; 2004 National Health Interview Survey (NHIS); Centers for Disease Control and Prevention. Sustaining State Funding for Tobacco Control: Data Highlights-2006; ITPC policy tracking