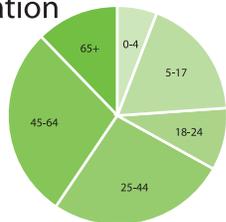


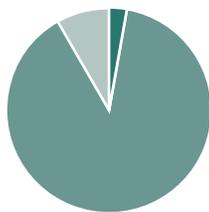
# Porter County

Lead agency:  
**Valparaiso University**  
 Coalition Coordinator: Ryan Singh

Total Population  
 164,343



Population by age group



Population by race

Hispanic  
 White  
 African American

836 LaPorte Avenue  
 Valparaiso, IN 46383  
 Ph: (219) 464-6722  
 Fx: (219) 464-5425  
 ryan.singh@valpo.edu



## TOBACCO AND HEALTH IN PORTER COUNTY

### Percent of adults who smoke

**21.4%** = 26,626 smokers



### Smoking and pregnancy

**Births affected by smoking** **192**

*low birth weight, SIDS, reduced lung function*

**Cost of smoking related births** **\$260,084**

### Lung cancer deaths per 100,000 residents

**52.4**

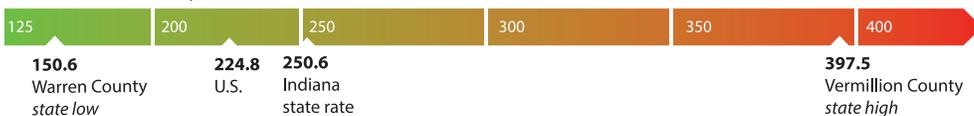


### Percent of pregnant women who smoke

Indiana ..... **15.1%**  
 Porter County..... **10.5%**

### Cardiovascular disease deaths per 100,000 residents

**213.2**



### Smoking deaths

**Deaths attributable to smoking**  
**283**

**Deaths due to secondhand smoke**  
**36**

**Economic burden of secondhand smoke: \$33 million**

### Asthma related emergency room visits per 10,000 residents

**36.9**



### Smoking related illness

**8,498**

## TOBACCO CONTROL FUNDING

**\$200,000**

Funding in Porter County for July 2015- June 2017.

**\$6.1 billion**

Economic cost in Indiana due to smoking, according to the Centers for Disease Control.

Cost per Indiana citizen: **\$920**

## TOBACCO FREE POLICIES

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### Hospitals and Health Care Facilities:

- Porter-Portage Hospital Campus • Porter-Valparaiso Hospital Campus • Regency Hospital of Porter County • Hilltop Community Health Center • Porter-Starke Services • Regional Mental Health Center

### Colleges and Universities:

- Ivy Tech - Valparaiso • Ivy Tech - Portage • Valparaiso University

### School Districts:

- Duneland School Corporation • East Porter Community School Corporation • M S D of Boone Township • Portage Township Schools • Porter Township School Corporation • Union Township School Corporation • Valparaiso Community School

### Multi-Unit Housing:

- Housing Opportunities • East Pointe Apartments

## COMMUNITY-BASED TOBACCO CONTROL COALITION

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- |   |   |  |
|---|---|--|
| • Portage Township Schools                | • Dr. John Johnson and Associates       | • Mittal Steel   |
| • Valparaiso Community Schools            | • Porter-Starke Services                | • Urshel Labs  |
| • Duneland School Corp                    | • Mental Health America                 | • Smith Readymix                                       |
| • Porter County Education Inter-local     | • St. Mary Medical Center               | • Steelworkers Union #6787                             |
| • Valparaiso University                   | • St. Anthony Medical Center            | • Anthem   |
| • Ivy Tech Community College              | • Heartland Christian Church            | • GMW Consultants, Inc. Western and Southern Insurance |
| • East Porter County Schools              | • United Methodist Church               | • Portage YMCA   |
| • Union Township Schools                  | • Porter County Step Ahead              | • Valparaiso YMCA                                      |
| • Hebron High School                      | • Porter County Substance Abuse Council | • Boys & Girls Club of Porter County                   |
| • Porter Hospital                         | • American Cancer Society               | • Duneland School Corp                                 |
| • Porter County Health Department         | • American Heart Association            | • Portage Township Schools                             |
| • HealthLinc Community Health Center      | • United Way of Porter County           | • Union Township Schools                               |
| • Northshore Health Clinic                | • Society of Human Resource Managers    | • East Porter County Schools                           |
| • Society for Nurses in Advanced Practice | • Centier Bank                          | • Heartland Christian Church                           |
| • WebMD                                   | • Opportunity Enterprises               | • Geminus Head Start                                   |
|   |   | • Housing Opportunitites                               |

## COMMUNITY INDICATORS

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**Protect and maintain local tobacco control coalition** infrastructure needed to combat tobacco use, as well as working with community organizations to reduce tobacco use among those groups most impacted by tobacco

### Decrease adult smoking rates by:

- Promoting the Indiana Tobacco Quitline (1-800-QUIT NOW) throughout the community
- Working with healthcare providers to ensure they ask, advise, and refer their patients to tobacco cessation resources
- Supporting employers to create a healthier workforce through providing tobacco employer-sponsored cessation resources to their employees

### Decrease youth smoking rates by:

- Supporting community efforts for counter tobacco point-of-sale strategies at the local level

### Protect Hoosiers from exposures to secondhand smoke by:

- Supporting local or statewide smoke-free air ordinances for worksites, including restaurants, bars and gaming facilities
- Working toward smoke-free policies in multi-unit housing

