

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 15G294	X2) MULTIPLE CONSTRUCTION A. BUILDING 00 B. WING _____	X3) DATE SURVEY COMPLETED 07/05/2013
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NAME OF PROVIDER OR SUPPLIER CARDINAL SERVICES INC OF INDIANA	STREET ADDRESS, CITY, STATE, ZIP CODE 1763 HARTZLER WARSAW, IN 46580
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W000000	<p>This visit was for a fundamental annual recertification and state licensure survey.</p> <p>Dates of Survey: July 1, 2, 3 and 5, 2013.</p> <p>Facility number: 000813 Provider number: 15G294 Aim number: 100235010</p> <p>Surveyor: Kathy Wanner, QIDP.</p> <p>These federal deficiencies also reflect state findings in accordance with 460 IAC 9. Quality Review completed 7/16/13 by Ruth Shackelford, QIDP.</p>	W000000		

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (see instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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W000198	<p>483.440(b)(1) ADMISSIONS, TRANSFERS, DISCHARGE Clients who are admitted by the facility must be in need of and receiving active treatment services.</p> <p>Based on observation, record review and interview for 1 of 4 sampled clients (client #1), the facility failed to ensure client #1 was in need of and receiving continuous and aggressive active treatment services and training.</p> <p>Findings include:</p> <p>Observations of the home where client #1 lived were conducted on 7/1/13 from 5:07 P.M. through 6:37 P.M. Client #1 was independently making corn bread, measuring out each ingredient, locating equipment and setting the oven temperature. Client #1 continued to prepare dinner while she discussed with staff what she (client #1) wanted to do on her outing for the evening. Client #1 chose to go to the library to download some items on to her I-pod, and to check out cook books. Client #1 selected to eat her leftover pizza for dinner and heated it up in the microwave independently. After finishing her meal client #1 rinsed her dishes and put them in the dishwasher, then began to clear the table without prompting. Client #1's room was clean, neat, smelled of air freshener and was personalized. Client #1 had a large tote</p>	W000198	<p>W 198</p> <p>Clients who are admitted by the facility must be in need of and receiving active treatment services.</p> <p>Cardinal Services, Inc. is asking permission for the completion date for the W198 tag to be extended from August 4, 2013 to November 4, 2013.</p> <p>The following steps have been implemented to ensure client # 1 will begin receiving appropriate services.</p> <p>Step one: On July 2, 2013 Cardinal Services notified the District 2 BDDS Coordinator of the potential W-198 for client #1.</p> <p>Step two: On July 19 the District 2 BDDS Coordinator acknowledged receiving notification from the state level that client #1 had been decertified from services and</p>	11/04/2013			

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	<p>full of craft items and another tote of baking equipment. Client #1 indicated she had an air freshener plugged in, and asked if she was allowed to use the kind that melts wax. Client #1 indicated she had two of those, but was informed she couldn't use them due to safety issues. Client #1 indicated she wanted to speak with the residential manager and this surveyor privately.</p> <p>On 7/1/13 at 5:37 P.M. client #1 stated, "Can you decertify me?" Client #1 indicated she had been approved to move into another program three years ago when the facility where she was going to move into was closed down. Client #1 indicated she was independent with her medications, self care, and cooking. Client #1 stated, "I do everything independently." Client #1 stated, "I am a good cook. I have made pumpkin rolls, cheesecake, tortilla crusted chicken, and carrot cake all from scratch." Client #1 indicated she also liked to knit and crochet, showing this surveyor a flawlessly crocheted blanket. She also displayed crocheted headbands and a scarf made out of fishnet ribbons. Client #1 indicated she usually sells the items she makes. Client #1 stated, "I have even taught some of the staff how to crochet." Client #1 stated, "I have my own cell phone and I-pod, I make my own calls</p>		<p>requested information to apply for Level of Care.</p> <p>Step three: On July 19, 2013 Cardinal Services provided the District 2 BDDS Coordinator with client #1's Comprehensive Functional Analysis. (See attachment A)</p> <p>Step four: on July 22, 2013 Cardinal Services provided the District 2 BDDS Coordinator with client #1's Confirmation of Diagnosis. (See attachment B)</p> <p>Step five: On July 24, 2013 the District 2 BDDS Coordinator contacted Cardinal Services to schedule a team meeting to take place no later than August 5, 2013 to ensure all necessary steps are in place to move forward with client #1's move to the Waiver program.</p> <p>Step six: Once the Level Of Care score is received the District 2 BDDS Coordinator will work with Cardinal Services' Residential Coordinator to obtain timely, appropriate placement for client #1.</p>		

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	and can text. I know how to use a debit card." Client #1 indicated she goes to craft club twice a month, stating, "My father takes me and drops me off." When asked about employment, client #1 stated, "I work at the workshop. I did work in a nursing home in housekeeping, but I called off twice in ninety days and they fired me." Client #1 stated, "I am not sure if I should tell you this or not, but I have anger problems. If someone is nice to me, I am nice back, but if they are mean to me I tend to get mean back." Client #1 indicated she only got along with two of the other ladies in the home [client #2] and [client #6], "Because they are so sweet. Last Monday [client #3] threw her lunchbox at me. I threw it back at her. I didn't know there was a pop bottle in it. After the whole altercation I walked outside to be alone. Then I saw staff following me, so I awoled (left property). I ran down where the road construction is, staff tackled me. I have a behavior plan. I have to be on 24 hour supervision. I am on a new pill now, Trileptal (anti-convulsant), I also take Celexa (anti-depressant) and Abilify (anti-psychotic). They really help me calm down." Client #1 indicated she had been living at home with her father prior to moving in to the group home, and was not used to being in a home where so many people lived. Client #1 stated, "I got		To ensure that this deficiency does not occur in the future the QDP, Residential Manager, Residential Coordinator and Direct Support Professionals will thoroughly assess all skill sets of those visiting the home prior to placement and monitor skill advancement annually to ensure for proper placement. Residential Coordinator and District 2 BDDS Office Responsible				

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	<p>arrested back in April. I broke a staff's cell phone. The cops (police) put me in restraint and I was in jail for two days. I then went to [name of mental health facility] for a week. I had a bad day at work. I had things getting thrown at me left and right and then this guy I liked at work got hurt. I should have told staff I was upset when I got home, but I just snapped." Client #1 indicated she should have just gone to her room to be alone to calm down.</p> <p>Observations of the home where client #1 lived were conducted on 7/2/13 from 7:02 A.M. through 8:18 A.M. Client #1 was independently preparing a breakfast she could take with her as she was fasting for labwork. Client #1 packed yogurt, toast and juice. After client #1 made her toast she independently cleaned out the bottom of the toaster. She removed the metal plate to empty the toast crumbs into the trash can. Client #1 then sanitized the counter top cleaning behind each item on top of the counter. Client #1 had a reward chart indicating she had not had any behavior concerns for the month. The chart indicated she was working towards earning an outing to [name of city] with a friend of her choice and one staff. Client #1 discussed with the Residential Manager (RM) what she did on her outing the night before. She had checked out</p>						

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	<p>three recipe books for making cheesecakes, one for making smoothies and one for making Mexican foods. She indicated to the RM she was not able to download items to her I-pod as the system had been running too slow.</p> <p>Observations at the sheltered workshop where client #1 was employed were conducted on 7/2/13 from 1:41 P.M. through 2:45 P.M. Client #1 was observed to be working on a paid job which consisted of assembling 1 small ball bearing, 1 small metal pin, 1 plastic tube and 1 metal tube together then using a manual press to push the 4 items together. Client #1 stated, "I like this job, it is one of the highest paying jobs here. I can make some good money on it." Client #1 was working independently, and remained on task through out the observation period.</p> <p>Client #1's record was reviewed on 7/2/13 at 12:35 P.M. Client #1's record indicated her adoptive father was her legal guardian. Client #1's record indicated she had diagnoses of borderline/mild mental functioning, impulse conduct disorder, mathematics disorder, high cholesterol, mild optic atrophy, frontal lobe function abnormalities, history of seizures, history of abuse prior to 18 months of age and a metal plate placed in her ankle. Client</p>			

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	#1's record indicated she had an Individual Support Plan (ISP) dated 3/14/13 including the following formal goals/objectives: continue exploring employment options in the community, schedule/cancel bus rides with [name of city bus], brush teeth twice a day for two minutes, independently initiate the cooking process on her night to cook, follow the chore chart, independently communicate her plans to staff before finalizing them, make the right decisions concerning her money, bring her lockbox to the medication room at medication pass time, respond positively to other consumers in group home and at work services, set and meet daily production goal (work). Client #1's ISP indicated the following informal goals: initiate laundry process, clean room weekly, make change when in community, punch out, sign for and review facts about her medications at medication pass, walk with her head up to watch where she is going, identify proper authority figures/strangers when in community, practice her reading and writing skills. Client #1's Comprehensive Functional Assessment (CFA) dated 3/14/13 indicated client #1 was independent in oral hygiene needing some assistance with flossing, independent in bathing, dressing/undressing, hair care, shaving, toileting, privacy, independent in meal preparation and clean-up needing						

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	<p>physical assist for using food processor and grilling, independent in laundry needing physical assist for mending clothes and ironing some items, independent in household cleaning, independent in communication, telephone, interpersonal relations, money and exchange, shopping, walking in community, riding bus, community awareness, safety, health care, reading, writing, calendar usage, math except for multiplication and division, independent in time telling needing prompts to arrive on time for appointments, independent with work skills needing a verbal prompt to correct mistakes. Client #1's record indicated she attended an anger management group and individual counseling.</p> <p>An interview was conducted with the Residential Manager (RM) on 7/1/13 at 5:37 P.M. The RM stated, "She (client #1) is very independent if she was in a smaller setting I believe she could be even more independent. She uses the phone, computer, reads, writes. She is also independent with her medications, staff just watch her and sign off. She looks up recipes, goes shopping for supplies and then makes the items. She is a very good cook. She (client #1) also is independent with her money, getting her receipts, and has a checking account, she does need</p>						

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	<p>some assistance with her checking account."</p> <p>An interview was conducted with Direct Care Staff (DCS) #4 on 7/2/13 at 8:03 A.M. When asked about client #1's skills, DCS #4 stated, "She is the youngest one in the house. She likes to go out more. I've never really shown her much. She knows when to take her medications, does it on her own on LOA's (leave of absence). Knows how to pay her rent. She is always sad after she has a behavior. They are sporadic. She is short tempered and just goes off, but then feels bad."</p> <p>An interview was conducted with DCS #3 on 7/2/13 at 8:12 A.M. When asked about client #1's skills, DCS #3 stated, "She pretty much does everything on her own. She cooks. She is very independent. She keeps her money in the office for safety, but she is good with receipts and has some money from her dad she keeps with her."</p> <p>An interview was conducted with facility LPN #1 on 7/2/13 at 3:58 P.M. When asked about client #1's skills, LPN #1 stated, "She is way beyond being ready to move out. She knows her way home through town traffic. She knows her medications. She hasn't had a seizure since she has been here. She may not</p>			

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	<p>always have the best judgement in relationships, but she does not exhibit sexually dangerous behaviors."</p> <p>An interview was conducted with the Qualified Intellectual Disability Professional (QIDP) on 7/2/13 at 10:49 A.M. The QIDP stated, "She (client #1) was slated to move out a year ago, was just starting in supported employment and we felt she would benefit with the continued level of group home structure. I know she is frustrated with the current living arrangement with the other residents. She is higher functioning. She meets all of her goals. She acts out due to her frustrations. She didn't have any behaviors at first or at home with her father, but as time goes on she is having more difficulty. She is independent and was left at home when she lived with her father while he was working. She did some babysitting. She takes her meds (medications). Works on her budget. She has a high production rate in workshop. She is looking into finishing her GED (diploma) and getting her driver's license."</p> <p>An interview was conducted with the Residential Coordinator (RC) on 7/2/13 at 10:38 A.M. When asked about client #1, the RD stated, "She really doesn't need group home services anymore. She is</p>			

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	<p>independent in most areas. Last year we thought she needed to work on some behavior issues, but I think she is ready."</p> <p>An interview was conducted with client #1's legal guardian on 7/3/13 at 3:09 P.M. When asked about client #1 needing continuous training, he stated, "She (client #1) believes she is higher functioning than most of the folks there. She gets a little agitated and it tends to cause her problems. She has some frontal lobe brain problem, and she reacts differently when agitated. She can clean, cook, complete her personal hygiene, works full time at the workshop. I think she needs to move to the next level in her sustaining independence in her life. When she gets her emotions going it can emotionally hurt others like staff who want to be friends with her. She makes friends easily. She just needs everyone to back off, let her walk or calm giving her some space when she gets upset. It is not personal, she just needs some time. I think she is ready to move on and I want to encourage her independence."</p> <p>9-3-4(a)</p>			
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W000312	<p>483.450(e)(2) DRUG USAGE Drugs used for control of inappropriate behavior must be used only as an integral part of the client's individual program plan that is directed specifically towards the reduction of and eventual elimination of the behaviors for which the drugs are employed. Based on record review and interview, the facility failed to include specific criteria as part of a plan of reduction for each medication used for the management or elimination of behaviors and/or symptoms of diagnoses as indicated in 4 of 4 sampled client's (clients #1, #2, #3 and #4) self management plans.</p> <p>Findings include:</p> <p>Client #1's record was reviewed on 7/2/13 at 12:35 P.M. Client #1's physician's order (PO) signed and dated by client #1's physician on 4/26/13 indicated Client #1 was prescribed the following medications for behavior management or elimination of behaviors and/or symptoms of psychiatric diagnoses: Trileptal (anti-convulsant), Abilify (anti-psychotic), and Celexa (anti-depressant). Client #1's self-management plan (SMP) dated 3/14/13 indicated the following plan of reduction: "My Celexa will be reduced when I display 5 (five) or less episodes of aggressive behavior each month for 12</p>	W000312	<p>W 312</p> <p>Drugs used for control of inappropriate behavior must be used only as an integral part of the client's individual program plan that is directed specifically towards the reduction of and eventual elimination of the behaviors for which the drugs are employed.</p> <p>The QDP amended the Medication Plan of Reduction for client #1, #2, #3 and #4 to reflect the purpose for each psychotropic medication, how the effectiveness of the medication will be measured and what specific criteria will be met when the medication will be considered for possible reduction. (See attachment C)</p> <p>The QDP will ensure that the Medication Plan of Reduction for each of the women living in this site is amended by August 4, 2013 to reflect the purpose for</p>	08/04/2013
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	<p>(twelve) consecutive months. My Trazodone (anti-depressant/sleeper) will be reduced and discontinued when a regular pattern of restful sleep is established." Client #1's record indicated Trazodone was discontinued in 5/2013. Client #1's record indicated Trileptal was started in 6/2013 to stabilize frontal lobe brain function. Client #1's SMP did not indicate what behaviors/symptoms Trileptal addressed or how Trileptal's effectiveness would be measured and what specific criteria needed to be achieved for Trileptal to be considered for a possible reduction.</p> <p>Client #2's record was reviewed on 7/2/13 at 12:58 P.M. Client #2's PO signed and dated by client #2's physician on 4/26/13 indicated Client #2 was prescribed the following medications for behavior management or elimination of behaviors and/or symptoms of psychiatric diagnoses: Anafranil (anti-depressant used to treat OCD)(Obsessive Compulsive Disorder) and Risperdal (anti-psychotic). Client #2's self-management plan (SMP) dated 8/14/12 indicated the following plan of reduction: "Anafranil will be reduced if I display five or less episodes of compulsive eating and ten or less episodes of intentional wetting per month for six consecutive months. My Risperdal</p>		<p>each psychotropic medication, how the effectiveness of the medication will be measured and what specific criteria will be met when the medication will be considered for possible reduction.</p> <p>In addition, all Cardinal Services' QDP's will receive training by August 4, 2013 instructing them that each drug that is used to assist a person control their inappropriate behavior must be used only as an integral part of the client's individual program plan. A plan of reduction must be in place for each of these medications that is directed specifically towards the reduction of and eventual elimination of the behaviors for which the drugs are employed and each plan must include the purpose for each psychotropic medication, how the effectiveness of the medication will be measured and what specific criteria will be met when the medication will be considered for possible reduction. (See attachment D)</p> <p>QDP Responsible</p>				

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 15G294		X2) MULTIPLE CONSTRUCTION A. BUILDING 00 B. WING _____		X3) DATE SURVEY COMPLETED 07/05/2013	
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	<p>will be reduced after my Anafranil has been decreased to desired level or discontinued by my psychiatrist and IDT (interdisciplinary team)." Client #2's SMP did not indicate what behaviors/symptoms Risperdal addressed or how Risperdal's effectiveness would be measured and what specific criteria needed to be achieved for Risperdal to be considered for a possible reduction.</p> <p>Client #3's record was reviewed on 7/2/13 at 2:55 P.M. Client #3's PO signed and dated by client #3's physician on 4/26/13 indicated Client #3 was prescribed the following medications for behavior management or elimination of behaviors and/or symptoms of psychiatric diagnoses: Prozac (anti-depressant), Risperdal (anti-psychotic). Client #3's self-management plan (SMP) dated 5/3/13 indicated the following plan of reduction: "1. Risperdal will be reduced following 5 (five) or fewer episodes of aggression each month for 12 (twelve) consecutive months. 2. Prozac will be reduced after Risperdal has been reduced to a desired dosage or discontinued." Client #3's SMP did not indicate what behaviors/symptoms Prozac addressed or how Prozac's effectiveness would be measured and what specific criteria needed to be achieved for Prozac to be considered for a possible reduction.</p>						

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	<p>Client #4's record was reviewed on 7/2/13 at 3:30 P.M. Client #4's PO signed and dated by client #4's physician on 4/26/13 indicated Client #4 was prescribed the following medications for behavior management or elimination of behaviors and/or symptoms of psychiatric diagnoses: Haldol (anti-psychotic), Lamictal (mania/bi-polar), Cogentin (side effects) and Lithium (bi-polar/schizophrenia). Client #4's self-management plan (SMP) dated 9/25/12 indicated the following plan of reduction: "Haldol may be decreased after achieving 2 (two) or fewer acts of self-injurious behavior per month for six consecutive months. Cogentin may be decreased or discontinued with Haldol. A medication reduction plan will be considered for Lithium and Lamictal when Haldol and Cogentin have been decreased to desired levels or discontinued...[Client #4's] IDT recommends careful consideration of her psychiatric history before any reductions are made to her Lithium dosage or her Lithium is discontinued." Client #4's SMP did not indicate what behaviors/symptoms Lithium or Lamictal addressed, how Lithium's and Lamictal's effectiveness would be measured and what specific criteria needed to be achieved for Lithium and Lamictal to be considered for a</p>			

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	<p>possible reduction.</p> <p>An interview was conducted with the Qualified Intellectual Disabilities Professional (QIDP) on 7/5/13 at 12:25 P.M. The QIDP stated, "The (SMP) plans are not currently written with a reduction for each medication and addressing the symptoms of behavior why that medication is prescribed." The QIDP indicated she thought it would be beneficial to have the reduction plans list criteria for each medication and for the SMPs to identify why each medication was taken and what behaviors each medication affected.</p> <p>9-3-5(a)</p>			