

# ASTHMA PROGRAM RESOURCE GUIDE

2014

Chronic Respiratory Disease Section



Indiana State  
Department of Health

This resource guide is intended to help connect Hoosiers with resources about asthma and available services in the community. This resource guide is not intended to provide medical advice.

**If you are currently having a medical emergency or difficulty breathing, please call your doctor or 9-1-1.**

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## General Asthma Information

### Allergy & Asthma Network Mothers of Asthmatics (AANMA)

8201 Greensboro Drive,  
Suite 300  
McLean, VA 22102  
P: (800) 878-4403  
F: (703) 288-5271  
8AM-5PM ET M-TH  
9AM-12PM ET Friday

**Services:** Provides consumer and physician information, educational resources, research information, etc.

### American Academy of Allergy Asthma & Immunology (AAAAI)

555 East Wells St.  
Suite 1100  
Milwaukee, WI 53202-3823

#### Find an Allergist/Immunologist

P: (414) 272.6071  
F: (414) 272-6070

Hours: Monday - Friday, 8AM - 5PM, Central  
**Services:** Provides useful patient information, professional education and physician referral services. To find an allergist in your area, visit the Web site or call the Patient Information and Physician Referral Line.

- Note: The AAAAI cannot answer individual questions relating to the diagnosis or treatment of allergies and asthma.

### American Association for Respiratory Care

9425 N. MacArthur Blvd.  
Suite 100  
Irving, TX 75063-4706  
P: (977) 243-2272  
F: (972) 484-2720

**Services:** Professional society for respiratory therapists, cardiopulmonary services and respiratory trainers.

### American College of Allergy, Asthma and Immunology (ACAAI)

85 West Algonquin Road  
Suite 550  
Arlington Heights, IL 60005  
P: (847) 427-1200  
F: (847) 427-1294  
Email: [mail@acaai.org](mailto:mail@acaai.org)

**Services:** Information pertaining to treatment, diagnosis, medication, shots, allergist care for persons with asthma and allergies.

### American Family Physician- Asthma

#### **Editorial Office**

11400 Tomahawk Creek Pkwy.  
Leawood, KS 66211-2672  
P: 913-906-6205  
F: 913-906-6086

Email: [afpjournal@aafp.org](mailto:afpjournal@aafp.org)

**Services:** Articles and editorials related to allergens, beta agonists, chronic cough, exercise –induced bronchoconstriction, inhalers, and wheezing.

### American Academy of Pediatrics

#### **Healthychildren.org**

141 Northwest Point Blvd.  
Elk Grove Village, IL 60007-1098  
P: (847) 434-4000  
F: (847) 434-8000

**Services:** provides information covering asthma and allergy causes, medication, devices, triggers, and ways to control symptoms.

**American Lung Association of Indiana  
(ALA-I)**

Indianapolis Office  
115 West Washington St.  
Suite 1180 South  
Indianapolis, IN 46204  
P: (317) 819-1181 *or* (800) LUNG-USA  
F: (317)819-1187

**Services:** General information on lung diseases and risk factors such as air quality, asthma, COPD, influenza, tobacco, and tuberculosis. More specific information about services and programs offered in Indiana.

**American Lung Association (ALA) -  
National Headquarters**

1301 Pennsylvania Ave. NW  
Suite 800  
Washington, DC 20004  
P: (202) 785-3355  
F: (202) 452-1805  
Hours: Monday - Friday, 7AM – 7PM, Central

**Services:** General information on lung diseases and risk factors (such as air quality, asthma, tobacco control, environmental health, COPD and influenza) and programs offered by the ALA.

- To speak with a lung health professional, call the American Lung Association Lung HelpLine at **1-800-548-8252**. The Call Center is staffed by Registered Nurses and Registered Respiratory Therapists.
- To locate the American Lung Association nearest you, call **(800) LUNGUSA**
- To contact the National Headquarters of The American Lung Association, call **(212) 315-8700**

**Association of Asthma Educators**

3493 Lansdowne Drive  
Suite 2  
Lexington, KY 40517  
P: 888-988-7747  
F: 859-271-0607

Email: [info@asthmaeducators.org](mailto:info@asthmaeducators.org)

**Services:** Promote asthma education and increase competence of health care providers who provide asthma education, provide information on Asthma events, resources, AAE National Educator Certification Review Courses.

**Asthma and Allergy Foundation of America**

8201 Corporate Drive  
Suite 1000  
Landover, MD 20785  
P: (800) 7-ASTHMA  
Hotline Hours: Monday – Friday, 10AM - 3 PM, Eastern

Email: [info@aafa.org](mailto:info@aafa.org)

**Services:** Provides general information on asthma and allergies certifies products as asthma and allergy friendly, ranks Asthma and Allergy Capitals of the U.S. and creates educational programs. Hotline helps patients and caregivers learn more about asthma and allergies.

**Asthma and Allergy Network Mothers of  
Asthmatics (AANMA)**

8201 Greensboro Dr., Ste. 300  
McLean, VA 22102  
P: 800-878-4403  
F: 703-288-5271  
Hours: Monday-Thursday, 8AM-5PM ET,  
Friday 9AM-12 PM

**Services:** Provides education, advocacy, and community outreach for families affected by asthma and allergies.

[Asthma Community Network.org](http://AsthmaCommunityNetwork.org)

Email:

[networksupport@asthmacommunitynetwork.org](mailto:networksupport@asthmacommunitynetwork.org)

**Services:** Interactive network for community based asthma programs and organizations that sponsor them. Provides information on finding a program, discussion forums, blogs, videos, podcasts, webinar archives, event calendar, and resource bank.

[Centers for Disease Control and Prevention](http://CentersforDiseaseControlandPrevention)

1600 Clifton Rd.

Atlanta, GA 30333, USA

P: (800) CDC-INFO (800-232-4636) TTY: (888) 232-6348

8:00 AM-8:00PM Monday-Friday Eastern

[Contact CDC-INFO](http://ContactCDC-INFO)

**Services:** Provides accurate, timely, consistent, and science-based information.

Representatives available to answer questions in English and **Espanola**.

- Note: CDC does not see patients and is unable to diagnose your illness, provide treatment, prescribe medication, or refer you to specialists.

If you have a medical emergency, please see your health care provider or the nearest emergency room. If you are a health care provider, please contact your state epidemiologist or local health department.

[Environmental Protection Agency \(EPA\)](http://EnvironmentalProtectionAgency(EPA))

U.S. EPA/Office of Radiation and Indoor Air  
Indoor Environments Division

1200 Pennsylvania Ave. NW

Washington, DC 20460

P: (202) 272-0167

TTY (speech-and hearing impaired) (202) 272-0165

[www.noattacks.org](http://www.noattacks.org)

**Services:** Tools for Schools, Air Quality Index and Smoke-free Home Pledge Campaign.

[Environmental Protection Agency Region 5](http://EnvironmentalProtectionAgencyRegion5)

(IL, IN, MI, MN, OH, WI)

77 West Jackson Blvd.

Chicago, IL 60604-3507

P: (312) 353-2000

F: (312) 353-4135

Toll free within Region 5: (800) 621-8431

**Services:** Provides general information on asthma and indoor asthma triggers, as well as descriptions of EPA's community outreach programs.

[Global Initiative for Asthma \(GINA\)](http://GlobalInitiativeforAsthma(GINA))

Contact available only through website.

**Services:** Provides general information on asthma, asthma guidelines for health care professionals and information about World Asthma Day (celebrated each year on the first Tuesday of May).

[Indiana Joint Asthma Coalition \(InJAC\)](http://IndianaJointAsthmaCoalition(InJAC))

615 N. Alabama St., Ste 426

Indianapolis, IN 46204

P: (317) 520-9343

F: (317) 427-2288

**Services:** The Indiana Joint Asthma Coalition (InJAC) is a voluntary network of people and organizations who work to reduce the burden of asthma on people living in Indiana.

[Indiana State Department of Health  
Asthma Program](http://IndianaStateDepartmentofHealthAsthmaProgram)

2 N. Meridian St., 6B

Indianapolis, IN 46204

P: (317) 233-7299

**Services:** Provides general information, state asthma publications, asthma data and statistics, educational materials, and services for controlling asthma in Indiana.

- Note: The ISDH Asthma Program cannot answer individual questions relating to the diagnosis or treatment of asthma.

**National Athletic Trainers' Association**

2952 Stemmons Freeway #200

Dallas, TX 75247

P: (214) 637-6282

F: (214) 637-2206

Career Center (800) 437-5700 **Services:**  
Professional membership for certified athletic  
trainers and those who support the athletic  
profession

**National Heart, Lung and Blood Institute**

National Asthma Control Initiative: Healthcare  
Professionals

NHLBI Health Information Center

Attention: Website

P.O. Box 30105

Bethesda, MD 20824-0105

P: (301) 592-8573

F: (301) 592-8563

Email: [nhlbiinfo@nhlbi.nih.gov](mailto:nhlbiinfo@nhlbi.nih.gov)

**Services:** Information for Health Care  
Professionals including links to Guidelines for  
the Diagnosis and Management of Asthma,  
Guidelines Implementation Panel (GIP):  
Partners putting Guidelines into Practice,  
NACI Demonstrations Projects, and Evidence  
Based Asthma Best Practices.

**National Institute of Allergy and Infectious  
Diseases**

NIAID Office of Communications and  
Government Relations

6610 Rockledge Dr. MSC 6612

Bethesda, MD 20892-6612 (Zip Code for  
Courier: 20817)

P: (301) 496-5717 Toll Free: (866) 284-4107

TDD: (800) 877-8339 (for hearing impaired)

F: (301) 402-3573

**Services:** Conducts and provides information  
for consumers to aid in understanding, treating,  
and ultimately preventing infectious,  
immunologic, and allergic diseases.

**National Institute of Environmental Health  
Sciences**

111 T.W. Alexander Dr.

Research Triangle Park, NC 27709

P: (919) 541-3345

F: (301)480-2978

**Services:**

Provides health studies and clinical trial  
information concerning asthma.

**United States Department of Health and  
Human Services**

**National Health Information Center**

200 Independence Ave S.W.

Washington, D.C. 20201

**Services:** Current health information Tools  
for finding local services, such as

Myhealthfinder (health recommendations  
based on age, sex, and pregnancy status).

Information concerning Health Care reform.

## Telephone Contacts for Asthma Questions

### **Centers for Disease Control and Prevention**

1600 Clifton Rd.

Atlanta, GA 30333, USA

P: (800) CDC-INFO (800-232-4636) TTY:  
(888) 232-6348

8:00 AM-8:00PM Monday-Friday Eastern

**Services:** Provides accurate, timely, consistent, and science-based information.

Representatives available to answer questions in English and **Espanola**.

- **Note:** CDC does not see patients and is unable to diagnose your illness, provide treatment, prescribe medication, or refer you to specialists.

### **Hotline from the Asthma and Allergy Foundation of America**

P: (800) 7-ASTHMA

Hotline Hours: Monday – Friday, 10AM - 3 PM. Eastern

**Services:** Helps patients and caregivers learn more about asthma and allergies.

### **Indiana Family Helpline from the Indiana State Department of Health**

P: (800) 433-0746

Hours: Monday – Friday, 7:30AM – 5:00PM, Eastern

For Additional Information, contact

Mary Bisbecos, M.S., C.I.R.S.

Business Phone: (800) 433-0746

Voice Mail: (317) 233-1230

**Services:** Connects individuals to local resources for various health issues and social services including prescription assistance, Medicaid, smoking cessation, etc.

### **Indiana Tobacco Quitline from Indiana Tobacco Prevention and Cessation**

P: (800) QUIT-NOW (800-784-8669)

Hours: Sunday – Saturday, 8AM - Midnight, Eastern

**Services:** Trained Quit Coaches provide tobacco users with customized quit plans. Services are also available for former smokers who need support to prevent relapse and friends and relatives who want to offer support to tobacco users during the quit process.

### **Lung Line from the National Jewish Medical Center**

P: (888) 222-LUNG

Hours: Monday - Friday, 8AM - 4:30PM, Eastern, messages can be left at anytime

**Services:** Registered Respiratory Nurses answer your lung health questions.

### **Physician Referral Line from the American Academy of Allergy Asthma & Immunology (AAAAI)**

Find an Allergist/Immunologist

P: (414) 272-6071

Hours: Monday-Friday, 8 AM-5 PM, Central

**Services:** Links individuals to local allergists. Note The AAAAI cannot answer individual questions relating to the diagnosis or treatment of allergies and asthma.

## Local Asthma Programs and Resources

### **All About Asthma St. Joseph County**

Robin Meleski, MPH, CHES

Director of Health Education

#### St. Joseph County Health Department

227 W. Jefferson Blvd.

8th Floor- County City Building

South Bend, IN 46601

P: (574) 245-6749

F: (574) 245-6666

Cell: (574) 876-1997

Email: [rmeleski@co.st-joseph.in.us](mailto:rmeleski@co.st-joseph.in.us)

**Services:** Provide literature on health related topics. Lending library allows community educators to borrow materials related to a variety of health topics. Presentations at schools, community centers and private organizations. Innovative health programming. Universal precautions training program. Work with other community organizations on health related task forces.

### Asthma Alliance of Indianapolis (AAI)

#### Marion County Health Department

3838 N. Rural St.

Indianapolis, IN 46205

P: (317) 221-2473

Email: [rcostley@hhcorp.org](mailto:rcostley@hhcorp.org)

**Services:** Provides asthma in-services for school and early child care staff, educational programs for parents, environmental assessments for homes and schools in Marion County and support for community events and policies regarding asthma.

### Boone County Healthy Coalition

#### Tobacco Free Boone County

P.O. Box 214

Lebanon, IN 46052

P: (765) 482-3942

F: (765) 483-4450

**Services:** Educate the public as well as smokers and disparately-affected families about asthma as it ties in with secondhand smoke. Promote asthma awareness in Indiana across health professionals, public health educators, school nurses, as well as families who encounter the respiratory disease

### Cameron Memorial Community Hospital Respiratory Therapy

416 E. Maumee St.

Angola, IN 46703

P: (260) 655-2141

F: (260) 665-2879

**Services:** Pulmonary function testing, Methacholine Challenge, Overnight Oximetry

### Clark County Health Department

#### Environmental Health Program

#### Mold and Air Quality

1320 Duncan Ave.

Jeffersonville, IN 47130

P: (812) 282-7521

F: (812) 288-2711

**Services:** Information concerning mold and moisture, printable list of indoor air quality testing in Southern Indiana.

### Community Action Program, Inc. of Western Indiana

Provides assistance with family life, employment, housing, older adults, and financial planning.

**Services:** Provides Community Resource Directories for Benton, Fountain-Warren, Montgomery, Parke-Vermillion, and Boone Counties in Indiana

## Family and Social Services

### Administration

1-800-403-0864

[FSSA: Contact Us](#)

### Breathing Easier: Making Child Care

#### Asthma Friendly

402 W. Washington St.

P.O. Box 7083

Indianapolis, IN 46207-7083

P: (800) 403-0864

**Services:** Provides information for making child care asthma friendly. Talking points for parents, reducing triggers, and other general information for care givers.

### Healthy Communities of Clinton County Coalition

#### Asthma Education Program

Purdue Extension Office

1111 S. Jackson St.

Frankfort, IN 46041

P: (765) 659-6380

**Services:** Educational program which uses Radical Randy® the teaching doll to enable children learn about the lungs by touch and feel.

### **Franciscan Alliance**

- [Franciscan St. Anthony Health](#)

1201 S. Main St.

Crown Point, IN 46307

P: (219)757-6144

- [Franciscan St. Anthony Michigan City](#)

Michigan City

301 W. Homer St.

Michigan City, IN 46360

- [Franciscan St. Margaret Health](#)

5454 Hohman Ave.

Hammond, IN 46320

P: (219) 933-2014, (708) 895-1650

**Services:** Inpatient and outpatient respiratory care for children and adults including diagnostic, therapeutic and critical care treatment.

### [Franciscan Medical Specialists - Munster Medical Center - Allergy & Asthma](#)

761 45th Ave.

Munster, IN 46321

P: (219) 922-5416

F: (219) 922-3745

**Services:** Comprehensive evaluation, spirometry, and allergy skin testing.

### [Healthy Shelby County](#)

150 W. Washington St.

P.O. Box 1189

Shelbyville, IN 46176

P: (317) 398-5240

Email: [dholland@majorhospital.org](mailto:dholland@majorhospital.org)

**Services:** Provides information concerning current community health data, health and wellness resources, directory listing for resources located in Shelby County, and healthy tools

### [Hendricks County Coalition for Tobacco Intervention and Prevention Hendricks Regional Health](#)

998 E. Main St.

Suite 103

Danville, IN 46112

P: (317) 828-9248

F: (317) 745-9218

**Services:** Information concerning tobacco intervention. Links to additional tobacco intervention and lung health resources.

### [Hoosier Uplands Economic Development Corporation](#)

500 W. Main St.

Mitchell, IN 47446

P: (812) 849-4447 Toll Free (800) 333-2451

F: (812) 849-4467

**Services:** Non-Profit agency based in Southern Indiana. Serves as an Area Agency on Aging, Community Action Agency, licensed Home Health Care and Hospice agency, and Community Housing Development

Organization. Provides community resource information for **Crawford, Lawrence, Martin, Orange, and Washington** counties.

### [Indiana State Department of Health Hospital Directory](#)

**Services:** Searchable site by county with addresses and contact information for all hospitals in Indiana. When calling, ask for the respiratory care educator.

### [Indiana State Department of Health Asthma Program](#)

2 N. Meridian St., 6B  
Indianapolis, IN 46204  
P: (317) 233-7299

**Services:** Provides general information, state asthma publications, asthma data and statistics, educational materials, and services for controlling asthma in Indiana.

### [Indiana Department of Education](#)

South Tower  
Suite 600  
115 W. Washington St.  
Indianapolis, IN 46204  
P: (317) 232-6610  
F: (317) 232-8004

**Services:** In partnership with the Indiana Department of Education, the Chronic Respiratory Disease Section conducts several asthma related trainings for school nurses each year. The trainings cover asthma basics, asthma medications, and how to handle an asthma emergency at school.

### [Indiana Department of Environmental Management 5-Star Environmental Recognition Program](#)

Community Environmental Health  
100 N. Senate Ave. IGCN 1315  
Indianapolis, IN 46204-2251  
P: (317) 233-5555 Toll Free: (800) 451-6027  
F: (317) 233-6647

**Services:** The 5-Star Environmental Recognition Program for Child Care Facilities, a program created by the Indiana Department of Environmental Management (IDEM), ensures that child care providers have taken

steps to reduce and eliminate hazards that can cause permanent, long term developmental problems in young children

### [Indiana University Health Morgan Hospital](#)

Respiratory Therapy/Sleep Center  
2209 John R Wooden Dr.  
Martinsville, IN 46151  
P: (765) 342-8411

**Services:** Provides education to patients on disease management, medications, and recovery goal setting.

### [Major Hospital Cardiopulmonary Department Outpatient Services](#)

150 W. Washington St.  
Shelbyville, IN 46176  
P: (317) 421-1900

**Services:** Pulmonary Function, Test, Pulse Oximetry, Stress Testing, Methacholine Challenge Electrocardiograms, Holter Monitor Application & Scanning, Cardiac Event Monitors  
Sputum Induction for Diagnostic Purposes, Echocardiograms, Pulmonary rehabilitation for inpatients, outpatients and their families,  
**Better Breathers Support Group (meets the 1st Wednesday of each month at 12:30 p.m.)**

### [Parkview Integrated Community Nursing](#)

2200 Randallia Dr  
Fort Wayne, IN 46805  
P: (260) 373-4000  
Deb Lulling, RN, BSN

Asthma Educator/Community Nurse  
**Services:** The Parkview Asthma Call Back Program provides a series of phone calls by an asthma health educator to check on an individual's health status. The program also provides home visits as needed to help reduce asthma triggers in the home, and assists individuals in receiving asthma medications at a reduced cost.

**Partnership for a Healthier Johnson County  
Asthma Coalition**

1125 W. Jefferson St.  
Suite V  
P.O. Box 549  
Franklin, IN 46131  
P: (317) 736-2657  
F: (317) 346-3738  
Email: [partnership@johnsonmemorial.org](mailto:partnership@johnsonmemorial.org)

**Services:** Provide presentations and educational sessions to local schools and adult groups. Also maintain asthma-related supplies and educational materials to distribute to community members and groups.

**Purdue Extension**

Purdue University  
West Lafayette, IN 47907  
P: (765) 494-4600

**Services:** Provides expertise and resources to address the needs of Children and families. Food and Health, Home and Money and Health and Human Services. Office locations available in each county.

**Putnam County Hospital -Respiratory Care**

1542 S. Bloomington St.  
Greencastle, IN 46135  
P : (765) 653-5121 Toll free: (800) 394-9338

**Services:** Treatment of chronic, acute and emergency respiratory illness. Provides aerosolized medications, oxygen, percussion and postural drainage exercises. Arterial Blood Gas sampling, Electrocardiograms, Pulmonary Function Testing, and a sleep lab are also provided.

**Rush Memorial Hospital  
Respiratory Services**

1451 N. Garden St.  
Rushville, IN 46173  
P: (765) 932-7565

**Services:** Provides aerosol therapy, home oxygen qualification, emergency procedures, patient education, smoking cessation, and Pulmonary Function Testing.

**Riley Hospital for Children  
Indiana University Health**

705 Riley Hospital Drive  
Indianapolis, IN 46202  
P: (317)944-2060

**Services:** Provides pediatric pulmonologists and allergy specialists, asthma clinical nurse specialists, pharmacologists, and respiratory therapists, and individual asthma management plans.

**St. Mary's Respiratory Care School  
Outreach**

**St. Mary's Health System**

3700 Washington Ave.  
Evansville, IN 47750  
P: (812)485-4000

**Services:** Provides a Registered Respiratory Therapist, and Asthma Awareness classes.

**St. Joseph Regional Medical Center**

5215 Holy Cross Pkwy.  
Mishawaka, IN 46545  
P: (574) 2475400  
F: (574) 247-5401

**Services:** Educational classes for people with asthma for the proper use of asthma medications and devices including: inhalers, spacers, and peak flow meters. Child education featuring Radical Randy® teaching tool. Pulmonary Function Testing including FeNO testing. Personalized asthma action plans are completed at the end of the class.

**St. Vincent Health**

P: (317) 338-CARE

**Services:** Provides full range of respiratory services. Includes pulmonary function studies, oximeter evaluations, pulmonary rehab, and home therapy education, and Bronchial Thermoplasty. Asthma Clinic provided for increased management skills for individuals with Asthma. Some services provided as outpatient service.

**South Bend Clinic**  
**Allergy and Immunology**  
**Main Campus**

211 N. Eddy St.  
South Bend, IN 46617  
P: (574) 237-9217

**Services:** Comprehensive care for respiratory and allergic diseases including allergic rhinitis, sinus disease, asthma, food allergies, headaches, insect stings and medications.

**Stay Active in Life from Riley Hospital for Children**

705 Riley Hospital Dr.  
Indianapolis, IN 46202  
P: (317) 944-5000 Toll Free (800) 248-1199

**Services:** Program for children addressing nutrition, physical activity, asthma education and being yourself.

**Support Groups – Better Breathers from the ALA**

(Click Programs, then Better Breathers Clubs)  
**Services:** Support group for adults with asthma or other chronic respiratory illnesses.

**Union Hospital-Pulmonary and Lung Health**

1606 N. 7<sup>th</sup> St.  
Terre Haute, IN 47807  
P: (812) 238-7822  
F: (812) 238-4994  
Monday-Friday 8 AM-4:30 PM

Email: [acottrell@uhhg.org](mailto:acottrell@uhhg.org)  
[jimmckanna@uhhg.org](mailto:jimmckanna@uhhg.org)

**Services:** Provides asthma action plans, as well as asthma management, Better Breathers Club, and free educational workshops.

## Environmental Components of Asthma

### **Clark County Health Department**

#### Environmental Health Program

#### Mold and Air Quality

1320 Duncan Ave.

Jeffersonville, IN

P: (812) 282-7521

F: (812) 288-2711

Air Quality Testing Companies

**Services:** Provides a list of companies that conduct air quality testing in Southern Indiana

#### Environmental Protection Agency (EPA)

U.S. EPA/Office of Radiation and Indoor Air

Indoor Environments Division

1200 Pennsylvania Ave. NW

Washington, DC 20460

P: (202) 272-0167

TTY (speech-and hearing impaired) (202)

272-0165

[www.noattacks.org](http://www.noattacks.org)

Environmental Protection Agency

[Healthy Schools Toolkit](#)

#### Environmental Protection Agency Region 5

(IL, IN, MI, MN, OH, WI)

77 W. Jackson Boulevard

Chicago, IL 60604-3507

P: (312) 353-2000

F: (312) 353-4135

Toll free within Region 5: (800) 621-8431

**Services:** Provides general information on asthma and indoor asthma triggers, as well as descriptions of EPA's community outreach programs. EPA has several resources and tools that can be downloaded including *Tools for Schools*, *Air Quality Index* and *Smoke-free Home Pledge Campaign*. Learn more about reducing indoor asthma triggers by visiting the No Attacks Web site.

#### Improving Kids Environment (IKE)

1915 W. 18<sup>th</sup> St.

Indianapolis, Indiana 46202

P: (317) 253-1312

**Services:** Work to improve children's health by reducing environmental threats. Support efforts to improve air quality, such as the *Smart Schools Don't Idle Program*, hold annual conference on healthy homes and have evaluated asthma awareness among Indiana builders and remodelers to facilitate asthma-friendly practices.

#### Indiana Department of Environmental Management (IDEM)

Indiana Government Center North

100 N. Senate Ave.

Indianapolis, IN 46204

P: (317) 232-8603 Toll Free (800) 451-6027

F: (317) 233-7745

#### Office of Air Quality (OAQ) (Compliance)

**Services:** The Office of Air Quality (OAQ) protects the public health and the environment through the fulfillment of its responsibilities as set forth in the Environmental Acts.

#### Smog Watch

**Services:** provides an easy-to-read forecast of air quality in different regions of Indiana.

#### Integrated Pest Management (IPM)

##### **Purdue University, Department of Entomology**

901 W. State St.-Smith Hall

West Lafayette, IN 47907-1158

Email: [luck@purdue.edu](mailto:luck@purdue.edu)

**Services:** Provides regulations and policies for schools and child care facilities, training opportunities, and additional resources.

#### Knozone

**Services:** Air quality forecasts for Indianapolis area and information about the health effects of ozone and fine particles for persons with asthma.

**Vanderburgh County Health Department**  
**Evansville Environmental Protection**  
**Agency (EPPA)**

C.K. Newsome Community Center  
100 E. Walnut St.  
Suite 100  
Evansville, IN 47713  
P: (812) 435-6145

F: (812) 435-6155

Email: [eeepa@evansvillegov.org](mailto:eeepa@evansvillegov.org)

Hours: Monday-Friday, 8A-5P

**Services:** Evansville Municipal Code, Air Permits, Open Burning Regulations, Air Quality Forecasts, Ozone Alerts, Particulate Alerts, Air Quality Alert Archives.

## Prescription Assistance Programs

### Hoosier Rx

**Services:** Help paying the monthly Part D premium, up to \$70 per month, for members enrolled in a Medicare Part D Plan working with HoosierRx

### National Association of Counties

**Services:** Free service that provides prescription coverage to Indiana residents who do not have prescription coverage (may also cover prescriptions that are not covered under other insurance plans). Simply print a card and present to a participating pharmacy with valid prescription. There are no limits on how many times the card can be used, and provides coverage for all family members including provisions for pets.

### NeedyMeds

**Services:** Assistance with prescription costs. Newsletters, discount drug cards, webinars, and links to government programs

### Partnership for Prescription Assistance

**Services:** Assists qualifying patients without prescription drug coverage get the medicines they need for free or nearly free.

### RxAssist

**Services:** Offers comprehensive database of patient assistance programs, practical tools, and articles of current information.

### Rx for Indiana

**Services:** Help for low-income, uninsured Indiana residents get access to patient assistance programs where they qualify for free, or nearly free, prescription medicines.

### Wisconsin Asthma Coalition-Children's Health Alliance of Wisconsin Prescription Assistance Program

**Services:** List of prescription programs created to assist patients nationwide in receiving asthma medications. Assistance programs provided by the drug manufacturer.

## Health Insurance Plans

### Children's Special Health Care Services

#### **(CSHCS)**

2 N. Meridian St.

Indianapolis IN 46204

P: (317) 233-1351 Toll Free (800) 475-1355

Email: [cs hcscarecoordinatio@isdh.in.gov](mailto:cs hcscarecoordinatio@isdh.in.gov).

**Services:** Supplemental insurance program that helps eligible families of children with serious, chronic medical conditions pay for treatment related to their child's condition.

### Hoosier Healthwise Active Health Plans: Hoosier Healthwise

#### Anthem Blue Cross Blue Shield

120 Monument Circle

Indianapolis, IN 46204

P: (866) 408-6131 (Customer Care Center)

Customer Care Center Hours: Monday – Friday, 7AM – 7PM, Easter

#### MDWise

P.O. Box 441423

Indianapolis, IN 46244-1423

P: (317) 630-2831 or (800) 356-1204

Customer Service Line Hours: 24 hours a day, 7 days a week

[Español](#)**Services:** Provides health coverage and information for vulnerable populations in Indiana.

### Healthy Indiana Plan (H.I.P.)

#### Indiana family and Social Services

##### Administration

402 W. Washington St.

P.O. Box 7083

Indianapolis, IN 46207-7083

P: (877) GET-HIP-9 (877) 438-4479

Hours: Monday-Friday, 8AM-& PM Eastern  
Saturday, 8 AM-1 PM Eastern

**Services:** State- sponsored health plan for uninsured low-income Hoosiers between the ages of 19 and 64 years of age.

### Indiana Medicaid/Hoosier Healthwise

#### Indiana Family & Social Services

##### Administration

P: (800) 457-8283

**Services:** Health insurance program for Indiana children, pregnant women and low-income families.

### State Health Insurance Assistance Program

#### (SHIP)

**Services:** free and unbiased insurance counseling program.

## Indiana Asthma Publications

### **Infographic**

#### [Asthma's Impact on Indiana](#)

Indiana's first infographic on asthma management and burden.

#### [Printable version](#)

An 11x17 version of the infographic that is great for hanging up in classrooms, health care provider offices and clinic.

### **Fact Sheets**

#### [2013 Asthma Fact Sheet](#)

The latest information about asthma in Indiana.

#### [Minority Health and Asthma Fact Sheet](#)

Information on asthma burden and management in Indiana's minority populations.

#### [Healthy People 2020 Indiana Brief: Asthma Update](#)

A brief update on Healthy People 2020 asthma objectives in Indiana adults aged 65 and older.

#### [Asthma and Women Fact Sheet](#)

A fact sheet on how asthma affects women.

#### [Asthma and the Flu Fact Sheet](#)

Information on flu prevention for people with asthma.

#### [2012 Asthma Fact Sheet](#)

Fact sheet on the general burden of asthma in Indiana.

#### [2011 CDC - Asthma in Indiana](#)

This CDC fact sheet shows Indiana asthma data.

#### [Work-Related Asthma](#)

Provides information on work-related or occupational asthma and ways to reduce asthma triggers in the workplace.

### **Data**

#### [2012 Age-Adjusted Emergency Department Visit and Hospitalization Rates by County](#)

Age-adjusted rates for asthma ED visits and hospitalizations by county.

#### [2008-2012 Age-Specific Child \(5-17 years\) Emergency Department Visit and Hospitalization Rates by County](#)

Age-specific rates for child asthma ED visits and hospitalizations by county.

#### [Asthma in Indiana Slide Library, January 2014](#)

Includes recent data on asthma in Indiana and has been developed as a resource for those working on asthma in the state.

#### [2011 Age-Adjusted Emergency Department and Hospitalization Rates by County](#)

Detailed rates for each county.

#### [2007-2011 Age-Specific Child Emergency Department and Hospitalization Rates](#)

Rates for Indiana children, by county.

### **Reports**

#### [Indiana Plan to Improve Asthma Outcomes](#)

The current State Plan.

#### [2011 Burden Report](#)

Describes the burden of asthma in Indiana

### **Data Request Form**

To request data from the Chronic Respiratory Disease Section, please fill out [this form](#) and return to [abrandt@isdh.in.gov](mailto:abrandt@isdh.in.gov)

## Asthma Activities for Children

### [AIRNOW from the EPA /KID'S AIR](#)

U.S. EPA Office of Air Quality Planning and Standards (OAQPS)  
Information Transfer Group  
Mail Code E143-03  
Research Triangle Park, NC 27711  
F: (919) 541-0242

**Services:** Online games about outdoor air quality for kids ages 5-6 and 7-10.

### [Camp Eeze-the-Wheeze](#)

Indiana University  
2300 S. Washington St.  
Kokomo, IN 46902  
P: (765) 455-9308  
Camp description: Day camp for 6-13 year olds. Additional camp information dates, and fees can be found by using the contact information above.

### [Camp Not A Gonna Wheeze](#)

St. Mary's  
1901 Lynch Rd.  
Evansville, IN 47711  
P: (812) 435-8279  
Camp description: Day camp for elementary students. Camp information and dates can be found using the contact information above.

### [Children's Special Health Care Services \(CSHCS\)](#)

2 N. Meridian St. 7B  
Indianapolis IN 46204  
P: (317) -233-1351 or (800)-475-1355  
Email: [cs hcscarecoordinatio@isdh.in.gov](mailto:cs hcscarecoordinatio@isdh.in.gov)  
**Services:** Supplemental insurance program that helps eligible families of children with serious, chronic medical conditions pay for treatment related to their child's condition.

### [Consortium of Children's Asthma Camps](#)

490 Concordia Ave  
St. Paul, MN 55103  
P: (651) 227-8014  
Email: [Jill.Heins@lungmn.org](mailto:Jill.Heins@lungmn.org)  
**Services:** Provides a list of asthma camps by state, including dates and contact information. Also provides asthma camp toolkit, health history forms, parent curriculum, and other resources.

### [Dusty's Asthma Fun book from the EPA](#)

U.S. EPA/Office of Radiation and Indoor Air  
Indoor Environments Division  
1200 Pennsylvania Ave. NW  
Mail Code 6609J  
Washington, DC 20460  
P: (202) 343-9370  
**Services:** Printable pdfs featuring mazes, word searches, coloring activities, etc. to learn about asthma triggers. Available in English and **Español**.

### [Happy Hollow Asthma Camp](#)

615 N. Alabama St.  
Suite 228  
Indianapolis, IN 46204  
P: (317) 638-3849  
[www.asthmacamps.org](http://www.asthmacamps.org).  
Camp description: Overnight camp for 7 – 14 year olds. Additional camp information dates and fees can be found using the contact information above.

### [Just for Kids from the AAAAI](#)

555 East Wells St.  
Suite 1100  
Milwaukee, WI 53202-3823  
P: (414) 272-6071  
F: (414) 272-6070  
**Services:** Word searches, mazes, ideas for school project, game, coloring book, children's story books (English/Español)

### [Kid's Health](#)

Contact only available through Web site.

**Services:** Resources for parents, kids, and teens including movies, personal stories and informative articles on asthma.

hosts an online network for young people with chronic conditions and their siblings to connect with others.

### [Starlight Starbright Children's Foundation and Quest for the Code Asthma Game](#)

2049 Century Park East

Suite 4320

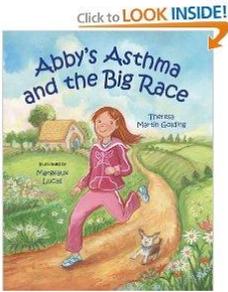
Los Angeles, CA 90067

P: (310) 479-1212

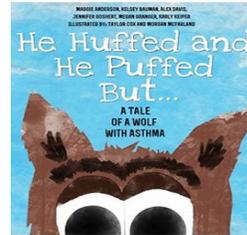
**Services:** Quest for the Code is an online asthma game for 7-15 year olds voiced by celebrities such as Cuba Gooding, Jr. and Shaquille O'Neal. The Starlight Web site also

## Asthma Books for Children

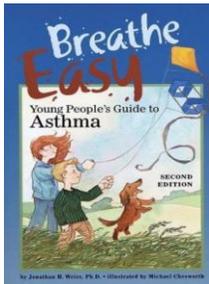
[Abby's Asthma and the Big Race: Theresa Golding \(Author\), Margeaux Lucas \(Illustrator\) \[Paperback\]](#)



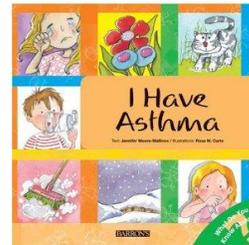
[He Huffed and He Puffed But... A Tale of A Wolf With Asthma: Anderson, Bauman, Davis, Goshert, Granger, Keiper \(Authors\), Coxx, Mc Farland \(Illustrators\)](#)



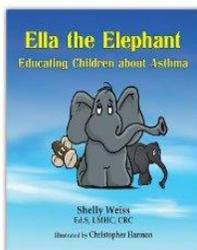
[Breathe Easy, Young People's Guide to Asthma: Jonathan H. Weiss \(Author\), Michael D. Chesworth \(Illustrator\) \[Paperback\]](#)



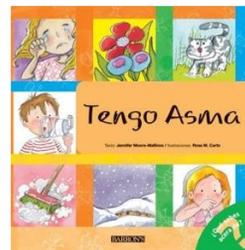
[I Have Asthma \(Let's Talk About It Books\): Jennifer Moore-Mallinos, \(Author\), Marta Fabrega \(Illustrator\) \[Paperback\]](#)



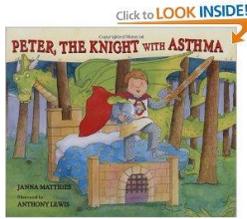
[Ella The Elephant - Educating Children about Asthma: Shelly Weiss \(Author\), Christopher Harmon \(Illustrator\) \[Paperback\]](#)



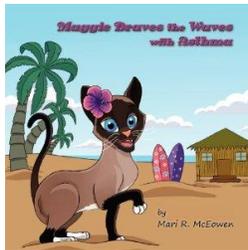
[Tengo asma: I Have Asthma \(Spanish Edition\) \(What Do You Know About? Books\): Jennifer Moore-Mallinos \(Author\), Marta Fabrega \(Illustrator\) \[Paperback\]](#)



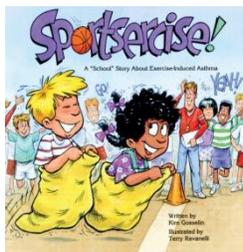
[Peter, the Knight with Asthma: Janna Matthies \(Author\), Anthony Lewis \(Illustrator\)](#)



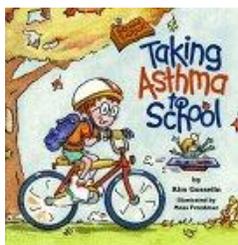
[Maggie Braves the Waves with Asthma \(Bilingual Edition\): Mari R McEowen \(Author\) \[Paperback\]](#)



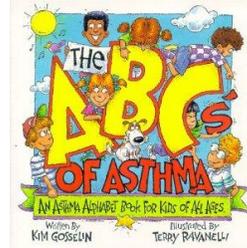
[Sportsercise! A Story About Exercise-Induced Asthma: Kim Gosselin \(Author\), Terry Ravanelli \(Illustrator\) \[Paperback\]](#)



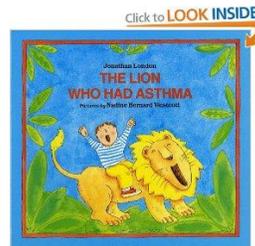
[Taking Asthma to School \(Special Kids in Schools\), Second Edition \(Special Kids in Schools Series\): Barbara Mitchell \(Author\), Moss Freedman \(Illustrator\) \[Paperback\]](#)



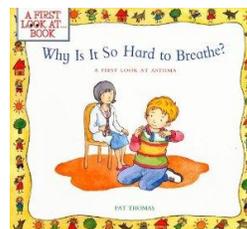
[The ABC's of Asthma: An Asthma Alphabet Book for Kids of All Ages : Kim Gosselin \(Author\), Terry Ravanelli \(Illustrator\) \[Paperback\]](#)



[The Lion Who Had Asthma \(Albert Whitman Concept\): Jonathon London \(Author\), Nadine Bernard Westcott \(Illustrator\) \[Paperback\]](#)



[Why Is It So Hard to Breathe? A First Look at Asthma \(First Look at Books\): Pat Thomas \(Author\), Leslie Harker \(Illustrator\) \[Paperback\]](#)





## Indiana State Department of Health

**Chronic Respiratory Disease Section  
Indiana State Department of Health  
2 North Meridian St. 6B  
Indianapolis, IN 46204  
[www.StateHealth.in.gov](http://www.StateHealth.in.gov)**

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