



Indiana State  
Department of Health

# LONG TERM CARE NEWSLETTER

## ISDH Long Term Care Newsletter

Issue 2015-22

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### Today's Issue:

- Advanced Education Project Update
- Regional Collaborative Project Update
- Infection Prevention Surveyor Guidance
- OPTIMISTIC Program - Alive Inside Workshop

## Advanced Education Project Update

### Care of Persons with Alzheimer's & Dementia Course

This course is now available for [registration](#). The course content will include causes of dementia / Alzheimer's, differentiating between dementia and delirium, how to prevent challenging behaviors associated with dementia/ Alzheimer's and how to address these behaviors when they do arise. The three day course is structured as two consecutive days of instructions with a break for skills practice before returning for the third day to discuss successes and challenges in implementing the new skills. Following successful completion of the course and final exam participants will be awarded a certificate signifying advanced education in care of persons with Alzheimer's and Dementia. The course is primarily funded through the ISDH Civil Money Penalty Fund. The cost of the course is \$100.00 to cover items that cannot be paid with civil money penalty funds.

February 15, 16 & 26, 2016  
Columbus, IN  
Hilton Garden Inn  
Columbus/Edinburgh

February 29, March 1 & 10, 2016  
Indianapolis, IN  
Primo Banquet Center

April 4, 5 & 14, 2016  
Fort Wayne, IN  
Holiday Inn IPFW/Coliseum

### Infection Prevention Course

The classes for the *Infection Prevention Course* were completed in August. Thirty-six individuals completed the course in South Bend and forty-one individuals completed the course in Indianapolis. Following completion of the course and final exam participants are awarded a Certificate of Training for Advanced Education in Infection Prevention. The course is currently in the final exam period. The final exam consist of 30 question and requires a 75% or higher to pass. Participants' pass rate of 88% has been reported through September. The exam will be available for course participants until 11:59 PM on December 31, 2015.

## Wound Care Course

The *Wound Care Course* is nearing completion. Wound Care Education Institute (WCEI) provided the instruction for this course. Upon successfully completion of the course, participants are eligible to take the National Alliance of Wound Care and Ostomy (NAWCO) exam for certification. While the course was funded through the ISDH Civil Money Penalty Fund, participants are responsible for the exam application and fee if the participant elects to pursue certification. Courses were offered in Evansville, Merrillville and Indianapolis. Approximately 150 individuals have completed the course.

## Regional Collaborative Project Update

The Regional Collaborative Project consists of seven collaborative projects with each regional collaborative consisting of 10-20 facilities. Each collaborative is designing, implementing, and evaluating at least two Quality Assurance and Performance Improvement (QAPI) projects. One project is to be related to healthcare associated infection (HAI) with the second topic based on data/needs assessments.

The collaborative projects learned that each collaborative member had varying familiarity with QAPI so working together allowed for more focus on the development of the process and an opportunity to learn from each other through shared experiences. Technical assistance, webinars, conference calls, and collaborative meetings are available for support and assistance.

Members have implemented interventions and have begun to analyze data on metrics to determine the outcome of the first QAPI project. The following table shows the initial projects of each collaborative and interventions included in the project.

| COLLABORATIVE  | TOPIC  | INTERVENTIONS  |
|--|--|--|
| Central Indiana Nursing Home Improvement Collaborative         | Reducing UTI rates                                   | -Increased hydration<br>-Dipstick testing for suspected UTIs<br>-Education on improving peri-care  |
| Community Care Connections                                     | Reducing HAI related to <del>rehospitalization</del> | -Implementation of "Stop and Watch" and nurse assessment<br>-Education with Emergency departments  |
| East Central Indiana Collaborative                             | Reducing rates of pneumonia                          | -Education (staff, residents & visitors) regarding vaccinations<br>-Hand hygiene & hand washing<br>-Activities involvement<br>-Housekeeping – more awareness<br>-Decrease employee working when ill<br>-Prevention/early identification of aspiration pneumonia  |
| North Central Indiana Quality Improvement Collaborative        | Reducing UTI rates                                   | -Improve peri-care<br>-Education to MD/NP regarding ATB usage and repeat UAs   |
| Quality Improvement Collaborative of Northeast Indiana         | Reducing UTI rates                                   | -Improve hand hygiene practices<br>-Education on hand hygiene<br>-Training using GLO-germ product  |
| Southern Indiana Regional Collaborative                        | Reducing fall rates                                  | -Institute "alarm vacation"<br>-Adjust beds to appropriate heights – not low heights<br>-Follow resident's bedtime preferences<br>-Increase aerobic exercise sessions<br>-Fall Screen Investigation at time of fall<br>-Increase day programming during day hours (10AM – 7PM)   |
| Southwestern Indiana Collaborative for Performance Improvement | Reducing UTI rates                                   | -IDT review of all suspected/confirmed UTIs<br>-Educate staff/MD on need for testing<br>-Educate hand washing & peri care<br>-Educate families on hand washing<br>-Cranberry jelly on med carts<br>-Increase hydration opportunities<br>-Scheduled toileting for specific residents<br>-Weekly review of residents with UTIs |

## Infection Prevention Surveyor Guidance

According to a CDC report 1-3 million serious infections occur each year and as many as 380,000 deaths result from infections in long term care facilities. In October, Indiana State Department of Health long term care surveyors attended an infection control and prevention update. Information on infection control and prevention from the Advanced Education Project Infection Prevention Course was provided. In addition, an update on hand hygiene, standard precautions, use of personal protective equipment (PPE) and environmental cleaning was included.

Surveyors will be following guidance from:

- [How to Handwash?](#)
- [How to Handrub?](#)
- [5 Moments for Hand Hygiene](#)
- [Sequence for Putting On / Removing PPE](#)

## OPTIMISTIC Program - Alive Inside

On December 3, 2015 from 1:30-4:30pm, the University of Indianapolis Center for Aging & Community will be hosting a workshop "Helping Professionals Use Music to Reach People with Alzheimer's Disease and Dementia". The program will include a screening of the film "Alive Inside" and a presentation by OPTIMISTIC nurse Danielle Patten who has implemented the Music & Memory program in Northwest Healthcare Center in Indianapolis. A \$1,000 Music & Memory Facility Certification Program will be given away at the workshop. The fee is \$10.00 to [register](#).