

ISDH Long Term Care
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Safety is NO Accident:
Live Injury-Free

National Public Health Week
April 4-10, 2011 • www.nphw.org

National Public Health Week

It only takes a moment for an injury to happen – a fall on a stair, a moment's glance away from the road, a biking or sports-related injury, a medication mix-up. But it also takes just a moment to protect against injuries and make communities safer. Now in its third year, the Indiana Joint National Public Health Week Conference, *Safety is NO Accident, Live Injury-free*, aims to educate physicians and health care workers about injury prevention in conjunction with National Public Health Week, April 4-10, 2011.

"Injury prevention includes anything from avoiding texting while driving and properly stretching before a workout to curbing domestic violence and practicing poison prevention," said Indiana State Health Commissioner Gregory Larkin, M.D. "Teaching injury prevention is an essential component of good public health practice. We are very pleased to once again be part of the Indiana Joint National Public Health Week Conference in order to help bring important conversations about this topic to the table."

Injuries have a significant impact on society:

- In 2007, injury was the fifth leading cause of death in the Indiana and the leading cause of death for children and young adults between 1 and 34 years of age.
- In Indiana, the leading cause of unintentional death under age 1 was suffocation.
- Motor vehicle injuries were the leading cause of unintentional fatality between the ages of 1 and 74.
- In the over 75 population, falls were the leading cause of unintentional death.

"Every day avoidable injuries cost years in potential life lost to Hoosiers," said Dr. Larkin. "Non-fatal injuries also have long-term physical consequences, such as chronic pain and disability. The psychological impacts of injury, including posttraumatic stress disorder and depression, can be severe and lifelong. We all need to do our part to prevent injuries and violence in our communities."

In addition, injury imposes an enormous economic burden on our society. The National Safety Council estimates the cost of one motor vehicle related death, including insurance and lost wages, exceeds a million dollars. This cost does not account for the value of the lost life.

"We can prevent injuries from happening," said Dr. Larkin. "Taking a few simple precautions such as wearing a seatbelt, installing a smoke alarm, storing cleaning supplies in locked cabinets, and properly buckling our kids in child safety seats are a few important ways to proactively promote safety and prevent injuries."

For a list of safety tips and to learn more about National Public Health Week, please visit www.nphw.org.

Leadership Conference

The Indiana State Department of Health (ISDH) thanks the 1,120 individuals participating in last week's *ISDH Healthcare Leadership Conference on Improving Nutrition for Older Adults*. This was the ISDH's ninth Leadership Conference focusing on long term care issues. Participants included nursing home leaders, long term care provider associations, advocate organizations, area agencies on aging, and state surveyors.

To provide access to conference resources and tools, the ISDH created a [Nutrition Resource Center](#) as part of the [Health Care Quality Resource Center](#). The Nutrition Resource Center is directed towards nutrition issues facing health care facilities in providing care for patients and residents. The page provides information, tools, and resources about improving nutrition for patients and residents. The page also provides information about state quality improvement initiatives related to nutrition and healthcare. Presentations from the Leadership Conference are included in the Nutrition Resource Center.

CMS Updates

S&C 11-18-NH: Notification of Facility Closure

The Centers for Medicare and Medicaid Services (CMS) released on April 1 [Survey and Certification Letter 11-18-NH](#). As part of the "Patient Protection and Affordable Care Act", [Federal Regulations](#) have been released which detail who is to be notified when a Skilled Nursing Facility (SNF) or Nursing Facility (NF) closes and required timeframes. The new regulations stipulate that a plan for relocation of residents be developed by the facility; this plan must be submitted and approved by the State Agency before closure of a nursing home. An administrator who fails to comply with the requirements will be subject to a civil monetary penalty.

CMS SC 11-16: Final Rule on Civil Money Penalties for Nursing Homes

On March 18, CMS published a [Survey and Certification Letter 11-16](#) discussing the final rule on civil money penalties for nursing homes. The [regulation](#) includes the following:

- Independent IDR: An independent informal dispute resolution process (IIDR) will be available when a civil money penalty (CMP) is imposed.
- Escrow: After an independent IDR, civil money penalty funds will be collected and placed in escrow pending completion of any formal appeal. When a facility is successful in a formal appeal, the applicable portion of any civil money penalty amount being held in escrow will be returned to the facility with interest.
- 50 Percent Reduction: A civil money penalty may be reduced by 50 percent in certain cases of prompt correction for self-reported non-compliance.
- Use of CMP Funds: A portion of the civil money penalty attributable to Medicare, which is currently conveyed to the U.S. Treasury, may instead be used for the protection or benefit of nursing home residents.
- CMP Collection: Provide for the collection of the civil money penalty upon the earlier of: 1) completion of an IIDR, or 2) 90 days after notice of the imposition of the civil money penalty.

CMS SC 11-17: Changes to Nursing Home Compare

On March 18, CMS released [Survey and Certification Letter 11-17-NH](#). The letter identifies forthcoming

changes to Nursing Home Compare required by the Affordable Care Act. Changes include information to facilitate reporting of complaints, additional information on residents rights, and facility-specific listing of number of complaints and enforcement actions taken against the facility.

Recalls

Citalopram And Finasteride by Greenstone: Recall - Possible Mislabeling

March 28, 2011

ISSUE: Greenstone LLC announced a recall of medicines with lot number FI0510058-A on the label. Bottles labeled as Citalopram (used to treat depression) may contain Finasteride (used for the treatment of benign prostatic hyperplasia). Women who are, or may become pregnant, should not take or handle Finasteride due to the possible risk of side effects which may cause abnormalities to the external genitalia of a developing male fetus. Citalopram is contraindicated in patients taking monoamine oxidase inhibitors (MAOIs) or pimozide; it is also contraindicated in patients with a hypersensitivity to Citalopram or any of the inactive ingredients in the tablet. Patients who discontinue Citalopram abruptly by inadvertently taking the mislabeled product may experience discontinuation symptoms and/or worsening of depression.

BACKGROUND: This includes Citalopram 10mg Tablets (100-count bottle) and Finasteride 5mg Tablets (90-count bottle), both distributed in the U.S. market. The recall is due to the possibility that incorrect labels have been placed on the bottles by a third-party manufacturer.

RECOMMENDATION: Bottles of either Citalopram or Finasteride with lot number FI050058-A should be returned. Patients who believe they may have ingested the wrong medication should contact their physician as soon as possible.

H&P Industries Povidine Iodine Prep Pads Including products under brand names Cardinal Health, Medical Specialties, VHA, Triad, Triad Plus, North Safety, Total Resources

March 18, 2011

ISSUE: H&P industries, Inc., a manufacturer of over-the-counter products, initiated a voluntary product recall of ALL LOTS of Povidine Prep Pads manufactured by H&P Industries, Inc. but which are private labeled for many accounts. Analytical testing showed the presence of Elizabethkingia meningoseptica. Use of contaminated Povidine Prep Pads could lead to life-threatening infections, especially in at risk populations, including neonates, immune suppressed patients, and surgical patients. Treatment options are limited for Elizabethkingia meningoseptica infections.

BACKGROUND: Povidine Iodine Prep Pads are used to prevent infection in minor cuts, scrapes and burns and are labeled as an antiseptic for preparation of the skin prior to surgery. They were distributed nationwide to healthcare customers and are packaged in individual packets and sold in a box of 100 packets.

RECOMMENDATION: Healthcare organizations should contact H&P Industries Customer Service to arrange a return. If a consumer has any of these types of products in their possession, they should not use the product.

ISDH Staff Changes

The Indiana State Department of Health (ISDH) would like to provide an agency staffing update for the Division of Long Term Care. Attached is a [map](#) of the long term care survey areas with the supervisor for each area.

[Retirements](#)

The following staff have retired from state employment. The ISDH especially thanks these individuals for their contributions to the state throughout their career.

Rebecca Luft, Public Health Nurse Surveyor 3, Survey Area 1, retired March 18, 2011 after 18 years of service

Guylene Maurer, Medical Surveyor 3, Survey Area 5, retired March 31, 2011 after 26 years of service

New Long Term Care Surveyors

The ISDH welcomes the following new surveyor staff to the Division of Long Term Care:

Barbara Hughes, Public Health Nurse Surveyor 3, Survey Area 6, started March 21, 2011

Sandra Haws, Public Health Nurse Surveyor 3, Survey Area 1, re-hired on March 21, 2011

Transfers

Karina Gates, Medical Surveyor 3, Survey Area 6, transfer from LTC Enforcement in-house effective March 21, 2011

Coming Events

April 19-29, 2011: Healthcare Associated Infection Learning Session II. The ISDH and University of Indianapolis will be conducting the second regional Healthcare Associated Infection Learning Sessions for facilities participating in the Indiana Healthcare Associated Infection Initiative.

October 27, 2011: ISDH Indiana Healthcare Leadership Conference, *Improving Care Coordination and Transition*, Indiana Convention Center, Indianapolis, Indiana.

Preventing injuries is important. For the over 75 population, falls are the leading cause of accidental death. As we observe National Public Health Week and this year's focus on injury prevention, health care facilities should take this opportunity to review their safety and injury prevention plans and identify improvements.

Best wishes for a safe and injury-free week.

Terry Whitson
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Indiana State Department of Health