



Indiana State  
Department of Health

# LONG TERM CARE NEWSLETTER

## Conference Location

Sagamore Ballroom  
Indiana Convention Center  
100 South Capitol Avenue  
Indianapolis, IN 46225  
<http://www.icclos.com/conv/index.aspx>

## To Register Online

[www.in.gov/isdh/23260.htm](http://www.in.gov/isdh/23260.htm)

## To Obtain Registration Form for Fax/Mail

[Registration Form](#)

## Questions

317-841-7171  
[info@conventionmanagers.com](mailto:info@conventionmanagers.com)

## Invitation to the October 14, 2010 Leadership Conference

The Indiana State Department of Health (ISDH) invites you to attend the Indiana Healthcare Leadership Conference, October 14, 2010 in Indianapolis. The ISDH is planning an outstanding program focusing on "Alzheimer's Disease and Dementia." The ISDH invites you to join us as we address this important issue.

[Register Online](#)

## Conference Topic: "Alzheimer's Disease and Dementia"

This Indiana Healthcare Leadership Conference will focus on caring for the resident with Alzheimer's Disease and Dementia. This Conference will provide tools and resources to help you provide quality care of these residents. Each facility attending the conference will receive training materials to take back to the facility.

## About the Leadership Conference

The Indiana Healthcare Leadership Conference is an initiative of the Indiana State Department of Health (ISDH). The ISDH plans two Leadership Conferences per year – one in the spring and one in the fall. Each conference is a one-day conference focusing primarily on a single issue.

The Leadership Conferences, which began in June 2007, have grown in attendance from 720 participants to over 1200 participants. Attendees have been treated to outstanding presentations on falls management, reduction of pressure ulcers, behavior management and reduction of restraints, emergency preparedness, planning and managing incontinence care, staffing issues, and healthcare associated infections. A variety of educational and practical resources on all these topics were provided at each conference.

The conferences are intended to bring together statewide healthcare leaders to promote important quality of care issues. This conference will include providers from long term care, state surveyors, healthcare organizations, and individuals with significant interests in health care.

## Invited Participants

The ISDH invites each comprehensive care facility (nursing home) to send two representatives to the conference. Each facility may select the individuals attending the conference on behalf of their facility. The ISDH recommends individuals such as the facility administrator, director of nursing, or compliance officer. Corporate offices of facilities are also invited to send appropriate representatives.

The ISDH will also be inviting selected professional organizations and individuals to attend the conference. Invited organizations will include the Alzheimer's Association of Greater Indiana, HealthCare Excel, Hoosier Owners and Providers for the Elderly, Indiana Health Care Association, Indiana Hospital Association, Indiana Homes and Services for the Aging, Indiana Assisted Living Federation, Indiana Ombudsman, patient safety coalitions and centers, and United Senior Action. The ISDH will also be inviting academic and legislative partners. All ISDH long term care surveyors will be attending.

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## Conference Funding

The conference is primarily funded through the ISDH civil money penalty fund. A small registration fee of \$50 will be charged to pay for meeting costs that cannot be paid by the civil money penalty fund.

## Hotel Information

There are numerous hotels in the immediate vicinity of the Indiana Convention Center. Visit [www.visitindy.com](http://www.visitindy.com) for a list of hotels and to check availability. Participants are responsible for making their hotel reservations and any incurred expenses.

## Conference Agenda: October 14, 2010

All sessions and breaks will be in the Sagamore Ballroom, Indiana Convention Center.  
Lunch will be served in the 500 Ballroom, Indiana Convention Center

7:30 – 8:30

### Conference Registration

A continental breakfast will be available for conference participants.

8:30 – 8:45

### Welcome and Announcements

Speaker: Terry Whitson, Assistant Commissioner, Indiana State Department of Health

8:45 – 10:00

## Alzheimer's Disease and Dementia: What is it and what are the Care Goals

Speaker: Dr. Peter Rabins, Professor and Vice-chair for Academic Affairs, Department of Psychiatry and Behavioral Sciences at the Johns Hopkins University School of Medicine.

Topic: Dr. Rabins will discuss the clinical aspects of Alzheimer's Disease and Dementia and how they are distinguished from normal aging. He will also talk about the goals of care for residents with Alzheimer's Disease and Dementia.

10:00 – 10:20

Break

10:20 – 12:00

## Clinical Challenges of Alzheimer's Disease and Dementia

Speaker: Dr. Peter Rabins, Professor and Vice-chair for Academic Affairs, Department of Psychiatry and Behavioral Sciences at the Johns Hopkins University School of Medicine.

Topic: Dr. Rabins will talk about the clinical challenges of Alzheimer's Disease and Dementia. This will include a discussion of behaviors, the role of medications and ethical issues that arise in care. End of Life care issues will also be considered.

12:00 – 1:15

Lunch

Lunch will be provided for conference participants in the 500 Ballroom.

1:15 – 3:15

## Activities as a Path for Culture Change – The Best Friends Approach

Speaker: David Troxell, author and speaker on Alzheimer's and Dementia, former Executive Director of the Santa Barbara (California) Alzheimer's Association and past Executive Board member of the American Public Health Association

Topic: Mr. Troxell will discuss reinvigorating an activity program and sharing contemporary best practices in activities. Specific topics will include evidence based programs related to exercise, music and adult learning along with the importance of socialization. Mr. Troxell will share his work in developing the Best Friends approach to dementia care along with using life story work for short term and longer term residents. His presentation will suggest ways to overcome barriers and make significant improvements in activity programming in this age of limited resources.

3:15

Adjourn

## Continuing Education Units

Continuing education units will be available for social workers and health facility administrators. Participants requiring continuing education units should complete continuing education forms and return to conference staff at the close of the conference.

## Save the Date for the next Leadership Conference

The Indiana State Department of Health is planning the next Indiana Health Care Leadership Conference for March 31, 2011. The conference will focus on Nutrition. Make plans to attend!

