

ST. VINCENT HEALTH SYSTEM

2009 COMMUNITY BENEFIT REPORT

Dear Friends of St. Vincent Health,

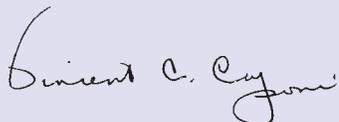
St. Vincent Health's vision goes beyond providing the highest quality health care to our patients, to include partnering broadly with each of the communities in which we serve to improve the health and well-being of Central Indiana residents. This report provides a financial accounting of this work in each of our communities and describes just a few of the many ways St. Vincent is connecting with communities to improve health and quality of life.

The St. Vincent Health ministry abides by six core values that include Reverence, Integrity, Wisdom, Creativity and Dedication, but the first one – Service of the Poor – leads the list for a reason. To everyone associated with St. Vincent, from the CEO to our part-time volunteers, this core value means generosity of spirit, especially for persons most in need.

During Fiscal Year 2009 St. Vincent Health provided more than \$144 million in assistance to the poor and under served, and to the broader community, an investment that included efforts to provide 100% access to health care, advocate for the poor and vulnerable, educate and encourage healthy lifestyles, and build stronger communities through initiatives ranging from housing to workforce development.

This year we approach the 130th anniversary of the arrival of the first four Daughters of Charity in Indianapolis. These Sisters, who laid the foundation for what is now the St. Vincent Health ministry, may never have thought about health fairs or community events to nurture the mission of their tiny infirmary on East Vermont Street, but their spirit lives on today in the thousands of associates, physicians, board members and volunteers who carry on their work with a dedication to service.

Sincerely,



Vincent C. Caponi, FACHE
Chief Executive Officer
St. Vincent Health

OVERVIEW

St. Vincent Health is a non-profit healthcare system consisting of 18 locally-sponsored ministries serving 45 counties throughout central Indiana. (See map on page 4.) Sponsored by **Ascension Health**, the nation's largest Catholic health care system, St. Vincent Health (including its sponsored ministries) employs more than 11,600 associates and has more than 2,500 physicians on medical staff, making St. Vincent Health one of the largest health care employers in Indiana.

From its inception, the vision of St. Vincent Health has been to be the leading, values-driven health care system in Indiana, delivering a continuum of holistic, high-quality health services through its sponsored health care ministries and improving the lives and health of Indiana individuals and communities, with special attention to the poor and vulnerable. This is accomplished through strong partnerships with businesses, community organizations, local, state and federal government, physicians, St. Vincent associates and others.

MISSION STATEMENT AND CORE VALUES

The mission and values of St. Vincent Health provide a strong foundation for the work of the organization. This framework expresses priorities in what St. Vincent will achieve and how it will be achieved.

ST. VINCENT HEALTH MISSION STATEMENT

"Rooted in the loving ministry of Jesus as healer, we commit ourselves to serving all persons with special attention to those who are poor and vulnerable. Our Catholic health ministry is dedicated to spiritually centered, holistic care, which sustains and improves the health of individuals and communities. We are advocates for a compassionate and just society through our actions and words."

ST. VINCENT CORE VALUES

Service of the Poor

Generosity of spirit for persons most in need

Reverence

Respect and compassion for the dignity and diversity of life

Integrity

Inspiring trust through personal leadership

Wisdom

Integrating excellence and stewardship

Creativity

Courageous innovation

Dedication

Affirming the hope and joy of our ministry



DEFINING COMMUNITY BENEFIT

Guided by its mission and core values, St. Vincent Health is inspired to bring the highest level of health care to every individual and family and to improve the health status and quality of life of each community it serves. This report outlines the many ways that lives were touched by the community benefit efforts of the dedicated individuals that deliver St. Vincent services.

Community benefit encompasses programs or activities that provide treatment and/or promote health and healing as a response to identified community needs. According to Catholic Health Association, a community benefit must meet at least one of the following criteria:

- Generates a low or negative margin
- Responds to needs of special populations, such as persons living in poverty and other disenfranchised persons
- Supplies services or programs that would likely be discontinued – or would need to be provided by another not-for-profit or government provider – if the decision to continue the program was made on a purely financial basis
- Responds to public health needs
- Involves education or research that improves overall community health.

Community Benefit Leadership

Community benefit is not the work of a single department or group but is both initiated and implemented at all levels of the organization. St. Vincent Health invests in community development professionals who work with the staff at each health care ministry to advocate for community benefit, to provide resources and expertise to assist ministries in partnering with their local communities and to track, evaluate and report on these community benefit efforts.

Community Assessment

St. Vincent Health specialists work with each hospital to create or participate in a community roundtable that brings together diverse partners from local businesses, government, and health, human and social service agencies to identify key community issues and develop solutions. As part of this work, community development staff assists each ministry in conducting regular community assessments. Community development staff organizes and implements the assessment in conjunction with community partners, and provides tools and expertise for the assessment, data analysis and evaluation, presentation of the results to key community groups, prioritization, consensus-building, and the planning and implementation of solutions. This process is often the impetus to create a shared vision that can be embraced by residents, businesses, community organizations and others to develop longstanding community-wide forums and initiatives.

Community Benefit Training, Tracking and Reporting

St. Vincent Health's commitment to community benefit includes educating and empowering associates to work within their community and to accurately track and report on these efforts. St. Vincent Health developed an electronic database that facilitates timely and accurate community benefit reporting and has shared this database to other health systems throughout the country.



ST. VINCENT HEALTH SYSTEM

2009 COMMUNITY BENEFIT REPORT

COMMUNITY BENEFIT FINANCIAL REPORTING CATEGORIES

Aligned with the Catholic Health Association, VHA Inc., and Ascension Health, community benefit is attributed to four categories, which include:

CATEGORY I – Traditional Charity Care – the net cost of in- and out-patient hospital services, clinic visits, etc. provided to persons who are poor and for which no revenue is collected.

CATEGORY II – Unpaid Cost of Public Programs – the net cost of care provided to those individuals on Medicaid and other public programs. This does not include the unpaid costs of Medicare which are excluded from community benefit, in keeping with CHA policy.

CATEGORY III – Other Programs and Services for the Poor – the net cost of activities, programs and donations oriented to service to the poor.

CATEGORY IV – Other Programs and Services for the Broader Community – the net cost of community-oriented activities, programs, and donations.

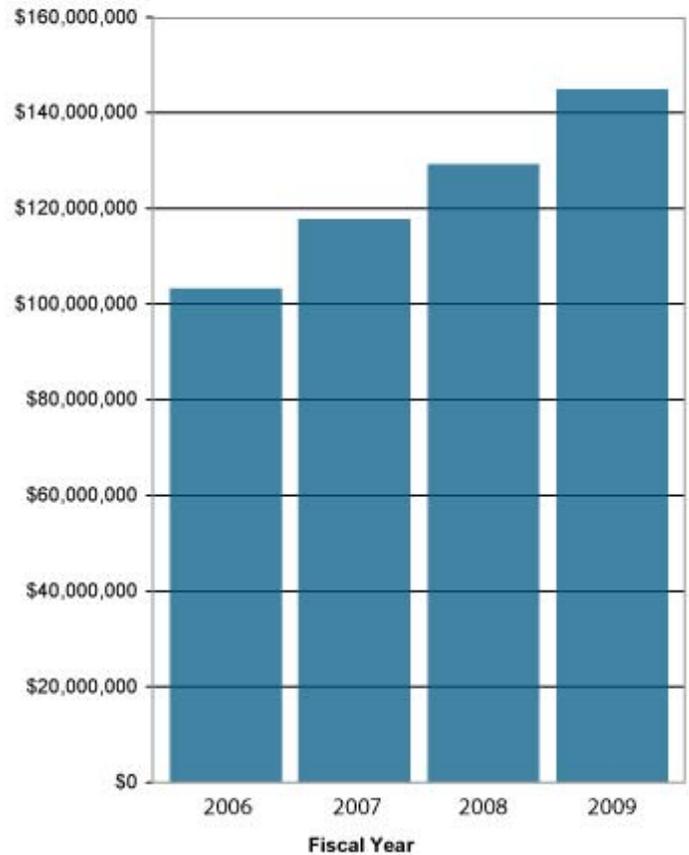
ST. VINCENT HEALTH TOTAL FINANCIAL COMMITMENT

CATEGORY I	
Traditional Charity Care	\$29,623,496
CATEGORY II	
Unpaid Cost of Public Programs	\$84,080,610
CATEGORY III	
Other Programs and Services for the Poor	\$3,459,225
CATEGORY IV	
Other Programs for the Broader Community	\$27,004,174
TOTAL:	\$144,167,505

NOTE: St. Vincent does not include 2009 Medicare shortfall [\$101,014,618] in its total calculation.

NOTE: The above figures include St. Vincent Health Corporate office and each of its health ministries.

**St. Vincent Health
Total Financial Commitment**



ST. VINCENT HEALTH SYSTEM

2009 COMMUNITY BENEFIT REPORT



ST. VINCENT CARMEL HOSPITAL

2009 COMMUNITY BENEFIT REPORT

OVERVIEW

St. Vincent Carmel Hospital opened in November 1985 to serve the healthcare needs of fast-growing Hamilton County. By 2000, the hospital's emergency department had grown from seven beds to 12 and a new 100,000 square foot, \$34 million wing was added to house the 18-bed emergency department, endoscopy, short stay areas, bariatric services, obstetrics, a new ambulance bay and more inpatient beds. Today, as the community continues to grow, St. Vincent Carmel strives to offer an ever-expanding array of services, including pediatric and breast services, in one of the most modern healthcare environments in the community with caring, compassionate staff and physicians.

FINANCIAL COMMITMENT

The financial information in this report was prepared in accordance with the reporting guidelines issued jointly by the Catholic Health Association (CHA), in collaboration with VHA Inc. and with the Ascension Health community benefit reporting guidelines.

CATEGORY I

Traditional Charity Care	\$1,093,216
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CATEGORY II

Unpaid Cost of Public Programs	\$3,701,192
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CATEGORY III

Other Programs and Services for the Poor	\$124,102
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CATEGORY IV

Other Programs for the Broader Community	\$562,954
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TOTAL:	\$5,481,464
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NOTE: St. Vincent Carmel does not include Medicare shortfall [\$9,696,033] in its total calculation.

TOUCHING LIVES

St. Vincent Carmel Hospital has a special relationship with Primelife Enrichment, Inc., a non-profit organization in Hamilton County, which serves those age 50 and older, encouraging a healthy, active lifestyle. Primelife serves 2,500 clients each year. Through the hospital's sponsorship, Primelife is able to serve its members with health and wellness education, screenings and even transportation trips to and from medical appointments, shopping and personal needs, such as visiting friends.



The Fitness Center located in the Primelife building was remodeled through funds originally provided by St. Vincent Carmel. Several members visit each day and are able to become more active and fit. The Fitness Center has state-of-the-art cardio and weight training equipment. In its first year the fitness area was used by 441 people who spent more than 10,000 hours working out. It continues to be the most used service Primelife offers.



Bill Marvel of Carmel has been a member at Primelife Enrichment, Inc. for several years and says he wouldn't go a day without working out in the Fitness Center. Bill walks at least two miles every day in the Fitness Center and believes his health and body are stronger because of Primelife's Fitness Center. Bill suffers from diabetes and exercise is extremely

important to help manage his weight and overall health. Bill says, "I'm 85 years old and diabetic so my mobility is important. The



ST. VINCENT CARMEL HOSPITAL 2009 COMMUNITY BENEFIT REPORT

Fitness Center helps keep me motivated and keeps my core strong. I do circuit weight training every few days at the Fitness Center. The equipment is great and I work out with my friends. The social aspect of the Fitness Center is what keeps me coming back.”

Sandy Stewart, executive director, Primelife Enrichment, says, “The support St. Vincent Carmel offers Primelife and its older residents is indicative of the depth of caring and compassion the hospital has for its community.”

COMMUNITY ASSESSMENT

St. Vincent Carmel Hospital partnered with the Hamilton County Community Assessment Task Force comprised of organizations in Hamilton County to complete a community assessment in 2008. The community assessment surveys were mailed through the post office and distributed through social service agencies. Secondary data available on the county was reviewed. Over fiscal year 2009 St. Vincent Carmel associates have facilitated the Hamilton County Community Task Force meetings along with other community partners from the Task Force. The following priorities were identified during the latest assessment: access to affordable health care; information referral service; and mental health care.

INITIATIVES SPOTLIGHT

The following are just a few examples of the many community outreach programs supported by this ministry.

Trinity Free Clinic

The Trinity Free Clinic, located at Our Lady of Mount Carmel Catholic Church, is a grass-roots effort between the church, St. Vincent Carmel Hospital, local physicians and medical personnel. St. Vincent Carmel supported a portion of the Clinic operation, and St. Vincent Carmel associates volunteered to provide health assessments, immunizations, health education and primary care throughout fiscal year 2009.

Skin Cancer Screening

St. Vincent Cancer Screening Department hosted free community screenings at a local community free clinic. St. Vincent dermatologists took time out from their clinical rotations to reach out to people who would not otherwise get a skin cancer screening. Invitations for the screenings were made through informational flyers at the hospital, local newspapers, schools, churches, previous participants and family. Last fiscal year, St. Vincent Carmel associates screened 150 people for skin cancer.



Carmel Public Safety Day

Each fall, the Carmel community and surrounding neighbors anticipate the Carmel Public Safety Day, an event geared toward educating children and adults on safety issues. The success of the event is coordinated by St. Vincent Carmel Hospital and staff; Carmel Fire and Police departments; and the city of Carmel. Last year St. Vincent staff focused on several educational themes: the importance of hand washing and hand hygiene in the spread of germs; taking care of and avoiding broken bones; smoking cessation and home safety. The K-ID's BMV van passed out free personalized child identification cards. Last fiscal year more than 1,500 people attended this event.

Meals on Wheels

In keeping with the mission to care for the poor and vulnerable, St. Vincent Carmel Hospital partners with Meals on Wheels to prepare and deliver nutritious meals to homebound persons who cannot prepare adequate meals for themselves due to illness, age or disability. Many meals are prescribed diets by a medical doctor. Last fiscal year St. Vincent Carmel prepared 285 meals.



ST. VINCENT CLAY HOSPITAL

2009 COMMUNITY BENEFIT REPORT

OVERVIEW

St. Vincent Clay Hospital, located in Brazil, Indiana, has been serving Clay County residents since 1928. The hospital is designated as a critical access hospital and supports the community's medical needs through inpatient and ambulatory services including: surgery, radiology, cardiology, pulmonology, laboratory, speech, physical and occupational therapies. St. Vincent Clay also maintains a 24-hour, physician-staffed emergency department. Medical specialties available at the facility include: general surgery, orthopedics, cardiology, oncology, pulmonology, ophthalmology, gastroenterology and podiatry.

FINANCIAL COMMITMENT

The financial information in this report was prepared in accordance with the reporting guidelines issued jointly by the Catholic Health Association (CHA) in collaboration with VHA Inc. and with the Ascension Health community benefit reporting guidelines.

CATEGORY I

Traditional Charity Care	\$544,324
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CATEGORY II

Unpaid Cost of Public Programs	\$1,707,030
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CATEGORY III

Other Programs and Services for the Poor	\$29,080
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CATEGORY IV

Other Programs for the Broader Community	\$59,005
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TOTAL:	\$2,339,439
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NOTE: St. Vincent Clay does not include Medicare in its total calculation.

TOUCHING LIVES

Julie, 55, came to the St. Vincent Clay Emergency Department complaining of severe pain. Unfortunately, she had lost her Medicaid months ago and had been unable to see her primary care doctor or purchase her medications. Julie was treated in the emergency department but St. Vincent Clay didn't just send her on her way. The health access worker met with Julie and assisted her in finding out why her Medicaid had been canceled. When it was determined that Julie was still eligible, the health access worker helped her re-apply. Then the access worker scheduled a follow-up visit with her physician and assisted Julie in making financial arrangements through the local pharmacy and township trustee to get her medication. Julie's situation is not unique; health access workers provide assistance to hundreds of clients each year.

COMMUNITY ASSESSMENT

During the last fiscal year, St. Vincent Clay Hospital updated its current community assessment by distributing an on-line questionnaire to organizations that are part of the Step Ahead/Literacy Council, a community group meeting monthly to network about children's issues. The results of the questionnaire revealed that illegal drugs, abuse of prescription drugs, and addictions are among the most critical issues facing Clay County youth. These findings prompted the Step Ahead-Literacy Council to form a Drug Abuse Task Force to further analyze the drug problem in Clay County. The task force, which includes representatives from St. Vincent Clay Hospital, will review available services, resource gaps and work toward making Clay County a safer and healthier place to live.



ST. VINCENT CLAY HOSPITAL 2009 COMMUNITY BENEFIT REPORT

INITIATIVES SPOTLIGHT

The following are just a few examples of the many community outreach programs supported by this ministry.



Student Athletic Training Workshop

This workshop introduces students to the world of sports medicine through athletic training. The student athletic training workshop is for students entering grades 9-12 who are interested in learning more about student athletic training or pursuing a career in athletic training or the therapy field. The workshop is taught by a Certified and Licensed Athletic Trainer from St. Vincent Clay Hospital. In fiscal year 2009, four high school students participated in the workshop.

Poverty Experience Simulation

The poverty experience is a half-day simulation that offers participants an opportunity to fully understand the challenges families face when they must provide for their families, while making a poverty-level income. Those who take the time to devote a half-day to this experience come away with a new understanding of how hard it is to break the chain of generational or situational poverty. St. Vincent Clay Hospital has presented this very intense learning experience to its own staff as well as many community partners numerous times over the past years. During fiscal year 2009, the poverty experience simulation was presented to the Wabash Valley Leadership Class, which provided an opportunity for more than 30 people to gain a better understanding of how difficult it is to survive while living in poverty.

Health Promotion Class

The YMCA of Clay County and St. Vincent Clay Hospital partnered to offer a four-part series on health promotion for Clay County residents, including Healthy Eating Habits, Weight Loss Tips, Label Reading and Importance of Exercise. A registered dietician at St. Vincent Clay Hospital facilitated the program. The dietician calculated their ideal body weight, body mass index, and calories for weight loss. She also talked about limiting fat to 30 percent of total calories, and how to determine if a food is low fat. Approximately 20 people participated in the program.



Health Access

The health access worker's role is to connect the hospital and the community by helping individuals address barriers to accessing health care and by referring them to other local resources as needed. To help individuals overcome barriers, the health access worker assists individuals with finding a medical home; provides assistance in applying for public programs such as Medicaid, food stamps and the Healthy Indiana Plan; and completes referrals to other forms of community-based assistance. The health access worker also advocates for clients with service providers and serves as a system navigator. During fiscal year 2009, the health access worker served 337 individuals, and completed 1,687 referrals to public and private programs. Additionally, the health access worker assisted individuals with accessing free or reduced-cost medications available through pharmacy assistance programs. A total of 339 medications totaling \$179,397.91 were provided in fiscal year 2009.



ST. VINCENT FRANKFORT HOSPITAL

2009 COMMUNITY BENEFIT REPORT

OVERVIEW

St. Vincent Frankfort Hospital is a 25-bed acute care facility serving the residents of Clinton County. Designated as a critical access hospital, St. Vincent Frankfort provides a full range of healthcare services including: inpatient, outpatient and ambulatory surgery plus a full-service obstetrics program and a 24-hour physician-staffed emergency department. Additional services include cardiopulmonary, laboratory, ear, nose and throat specialty; gastroenterology, neurology, occupational health, oncology, orthopedics, physical and speech therapies, ophthalmology, podiatry, dermatology, radiology, urology and behavioral health services.



TOUCHING LIVES

On May 1 and 2, passersby took a second look at the local grain scales where semi trailers would typically be parked, to observe more than 364 people participating in the final weigh-in of the inaugural Get Fit Clinton County Challenge. The challenge, a 10-week program designed to increase physical activity, improve nutrition and encourage Clinton County residents to get healthy, drew 41 teams of 5 to 10 people. Each team reported their physical activity for the 10 weeks. Total weight loss and exercise points were tallied and the team accumulating the most points won. Prizes were awarded for first, second and third place. The event, sponsored by St. Vincent Frankfort Hospital in collaboration with the Healthy Communities of Clinton County Coalition, proved so successful that a new challenge is already in the works for 2010.

FINANCIAL COMMITMENT

Financial information in this report was prepared in accordance with the reporting guidelines issued jointly by the Catholic Health Association (CHA) in collaboration with VHA Inc. and with the Ascension Health community benefit reporting guidelines.

CATEGORY I

Traditional Charity Care	\$592,207
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CATEGORY II

Unpaid Cost of Public Programs	\$2,576,037
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CATEGORY III

Other Programs and Services for the Poor	\$47,628
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CATEGORY IV

Other Programs for the Broader Community	\$18,432
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TOTAL:	\$3,234,304
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* In addition to the above, St. Vincent Physician Network provided \$627,128 of charity care in Clinton County.

NOTE: St. Vincent Frankfort does not include Medicare in its total calculation.

COMMUNITY ASSESSMENT

In collaboration with Purdue Extension and the Learning Network, St. Vincent Frankfort Hospital has taken a lead role in the Healthy Communities of Clinton County Coalition. The Coalition reviewed the most recent community assessment to strategize goals for the county and working group. Priorities were identified as inter-agency communication, affordable healthcare, and community wellness. In 2009, the coalition focused on weight control and tobacco prevention and cessation as key action goals.



ST. VINCENT FRANKFORT HOSPITAL

2009 COMMUNITY BENEFIT REPORT

INITIATIVES SPOTLIGHT

The following are just a few examples of the many community outreach programs supported by this ministry.

Health Access

The health access worker's role is to connect the hospital and the community by helping individuals address barriers to accessing health care and by referring them to other local resources as needed. To help individuals overcome barriers, the health access worker assists individuals with finding a medical home; provides assistance in applying for public programs such as Medicaid, food stamps and the Healthy Indiana Plan; and completes referrals to other forms of community-based assistance. The health access worker also advocates for clients with service providers and serves as a system navigator. During fiscal year 2009, the health access worker served 214 individuals, and completed 362 referrals to public and private programs. Additionally, St. Vincent Frankfort partners with the Open Door Clinic on a medication access initiative that uses a St. Vincent provided database to help individuals access free and reduced-cost medications available through pharmacy assistance programs. A total of 2,078 medications totaling \$810,034.18 were provided in fiscal year 2009.

Health Careers

St. Vincent Frankfort is an integral part of the Health Careers vocational program offered at Frankfort High School that allows students to choose from a wide range of healthcare fields and spend time learning all of the opportunities that are available in a health field. This program is often the first introduction young people have to the vast array of career options available in health care. Students are able to rotate through a variety of health career areas or focus on a specific field to determine a specialty. Students spend the first semester in classroom education and complete their Certified Nursing Assistant Certification prior to moving on to the clinical portion. The experience has been tremendously positive for both students and hospital staff. Students are truly enjoying their time and hospital associates are renewed by seeing their profession through the eyes of optimistic and excited high school students.

Open Door Clinic

The St. Vincent concern for the poor and vulnerable extends beyond its own patients. One of the ways it helps support the health care safety net in Clinton County is through an active collaboration with the Open Door Clinic. Open Door is a clinic providing free health care to the poor and vulnerable. St. Vincent Frankfort provides free laboratory services to clinic patients.



27th Annual St. Vincent Frankfort Health Fair

St. Vincent Frankfort Hospital has been providing a health fair to Clinton County residents for 27 years. The health fair is held at the Clinton County Fairgrounds and offers free health screenings including blood pressure, cholesterol, bone density, free emergency medical ID cards, and health information. Interpreters are available to the Spanish-speaking population, free of charge, to help navigate through the booths.



ST. VINCENT HEART CENTER OF INDIANA

2009 COMMUNITY BENEFIT REPORT

OVERVIEW

St. Vincent Heart Center of Indiana is committed to providing advanced, specialized cardiovascular care in a warm, comfortable, and caring environment. The Center has been ranked #1 in Indiana and rated in the top 5 percent of all hospitals in the U.S. for overall cardiac services for the fifth consecutive year. The St. Vincent Heart Center of Indiana participated in more than 75 community events in fiscal year 2009 including health fairs at local businesses and schools; sponsorships at major events; and provided numerous free cardiovascular screenings.

FINANCIAL COMMITMENT

Financial information in this report was prepared in accordance with the reporting guidelines issued jointly by the Catholic Health Association (CHA) in collaboration with VHA Inc. and with the Ascension Health community benefit reporting guidelines.

CATEGORY I

Traditional Charity Care	\$1,098,491
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CATEGORY II

Unpaid Cost of Public Programs	\$1,096,975
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CATEGORY IV

Other Programs for the Broader Community	\$94,657
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TOTAL:	\$2,290,123
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NOTE: St. Vincent Heart Center does not include Medicare shortfall [\$9,254,740] in its total calculation.

COMMUNITY ASSESSMENT

The St. Vincent Heart Center of Indiana is focused on providing the highest quality heart health services to families both locally and statewide. This includes efforts to educate the public about lifestyle choices and their impact on heart health (heart-related conditions are the leading cause of death statewide). In addition, as part of the St. Vincent Health system, the St. Vincent Heart Center of Indiana benefits from the geographic community assessment led by St. Vincent Indianapolis Hospital to identify needs of the surrounding community. For more information about the assessment process, please refer to the St. Vincent Indianapolis Hospital section of this report.

INITIATIVES SPOTLIGHT

The following are just a few examples of the many community outreach programs supported by this ministry.

Indiana Black and Minority Health Fair

St. Vincent Heart Center of Indiana hosts an Indiana Black and Minority Health Fair booth at the Convention Center in Downtown Indianapolis every year. The booth features heart-healthy recipes and nutritional information as well as literature on health topics relative to heart disease, health e-newsletter registration, literature and registration for American Heart Association's Go Red for Women movement in which St. Vincent Heart Center of Indiana is the exclusive sponsor in Indianapolis. A HeartScan drawing is also held to help bring awareness about heart disease. On-site clinicians provided blood pressure screenings and Q&A sessions regarding St. Vincent Heart Center's Early Cardiac Care program. The audience includes African-Americans, Hispanics and Caucasians from children to senior citizens. Last year, more than 37,003 were in attendance for this four-day event.



ST. VINCENT HEART CENTER OF INDIANA

2009 COMMUNITY BENEFIT REPORT

Indiana State Fair

Every year, St. Vincent Heart Center of Indiana hosts a health fair booth during the State Fair providing free health screenings including blood pressures, body mass index and cardiac risk assessments for which clinicians were on hand to answer questions and provide information to people in attendance to encourage a heart-healthier lifestyle. Also on hand were healthy recipes, nutritional information, Heart Scan drawings and free customized Medical ID cards.

St. Vincent Heart Center also had their Early Cardiac Care program as well as registration for a customized health e-newsletter and American Heart Association's Go Red for Women movement on hand. Last year, more than 859,619 fairgoers of all ages attended.

Indiana Senior Expo

St. Vincent Heart Center of Indiana hosts a booth at the Indianapolis Senior Fair on the Indiana State Fairgrounds each year, providing information on heart health, healthy recipes and nutritional information. Registration for a monthly health e-newsletter is on hand for subscribers to customize their own learning initiative each month. St. Vincent Heart Center of Indiana also provides free Emergency Medical ID cards customized to each individual. The audience is comprised of mostly senior citizens. Last year, approximately 2,000 were in attendance.



Heart Awareness Month/Go Red for Women

St. Vincent Heart Center of Indiana participated in Heart Awareness Month at Castleton Square Mall where 47 team members and associates from the Heart Center volunteered their time by providing free health screenings and education. St. Vincent Heart Center of Indiana was the largest supporter of the 2009 Go Red for Women Luncheon where more than 900 women and men attended the event. Two presentations were given by Heart Center team members and associates at the breakout session: Sleep: Why Your Husband's Snoring is Important and The Empowered Patient. St. Vincent Heart Center of Indiana provided free health screenings at the event, which raised more than \$615,000 for the American Heart Association.



ST. VINCENT INDIANAPOLIS HOSPITAL

2009 COMMUNITY BENEFIT REPORT

OVERVIEW

St. Vincent Indianapolis Hospital is a 550-bed, quaternary level, full-service hospital that serves the Indianapolis metropolitan area and surrounding counties.

During fiscal year 2009, St. Vincent Indianapolis treated 34,088 patients for a total of 191,120 patient days of service. The hospital also provided 789,087 outpatient visits, of which 62,209 were emergency visits. St. Vincent Indianapolis provides core inpatient and outpatient services through eight Centers of Excellence:

- St. Vincent Oncology Center
- Indiana Neuroscience Institute at St. Vincent
- St. Vincent Heart Center of Indiana (see separate report)
- St. Vincent Orthopedic Center
- Peyton Manning Children's Hospital at St. Vincent (see separate report)
- St. Vincent Women's Hospital (see separate report)
- St. Vincent Spine Center
- St. Vincent Bariatric Center of Excellence

Other key services include:

- Digestive Health
- Diabetes Care
- Center for Healthy Aging
- Center for Joint Replacement
- Breast Care Services
- Mental Health Services
- Surgery Services
- Sports Medicine
- Emergency Departments (Adult and Pediatric)
- Primary Health Care

FINANCIAL COMMITMENT

Financial information in this report was prepared in accordance with the reporting guidelines issued jointly by Catholic Health Association (CHA) in collaboration with VHA Inc. and with the Ascension Health community benefit reporting guidelines.

CATEGORY I

Traditional Charity Care	\$15,325,081
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CATEGORY II

Unpaid Cost of Public Programs	\$34,549,679
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CATEGORY III

Other Programs and Services for the Poor	\$2,164,719
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CATEGORY IV

Other Programs for the Broader Community	\$22,361,972
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TOTAL:	\$74,401,450
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NOTE: St. Vincent Indianapolis Hospital does not include 2009 Medicare shortfall [\$56,390,616] in its total calculation.

NOTE: The above figures include St. Vincent Indianapolis Hospital and Peyton Manning Children's Hospital at St. Vincent.



ST. VINCENT INDIANAPOLIS HOSPITAL

2009 COMMUNITY BENEFIT REPORT

TOUCHING LIVES

Sixteen-year-old Gary was the only male in his household, and the only living male in his extended family outside of an older uncle. He had to grow up fast, taking on adult responsibilities and a peace-keeping role in his home.

When Gary began attending the Brother2Brother program sponsored by the St. Vincent Unity Development Center, he immediately responded to the rare opportunity to bond with male staff members. The Brother2Brother program addresses the needs of middle and high school students, focusing on character development, life experiences education, leadership skills development, and mentorship.

Gary attended the program throughout his junior and senior years, and grew close to both staff and other youth participating in the program, thinking of them as his outside "family." According to Gary, it was here that he learned what becoming a man was all about. He also began to understand that younger teens in the program were looking up to him as a role model and he was determined not to let them down.

During his senior year, he had the opportunity to visit a college campus through the program and learn more about the application and student loan process. Today, Gary is a freshman at Ivy Tech, majoring in business with a minor in management, the first in his family to attend college. His long-term goal is to own a chain of barbershops/hair salons, but for now he is attending classes, working part-time and volunteering in the Brother2Brother program, mentoring young men who are looking for a positive role model, just as he once was!

COMMUNITY ASSESSMENT

St. Vincent Indianapolis partnered with the Crooked Creek Community and the Indiana University School of Nursing to conduct a comprehensive community assessment from 2005 through 2007. From this vast effort, a community plan prescribed work to be done in the areas of health care, social services, affordable housing and economic development.

Information gleaned through the assessment positioned Crooked Creek to undertake a year-long planning process as part of the city's "Great Indy Neighborhoods Initiative." Ultimately more than 400 residents, business and community leaders participated. Together they developed a vision that all could embrace and a plan that is guiding economic and neighborhood revitalization; improvements to public infrastructure; and future collaboration among health, education and social service providers. With sustained, committed leadership from St. Vincent, the Crooked Creek community is now implementing many exciting projects as part of its Quality of Life Plan. Some of these projects include:

- Working with the city to make the most dangerous major intersection safer for pedestrians and the disabled (71st and Michigan Road)
- Rehabbing vacant foreclosed homes using "green" building practices
- Educating St. Vincent associates and assisting them to become responsible first-time homeowners
- Attracting neighborhood-scale retail and office development and new jobs
- Expanding healthcare services for children and youth
- Planning ways to address other healthcare issues from the updated Marion County Health Needs Assessment

In 2008, an internal St. Vincent task force reviewed this work and that of many other health-related agencies to determine the key initiatives to be addressed in the Indianapolis area. These issues are: healthcare access, tobacco prevention and cessation, obesity and children's health. These issues will provide the direction for future initiative development.



ST. VINCENT INDIANAPOLIS HOSPITAL

2009 COMMUNITY BENEFIT REPORT

INITIATIVES SPOTLIGHT

The following are just a few examples of the many community outreach programs supported by this ministry.



Primary Care Center

The St. Vincent Joshua Max Simon Primary Care Center provides full-service care for the entire family on a sliding fee scale, based on need. There were 60,543 patient visits in fiscal year 2009 and more than 92,000 visits were recorded including nurse visits, pharmacy and financial counseling visits. Ninety percent of these patients were uninsured/underinsured or were eligible for public programs, such as Medicaid. Approximately 50 percent of all visits were from patients with limited English proficiency (primarily Spanish, Russian and Karim). Primary and preventive care are provided through family medicine, internal medicine, women's health and pediatric clinics. Specialty care, such as general surgery, dermatology, sports medicine and orthopedics are available, as well as ancillary services including lab, X-ray, pharmacy, financial counseling, legal counseling, parenting classes and full-time medical interpretation.

Center of Hope

The St. Vincent Indianapolis Center of Hope provides expert treatment, advocacy, legal services coordination, and evidence collection and preservation for victims of sexual assault and domestic violence. In a unique partnership between St. Vincent

Indianapolis and St. Vincent Carmel, the St. Vincent Centers of Hope share an on-call team of sexual assault nurse examiners (SANEs) and forensic technicians who provide 24-hour coverage in three St. Vincent emergency departments.

A dedicated and private examination room is provided for these vulnerable patients, and specialized equipment has been purchased to collect and preserve evidence to assist in the successful prosecution of perpetrators. The St. Vincent Indianapolis Center of Hope coordinator, who provides oversight for all three locations as well as other Center of Hope staff, work closely with law enforcement, the judicial system and mental health and social service agencies to help victims access the services they need and to provide expert testimony that assists in securing convictions.

The Center of Hope is also actively involved in educating the community, health professionals and other law enforcement and child advocacy workers about issues related to sexual assault and domestic violence. In addition to the support provided by St. Vincent, this work is supported by grants from the Indiana Criminal Justice Institute.

Diabetes Classes

The St. Vincent Indianapolis Diabetes Center's team of specialists includes Certified Diabetes Educators who help individuals balance their diabetes care with their lifestyle needs. Understanding as much as possible about diabetes and its management is the key to gaining control and feeling better. Both group and individualized instruction on the self-management of diabetes help those with diabetes learn to live an active, healthy lifestyle, despite the challenges of their condition. In fiscal year 2009, the educators met with more than 800 people with diabetes in the outpatient setting, and participated in health fairs and screenings throughout the local community.

Fresh Start Parenting Program

The Fresh Start to Life Prenatal Education program located at the St. Vincent Joshua Max Simon Primary Care Center provides health education, counseling and support for under-insured and uninsured women throughout Central Indiana, serving 800 women in fiscal year 2009. The program recruits at-risk women based on household income, language barriers, health knowledge and access to transportation.



ST. VINCENT INDIANAPOLIS HOSPITAL

2009 COMMUNITY BENEFIT REPORT

Health Fairs and Screenings

St. Vincent Indianapolis participated in, facilitated, sponsored and promoted more than 150 health screenings and health fairs during fiscal year 2009. Fairs and screenings were held in conjunction with schools; community, state and national organizations; and local and state government agencies; and were held at a variety of conferences and community events. These events provided invaluable health education, prevention and screenings for thousands of Hoosiers across the state, free of charge.

Support Groups and Camps

St. Vincent Indianapolis Hospital sponsors a broad range of support groups to help both patients and families cope with significant health challenges, family issues, bereavement or grief issues and other mental health concerns. Groups often target particular age brackets to ensure that the unique challenges facing children, teens, adults and seniors are addressed. St. Vincent Indianapolis provides expert facilitation, meeting coordination, materials and meeting space for each.

In addition, St. Vincent Indianapolis partners with other community organizations to sponsor and participate in camps for youth who are dealing with specific health and wellness-related challenges. These include CHAMP Camp, a summer camping experience for children who are developmentally disabled, and Camp Healing Tree, a retreat designed for youth who are grieving the loss of a loved one such as a parent or sibling.

Safe Sitter Program

The goal of the Safe Sitter program is to reduce the number of avoidable and unintentional deaths among children being cared for by babysitters. To successfully complete the Safe Sitter program, students attend a six-hour class and pass a practical and written test. During fiscal year 2009, St. Vincent EMS Education's Safe Sitter program offered 43 classes that taught 11 to 13-year-olds how to handle emergencies when caring for younger children. Courses were offered at multiple locations throughout Indianapolis and surrounding communities. With a total of 31 instructors, approximately 329 students completed the St. Vincent EMS Education Safe Sitter course.



Mobile Screening Van

In 2009, the St. Vincent Mobile Screening Van served the community by providing convenient access to screening for breast, skin, prostate, colorectal and head & neck cancers, as well as offering education about healthy lifestyles and cancer prevention. More than 3,500 women received mammograms aboard the mobile van. Approximately 925 of these women were uninsured/underinsured and were served at no charge through funding from the Susan G. Komen for the Cure Foundation. Diagnostic testing and care for women requiring follow-up were provided at no charge through charitable funds from St. Vincent.

In addition, the Mobile Screening Van traveled to 75 workplaces in Central Indiana, partnering with employers to increase access to screening and education for approximately 2,575 women. Approximately 400 people were screened for skin, prostate, colorectal and head & neck cancer screenings. The Mobile Screening Van has increased St. Vincent capacity to reach many in the community who would otherwise not have access to screening and education.



ST. VINCENT INDIANAPOLIS HOSPITAL

2009 COMMUNITY BENEFIT REPORT

Public Program Enrollment

St. Vincent Indianapolis participates in government programs including Medicaid, SCHIP (Hoosier Healthwise), Healthy Indiana Plan (HIP) and Medicare, and assists patients and families in enrolling for programs for which they are eligible. Specific enrollment outreach programs sponsored by St. Vincent Indianapolis include:

- **Hoosier Healthwise Enrollment and Outreach**

St. Vincent Indianapolis partners with the Health and Hospital Corporation to provide an enrollment team based at St. Vincent to help enroll citizens in public programs like Hoosier Healthwise, Healthy Indiana Plan (HIP), Medicaid Disability, Presumptive Eligibility, and St. Vincent Advantage. In fiscal year 2009, the Outreach team touched the lives of about 8,100 families and is on target to complete 1,736 enrollment applications for eligible individuals and families. St. Vincent Indianapolis provides office space, equipment and supplies as well as full-time coordination and supervision of this important outreach.

- **Qualified Medicare Beneficiary (QMB) and Specified Low-Income Medicare Beneficiary (SLMB)**

The St. Vincent Indianapolis QMB/SLMB team in fiscal year 2009 assisted more than 50 individuals who struggled with the financial strain of Medicare deductibles and co-payments last year, and had more than 1,400 contacts. The seniors were Medicare beneficiaries of modest means who paid all or some of Medicare's cost sharing amounts (i.e. premiums, deductibles and co-payments). To qualify, the individual has to be eligible for Medicare and meet certain income guidelines that change annually.

- **Senior Health Insurance Information Program (SHIIP)**

SHIIP is a seven-year partnership between St. Vincent and the Indiana Department of Insurance, which utilizes five trained St. Vincent volunteer counselors. In fiscal year 2009, these counselors provided free and unbiased information to approximately 725 seniors with questions regarding Medicare, Medicare Supplements, HMOs, Managed Care Plans, Medicaid and long-term care programs.



Unity Development Center

The St. Vincent-sponsored Unity Development Center (UDC) is located in the Citizen/King Park community, a neighborhood just northeast of downtown Indianapolis. Unity Development Center serves its neighborhood through Kids with A Mission (KWAM), an after-school program that provides a fun, safe, learning environment. During 2009, KWAM served approximately 60 students in K-6 grades who attended a school in the service community. As part of KWAM, youth were offered homework assistance, character education, field trips, Project SEED, Arts with a Heart, Indianapolis Children's Choir/Sounds Sensation classes and more. Snacks and free transportation were provided. A Brother2Brother and Sister2Sister mentoring program focuses on instilling character and moral values for approximately 25 students (middle to high school age).

UDC also partners with 100 Black Men of Indianapolis, Inc. to provide a Summer Academy at a minimal charge to children in K-8 grades who reside in Marion County. The Summer Academy prides itself on offering participants educational, cultural and recreational activities to which they may not otherwise be exposed. In fiscal year 2009 approximately 160 children attended the seven-week program. UDC also serves as a referral source for neighborhood residents for basic needs such as food, clothing, housing and mental health services.



ST. VINCENT JENNINGS HOSPITAL

2009 COMMUNITY BENEFIT REPORT

OVERVIEW

St. Vincent Jennings Hospital, a 25-bed critical access hospital, has served Jennings County and the surrounding communities for 31 years. The hospital sees more than 400 inpatients and almost 60,000 outpatients annually. In addition to the inpatient unit, St. Vincent Jennings includes surgery, radiology, laboratory, outpatient specialty clinics and physical therapy. The hospital operates a 24-hour, physician-staffed emergency department, two rural health clinics, rehabilitation services, occupational health services and the area's Women's, Infants and Children's Program.

FINANCIAL COMMITMENT

The financial information in this report was prepared in accordance with the reporting guidelines issued jointly by the Catholic Health Association (CHA) in collaboration with VHA Inc. and with the Ascension Health community benefit reporting guidelines.

CATEGORY I

Traditional Charity Care	\$855,275
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CATEGORY II

Unpaid Cost of Public Programs	\$2,382,150
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CATEGORY III

Other Programs and Services for the Poor	\$42,309
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CATEGORY IV

Other Programs for the Broader Community	\$54,306
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TOTAL:	\$3,334,040*
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* In addition to the above, St. Vincent Physician Network provided \$756,168 of charity care in Jennings County.

NOTE: St. Vincent Jennings does not include Medicare in its total calculation.

TOUCHING LIVES

When a grandmother brought her diabetic grandson in to see a St. Vincent physician, the doctor discovered that the grandson was not taking his insulin. This was not a matter of noncompliance, but a matter of economics. The boy's father is employed as a truck driver and sends his paycheck home, but there is never enough to pay for household expenses, plus the medication needed by his son. The physician arranged for the family to see the St. Vincent Jennings health access worker. After meeting with the family, the access worker helped them apply for Medicaid benefits. Then, she arranged for them to meet the St. Vincent Jennings medication access coordinator. The coordinator was able to provide a supply of insulin to meet their medication needs until their Medicaid application was approved. Teamwork between the physician, the health access worker, and the medication access coordinator ensured the grandson was able to take his insulin on a regular basis, protecting his health while still meeting their other household obligations.

COMMUNITY ASSESSMENT

St. Vincent Jennings Hospital, in conjunction with Indiana University's Department of Applied Health Science, mailed 500 surveys to residents of Jennings County. Indiana University provided data analysis and presented the results to St. Vincent Jennings Hospital and community leaders. The most recent community assessment results emphasized lack of exercise, child abuse, teen pregnancy, tobacco use, and difficulty paying co-pays, deductibles and prescriptions.



ST. VINCENT JENNINGS HOSPITAL 2009 COMMUNITY BENEFIT REPORT

INITIATIVES SPOTLIGHT

The following are just a few examples of the many community outreach programs supported by this ministry.



18th Annual Health & Fitness Expo

St. Vincent Jennings Hospital hosted its 18th Annual Health & Fitness Expo on May 2, with more than 400 community members attending the event. More than 20 health-related vendors and/or social service agencies participated, providing a variety of services including blood screenings, blood pressure checks, massages, hearing and vision checks. New to the Expo this year was a Heart Healthy Echocardiogram screening, a major attraction for attendees. Echocardiograms were provided for 97 attendees, with 14 participants being identified as needing immediate care. An additional 56 participants were found to require clinical correlation studies. Two St. Vincent Jennings Physicians provided prostate screenings for 30 community members during the event. While Prostate-Specific Antigen (PSA) blood testing has been provided for several years, the prostate screening was an addition to this year's event.

Health Access

The health access worker's role is to connect the hospital and the community by helping individuals address barriers to accessing health care and by referring them to other local resources as needed. To help individuals overcome barriers, the health access worker assists individuals with finding a medical home; provides assistance in applying for public programs such as Medicaid, food stamps and the Healthy Indiana Plan; and completes referrals to other forms of community-based assistance. The health access worker

also advocates for clients with service providers and serves as a system navigator. During fiscal year 2009, the health access worker served 102 individuals, and completed 157 referrals to public and private programs. Additionally, the health access worker assisted individuals with accessing free or reduced-cost medications available through pharmacy assistance programs. A total of 859 medications totaling \$393,506.82 were provided in fiscal year 2009.

Wings for the Journey

Wings for the Journey is a bereavement group for moms and dads (and other family members) who mourn the loss of a child. This small group (usually around 10 people) meets monthly at St. Vincent Jennings Hospital and is facilitated by the hospital chaplain. Each session provides an opportunity for parents to speak about the raw and wounded feelings of their loss. By attending this bereavement group, parents discover coping strategies after the loss of a child. One family member recently stated, "This is a safe environment. I can talk, vent, cry and get angry. I can really show how I am feeling. The people in the support group are not judgmental. The chaplain understands my grief."



Christmas Assistance

In Jennings County, where the community has been hit hard as a result of layoffs and job losses, St. Vincent Jennings Hospital associates initiated a Christmas project. With help from a local church, a high school group and others in the community, associates provided food and Christmas presents for a total of 26 families, including 103 adults and 66 children. The power of giving was contagious, as students in the Jennings County High School International Thespian Society also donated 624 pounds of food to the effort. When a local church heard about the project, they brought in 15 hams, 15 turkeys, 30 bags of potatoes, 30 loaves of bread, 30 dozen eggs, 30 cake/brownie mixes, 30 pounds of butter, 15 bags of oranges and 15 bags of apples. This donation allowed all the families on the list to receive food packages at Christmas. St. Vincent Jennings associates were overwhelmed by the generosity of the community and appreciated all of the help to their Jennings County neighbors.



ST. VINCENT MEDICAL CENTER NORTHEAST

2009 COMMUNITY BENEFIT REPORT

OVERVIEW

Following a long-standing tradition of providing central Indiana residents with superior medical care, **St. Vincent Medical Center Northeast** opened in fall of 2008 to address the growing needs of Fishers, Noblesville and neighboring communities. In addition to the state's first and only free-standing emergency department, St. Vincent Medical Center Northeast offers an extensive list of services, including women's services, audiology and hearing aids, surgery services, laboratory services, maternal fetal medicine, medical imaging, pediatric services, primary care physicians and specialists, physical and occupational medicine, sleep disorders center, skin care aesthetician, stress center for mental health, and wellness screenings and vaccinations.

FINANCIAL COMMITMENT

St. Vincent Medical Center Northeast is part of the St. Vincent Indianapolis ministry and its community benefit expenditures are included with the financial data for St. Vincent Indianapolis Hospital. For more information please refer to the St. Vincent Indianapolis Hospital section of this report.

INITIATIVES SPOTLIGHT

The following are just a few examples of the many community outreach programs supported by this ministry.

Geist Half Marathon & 5k

St. Vincent Medical Center Northeast served as the lead supporter of the Geist Half Marathon & 5k with financial and volunteer commitment. The marathon was created to inspire health and wellness in children who live around Geist Reservoir. The funds raised from the Marathon are donated to Hamilton Southeastern and Lawrence Township School Foundations.

Center of Hope

The St. Vincent Center of Hope provides expert treatment, advocacy, legal services coordination and evidence collection and preservation for victims of sexual assault and domestic violence. In a unique

partnership between St. Vincent Indianapolis Hospital, St. Vincent Medical Center Northeast and St. Vincent Carmel Hospital, the St. Vincent Centers of Hope share an on-call team of sexual assault nurse examiners (SANEs) and forensic technicians who provide 24-hour coverage in three St. Vincent emergency departments. A dedicated and private examination room is provided for these vulnerable patients and specialized equipment has been purchased to collect and preserve evidence to assist in the successful prosecution of perpetrators.

The St. Vincent Indianapolis Center of Hope coordinator, who provides oversight for all three locations, works closely with law enforcement, the judicial system, as well as mental health and social service agencies to help victims access the services they need and to provide expert testimony that assists in securing convictions. The Center of Hope is also actively involved in educating the community, health professionals and other law enforcement and child advocacy workers about issues related to sexual assault and domestic violence. In addition to the support provided by St. Vincent, this work is also supported by grants from the Indiana Criminal Justice Institute.

Cover the Uninsured Week

As with all St. Vincent facilities, St. Vincent Medical Center Northeast follows Ascension Health's Call to Action on "Healthcare That Leave No One Behind" in joining national efforts around advocating for the uninsured. St. Vincent Medical Center Northeast is an active participant in the annual Cover the Uninsured week sponsored by the Robert Wood Johnson Foundation and hundreds of other participating organizations across the country that sponsor activities during this week to highlight the plight of the uninsured and advocate for finding solutions to this significant health issue.

During the 2009 Cover the Uninsured Week, St. Vincent Health Ministries throughout the state, including St. Vincent Medical Center Northeast partnered with the Indiana Family and Social Services Administration (FSSA) and the Indiana Department of Workforce Development to hold enrollment fairs at St. Vincent Health ministries throughout the state.

At the enrollment fairs, an FSSA mobile application station was available to help Hoosier families register for state health insurance programs, food stamps and for temporary assistance due to a recent loss of employment. The Department of Workforce Development also helped community members fill out unemployment claims and vouchers, and provided onsite resume development assistance.



ST. VINCENT MERCY HOSPITAL

2009 COMMUNITY BENEFIT REPORT

OVERVIEW

As a member of St. Vincent Health for nearly 14 years, **St. Vincent Mercy Hospital** was founded 83 years ago by the Sisters of St. Joseph. St. Vincent Mercy Hospital, a 25-bed critical access hospital, provides healthcare services to Elwood and surrounding communities. St. Vincent Mercy Hospital operates a 24-hour emergency department as well as acute and swing bed skilled care. Other services include outpatient surgery, outpatient and inpatient oncology therapy, rehabilitation services, occupational health and radiology/imaging services including nuclear medicine and MRI. The Medical Specialty Center provides consultation with highly qualified physician specialists.

FINANCIAL COMMITMENT

The financial information in this report was prepared in accordance with the reporting guidelines issued jointly by the Catholic Health Association (CHA) in collaboration with VHA Inc. and with the Ascension Health community benefit reporting guidelines.

CATEGORY I

Traditional Charity Care	\$847,561
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CATEGORY II

Unpaid Cost of Public Programs	\$1,717,514
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CATEGORY III

Other Programs and Services for the Poor	\$87,483
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CATEGORY IV

Other Programs for the Broader Community	\$37,089
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TOTAL:	\$2,689,647
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* In addition to the above, St. Vincent Physician Network provided \$139,761 of charity care in Madison County.

NOTE: St. Vincent Mercy does not include Medicare in its total calculation.

TOUCHING LIVES

A 45-year-old uninsured female was referred to the St. Vincent Mercy Hospital health access worker by her family physician with a diagnosis of Transient Ischemic Attacks (TIA) and hypertension. Test results showed an 80 to 90 percent blockage in her left carotid artery. She needed an immediate cardiovascular surgeon consult. The health access worker assisted the client in applying for emergency Medicaid, food stamps and Social Security Disability. Meanwhile, through the efforts of the health access worker, the surgeon agreed to see the client even though she had no insurance coverage. Since she was unemployed and had no means of transportation to these appointments, this service was provided by the health access worker.

A few months later, an endarterectomy (a surgery to remove harmful plaque from carotid arteries) was performed as a follow-up procedure, with no complications. The Pipe Creek Township Trustee was contacted to assist the client with her post-operative medications. The client received assistance with her other medications through St. Vincent Mercy Hospital. St. Vincent Mercy continued to assist this client to ensure that her healthcare needs were met so that she could maintain the highest quality of life possible.

COMMUNITY ASSESSMENT

St. Vincent Mercy Hospital has a long tradition of partnering with local businesses, city and county government and other health, human and social service agencies to improve the health and quality of life of individuals and families within the community. As a result of the most recent community assessment, St. Vincent Mercy and its partners identified the following local priorities: access to health care, services for the uninsured and child health services.

INITIATIVES SPOTLIGHT

The following are just a few examples of the many community outreach programs supported by this ministry.

Health and Safety Fair

St. Vincent Mercy, the Elwood Community Council and the Teaching Mentoring Communities Migrant/Seasonal Head Start organized the second annual Health and Safety Fair. Elwood Police and Elwood Fire departments along with Sparky the Fire Dog provided safety education, and St. Vincent associates provided health screenings and education to Elwood residents and migrant workers.



ST. VINCENT MERCY HOSPITAL 2009 COMMUNITY BENEFIT REPORT



Elwood Home, Health and Garden Show

As a part of the annual Elwood Home, Health and Garden Show, one of St. Vincent Mercy Hospital's physical therapy assistants presented "Back in the Mud." This presentation included information on body and back mechanics, gardening practices and low-maintenance plant selections. A St. Vincent Mercy Nurse Practitioner made a presentation on diabetes, which included information on nutrition, symptoms and prevention. An audience of approximately 20 attended each presentation.

Prostate Screenings

In September, St. Vincent Mercy Hospital offered free prostate screenings to men over 40 years old in Elwood and the surrounding communities during Prostate Cancer Awareness Month. Screenings can help identify cancers in the early stage and can be more easily treated. Last year, approximately 50 men were screened in the hospital's Medical Specialty Suites. The screening included a risk assessment, blood test and a physical examination by a urologist.

Health Access

The health access worker's role is to connect the hospital and the community by helping individuals address barriers to accessing health care and by referring them to other local resources as needed. To help individuals overcome barriers, the health access worker assists individuals with finding a medical home; provides assistance in applying for public programs such as Medicaid, food stamps and the Healthy Indiana Plan; and completes referrals to other forms of community-based assistance. The health access worker also advocates for clients with service providers and serves as a system navigator. During fiscal year 2009, the health access worker served 139 individuals, and completed 1,781 referrals to public and private programs. Additionally, the health access worker assisted individuals with accessing free or reduced-cost medications available through pharmacy assistance programs. A total of 380 medications totaling \$194,672.85 were provided in fiscal year 2009.

Mobile Mammography Van

St. Vincent Mercy provides critical breast cancer screening, health education and follow-up services for underserved and uninsured women in partnership with the St. Vincent Breast Center and a grant from the Susan G. Komen Foundation. The aim is to decrease breast cancer morbidity and mortality among medically underserved women and increase survival rates for those diagnosed with breast cancer. In the last year, 58 uninsured women received free screening mammography and follow up services.

Elwood Community Council

During the past year, St. Vincent Mercy associates facilitated the Elwood Community Council with representation from many community organizations, including Alternatives Inc., Elwood Ministerial Association, Elwood Police, The Center for Mental Health, and St. Vincent Mercy. The Council discusses problems faced by the Elwood community, along with possible solutions to these problems. The Council works to educate and empower individuals and families who are in need of assistance or services and works to enhance collaboration among community service providers so that maximum benefit for the individual or families can be achieved. The Council also includes a committee of high schools teens to participate and inform the council on issues affecting adolescents.



ACT Out

ACT Out ensemble is a social issue theater sponsored by Indiana University and Purdue University. ACT Out creates plays to address health and social issues and use performances as a catalyst for discussion. The Elwood Community Council organized performances, post-discussion and counseling at Elwood area middle and high schools earlier this year. The age-appropriate plays covered substance abuse, bullying and teasing, and suicide prevention, issues affecting Elwood teens and pre-teens. The Elwood Community Council High School Committee arranged for high school students to be present at the elementary school performances, to eat lunch and spend time talking with the elementary school students as a way to build mentor relationships.



ST. VINCENT NEW HOPE

2009 COMMUNITY BENEFIT REPORT

OVERVIEW

St. Vincent New Hope has been supporting individuals with developmental disabilities, closed head injuries and spinal cord injuries since 1978. New Hope provides a continuum of residential services, including group homes and supported independent living. New Hope's historic commitment to serve populations in need has resulted in the development of a variety of new services. In addition to community-based residential options, services and supports are provided in school settings and family homes.

FINANCIAL COMMITMENT

St. Vincent New Hope has been a leader in advocating for the disabled, educating the community and integrating their clients into the life of the community. Most clients use Medicaid to cover services, and New Hope has been a careful and efficient steward of these funds. However, Medicaid dollars cannot be used to pay for community integration and quality-of-life enhancements. To ensure that clients have access to these enhancement programs, St. Vincent makes a significant in-kind commitment and attracts volunteers and additional funding to leverage St. Vincent investment. Through these partnerships, New Hope residents are able to actively participate in art classes, journaling and writing laboratories, music experiences, such as choir or band, and speech club, with instruction and hands-on practice designed specifically for them. In addition, clients are able to take part in a variety of sports, museum and outdoor activities that integrate clients and community to the benefit of both.

TOUCHING LIVES

On a crisp sunny morning the first Tuesday in September, government officials, community leaders, neighbors and friends of St. Vincent New Hope stood with heads bowed in the yard of a newly remodeled home on the west side of Indianapolis as Ron Mead, chief mission officer for St. Vincent Health, read from the Gospel of Luke: "Into whatever house you enter, first say, 'Peace to this household.'"

The joyful blessing ceremony concluded the third in a series of collaborations between New Hope and Crooked Creek Community Development Corporation (CDC) aimed at creating affordable, community-based housing for the disabled. In this instance, the Crooked Creek CDC purchased and renovated a foreclosed home in the Crooked Creek neighborhood, using green building practices to ensure the home met national standards for health and efficiency.

The new house is home to Lee, Paul, Ray and Kyle, who moved there in July. They quickly learned of its many new and innovative features: tankless water heater, gas and electric power, double paned windows, etc. In fact this is St. Vincent New Hope's first green house. The floors are made of bamboo wood and the guys can easily maneuver their power wheel chairs on it. No carpet to get hung up on! The contractors also built a custom deck that the guys love to sit on in the back yard. The back yard has trees, flowers, grass and a birdbath. It is truly a place of peace and relaxation.

Accessible housing for people with disabilities is in short supply in Indianapolis and nationally. This home represents our continued effort to provide housing that meets the needs of people with disabilities and enhances society's view of them while allowing them to truly be a part of their community.

COMMUNITY ASSESSMENT

St. Vincent New Hope plays a leadership role in the community, advocating for the developmentally disabled and their families, and participating in the local, regional and national dialogues on best practices for providing the highest quality care and opportunities for growth and fulfillment. St. Vincent New Hope's close proximity to the St. Vincent Indianapolis Hospital regional campus



also allows New Hope staff to benefit from the geographic community assessment led by St. Vincent Indianapolis Hospital to identify needs of the surrounding community. For more information about the assessment process, please refer to the St. Vincent Indianapolis Hospital section of this report.



ST. VINCENT NEW HOPE

2009 COMMUNITY BENEFIT REPORT

INITIATIVES SPOTLIGHT

The following are just a few examples of the many community outreach programs supported by this ministry.

Community and Professional Leadership



St. Vincent New Hope is active in local, statewide and national organizations that share New Hope's focus on serving the needs of individuals with developmental disabilities. This includes the Indiana Association of Rehabilitation Facilities (INARF), which is dedicated to providing resources and support to enable member organizations to more effectively serve the comprehensive needs of the disabled. Jim Van Dyke, executive director of St. Vincent New

Hope, has long chaired INARF's Community Supports Section. He was recently awarded INARF's Special Leadership Award for his many years of service to the INARF Association.

Artistic Expressions

The Artistic Expressions program is a nine-year collaboration with the Indianapolis Art Center, providing meaningful opportunities for personal expression, skill development, creative growth, socialization and community integration for New Hope's residents.

The parent of one of the individuals served said, "My 37-year-old son has a rare neurological condition which severely limits his activities. However, he has found satisfaction and a sense of accomplishment in the art classes." In addition to media-specific classes in painting, ceramics, etc, participants have the opportunity to tour special art exhibits, view video presentations, meet visiting artists and work on joint projects. At the end of each series of classes, participants can display their work in an exhibition which they help design in conjunction with staff and which is open to the public. St. Vincent New Hope has attracted funding from several community partners in support of the Artistic Expression program, in addition to the St. Vincent ongoing commitment to program development and coordination.

Spreading Our Wings

As a strong advocate for individuals with disabilities, St. Vincent New Hope is committed to social inclusion as a way of benefiting both individuals served by St. Vincent New Hope and the community as a whole. St. Vincent New Hope believes that people with disabilities have a right to a daily rhythm of life similar to that of the general population and should have valued social roles and the opportunity to become active members of the community. This involvement, in turn, enriches the community, and fosters greater understanding and appreciation of the unique value that each person can offer.

Many of the individuals served by St. Vincent New Hope face financial challenges which would make it difficult or impossible for them to participate in many community activities. Through the Spreading Our Wings Program, residents are able to access movie tickets, swimming passes, museum passes, zoo trips, bowling passes, park admissions and passes to other cultural and community events in conjunction with their assistants/caregivers.



As one of St. Vincent New Hope's skill trainers explained, "Without these opportunities, the individuals we work with would not be able to get out and enjoy the things that most of us take for granted!" Over the years, funding for Spreading Our Wings has been provided by St. Vincent and by community partners.



PEYTON MANNING CHILDREN'S HOSPITAL AT ST. VINCENT

2009 COMMUNITY BENEFIT REPORT

OVERVIEW

Peyton Manning Children's Hospital at St. Vincent provides an extraordinary experience of holistic physical, emotional and spiritual care for children, which makes the child and families the focus of the healthcare team. The experienced attending physicians coordinate, direct and lead the partnership through the full continuum of emergent, acute and specialty care. Peyton Manning Children's Hospital provides multi-specialty clinics with specialization in orthopedics, heart, endocrinology, neurology, oncology and rehab services assure responsiveness to community need.

FINANCIAL COMMITMENT

Peyton Manning Children's Hospital is part of the St. Vincent Indianapolis Regional campus, and its community benefit expenditures are included with the financial data for St. Vincent Indianapolis Hospital. For more information, please refer to the St. Vincent Indianapolis Hospital section of this report.

TOUCHING LIVES

When 13-month-old Eva came to Peyton Manning Children's Hospital at St. Vincent from her home country of Kosovo, she was unable to walk or crawl like most children her age and her skin had a pale blue cast that reflected her body's continuous struggle for adequate oxygenation. Eva had been diagnosed with a serious heart condition called tetralogy of Fallot, a condition which, without appropriate treatment, often results in death within the first year of life. Major medical advances have meant that most of these children can be successfully treated and go on to live normal, productive adult lives. Unfortunately, children born in countries without access to these life-saving surgeries often do not survive.

Tiny Eva came to Peyton Manning Children's Hospital as part of the St. Vincent International Pediatric Heart Surgery Project, a program that provides free surgical and medical care to children living in countries without the necessary resources to treat these life-threatening heart defects. Throughout the world, congenital heart disease affects approximately 1 of every 100 newborns. To date,

St. Vincent has been able to help 89 of these children, including Eva. The Project is truly a team effort, with St. Vincent partnering with organizations such as Samaritan's Purse, which helps to transport children and parents/guardians from overseas to St. Vincent, and with local churches and individual families who volunteer to provide nurturing homes, transportation and support during the surgery and recovery.

Because Eva needed immediate heart surgery and her mother was near the end of her pregnancy and unable to travel, Eva arrived in the care of a legal guardian, an interpreter who watched over the child as if Eva were her own. At St. Vincent, a multidisciplinary team of healthcare professionals went into action, executing the detailed plan put in place before Eva had even arrived, while Eva's volunteer host family provided the daily support needed to promote optimal healing. When Eva was finally ready to return home, she took with her not only a newly-repaired heart, but the hearts of all of those who had an opportunity to care for this courageous little girl. Today, six months after returning home to Kosovo, Eva has caught up physically and mentally with other children her age. She walks and runs, and helps Mom care for her new baby brother, who was waiting to welcome Eva upon her return.

COMMUNITY ASSESSMENT

Peyton Manning Children's Hospital at St. Vincent is committed to improving the health, safety and well-being of children from newborn to age 18, and their families. It is involved in all aspects of serving this special community, from providing pediatrics, cancer services and emergency care, to education and outreach in nutrition, exercise and weight management to combat Indiana's childhood obesity epidemic. In addition, as part of the St. Vincent Indianapolis Hospital Regional Campus, Peyton Manning Children's Hospital participates in and benefits from the geographic community assessment led by St. Vincent Indianapolis Hospital to identify needs of the surrounding community. For more information about the assessment process, please refer to the St. Vincent Indianapolis Hospital section of this report.



INITIATIVES SPOTLIGHT

The following are just a few examples of the many community outreach programs supported by this ministry.



Project 18

The statistics are alarming: 1 in 3 Indiana children is overweight, with overweight adolescents having a 70 percent chance of becoming an overweight or obese adult, putting them at increased risk for a myriad of serious health challenges, including asthma, diabetes, heart and liver diseases.



St. Vincent Health and Peyton Manning Children's Hospital launched a statewide initiative to tackle Indiana's obesity epidemic head-on. Named after the jersey number worn by Indianapolis Colts quarterback Peyton Manning, a key sponsor and spokesperson for the program, Project 18 is a school-based nutrition and wellness program designed to instill healthy habits in children and their families. At the core of the program is an 18-week curriculum developed with Ball State University and St. Vincent clinicians that features loads of hands-on and take-home activities and meets Indiana's

educational standards for third through fifth graders. The program, which is available at no cost to any Indiana school, was rolled out in late spring of 2009. Data are being collected at each site across a variety of measures to track results and modify the program as needed.

Another key component of Project 18 is a partnership with Marsh Supermarkets to label food items available in store that meet established nutrition standards as "Project 18-approved" so that families can make healthier choices at the grocery. A specially-equipped van tours the state, attending local health fairs and other community events to introduce Project 18 and to encourage healthy eating and increased physical activity through fun activities for the entire family.

Weight Management: L.I.F.E. (Lifetime Individual Fitness and Eating) for Kids

Obesity among children has become a national epidemic, particularly in Indiana where estimates of childhood obesity are between 20-40 percent. Life-threatening conditions such as heart disease and type 2 diabetes are also increasing among this population. L.I.F.E. for Kids is a year-long weight management program especially designed for children and adolescents. This program was introduced in 2007 to promote healthy eating and physical activity/exercise through integrated education and counseling from a multi-disciplinary team that includes a physician, dietitian, behavior therapist, exercise physiologist and registered nurse. The program works closely with the Primary Care Center to ensure that low-income families whose children are at-risk for obesity are able to access the program.

The Child Protection Center and Team

The St. Vincent Child Protection Center/Team provides expert, multi-disciplinary and nurturing care for children who are victims of child maltreatment. Staffed by a full-time licensed clinical social worker, two pediatricians and a full-time nurse, all with specialized training in child maltreatment, the team provides 24-hour coverage and consultation to ensure that children receive the care they need and that evidence is appropriately identified and preserved to increase the likelihood of successful prosecution of perpetrators.

The team is also active in training other health professionals throughout the St. Vincent system as well as within the community, in building community awareness and in training other professionals in law enforcement, the judicial system and child advocacy agencies.



PEYTON MANNING CHILDREN'S HOSPITAL AT ST. VINCENT

2009 COMMUNITY BENEFIT REPORT

The Child Protection team presents the Stewards of Children program, an evidence-based prevention program that teaches adults to prevent and respond appropriately to child abuse. The Safe Child Program is presented to elementary school children with the intent of reducing the possibility of child victimization. Understanding Shaken Baby Syndrome is a third primary prevention program offered to the community. This program increases the awareness of the injuries involved in Shaken Baby Syndrome in an effort to help reduce the incidence of this form of abuse through education.

School-based Health Clinics

During school year 2008-2009, St. Vincent provided and managed full-time health care assistants to maintain health clinics in 12 Washington Township schools, six Archdiocesan inner-city schools and two charter schools. During school year 2009-2010, St. Vincent will continue to provide in-school health services to the Washington Township and six Archdiocesan schools, plus the Zionsville Community Schools and Beech Grove Community School system. Since the school health clinics were established, the absenteeism rate has dropped significantly.



School Wellness

St. Vincent worked with schools throughout Marion and Hamilton counties in responding to the federal law that requires schools receiving federal funds to initiate wellness committees and enhance programming to include healthier school settings for children. Peyton Manning Children's Hospital led the way by expanding its school health program to promote and facilitate wellness-focused activities in more than 90 schools, providing nutrition tools, physical-fitness testing, wellness committee membership, and education on a wide variety of healthcare topics. School wellness outreach spanned the diverse school systems of Catholic,

public and private school wellness councils. A full-time School Wellness Coordinator has expanded outreach and provided leadership on the wellness-front for schools.

School and Community Asthma Program

Asthma can be a frightening, debilitating, even life-threatening condition, especially for children and their families. Peyton Manning Children's Hospital believes that providing quality information about asthma and its treatment can empower children and families to better manage the condition, enabling them to participate more fully in a wide range of activities. The School and Community Asthma Program offers free asthma classes for parents, students and teachers in conjunction with Peyton Manning Children's Hospital and the Asthma Alliance of Indianapolis. In fiscal year 2009, the program coordinator served more than 5,000 children and families at more than 100 schools and community sites.



ST. VINCENT PHYSICIAN NETWORK

2009 COMMUNITY BENEFIT REPORT

OVERVIEW

St. Vincent Physician Network is comprised of about 200 providers in 57 locations throughout Central Indiana. Physicians specialize in the areas of family, internal and pediatric medicine, obstetrics and gynecology, and number of other subspecialties. As a member of St. Vincent Health, the St. Vincent Physician Network is dedicated to the mission of providing spiritually centered, holistic care, which sustains and improves the health of individuals and communities across the state.

FINANCIAL COMMITMENT

Financial information in this report was prepared in accordance with the reporting guidelines issued jointly by the Catholic Health Association (CHA) in collaboration with VHA Inc. and with the Ascension Health community benefit reporting guidelines.

CATEGORY I

Traditional Charity Care	\$653,573
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CATEGORY II

Unpaid Cost of Public Programs	\$3,012,080
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CATEGORY III

Other Programs and Services for the Poor	\$1400
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CATEGORY IV

Other Programs for the Broader Community	\$7,957
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TOTAL:	\$3,675,010
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NOTE: St. Vincent Physician Network does not include Medicare short-fall [3,626,856] in its calculation.

INITIATIVES SPOTLIGHT

The following are just a few examples of the many community outreach programs supported by this ministry.

Cover the Uninsured Week

As with all St. Vincent facilities, St. Vincent Physician Network follows Ascension Health's Call to Action on "Healthcare That Leave No One Behind" in joining national efforts around advocating

for the uninsured. St. Vincent Physician Network is an active participant in the annual Cover the Uninsured Week sponsored by the Robert Wood Johnson Foundation and hundreds of other participating organizations across the country that sponsor activities during this week to highlight the plight of the uninsured and advocate for finding solutions to this significant health issue.

During the 2009 Cover the Uninsured Week, St. Vincent Health ministries throughout the state, including St. Vincent Physician Network partnered with the Indiana Family and Social Services Administration (FSSA) and the Indiana Department of Workforce Development to hold enrollment fairs. At the enrollment fairs, an FSSA mobile application station was available to help Hoosier families register for state health insurance programs, food stamps and for temporary assistance due to a recent loss of employment. The Department of Workforce Development also helped community members fill out unemployment claims and vouchers, and provided onsite resume development assistance.



Health Fairs

St. Vincent Physician Network participates in a variety of community health fairs including, Indy's Child Summer Camp Fair, Fishers Fun Run and Freedom Festival, Indiana Black Expo, Umoja Community Church Health Fair, the Indiana State Fair, and the Bellies and Babies Maternity Expo. St. Vincent Physician Network associates provided information about primary medical care, blood pressure screenings, body mass index screenings, cholesterol screenings and healthy child tips. With a collaboration of physicians, nurses and associates, St. Vincent Physician Network was present at approximately 50 health fairs in the 2009 fiscal year.



ST. VINCENT RANDOLPH HOSPITAL

2009 COMMUNITY BENEFIT REPORT

OVERVIEW

St. Vincent Randolph Hospital is located in a county of 27,000 residents. On July 1, 2000, the former Randolph County Hospital became St. Vincent Randolph Hospital. It was the second hospital in Indiana to be designated a critical access hospital. St. Vincent Randolph services include: a labor delivery postpartum birthing center; cardiopulmonary support, dialysis, 24-hour emergency department; imaging and women's diagnostics; laboratory, occupational health, physical rehabilitation, surgery center, sleep disorder clinic, stress center, wellness, and an orthopedic center. More than 42 specialists representing cardiology, rheumatology, neurology, gastroenterology, urology, nephrology and oncology are available through hospital's Specialty Clinics.

FINANCIAL COMMITMENT

The financial information in this report was prepared in accordance with the reporting guidelines issued jointly by the Catholic Health Association (CHA) in collaboration with VHA Inc. and with the Ascension Health community benefit reporting guidelines.

CATEGORY I

Traditional Charity Care	\$1,231,003
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CATEGORY II

Unpaid Cost of Public Programs	\$2,900,423
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CATEGORY III

Other Programs and Services for the Poor	\$62,165
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CATEGORY IV

Other Programs for the Broader Community	\$33,458
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TOTAL:	\$4,227,049*
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* In addition to the above, St. Vincent Physician Network provided \$913,878 of charity care in Randolph County.

NOTE: St. Vincent Randolph does not include Medicare in its total calculation.

TOUCHING LIVES

Ramona was laid off for more than six months and was uninsured when she found she needed medical care. This is when she met the St. Vincent Randolph Hospital health access worker. A health access worker provides improved health access and removes barriers to needed resources to patients and their families. Ramona recently shared how her relationship with the health access worker developed over time: "Mindy helped me with getting my medication and a nebulizer, and then encouraged me to get eye exams. Then, when the Healthy Indiana Plan (HIP) became available, Mindy contacted me and sent me an application in the mail because she knew I qualified. Mindy has a way of anticipating the needs of others. When the St. Vincent STAR (Special Talents to Achieve and Rise) job-readiness program became available to residents of Randolph County, Mindy sent me an application for that too. I was accepted as a participant... I have been very blessed to be a part of the St. Vincent Family." Through the relationship that the health access worker developed and nurtured with Ramona, St. Vincent Randolph was able to provide resources to assist Ramona in many aspects of her life.

COMMUNITY ASSESSMENT

St. Vincent Randolph partnered with INShape Randolph and other community leaders to complete the latest community assessment. The community needs assessment coupled primary data from surveys mailed through the post office and distributed through social service agencies with secondary data available on the county. The following needs were identified as priorities during the latest assessment: health promotion, greater coordination of human services, and increase childcare resources.

INITIATIVES SPOTLIGHT

The following are just a few examples of the many community outreach programs supported by this ministry.

Fitness Challenge

Last year St. Vincent Randolph supported the Randolph County Schools Fitness Challenge, a program hosted by Randolph YMCA and INShape Randolph for teachers during the fall semester and for students during the spring semester. The Fitness Challenge is designed to encourage teachers and students to improve healthy nutrition choices and daily physical fitness. Teachers and stu-



ST. VINCENT RANDOLPH HOSPITAL

2009 COMMUNITY BENEFIT REPORT

dents kept a journal of their food intake and physical activity. Union School teachers won a total of \$1,700 in prize money programs when their sixth-, seventh- and eighth- grade classes took the top three positions in the Fitness Challenge. The teachers used the funds for classroom activities or programs.

Farm Trauma Day

As part of St. Vincent Randolph's Farm Health Initiative, experts in the field of emergency response, livestock and animal control, equipment and chemical safety provided education during Farm Trauma



Day. During the last fiscal year, 50 farmers were educated on several topics including how to properly and safely tend to an anhydrous

ammonia leak; farm machinery entanglement; grain silo entrapment and safety; and tractor overturns. This training helps ensure the safety of farmers and the environment in Randolph County.

Girls on the Run

Girls on the Run is a national 10-week after-school program held each spring and fall for girls in grades 3 through 5 in Randolph County elementary schools. Girls on the Run curriculum focuses on helping girls develop positive body image, learn healthy eating attitudes and build self-esteem. During the 10-week session girls conducted a community service project and completed a non-competitive running event. With the support of St. Vincent Randolph, 25 girls completed the fall session and 61 girls completed the spring session in five Randolph County elementary schools in fiscal year 2009.

Health Access

The health access worker's role is to connect the hospital and the community by helping individuals address barriers to accessing health care and by referring them to other local resources as needed. To help individuals overcome barriers, the health access worker assists individuals with finding a medical home; provides assistance in applying for public programs such as Medicaid, food stamps and the Healthy Indiana Plan; and completes referrals to other forms of community-based assistance. The health access worker also advocates for clients with service providers and serves as

a system navigator. During fiscal year 2009, the health access worker served 775 individuals, and completed 2,107 referrals to public and private programs. Additionally, the health access worker assisted individuals with accessing free or reduced-cost medications available through pharmacy assistance programs. A total of 1,802 medications totaling \$1,017,813.60 were provided in fiscal year 2009.

Randolph County Literacy Coalition

The Literacy Coalition started almost 20 years ago to improve literacy skills in Randolph County. St. Vincent Randolph Hospital associates participated and sponsored the Coalition activities, which included providing grants to Randolph County school teachers who need financial support for programs designed to improve literacy skills in class, the purchase and distribution of a thesaurus for all sixth graders, and hosting a spelling bee.

Randolph County Disaster Preparedness Committee

St. Vincent Randolph Hospital collaborated with local leaders from the health, police and fire departments to strengthen the capacity to respond to epidemics as well as disasters. The Committee conducts training and drills for all emergency and social service agencies to prepare for disasters. St. Vincent Randolph Hospital constructed a safety shower with a hazardous chemical pit and collection barrel for disposal of hazardous chemical spills for individuals in need of medical attention.

Kids Safety Day

St. Vincent Randolph Hospital hosted Kids Safety Day to educate children and parents on how to stay safe while enjoying everyday activities. The Randolph County Sheriff's Department, YMCA, Randolph County Health Department, Red Cross and various area



fire and police departments were among the agencies participating. The children made 911 emergency calls with dispatchers, explored a fire engine, ambulance and helicopter, and

learned about poisonous chemical hazards. Children were provided with K-ID's BMV identification cards and bike helmets.



ST. VINCENT SETON SPECIALTY HOSPITAL

2009 COMMUNITY BENEFIT REPORT

OVERVIEW

St. Vincent Seton Specialty Hospital is a premier long-term, acute care hospital (LTACH) dedicated to improving the quality of life for patients on their journey back to a stable health condition. Since November 1996, Seton Specialty – through the work of a dedicated team of competent care providers – has served as a healing gateway between the Intensive Care Unit and rehabilitation. Patients often come to Seton Specialty with multiple complications requiring an extended hospital stay of 25 days or more. St. Vincent Seton Specialty Hospital is located in Indianapolis and Lafayette to serve patients in and around Indiana.

FINANCIAL COMMITMENT

The financial information in this report was prepared in accordance with the reporting guidelines issued jointly by the Catholic Health Association (CHA) in collaboration with VHA Inc. and with the Ascension Health community benefit reporting guidelines.

	Indianapolis	Lafayette
CATEGORY I		
Traditional Charity Care	\$112,670	(\$64,247)
CATEGORY II		
Unpaid Cost of Public Programs	\$2,177,124	\$460,677
CATEGORY III		
Other Programs New and Services for the Poor	\$1,829	\$1,044
CATEGORY III		
Other Programs New for the Broader Community	\$72,579	\$16,437
TOTAL:	\$2,364,202	\$413,911

NOTE: Seton Specialty does not include Medicare in its total calculation.

TOUCHING LIVES

Martin Ashcraft and Jane had dated for many years. When Martin was admitted to the hospital with heart-related complications and eventual respiratory failure, there were always two people by his side. Deanna, Martin’s sister, and Jane stood side-by-side in caring for Martin. Despite many attempts by staff to get Deanna and Jane to take a break away from the bedside, the two sat day and night. Trials would face them. Martin would have good days and bad days, confused and combative at times, calm and sleeping at other times. The two women struggled emotionally, spiritually and financially. Their daily fears and concerns about whether Martin would ever recover and be discharged from the hospital was a reality they faced together. Spiritually, the family attended church regularly and had a strong faith. Martin would share his faith story with the staff of Seton and relied on his faith to pull him through the daily rigors of a complicated hospitalization.

Weaning from the medications and ventilator only proved to be half of the problem. Even though Martin had a history of heart-related problems, he was still self-sufficient, independent and active in his young son’s life. Martin had to work on his physical strength also. Because of Martin’s history of health problems, he was unable to manage a regular work schedule. When Martin was hospitalized in Indianapolis, Deanna and Jane followed, leaving behind their employment. Deanna’s husband would send money as he was able, but the women were “stranded” at the hospital with a limited amount of money, food stamps, meal tickets from the hospital café, no car, and sleeping between Martin’s room and the Seton Family Retreat Room.

Martin and Jane often talked about their desire to get married when he left the hospital. They had an obvious love for one another, a bond that carried them through the lengthy hospital stay. Ultimately, they would wait no longer. Jane contacted their pastor in their home town of Muncie, and requested her support in helping them to marry as soon as possible. Martin’s recovery was progressing, but still tenuous.



ST. VINCENT SETON SPECIALTY HOSPITAL

2009 COMMUNITY BENEFIT REPORT

The staff at St. Vincent Seton Specialty Hospital, including the chaplain and social worker, helped coordinate a wedding for Martin and Jane in the hospital's chapel. The family's pastor came from Muncie. The chaplain helped to "shop" for two nice dresses for the women and wedding bands. The social worker was able to purchase a nice pajama set (for the groom who still had feeding tubes and I.V. lines preventing him from dressing in dress clothes), flowers and hair accessories for the bride and "best person" (Deanna).

The couple had a chapel full of guests, a ceremony and pictures to commemorate their special day. Martin was able to return home soon after the ceremony so he and Jane could begin their life together.

COMMUNITY ASSESSMENT

St. Vincent Seton Specialty Hospital draws patients from all over the state who need the special care provided by this facility, bridging the gap between the Intensive Care Unit and rehabilitation. Seton participates in local, state and national dialogues about best practices for caring for these patients and families and advocates for their specialized needs. In addition, the Indianapolis location's close proximity to the St. Vincent Indianapolis Hospital, allows Seton Specialty to use the geographic survey completed by St. Vincent Indianapolis to target initiatives to the needs and service gaps of the local community. For more information about the assessment process, please refer to the St. Vincent Indianapolis Hospital section of this report.



INITIATIVES SPOTLIGHT

The following are just a few examples of the many community outreach programs supported by this ministry.

Indiana Senior Expo

Aging is part of the natural growth process and it is important to equip seniors with wise information to live their senior years with strength and confidence. St. Vincent Seton Specialty participated in community education at the Indiana Senior Expo. The Senior Expo was held at the Marion County fairgrounds. The booth featured basic health education from on-site clinicians, and a host of medical screenings, including blood pressure screenings. Last fiscal year, Seton Specialty associates devoted 16 hours and served more than 100 people who attended the Senior Expo.

Indiana Veterans' Home

Last year, associates from St. Vincent Seton Specialty reached out to Indiana Veterans' Home, a landmark facility in Lafayette. Indiana Veterans' Home holds a Thanksgiving celebration at a local restaurant each year for veterans. They usually have a limited number of servers available and over the last few years were short on desserts. St. Vincent Seton Specialty associates served hundreds of veterans and purchased more than 150 pies, cookies and other dessert items. Veterans enjoyed this attention, and Seton's associates were honored to serve veterans and are committed to participating yearly.

The Gleaners Food Bank

The Gleaners Food Bank mission is to end hunger by engaging individuals and communities to provide food for people in need. The Gleaners Food Bank reached thousands of people, including the working poor, unemployed, single parents and the elderly who needed assistance in Central Indiana. St. Vincent Seton Specialty associates devoted 14 hours and provided approximately 250 pounds of food to Gleaners during fiscal year 2009.



SAINT JOHN'S HEALTH SYSTEM

2009 COMMUNITY BENEFIT REPORT

OVERVIEW

Saint John's Health System, which began as Anderson's first hospital, was founded by the Sisters of the Holy Cross. Today, as part of St. Vincent Health, Saint John's Health System is a sophisticated, comprehensive, high-tech health care organization serving the citizens of Madison County. Some of Saint John's services extend into Central Indiana and include: Saint John's Medical Center, Saint John's Cancer Center, Saint John's Anderson Center, rehabilitation, outpatient services, Saint John's Medical Supplies, Med One Urgent Care Centers, Saint John's Children's Clinic, occupational medicine, and the Health Network of Madison County.

FINANCIAL COMMITMENT

The financial information in this report was prepared in accordance with the reporting guidelines issued jointly by the Catholic Health Association (CHA) in collaboration with VHA Inc. and with the Ascension Health community benefit reporting guidelines.

CATEGORY I

Traditional Charity Care	\$3,961,770
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CATEGORY II

Unpaid Cost of Public Programs	\$9,875,175
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CATEGORY III

Other Programs and Services for the Poor	\$352,578
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CATEGORY IV

Other Programs for the Broader Community	\$370,720
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TOTAL:	\$14,560,243*
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* In addition to the above, St. Vincent Physician Network provided \$364,257 of charity care in Madison County.

NOTE: Saint John's does not include Medicare shortfall [\$16,782,325] in its total calculation.

TOUCHING LIVES

In Anderson, homeless men who want to transition back into the community and the workforce turn to The Christian Center's 18-month program. Unfortunately, undiagnosed or unmanaged chronic healthcare concerns are roadblocks for many of these men. "How can we expect these men to go to work when their blood pressure is sky high and they feel terrible?" said Scott Richards, The Christian Center executive director. To address this barrier, Saint John's now partners with The Christian Center to conduct monthly free health clinics at the shelter. Saint John's brought in examination room furniture and supplies. When the clinic is in session, a day room is converted into an exam room. The clinic is staffed by a volunteer physician or nurse practitioner with support from Saint John's associates and student nurses from Anderson University School of Nursing.



Saint John's pharmacy director was able to negotiate a means for the men to have prescriptions filled at a nearby pharmacy, because Saint John's does not have an outpatient pharmacy license. Saint John's covers the cost after a minimal co-pay. Lab tests are drawn at the clinic and processed in the Saint John's lab.

Consistency, as well as quality of health care was one of the goals for this program. An electronic medical record at Saint John's is established for each patient who is seen. This facilitates providing information to other physicians when a referral for specialty care is necessary. When the men are ready to move on after their program, they will be able to take this information to a physician wherever they go. Saint John's concern for an unmet need has led to a collaboration that is very consistent with Saint John's mission.



SAINT JOHN'S HEALTH SYSTEM 2009 COMMUNITY BENEFIT REPORT

COMMUNITY ASSESSMENT

In keeping with Saint John's Health System's mission to serve all persons with special attention to those who are poor and vulnerable, as well as advocating for a compassionate and just society, Saint John's Health System is committed to an integrated delivery network that is unique to Anderson and surrounding communities. The latest community needs assessment resulted in making access to health care, advocacy and assistance for the uninsured, child health services, and prenatal care for Hispanic/Latinos a continued commitment.

INITIATIVES SPOTLIGHT

The following are just a few examples of the many community outreach programs supported by this ministry.

Kindergarten Round Up

Kindergarten Round Up, a free service provided through a collaborative effort with agencies in the community, is a comprehensive program for disadvantaged children entering kindergarten. Children received free physicals and dental and hearing screenings through the collaboration of Saint John's and other community agencies.

This event also connected the whole family to health and social services within the community. Many families established medical homes as a result of bringing their kindergarten-age child to this event. In fiscal year 2009, 121 children and their families were served.

Saint John's Children's Clinic

The Children's Clinic, open since 1973, serves children from birth to 18 years who do not have insurance, cannot pay for service, or have Medicaid coverage. The Children's Clinic provides immunizations, physicals, care of illnesses and injuries, dental care, prescription medications, and referrals for surgery, specialized diagnostic procedures and counseling. All services, including those provided by specialists, are covered for Children's Clinic patients. Because the Clinic assists children whose families cannot afford medical care, eligibility for services is determined using guidelines similar to those of federal poverty programs. In fiscal year 2009, there were 4,539 patient visits to Saint John's Children's Clinic.

Health Access

The health access worker's role is to connect the hospital and the community by helping individuals address barriers to accessing health care and by referring them to other local resources as needed. To help individuals overcome barriers, the health access worker assists individuals with finding a medical home; provides assistance in applying for public programs such as Medicaid, food stamps and the Healthy Indiana Plan; and completes referrals to other forms of community-based assistance. The health access worker also advocates for clients with service providers and serves as a system navigator. During fiscal year 2009, the health access worker served 33 individuals, and completed 59 referrals to public and private programs. Additionally, the health access worker assisted individuals with accessing free or reduced-cost medications available through pharmacy assistance programs. A total of 121 medications totaling \$59,438.07 were provided in fiscal year 2009.

Athletic Partnership

Saint John's Health System and St. Vincent Health donated sports medicine equipment, including treatment and taping tables, hand-held ultrasound therapy equipment, electrical stimulation technology, and exercise equipment to six local schools. The goal of this partnership was to keep Madison County student athletes safe and healthy.

Anderson University School of Nursing

Continuing a tradition of collaboration, Saint John's Health System and St. Vincent Health have partnered with Anderson University School of Nursing, creating the Saint John's Center for Clinical Excellence. The new nursing education facility features the latest technology in patient simulation, the SimMan® 3G. This collaboration will ensure that there is a good supply of well trained nurses to serve the needs of Madison County and Indiana in future years.

Quality of Life Donation

Saint John's made a \$10,000 gift to the City of Anderson's Economic Development Quality of Life Fund. Grants from the Quality of Life Fund are used for project-specific activities by Anderson not-for-profit organizations that support improving quality of life through health, entertainment, education and beautification.



ST. JOSEPH HOSPITAL

2009 COMMUNITY BENEFIT REPORT

OVERVIEW

St. Joseph Hospital had its origins in Good Samaritan Hospital founded by the Sisters of St. Joseph in 1913. Today, as a part of the St. Vincent Health system, St. Joseph Hospital is a 167-bed acute care facility serving the residents of Kokomo and surrounding Howard County communities. A medical staff of more than 150 physicians offers medical, surgical and diagnostic services for inpatients and outpatients, 24-hour emergency room services, 11 birthing suites, behavioral services, cardiac catheterization and magnetic resonance imaging (MRI) services.

FINANCIAL COMMITMENT

The financial information in this report was prepared in accordance with the reporting guidelines issued jointly by the Catholic Health Association (CHA) in collaboration with VHA Inc. and with the Ascension Health community benefit reporting guidelines.

CATEGORY I

Traditional Charity Care	\$1,529,114
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CATEGORY II

Unpaid Cost of Public Programs	\$4,471,539
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CATEGORY III

Other Programs and Services for the Poor	\$290,663
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CATEGORY IV

Other Programs for the Broader Community	\$120,620
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TOTAL:	\$6,411,936
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NOTE: St. Joseph does not include Medicare shortfall [\$6,976,991] in its total calculation.

TOUCHING LIVES

A young mother had just given birth to her second child and first daughter, Nadia, when she decided to stay home with her children. She was only 22 and had no idea how to care for a new infant.

She had heard about the free New Mom's Meeting at St. Joseph Hospital, and she thought it sounded like a good way to meet other stay-at-home moms. She remembered thinking that all the other moms seemed so much more confident than she felt, but she did feel welcomed, especially by Nurse Julie, a lactation consultant and coordinator of the New Mom's Meeting.

Fast-forward another two years...when this mom was miserably trying to nurse her third child, a four-month-old boy who had developed white patches in the mouth, a condition known as thrush. She knew she didn't want to give up on breast-feeding when he was so young, but she didn't know what else to do. In desperation, she called Nurse Julie to ask her trusted advice. Julie was away for the weekend at a Lactation Consultant Seminar, polishing her already-shining skills. Despite her busy schedule, she made this mom's problem a priority. Julie was able to find a solution to help the young mom through the worst of her son's thrush.

Knowing Julie and participating in the New Mom's Meeting has helped build this young mother's confidence in caring for her children. Whenever any of her friends or acquaintances are pregnant or nursing, she always steers them straight to Nurse Julie and The New Mom's Meeting at St. Joseph Hospital.

COMMUNITY ASSESSMENT

St. Joseph Hospital is dedicated to spiritually-centered, holistic care, which sustains and improves the health of individuals and communities. St. Joseph collaborated with community organizations, local businesses, and government agencies to complete the latest needs assessment, which resulted in prioritized needs in the areas of: access to health care, affordable child care, senior care, mental health care for all ages, and transportation.





ST. JOSEPH HOSPITAL

2009 COMMUNITY BENEFIT REPORT

INITIATIVES SPOTLIGHT

The following are just a few examples of the many community outreach programs supported by this ministry.

Boot Camp for Dads

Boot Camp for New Dads is a free eight-week course geared for soon-to-be new dads in the greater Kokomo area. The "Lead Coach" for camp, a graduate of the boot camp, provides a comfortable and informal environment to allow new dads to observe other fathers interacting with their babies and ask questions. New dads are invited to return with their baby beyond the eight-week course to ask questions about caring for their baby. A total of 45 new dads participated in Boot Camp for Dads during fiscal year 2009.

The New Mom's Meeting

The New Mom's Meeting hosted at St. Joseph Hospital is a free support group open to all new mothers in the greater Kokomo area and surrounding counties. Invitations are placed in local papers to invite new mothers. The support group meets every week and presents a guest speaker once a month. Activities during the meetings include a certified car seat inspection, breast self exam education and presentations by the local library discussing the importance of reading to children. Mothers are encouraged to attend the New Mom's meeting for one year and then to join a play group for 1-year-old babies. During fiscal year 2009, St. Joseph Hospital supported 1,556 moms and babies in the greater Kokomo area.

Clinic of Hope

Providing care for 14 years, the Clinic of Hope serves adults (ages 18-64) who have low income or no income at all, and who are uninsured. St. Joseph collaborates with other healthcare providers and health and human service agencies to help patients find the necessary services they need to improve health and total well-being. The Clinic staff is committed to improving the health status of patients and community through a holistic approach to caring for each person---body, mind and spirit. The Clinic's emphasis is on education and preventive health for adults. Volunteer support from the community is provided by physicians, podiatrists, nurses and clerical staff. During fiscal year 2009, the clinic had 2,274 patient visits.



Asthma Education

Asthma can be a frightening, debilitating, even life-threatening condition, especially for children and their families. St. Joseph Hospital believes that providing quality information about asthma and its treatment can empower children and families to better manage the condition, enabling them to participate more fully in a wide range of activities. St. Joseph Hospital offers free asthma education at area schools for parents, students and teachers. In fiscal year 2009, more than 1,300 children and families were provided asthma education.

Health Access

The health access worker's role is to connect the hospital and the community by helping individuals address barriers to accessing health care and by referring them to other local resources as needed. To help individuals overcome barriers, the health access worker assists individuals with finding a medical home; provides assistance in applying for public programs such as Medicaid, food stamps and the Healthy Indiana Plan; and completes referrals to other forms of community-based assistance. The health access worker also advocates for clients with service providers and serves as a system navigator. During fiscal year 2009, the health access worker served 804 individuals, and completed 1,753 referrals to public and private programs. Additionally, the health access worker assisted individuals with accessing free or reduced-cost medications available through pharmacy assistance programs. A total of 1,257 medications totaling \$595,264.77 were provided in fiscal year 2009.



ST. VINCENT STRESS CENTER

2009 COMMUNITY BENEFIT REPORT

OVERVIEW

Since 1982, the [St. Vincent Stress Center](#) located on the campus of St. Vincent Indianapolis Hospital has been recognized as a leader in quality behavioral health care throughout Indiana. Services ascribe to the philosophical beliefs and traditions of the Daughters of Charity, which give rise to certain convictions that influence the structures and guide the care in all service areas. The Stress Center strives to provide short-term stabilization services through an array of coordinated group, individual and family therapies offered within the context of a cohesive therapeutic milieu.

FINANCIAL COMMITMENT

The financial information in this report was prepared in accordance with the reporting guidelines issued jointly by the Catholic Health Association (CHA) in collaboration with VHA Inc. and with the Ascension Health community benefit reporting guidelines.

CATEGORY I

Traditional Charity Care	\$305,877
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CATEGORY II

Unpaid Cost of Public Programs	\$827,330
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CATEGORY III

Other Programs and Services for the Poor	-----
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CATEGORY IV

Other Programs for the Broader Community	\$24,371
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TOTAL:	\$1,157,578
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NOTE: The St. Vincent Stress Center does not include Medicare short-fall [\$430,987] in its total calculation.

TOUCHING LIVES

Recent statistics suggest that roughly 7 of every 100 people suffer clinical depression at some point in their adult lives. Depression results in personal suffering as well as hardship for family and friends. The costs of depression-related absenteeism and lost productivity have been pegged at \$51 billion per year. Yet it's estimated that only 21 percent of individuals with clinical depression receive treatment. Reasons for this discrepancy range from a lack of knowledge about the disease and its symptoms; to ignorance about available treatment and management strategies; to low income or lack of insurance, resulting in limited access to diagnosis and treatment due to stigmas still associated with mental health disorders.

The St. Vincent Stress Center addresses these barriers through extensive community education to: raise awareness about the disease and available treatment; prepare youth leaders, educators and other stewards of children who may be in a position to recognize signs and symptoms and refer families to resources; and to train other health professionals to recognize and manage depression in teen patients.

The Stress Center also participates in health fairs and community events where Stress Center clinicians utilize simple screening tools to help identify individuals who could benefit from further screening or treatment. Individuals are connected to appropriate resources, and individuals in crisis receive immediate help and intervention.

At one screening this year, tears welled up in a woman who had been struggling with many issues in her life. She spoke with the therapist about the results of her screening. She knew she needed help, but had not known where to turn. Arrangements were immediately made for her to have a thorough assessment and begin treatment, including not only appropriate medication, but also therapy addressing the underlying relationship causes and environment. She gratefully acknowledged that without the screening and referral she might not have reached out for the help that she needed.



ST. VINCENT STRESS CENTER

2009 COMMUNITY BENEFIT REPORT

COMMUNITY ASSESSMENT

The St. Vincent Stress Center is a highly visible advocate for mental health and a leader in providing quality behavioral health care. Because of its reputation and established expertise, the Stress Center plays a key role in educating both other professionals and the general public about mental health issues, challenges and opportunities. The Stress Center is also an active participant in local, state and national dialogues regarding mental health. The Stress Center, as part of the St. Vincent Indianapolis Hospital regional campus, participates in, and benefits from, the community assessment led by St. Vincent Indianapolis Hospital. For more information on the assessment process, please refer to the St. Vincent Indianapolis Hospital section of this report.

INITIATIVES SPOTLIGHT

The following are just a few examples of the many community outreach programs supported by this ministry.

Midwest Healthy Choices Conferences for Youth

St. Vincent Stress Center professionals played a key role at the Midwest Healthy Choices Conference, a conference focused on assisting counselors in honing their technical skills and gaining additional knowledge of best practice treatments for a host of diagnoses. Training was provided to mental health professionals to increase the recognition of symptoms of bipolar disorders, suicidal ideation and self-injurious behavior issues.

St. Vincent Stress Center was consulted to provide the necessary skills to counseling personnel and educators in an effort to increase awareness and knowledge about mental health issues in youth. In this instance, the St. Vincent Stress Center was “teaching the teachers” instead of the general population, solidifying its role as a leader in behavioral health knowledge and practice.

Junior Achievement Camps

Junior Achievement programs help prepare young people for the real world by showing them how to generate wealth and effectively manage it; how to create jobs which make their com-

munities more robust; and how to apply entrepreneurial thinking to the workplace. Students put these lessons into action and learn the value of contributing to their communities. At the Junior Achievement summer camp, counselors from the Stress Center were asked to give presentations to the attending students on stress management, coping skills and healthy lifestyles.

Summer Camps Fair at the Indiana State Museum

As part of the Summer Camps Fair, St. Vincent Stress Center had licensed counselors on-site to discuss the importance of stress management and coping skills and to provide information about seminars or sessions that can be offered to camp attendees, or to camp counselors in preparation for the camps. Some popular topics for sessions have included bullying, coping with cliques, youth violence, drug use and body image.



Darkness To Light

In the United States, a person dies by suicide every 16 minutes, claiming more than 33,000 lives each year. It is estimated that an attempt is made every minute; with close to one million people attempting suicide annually. The St. Vincent Stress Center has joined with the Indiana Chapter of the American Society for Suicide Prevention and other community organizations and individuals to shed light on this issue by sponsoring/participating in a Darkness to Light community walk to fund education and research that promote understanding and prevention of suicide. This year's Indianapolis walk (September 11) is being chaired by Kimble Richardson, of the St. Vincent Stress Center.



ST. VINCENT HEALTH CORPORATE OFFICE

2009 COMMUNITY BENEFIT REPORT

OVERVIEW

Each of the 18 St. Vincent health ministries is directly involved in partnering with their communities to improve the health status and quality of life for individuals and families in their areas. The **St. Vincent Health Corporate Office** assists them in this mission through dedicated staff and financial resources that provide strategic leadership, advocacy and support in all phases of St. Vincent healthcare operations, including community benefit. This commitment to community benefit infrastructure ensures that health ministries are effectively engaged with their neighborhoods and that this engagement is being appropriately tracked and reported.

In addition, St. Vincent Health's Corporate Office directly invests in a range of community benefit initiatives that address local, regional and state-wide gaps in services to improve the health and quality of life for Hoosiers.

ST. VINCENT HEALTH CORPORATE FINANCIAL COMMITMENT

CATEGORY III

Other Programs and Services for the Poor	\$159,682
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CATEGORY IV

Other Programs for the Broader Community	\$2,799,460
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TOTAL:	\$2,959,142
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TOUCHING LIVES

After seven years Charlie Harris' journey to home ownership ended May 21st when he closed on a home of his own, thanks to "Keys to Home Ownership," a partnership between St. Vincent Health and the Crooked Creek Community Development Corporation.

Harris grew up on the east side of Indianapolis in a single-parent home. Determined to make it on his own, he enrolled at IUPUI in 2002 after graduating from high school. But going to school,

working part-time and trying to be a good dad to son Jacob and daughter Briona wasn't easy. Listening to the radio one day he heard about a community program that was helping young men pay for college, get jobs and juggle parental responsibilities. He enrolled in the program and before long had a part-time job with the program helping other young fathers. Positive performance evaluations eventually led to a full-time position and improving financial stability.

By 2007 Harris began thinking about home ownership. "Nobody in my family had ever owned a home but I was determined," he recalls. "I called Indianapolis Neighborhood Housing Partnership and they showed me how to get my credit together and introduced me to mortgage people at National City Bank." Things really came together in March 2009, when Harris heard about the Keys to Home Ownership program on a local radio show. "They told how people who had been through a home ownership program could get help with their down payment if they bought a home in Crooked Creek."



Harris shared the information with his mortgage representative at National City and before he knew it, he and girlfriend Sylvia were house-hunting. "We looked at about 15 houses before we found what we needed—a nice three-bedroom ranch with a two-car garage. A little paint here and there and Harris was ready for his kids' month-long visit in August.

"I really appreciate what Crooked Creek and St. Vincent did for me. I eventually would have gotten there, but not nearly so soon as I did, without this help."



ST. VINCENT HEALTH CORPORATE OFFICE

2009 COMMUNITY BENEFIT REPORT

ACCESS, ADVOCACY, HEALTH PROMOTION AND COMMUNITY BUILDING INITIATIVES

In addition to assisting each sponsored ministry with their community engagement and benefit, St. Vincent Health directly supports specific initiatives that benefit the people of Central Indiana. These programs bring care for the community through access, advocacy, health promotion and community building.

ACCESS

Access is providing affordable and efficient care for those who have neither the resources nor knowledge to navigate the complex healthcare arena. Access efforts described here are just a few of the many ways that St. Vincent Health Corporate continues to develop programs and strategies that bring long-term solutions to the vulnerable of the community.

RUAH (Rural and Urban Access to Health)

The purpose of RUAH is to connect friends, family and neighbors in each RUAH community to a comprehensive, integrated delivery network of health, human, and social services resulting in improved access, and removal of barriers to needed resources.

Started in 2000 as a collaborative partnership, and sustained through St. Vincent, the program operates in Clay, Clinton, Fountain, Howard, Jennings, Madison, Randolph and Warren counties in collaboration with nine St. Vincent hospitals.

Primary focus areas of RUAH include: health access workers, who help clients/patients by addressing barriers to accessing health care, including connecting them with a medical home and helping them enroll in public programs for which they qualify, and by referring clients to other community resources as needed; Medication Assistance Coordinators, who connect clients with low- or no-cost medications for which they qualify; and Language Access Services, which works with St. Vincent hospitals to ensure that they are in compliance with CLAS (Culturally and Linguistically Appropriate Services) standards and that trained medical interpreters and other language resources are available, ensuring access to care.

In fiscal year 2009, RUAH served 2,893 Hoosiers. Health access workers have assisted those clients with 9,006 referrals to local health, human and social service agencies including appointment setting; application assistance, etc. More than \$3 million worth of low/no cost drugs have been provided.

ADVOCACY

Advocacy is actively pursuing opportunities to speak for and act on behalf of the vulnerable to create and change systems and structures that improve their daily lives. Advocacy efforts described here are just a few examples of how St. Vincent Health advocates for a compassionate and just society.

Government and Legislative Advocacy for the Poor and Vulnerable

Each year, St. Vincent Health joins other Ascension Health hospitals around the country to put a face on healthcare access and coverage during the national Cover the Uninsured Week. The week is designed to bring attention to the many issues surrounding health care and the need for reform. During the week, St. Vincent Health ministries sponsor numerous events including prayer breakfasts, health and enrollment fairs, and poverty simulations to address the growing number of Indiana residents without health insurance.

St. Vincent Health ministries are designated as official Healthy Indiana Plan enrollment centers. As enrollment centers, St. Vincent Health ministries are equipped to provide information, applications and application assistance to our patients who are uninsured and potentially eligible for coverage.

Consistent with a system-wide commitment to achieve 100 percent access to health care and 100 percent coverage, St. Vincent Health encourages others to become involved and vocal in the national dialogue around healthcare reform.

Understanding Poverty

The St. Vincent Health Poverty Experience is a half-day simulation designed to help participants understand what it would be like to be a part of a typical poor and vulnerable family trying to survive from week-to-week. The simulation sensitizes participants to the realities of life faced by those unable to provide an adequate home setting for their families. During the experience, 40-60 participants assume the roles of up to 26 different families living in poverty. The task of families is to provide for basic necessities and shelter for one simulated "month." St. Vincent Health has conducted numerous simulations for its own associates, community partners and outside agencies. This experience continues to change the assumptions that many individuals have about those living with the stress of not knowing how they will provide for their loved ones, allowing for greater compassion for those being served by St. Vincent Health ministries.



HEALTH PROMOTION

Health promotion is improving lifestyle choices far in advance of the onset of any medical issue with an emphasis on educating communities to risk factors and opportunities to develop healthy habits at an early age.

Project 18

The statistics are alarming: 1 in 3 Indiana children is overweight, with overweight adolescents having a 70 percent chance of becoming an overweight or obese adult, putting them at increased risk for a myriad of serious health challenges, including asthma, diabetes, heart and liver diseases..



St. Vincent Health and Peyton Manning Children's Hospital at St. Vincent launched a state-wide initiative to tackle Indiana's obesity epidemic head-on. Named after the jersey number worn by Indianapolis Colts quarterback Peyton Manning, a key sponsor and spokesperson for the program, Project 18 is a school-based nutrition and wellness program designed to instill healthy habits in children and their families. At the core of the program is an 18-week curriculum developed with Ball State University and St. Vincent clinicians that features loads of hands-on and take-home activities and meets Indiana's educational standards for third through fifth graders.

The program, which is available at no cost to any Indiana school, was rolled out in late spring of 2009. Data are being collected at each site across a variety of measures to track results and modify the program as needed.

Another key component of Project 18 is a partnership with Marsh Supermarkets to label food items available in store that meet established nutrition standards as "Project 18-approved" so that families can make healthier choices at the grocery. A specially-equipped van tours the state, attending local health fairs and other community events to introduce Project 18 and to encourage healthy eating and increased physical activity through fun activities for the entire family.

Parish Nursing

St. Vincent Health sponsors registered nurses who wish to serve within their faith community to complete a parish nurse training program. Parish nurses provide health education, counseling, and health advocacy for their congregation. St. Vincent Health provides a coordinator for the program, which supports all denominations. Since the program's inception, St. Vincent Health has paid to educate 62 parish nurses. These nurses have gone on to serve congregations throughout Central Indiana. St. Vincent Health continues to support parish nurses by providing ongoing professional educational opportunities and by providing educational materials and health supplies, such as pedometers, that can be distributed within the faith communities they serve.

The St. Vincent Health Parish Nurse coordinator has joined with other coordinators throughout the state to establish the Indiana Center for Parish Nursing. St. Vincent Health provides ongoing support for this state-wide effort.



ST. VINCENT HEALTH CORPORATE OFFICE

2009 COMMUNITY BENEFIT REPORT

COMMUNITY BUILDING

Community Building is addressing the full range of quality of life issues in partnership with community organizations to improve lives and health status. The community building efforts described are just a few of the many ways that St. Vincent Health continues to develop programs and strategies that bring long-term solutions to the broader community.



Crooked Creek Neighborhood Collaboration

St. Vincent Health was part of a three-year community project called the "Great Indy Neighborhoods Initiative" in which more than 400 residents, organizations and community leaders representing neighborhoods around St. Vincent Indianapolis Hospital, worked together to develop a Quality of Life Plan that would guide community improvements over the next decade. The plan outlines goals for residential and commercial revitalization; infrastructure improvement; greater collaboration among health and other human service providers; and continued resident involvement. Several projects are now being implemented including: safety improvements to a busy intersection; plans for a village center in the heart of Crooked Creek; a collaboration with the city to enforce zoning codes; a partnership between residents and police to reduce crime and make neighborhoods safer; and elimination of vacant and foreclosed residential properties.



STAR Workforce Development Program

St. Vincent Health's "Special Talents to Achieve and Rise" (STAR) workforce development program provides job readiness instruction to individuals facing formidable barriers to employment, including ex-offenders, recovering addicts, those without high school diplomas, those living in generational poverty and others who are broken in body, mind or spirit. The 12-week classroom and on-the-job mentorship training program provides participants with proven workforce and life skills training through a curriculum that enables students to attain and maintain employment. STARS are taught to identify their strengths, weaknesses and unique barriers, and given the tools needed to succeed. The results have been transforming: In the seven years since the program began, 211 STARS representing approximately 70 percent of individuals completing the program found employment at St. Vincent and elsewhere, and are making very different lives for themselves and their families. A waiting list for enrollment despite several program expansions attests to both the great need for and positive word-of-mouth about this life-altering program.

Other Community Partnerships

In addition to supporting the programs outlined above, St. Vincent Health partners with and supports other organizations whose missions and programs mirror the St. Vincent Health mission to improve the health of individuals and communities.



ST. VINCENT WILLIAMSPORT HOSPITAL

2009 COMMUNITY BENEFIT REPORT

OVERVIEW

St. Vincent Williamsport Hospital, located in Williamsport, Ind., is a 16-bed, critical access hospital serving Warren, Fountain, Benton and Vermillion counties. The hospital offers 24-hour emergency medical treatment, rural health and outpatient clinics, and hospital services to the community, while providing support for the overall health and well being of area citizens. St. Vincent Williamsport Hospital serves as a catalyst for the area's continued economic growth and development.

FINANCIAL COMMITMENT

The financial information in this report was prepared in accordance with the reporting guidelines issued jointly by Catholic Health Association (CHA) in collaboration with VHA Inc. and with the Ascension Health community benefit reporting guidelines.

CATEGORY I

Traditional Charity Care	\$498,688
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CATEGORY II

Unpaid Cost of Public Programs	\$1,032,852
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CATEGORY III

Other Programs and Services for the Poor	\$41,599
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CATEGORY IV

Other Programs for the Broader Community	\$132,138
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TOTAL:	\$1,705,277
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NOTE: St. Vincent Williamsport does not include Medicare in its total calculation.

TOUCHING LIVES

When the St. Vincent Williamsport health access worker visited the home of a St. Vincent patient, she learned that tight family finances were preventing the patient from taking the medication required to treat the patient's thyroid condition. Because the patient was employed and ineligible for Medicaid, the access worker assisted the patient in applying for the Healthy Indiana Plan (HIP) medical insurance and for financial assistance. Unfortunately, HIP denied the patient's application because she had insurance available to her through her employer – although she could not afford the monthly premium.

The access worker continued her quest to help this patient by approaching the hospital to request the assistance of a financial counselor. Arrangements were made for the patient to receive the care she needed from a physician specialist in Indianapolis at a much reduced cost. The health access worker's advocacy and persistence ensured that the patient was able to access the care she needed.

COMMUNITY ASSESSMENT

St. Vincent Williamsport Hospital leads a local community roundtable for Warren and Fountain counties. The group has representatives from schools, the learning center, the local economic development organization, social service agencies, and many other community organizations. The top initiatives identified in the most recent assessment included economic development, physical activity, mental health issues (drug abuse, domestic violence, counseling), greater community involvement, and better communication of services available in the county.



ST. VINCENT WILLIAMSPORT HOSPITAL

2009 COMMUNITY BENEFIT REPORT

INITIATIVES SPOTLIGHT

The following are just a few examples of the many community outreach programs supported by this ministry.

Health Access

The health access worker's role is to connect the hospital and the community by helping individuals address barriers to accessing health care and by referring them to other local resources as needed. To help individuals overcome barriers, the health access worker assists individuals with finding a medical home; provides assistance in applying for public programs such as Medicaid, food stamps and the Healthy Indiana Plan; and completes referrals to other forms of community-based assistance. The health access worker also advocates for clients with service providers and serves as a system navigator. During fiscal year 2009, the health access worker served 489 individuals, and completed 1,100 referrals to public and private programs. Additionally, the health access worker assisted individuals with accessing free or reduced-cost medications available through pharmacy assistance programs. A total of 448 medications totaling \$237,934.56 were provided in fiscal year 2009.

Health Careers Class Supports Breast Cancer Awareness Month

St. Vincent Williamsport Hospital supports a unique Health Careers Program based at the hospital to expose high school students to medical terminology, first aid and CPR. The program draws seniors from the bi-county school system: Covington, Southeast Fountain, Attica and Seegar, which are part of the West Central Indiana Health Careers program. Students spend time in clinical areas learning and exploring health care. Upon graduation, students earn six college credit hours toward their healthcare degree. Through their investment in this program, St. Vincent Williamsport is helping to ensure an adequate supply of trained health professionals to serve the community in future years. This year the students participated in Breast Cancer Awareness Month by building and entering a float in the Potawatomi Festival Parade. Students handed out flyers to women sharing information about breast cancer awareness and breast health.



Sports Physical Program

The St. Vincent Williamsport Sports Physical program brings injury and management care prevention to coaching staff and students at the local high school. The hospital views this as an important investment because student participation in physical activity can lead to a lifetime commitment to an active, healthy lifestyle. St. Vincent Williamsport assisted more than 644 local student athletes by providing these physicals worth approximately \$52,000 during the past fiscal year.

Bariatric & Orthopedic Seminars

In fiscal year 2009, Warren County Learning Center hosted seminars to educate the community regarding options for bariatric and orthopedic procedures. St. Vincent Williamsport Hospital was a sponsor of these community outreach events. With obesity at crisis levels throughout the state and country, bariatric surgery has been an important weapon in the fight against some of the poor health outcomes associated with the epidemic. St. Vincent Williamsport staff provided education and hand-out materials reviewing the range of options surrounding bariatric surgery and the monthly support group St. Vincent Williamsport hosts for bariatric surgery patients. St. Vincent Williamsport also sponsored an orthopedic seminar presented by an orthopedic surgeon. The seminar provided education on common injuries, including knee and wrist fractures, rotator cuff problems, and carpal tunnel syndrome. These educational seminars were provided free to the public.



ST. VINCENT WOMEN'S HOSPITAL

2009 COMMUNITY BENEFIT REPORT

OVERVIEW

St. Vincent Women's Hospital provides women and their families experienced, patient-centered care within a healing environment that is focused on caring for the entire patient – body, mind and spirit, especially for the vulnerable. Because its services are part of the St. Vincent Indianapolis Hospital regional campus, patients have access to physicians, services and resources for all members of the family regardless of their health and wellness needs.

FINANCIAL COMMITMENT

The financial information in this report was prepared in accordance with the reporting guidelines issued jointly by the Catholic Health Association (CHA) in collaboration with VHA Inc. and with the Ascension Health community benefit reporting guidelines.

CATEGORY I

Traditional Charity Care	\$836,857
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CATEGORY II

Unpaid Cost of Public Programs	\$11,216,484
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CATEGORY III

Other Programs and Services for the Poor	\$52,944
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CATEGORY IV

Other Programs for the Broader Community	\$235,890
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TOTAL:	\$12,342,175
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NOTE: St. Vincent Women's does not include Medicare shortfall [\$1,084,404] in its total calculation.

COMMUNITY ASSESSMENT

St. Vincent Women's Hospital partners with women at every stage of life to improve the health and quality of life for women and their families. Women's Hospital is proactive in addressing some of the key health challenges faced by Indiana women including obesity, teen pregnancy, infant mortality, cancer and tobacco use, and in identifying and addressing the economic, cultural, geographic, educational and linguistic barriers that can prevent women from accessing the primary and preventive health care they need. In addition, St. Vincent Women's Hospital, as part of the St. Vincent Indianapolis Hospital Regional Campus, participates in, and benefits from, the geographic community assessment led by St. Vincent Indianapolis Hospital. For more information on the assessment process, please refer to the St. Vincent Indianapolis Hospital section of this report.

INITIATIVES SPOTLIGHT

The following are just a few examples of the many community outreach programs supported by this ministry.

Medical Equipment for Missions

St. Vincent Women's Hospital Surgical Services and Newborn Intensive Care units (NICU) both work to support initiatives to send outdated, but still usable, supplies and medical equipment to other countries in need by working with Materials Management and those individuals who are coordinating mission work.

Support for Victims of Domestic Violence

Associates and physicians in the Labor & Delivery and the High Risk Antepartum Units at St. Vincent Women's Hospital support the efforts of the Julian Center in Indianapolis by collecting and donating items of need throughout the year. The Julian Center is a nonprofit agency providing counseling, safe shelter and education for survivors of domestic violence, sexual assault and other life crises.



ST. VINCENT WOMEN'S HOSPITAL

2009 COMMUNITY BENEFIT REPORT

Perinatal Support Services Childbirth Education

Preparing for birth is an important part of pregnancy. Perinatal Support Services offers a variety of services to assist in preparing parents and families. In fiscal year 2009, the Perinatal Education Program discounted or waived nearly \$4,000 in class fees that allowed more than 200 parents to participate in programs.

Child Passenger Safety Inspections and Vouchers

Motor vehicle crashes remain the leading cause of injury-related deaths among children ages 14 and under. Nine out of every 10 child safety seats are misused in Indiana, which mirrors national trends. Of those misused, 80 percent of the parents felt that their child restraint was correctly installed.

St. Vincent Women's Hospital knows that a child's safety is important, so each year the hospital offers child passenger safety inspections at the Indianapolis campus. The St. Vincent site, in partnership with the Automotive Safety Program, completed more than 10 hours of inspections per month. Inspections were done by appointment and were free of charge. Inspections lasted approximately 30 minutes per child/car seat. Certified child passenger safety technicians provided car seat inspections. The technicians answered questions, determined if the child restraint fit the child correctly, and if the restraint was installed correctly in the vehicle. All types and sizes of child restraints were inspected.

St. Vincent Women's Hospital also has a Car Seat Voucher Program for those in need. If families do not have a car seat at the time of discharge and do not think they can afford to purchase one, a social service consult is requested. If the social worker determines that there is a need, a voucher is distributed to the patient for a car seat. The patient can then bring the voucher to the Perinatal Support Services Office and a car seat is issued.

Natural Family Planning

Natural Family Planning uses the scientific Sympto Thermal Method of monitoring a woman's cycle. The Sympto Thermal Method of Natural Family Planning is an economic, natural side-effect-free way of learning and appreciating a couple's fertility. Couple to Couple League of the Archdiocese of Indianapolis is provided space at St. Vincent Women's Hospital to host Natural Family Planning classes throughout the year.



Women Veterans' Retreat

As part of the commitment to the Crooked Creek community and to serve vulnerable individuals, St. Vincent Women's Hospital hosted the second annual Women Combat Veterans Retreat during Armed Forces Week at the Marten House Hotel in Indianapolis. St. Vincent Women's, the Crooked Creek Community Development Corporation and the Pike Township Committee support Women Combat Veterans and recognize that female veterans return from Iraq and Afghanistan with readjustment issues. While a significant portion of the veteran community currently suffers from physical and psychological trauma experienced in military and combat situations, this situation is especially acute for female combat veterans who must add normal demands of motherhood to their readjustment process.

During the two-day retreat, more than 40 women veterans were given special professional therapeutic attention in an informal environment, including counseling, massages, classes, spiritual guidance and meals. Licensed social service providers and other veteran and community-related organizations participated in the retreat planning and activities.

