INFANT MORTALITY
Southwestern Hospital Region 2015

For more information on infant mortality in your area, please see the Indiana State Department of Health Mortality Report, Tables 2 and 8 (http://www.in.gov/isdh/reports/mortality/2015/index.html)

INFANT MORTALITY FACTS
• Infant mortality is defined as the death of a baby before his or her first birthday
• The infant mortality rate (IMR) is the number of babies who die in the first year of life, per 1,000 live births
• Of the 613 Indiana infant deaths in 2015, 34 occurred in the Southwestern Hospital Region
• Black infants are 2.1 times more likely to die than white infants in Indiana

Causes of Infant Mortality

- Congenital Malformations
- Perinatal Risks
- SUIDs
- Assaults/Accidents
- Other

PRACTICES TO REDUCE INFANT MORTALITY
• Improve overall health for women of child-bearing age
• Promote early & adequate prenatal care
• Decrease early elective deliveries before 39 weeks
• Decrease prenatal smoking & substance abuse
• Increase breastfeeding duration & exclusivity
• Support birth spacing & interconception wellness
• Promote the ABC’s of safe sleep: place baby to sleep alone, on his or her back, in a crib
**BIRTH OUTCOME INDICATORS**

**Southwestern Hospital Region 2015**

**INDIANA QUICK FACTS**
- Smoking rates among pregnant women are always one of the nation’s worst.
- Almost 1/3 of pregnant women do not receive early PNC.
- Black women in Indiana are more likely to have a LBW or preterm baby & not get early PNC.
- White women in Indiana are more likely to smoke during pregnancy.

**SOUTHWESTERN REGION QUICK FACTS**
- There were 5,793 births in the Southwestern Region.
- Higher percentage of preterm births when compared to Indiana.
- Higher percentage of women receiving PNC in the first trimester.
- Higher percentage of women smoking during pregnancy.
- Higher percentage of women breastfeeding at discharge.

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**Outcomes by Race**

**Southwestern Region, 2015**

- **Whites**
  - % LBW: 7.5
  - % Preterm: 13.1
  - % No Early PNC: 13.7
  - % Smoking: 27.4
  - % Not Breastfeeding: 63.5
  - % Medicaid: 5.3

- **Blacks**
  - % LBW: 9.9
  - % Preterm: 17.1
  - % No Early PNC: 14.3
  - % Smoking: 16.5
  - % Not Breastfeeding: 27.4
  - % Medicaid: 6.3

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**INDIANA STATE DEPARTMENT OF HEALTH**

**DIVISION OF MATERNAL AND CHILD HEALTH**

For more information on birth outcomes in your area, please see the Indiana State Department of Health Natality Report, Table 32 (http://www.in.gov/isdh/reports/natality/2015/index.html).

**INDIANA QUICK FACTS**

- Smoking rates among pregnant women are always one of the nation’s worst.
- Almost 1/3 of pregnant women do not receive early PNC.
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**SOUTHWESTERN REGION QUICK FACTS**

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- Higher percentage of preterm births when compared to Indiana.
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**Legend**

- LBW = Low Birthweight
- PNC = Prenatal Care
- IMR = Infant Mortality Rate

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**Table**

<table>
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<tr>
<th></th>
<th>% LBW (&lt; 2,500 G)</th>
<th>% Preterm (&lt; 37 WKS GESTATION)</th>
<th>% No Early PNC (1ST TRIMESTER)</th>
<th>% Smoking</th>
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* = Unstable rate due to fewer than 20 birth outcomes.
$ = Significantly different from state.