

**Injury Prevention Advisory Council (IPAC) Meeting**  
**Indiana State Department of Health**  
**2 North Meridian St., Indianapolis, IN –Rice Auditorium**  
**Thursday, November 20, 2014- 1 pm EST**

In person:	
Jill Castor, IU Methodist	Judi Holsinger, St. Vincent's Indy
Jacob Kean, VA/IUSM	Lisa Davis, AFSP
Jody Yoder, Safe Kids Indiana	Gretchen Huffman, EMS for Children
Mary Raley, St. Mary's Medical Center	Elizabeth Weinstein, EMSC/IUEM/IEMS
David Garrison, ICJI	Marilyn Carter, ISDH
Shaleea Mason, ISDH	Gretchen Martin, ISDH
Terri Lee, ISDH	Laura Chavez, ISDH
Katie Gatz, ISDH	Camry Hess, ISDH
Murray Lawry, ISDH	Ramzi Nimry, ISDH
	Jessica Skiba, ISDH
On the phone:	
Carmen DeBruce, Safe Kids Allen County	Lana Seibert, St. Mary's Medical Center
Sarah Quaglio, St. Joseph Hospital- Kokomo	Monica Maikranz, St. Mary's Medical Center
Regina Nuseibah, St. Elizabeth Lafayette	Lindsey Williams, IU Health Bloomington
Merry Addison, District 7 Emergency Nurses	Lesley Lopossa, IU Health Bloomington
Roxann Kondrat, Community Hospital South	Bekah Dillon, IU Health Ball
Hannah Mathena, Riley Hospital for Children	Kristi Croddy, Community East
Amanda Rardon, IU Health Arnett	Jeremy Malloch, Community North
Jamie Dugan, Good Samaritan Hospital	Kelly Mills, Union Hospital
Mary Pargin, Good Samaritan Hospital	Wendy St. John, Eskenazi Health
Mary Harrell, Good Samaritan Hospital	Lisa Beaupre', Lutheran Hospital
Miranda Newberry, Good Samaritan Hospital	Paul Halverson, IUFSPH

Updates

1. Jill Castor, IU Methodist: The Methodist Trauma Services are looking for help surrounding universal helmet laws for the 2016-2017 legislative session. Contact Jill if you would like to help.
2. Jody Yoder, Safe Kids Indiana: Training events for child passenger safety technician, March 30-April 2. The event is open to the public.
3. David Garrison, Traffic Safety Director, Indiana Criminal Justice Institute: First time attending IPAC meeting
4. Marilyn Carter, ISDH, Infant Mortality Education Liaison: First time attending IPAC meeting
5. Shaleea Mason, ISDH, Safe Sleep Coordinator: First time attending IPAC meeting
6. Terri Lee and Laura Chavez, ISDH: ISDH Office of Women's Health just awarded three recipients funding for the Rape Prevention Program, which include IU, ICADV, and MESA at Purdue.
7. Lisa Davis, AFSP Indiana Chapter: The International Survivors of Suicide Loss Day is coming up at Butler University on November 22. There are also going to be safe Talk Trainings, Dec 6 in Gary at IUN, then in Indy at the college branch library.
8. Gretchen Huffman, EMS for Children and Elizabeth Weinstein, EMSC/IUEM/IEMS: They are developing a school nurse education program, as well as working on hospital preparedness statewide for pediatrics. In May, they will have their annual Health Care Heroes breakfast. Please

send nominations, which may include physical therapists, volunteers, physicians, etc. Be on the lookout for more information.

9. Gretchen Martin, ISDH- Child Fatality Teams are assembling and she has been working with Katie and Jessica on the INVDRS project.
10. Lindsey Williams and Lesley Lopossa, IU Health Bloomington: We implemented Matter of Balance program and are working with the elderly population. They are expanding services to teenagers and are looking for money to expand Think First for Kids program. They are also doing education for kids for bicycle helmets.
11. Bekah Dillon, IU Health Ball: Safe Kids now has 8 new organizations in the program. They are working on developing 2015 action plan for injury and are looking at options for funding of those programs.
12. Kristi Croddy, Community East: Working and developing trauma and injury prevention program.
13. Jeremy Malloch, Community North: Facility is In the process of becoming a trauma center. They are currently working with Fishers FD on a community paramedicine piece with their in home visit fall prevention. They are also received a grant for suicide prevention.
14. Kelly Mills, Union Hospital: Think First for Kids and had a Halloween health/safety fair. They are focused on bike helmets and older adult falls prevention.
15. Wendy St. John, Eskenazi Health: Dannielle, injury prevention coordinator, is at an alcohol prevention program. They continue to work with the Prosecutor's office, Reach for Youth, violence and gun prevention. They received some positive media coverage for their IP piece.
16. Lisa Beaupre', Lutheran Hospital: RN/Trauma Adult Injury Prevention Coordinator at Lutheran Hospital. This is her first IPAC meeting.
17. Carmen DeBruce, Safe Kids Allen County: Safe Kids Allen Co is working a project with the hospital car seats safety program and education for physician offices in Fort Wayne.
18. Sarah Quaglio, St. Joseph Hospital- Kokomo: Sarah is the trauma program coordinator at St. Joe, which is just getting their injury prevention program started. This is her first IPAC meeting.
19. Regina Nuseibah, St. Elizabeth Lafayette: She is work with ETS to put together a fall prevention program training tools and needs assessment. She sits on child fatality review board and they are identifying the local fatalities of kids to look for trends.
20. Roxann Kondrat, Community Hospital South: Community is currently building their program and this is her second meeting
21. Hannah Mathena, Riley Hospital for Children: They are finishing grant programs for the year and have two big federal grants begin in January.
22. Amanda Rardon, IU Health Arnett: They are doing the S.L.I.P. program from the Society of Trauma Nurses, which is done with elderly groups, assisted living facilities, and independent living facilities. They also have done some safety courses including bicycle helmet safety and all prevention programs.
23. Jamie Dugan, Mary Pargin, and Mary Harrell, Good Samaritan Hospital: They are working on tourniquet education in three schools in Knox County.
24. Merry Addison, District 7 Emergency Nurses: Merry is very excited about Dr. Adams!
25. Mary Raley, Lana Seibert and Monica Maikranz, St. Mary's Medical Center: Falls prevention and distracted driving prevention

#### ISDH Safe Sleep Program

Shaleea Mason, RN, BSN, ISDH Safe Sleep Coordinator gave a quick update on the ISDH Safe Sleep Program. Infant mortality is ISDH's top priority area, and Indiana consistently has high rates of infant mortality. The Labor of Love campaign program will launch in early 2015.

Shaleea stressed the importance of sharing stories of infants who have died due to a preventable lost and parents need education around the ABC's of sleep: Alone, Back, Crib. ISDH in collaboration with DCS has implemented a statewide program that provides education and Infant Survival Kits to infant caregivers and families. The survival kits contain one infant portable crib, fitted sheet with imprinted safe sleep messaging, wearable blanket, pacifier, and safe sleep recommendations for those who are financially in-need with an infant at risk for SIDS or sleep-related death. We have partnered with 28 agencies across the state. ISDH has dispersed infant survival kits. She has a safe sleep location map – contacts that are available if you know parents that are in need of safe sleep education.

In 2015 the distribution sites will be expanded to birthing hospitals to update their safe sleep policies to try to have more of an impact in the community. If you want to be a distribution site, please contact Shaleea Mason, ShMason@isdh.IN.gov.

#### Report from ISDH

ISDH leadership changes: Governor Pence announced Dr. Jerome Adams will serve as Commissioner for the State Department of Health. Gov. Pence also announced that Dr. Jennifer Walthall will serve as the Deputy Commissioner and Director for Health Outcomes at the State Department of Health. Also, our former Chief Financial Officer Eric Miller is back at ISDH in a new capacity as the Chief of Staff.

Special Emphasis reports: Jessica shared Special Emphasis reports with the group. States that are currently funded through the CDC Core Violence and Injury Prevention grant are evaluated on these reports. Indiana is not funded and therefore not required to do these reports, but it helps us know what other states are doing and what we should be focusing on as well. These are annual reports, although these are the first reports put together by Jessica. There were 3 this year: TBI, drug overdose, child injury. The reports have been shared with the group and will be placed on the ISDH website after updates to the website have been made. The Child Injuries report will be part of a three part collaborative series featuring 0-5 year olds, 6-11 year olds, and 12-18 year olds. The reports should be released at the March IPAC meeting.

Fireworks Injuries Report: The annual report has just been finalized. There were 141 unduplicated cases of fireworks-related injuries. No deaths were reported. This report can be found on the ISDH website.

Indiana Violent Death Reporting System: The ISDH was awarded funds to collecting violent death info using the NVDRS beginning January 1, 2015. There is now a page on the ISDH website for INVDRS, which will contain information and updates relevant to the project. The next advisory board meeting is December 9, 2014 at ISDH offices.

#### Falls Prevention Presentation

Mary Raley, BSN, RN, CEN, TNS, Injury Prevention/Trauma Education/ Outreach Coordinator at St. Mary's Trauma Center, gave a presentation on falls prevention titled, Standing Together to Prevent Falls. Mary explained the different aspects of developing a falls prevention program, especially focusing on trauma center data. Mary went through a list of 'Debunking Myths', then through the building blocks of their fall prevention program. The overall message of the program is that falls can be prevented!

1. The Mind-Body Connection
  - a. Promotion of health and health maintenance for the body, mind, and spirit to improve mobility, strength and balance.
2. Nutrition Matters
  - a. Increasing the awareness of nutrition status as a falls risk factor can assist in the prevention of malnutrition and subsequently reduce falls and acquired injuries.

3. Healthy Eyes
  - a. A key to safety, wellness, and fall prevention is to keep your eyes healthy.
4. Fall-Proofing your Surroundings
  - a. Reducing environmental risk factors from the ground up.

Questions:

1. How did you recruit the participants?
  - a. St. Mary's put out a call in the newspaper. The media outlet needs to fit the age group.
2. How long has the program been going on?
  - a. The program began in 2012 with a 2 hour session. We have progressed to have the pharmacists, physical therapist, and optometrist. The program runs from 9 am – 2 pm with a box lunch. The place was full that day.
3. Have you done a pre/post-test? Have you done a 30 or 60 day follow-up to see if any of them have fallen?
  - a. No. There is an evaluation form which is completed after the program. We have not done follow-up yet.
4. How did participants get to the event?
  - a. I did have some participants ask for the information to pass on to their friends. They also ask for transportation to the hospital. They have looked at going out to other locations that are easier to get to for seniors.

Injury Prevention Conference Planning Subcommittee Update

The Injury Prevention 101 conference will be March 13<sup>th</sup> at the Indiana Government Center. The subcommittee will meet next at December 9<sup>th</sup>. Conference Topics include:

1. ACS IP program requirements
2. How to find evidence-based programs
3. Using data to form and inform your IP program
  - o Panel on Data Use
4. Evaluation of evidence-based programs
5. How to fund IP program
  - o Reimbursement for injury prevention programs
6. Community buy-in strategies

State Plan Update

The Injury Prevention topics for the State Plan have been finalized and the overall plan is currently being drafted by ISDH staff.

Future Projects for IPAC

1. Resource Guide Development: Guide to cover various injury prevention topics
2. Develop resource for injury prevention programs to find out existing programs by topic and geographical area. It would help to know about who is doing what around the state and who is the point person for the program/ organization.
3. INVDRS: IPAC involved in Advisory Board as well as data use
4. Discussion of Core VIPP Funding FOA for 2016: Jessica asked if IPAC would be supportive of creating a subcommittee to prepare for the CDC's next round of funding for the Core Violence and Injury

Prevention Program. The FOA is set to be released in 2016. The group supported the idea of creating a subcommittee for the Core VIPP program.

5. More handouts/GIS information to have regional/county injury information. The group agreed the handouts from today's meeting were helpful.
- 6.
7. If you are interested in helping with the motorcycle helmet law, contact Jill Castor with Methodist Trauma Services.

#### IPAC End of Year Survey

The IPAC end of year survey can be accessed here: <https://www.surveymonkey.com/s/F9J3C9N>

#### Events and Activities in Injury Prevention

1. International Survivors of Suicide Loss Day: November 22
2. MADD's Tie One on For Safety: Holiday Season 2014 Don't Drink and Drive Campaign
3. Pre-Holiday Season Drunk Driving Prevention from NHTSA:
  - o You Choose: Drink or Drive; Buzed Driving is Drunk Driving
4. Holiday Season Drunk Driving Prevention from NHTSA
  - o Drive Sober or Get Pulled Over Enforcement Campaign December 10-31
5. Project Holiday- Home Safety information from the National Fire Protection Association: <http://www.nfpa.org/safety-information/for-consumers/holidays/project-holiday>
6. The Division of Trauma and Injury Prevention is now utilizing social media. Find the safety tips and information on the Indiana State Department of Health's Facebook Page and Twitter (@StateHealthIN). The Division is using the hashtag #SafetyIN for all Facebook and Twitter posts.

Dates to save:

- [2014 Injury Free Coalition for Kids Annual Conference](#)- December 5-7, 2014, in Fort Lauderdale, FL
- [Society for Advancement of Violence and Injury Research \(SAVIR\) 2015 Conference](#) – March 11-13, 2015 in New Orleans
- [National Rx Drug Abuse Summit](#) -April 6-9, 2015 in Atlanta, GA
- [Cribs for Kids "Completing the Circle" Conference](#)- April 14-17, 2015 in Pittsburgh, PA
- [2015 Safe States Alliance Annual Meeting](#) – April 29- May 1, 2015 in Atlanta, GA
- [National Occupational Injury Research Symposium](#) (NOIRS)- May 19 to 21, 2015 at the Camp Dawson Training Center in Kingwood, West Virginia

Next meetings (in Rice Auditorium at ISDH):

- Thursday, March 12, 2015: 1 p.m.-3 p.m. EST
  - o Injury Prevention 101 Conference March 13, 2015
- Thursday, June 18, 2015: 1 p.m.-3 p.m. EST
- Thursday, September 17, 2015: 1 p.m.-3 p.m. EST
- Thursday, December 10, 2015: 1 p.m.-3 p.m. EST