

**Injury Prevention Advisory Council (IPAC) Meeting**  
**Indiana State Department of Health**  
**2 North Meridian St., Indianapolis, IN -Rice Auditorium**  
**Wednesday, September 10, 2014- 10 am EST to 12 pm EST**

In person:	
Mary Pargin, Good Samaritan Hospital	Beth Gulley, Sugar Creek Township Fire Dept.
Mary Harrell, Good Samaritan Hospital	Judi Holsinger, St. Vincent's Indy
Miranda Newberry, Good Samaritan Hospital	Lisa Davis, AFSP
Jody Yoder, Safe Kids Indiana	Gretchen Huffman, EMS for Children
Roxann Kondrat, Community Hospital South	Elizabeth Weinstein, EMSC/IUEM/IEMS
Gretchen Martin, ISDH	Terri Davis, ISDH
Katie Gatz, ISDH	Camry Hess, ISDH
Murray Lawry, ISDH	Jessica Skiba, ISDH
On the phone:	
Mary Raley, St. Mary's Medical Center	Wendy St. John, Eskenazi Health
Jennifer Homan, Franciscan Alliance	Deirdre George Davis, Indiana Poison Center
Jacob Kean, VA/IUSM	Jodi Hackworth, IU Health Riley
Merry Addison, District 7 Emergency Nurses	Dawn Daniels, IU Health Riley
Lana Seibert, St. Mary's Medical Center	

Injury Prevention Updates from IPAC Members

-Lisa Davis, American Foundation for Suicide Prevention, IN Chapter: Lisa is the Indiana Chapter chair, and will be speaking later during the meeting. She has a focus on suicide prevention, specifically awareness and mental health awareness. She brought handouts on available programs. They are currently doing their fall fundraising events.

-Judi Holsinger, St. Vincent Indianapolis: St. V's has a big focus on their distracted driving initiative, with emphasis placed on high school drivers and distracted driving due to number of deaths. They have purchased equipment to use for balance assessment in outpatient care once patients discharge from trauma to prevent falls. St. V's is also pairing with Indianapolis Public Safety to address heroin use, violent crimes, and trauma associated with heroin.

-Roxann Kondrat, Community Hospital South: Facility is now "in the process" of becoming a trauma center. This is her first IPAC meeting.

-Miranda Newberry and Mary Pargin, Good Samaritan: Good Sam is a new "in the process" injury prevention program. Mary attended the STN meeting in New Orleans. They have received money for a first responder and rescuers program, which focuses on tourniquets and tourniquet use in schools.

-Mary Harrell, Good Samaritan: Focusing on suicide and teen suicide prevention due to recent teen suicide deaths in the community. Good Samaritan is working with Saint Mary's for preventing suicides in teenagers. Good Samaritan is also educating on water safety at a fishing tournament.

Gretchen Huffman, EMS for Children and Elizabeth Weinstein, EMSC/ Riley: Working on sports related injuries, specifically abdominal. Other projects include ATV programming for kids. EMSC is developing a school nurse course for emergency medicine, trauma and mental health for school nurses.

Terri Lee, Violence Prevention Program Director, ISDH: Terri joined ISDH in August 2014 after graduating from Indiana University. In this role, Terri is responsible for overseeing the Rape Prevention and Education grant from the CDC and the development of the state's sexual violence primary prevention plan. An RFP was just sent out for the RPE grant. Terri works with Laura Chavez, Director of the Office of Women's Health at ISDH. This is her first IPAC meeting.

Beth Gulley, Fire and Life Safety Educator, Sugar Creek Township Fire Department: Hosting fire and safety open house. One focus is on falls, and another is on a distracted driving program. Another program is Risk Watch for 4<sup>th</sup> graders, which includes 9 different topics, such as bike safety and vehicle safety. This is her first IPAC meeting.

Gretchen Martin, Child Fatality Review Coordinator, ISDH: The ISDH program is now a year old, with 90% of counties in Indiana covered with a team. Each team focuses on injury prevention for kids. Her goal is that the teams know about IPAC member's programs. Gretchen's program has received Healthy People grant money, which will be used for regional trainings for infant deaths, investigation trainings throughout the state, and money for team members to gather information.

Jody Yoder, Safe Kids Indiana: Safe Kids Indiana is planning the 15<sup>th</sup> annual Indiana Injury Prevention conference June 4-5 2015, which will be held in downtown Indianapolis. The National Child Passenger Safety Week next week is also a big focus, and will include car seat clinics. Safe Kids is also promoting a statewide campaigns focused on 8-12 year olds riding in the back seat because they have the highest death rate for fatalities. There will be a press release for next week.

Mary Raley, St. Mary's in Evansville: Fall Prevention program scheduled for older adults, with specific focus for the National Falls Prevention Awareness Day. They are also hosting car seat events during Child Passenger Safety month. They are also doing helmet safety events.

Jennifer Homan, St. Margaret and Anthony in Dyer: They have a Safe Kids Coalition signed to be the lead agency for LaPorte, Lake, and Porter counties. They are establishing permanent sitting stations for child passenger safety seats. They are hosting a falls prevention clinic, and temperature regulation (vehicular heat stroke from leaving kids in car). They are hosting an upcoming trauma symposium on September 23<sup>rd</sup> at Crown Point Marion Education Center.

Deirdre Davis, Indiana Poison Center: The Indiana Poison Center is working on re-accreditation. They are also going through basic training for 4<sup>th</sup> grade and poison prevention training in middle schools.

Wendy St. John, Eskenazi Health: They have hired new injury prevention coordinator (Dannielle Gilyan). Eskenazi is continuing with the Prescription for Hope and other projects. They are hosting a trauma symposium on Oct 24<sup>th</sup>, and information about the event has been posted on ISDH website. The symposium will feature both local and national speakers specific to injury prevention and clinical topics.

Jacob Kean, VA: Dr. Kean works with returning veterans who have had traumatic brain injury. He is currently looking at the care received for TBI and Spinal Cord Injuries from the health services perspective.

Jodi Hackworth, Riley Hospital for Children at IU Health: Jodi is filling in for Hannah Mathena. She received a grant from FEMA for fire and burn injuries. Hannah is also hosting safety showers.

Dawn Daniels, Riley Hospital for Children at IU Health: Dawn added the FEMA grant went to 4 other sites. The grant funds safety plans, smoke detectors, educational components in schools, and installations in homes. Additionally, they are focusing on built environment related to crime and pedestrian and bicycle safety.

#### Update from the ISDH

-The Injuries in Indiana report includes data from injuries occurring in 2007-2010. The final report is on the ISDH website, and a copy was sent to IPAC.

-The State Injury Indicators reports are data sheets with select injury information for emergency department visits, hospital admission, and death, and are submitted to CDC. There are three special emphasis reports for specific injury topics, which include TBI, child injury, and drug overdose. Once the documents are completed, they will be reviewed by the ISDH Office of Public Affairs and submitted to the CDC by October 31. The completed reports will be shared with IPAC.

-Indiana participated in the CDC's State Heroin/ Prescription Opioid Mortality Study, which collected heroin and prescription opioid deaths from 2008-2012. An MMWR article from the project has been accepted by the CDC MMWR office. The article is scheduled for the issue of Friday, October 3, which will be posted online at 1 p.m. on October 2. The article will be sent out to the group when it is posted.

- The Division of Trauma and Injury Prevention, in conjunction with the Indiana Pharmacy Board and IU Fairbanks School of Public Health, pursued the Prescription Drug Overdose- Boost for State Prevention funding opportunity. The funding supports two main activities: 1) enhancing and maximizing the prescription drug monitoring program, INSPECT; and 2) evaluating laws, policies, and regulations implemented in Indiana. Indiana was approved, but unfunded. This grant would have provided funding to only enhance INSPECT, and INSPECT will still be maintained without this additional funding source.

-The ISDH was funded for the National Violent Death Reporting System. The goal of the funding is to create and implement a plan to collect and disseminate accurate, timely, and comprehensive surveillance data on violent deaths (suicides, homicides, undetermined intent, and unintentional firearm deaths). There is a one page handout with some more information about the Indiana National Violent Death Reporting System (INVDRS). The project will include a 1 year pilot to collect violent death data for adults from 6 counties (Marion, Allen, Lake, Vanderburgh, St. Joseph, and Madison) and all child deaths. All violent deaths will be collected in subsequent years. INVDRS will link related violent deaths that occurred within 24 hours.

The ISDH requested funds for 4 primary activities:

- 1) Create a plan and implement the INVDRS
- 2) Collect and abstract comprehensive data on violent deaths from linking death certificates, coroner reports that include toxicology reports, law enforcement reports, and Child Death Review using the CDC guidelines and web-based data entry system
- 3) Disseminate INVDRS data to stakeholders, the public, and the multistate database
- 4) Explore innovative methods of collecting, reporting, and sharing data that could lead to improved timeliness and greater utilization of data for prevention efforts.

-The INVDRS will require formation of an Advisory Board. The first meeting will be September 30<sup>th</sup> at 1 pm at the ISDH offices. This meeting is intended for stakeholders with this grant, and will focus on the technical aspects of the project.

-The Division of Trauma and Injury Prevention is now on social media. Find the safety tips and information on the Indiana State Department of Health's Facebook Page and Twitter (@StateHealthIN). The Division is using the hashtag #SafetyIN for all Facebook and Twitter posts.

#### Suicide Prevention Presentation

Lisa Davis serves as the current chair position for the American Foundation for Suicide Prevention Indiana Chapter. She has volunteered and been involved with AFSP over the past 11 years from hosting International Survivors of Suicide Loss Day events, serving on the Indianapolis Out of the Darkness Community Walk committee for multiple years, is one of the Indiana Lifekeeper Memory Quilt Organizers and is a volunteer for the Survivor Outreach Program. Her passion for suicide prevention and awareness stems from her son, Steven, taking his life at the age of 17. Lisa shared with the group her story of son's mental illness, drug use, and ultimately, his death.

Lisa also brought a handout of all the resources offered by the American Foundation for Suicide Prevention, and shared some of the programs available for suicide prevention and after a suicide:

- More than Sad: Teen Depression
- After a Suicide: A Toolkit for Schools
- The Truth about Suicide: Real Stories of Depression in College
- A Model School Policy on Suicide Prevention
- Depression and Bipolar Awareness: From Diagnosis to Remission
- Living with Bipolar Disorder

Lisa shared some of the myths and truths of suicide and suicide prevention. Many suicidal people experience "suicidal ambivalence," meaning they are unsure if they want to die. Prevention may be a matter of a caring person with the right knowledge being available in the right place at the right time. There are an estimated 38,000 suicide deaths every year, and is the 10<sup>th</sup> leading cause of death in the U.S. It is the second leading cause of death in college kids, and exceeds the rate of homicides. It is estimated that 60% of people know someone personally who died by suicide, and 20% of families have had a suicide death in the family. The AFSP provides information on education, screening, treatment, media guidelines, and means restriction. The AFSP page is: <http://www.afsp.org/> and The AFSP Indiana Page is: <http://www.afsp.org/local-chapters/find-your-local-chapter/afsp-indiana>

#### Injury Prevention Conference Planning Subcommittee Update

The injury prevention programming conference is tentatively set for Friday, March 13, 2015. If you are interested in joining the planning committee, contact Jessica. The preliminary topics include:

Using data to form and inform your IP program	How to fund IP program
ACS IP program requirements	Community buy-in strategies
How to find evidence-based programs	Reimbursement for injury prevention programs
Evaluation of evidence-based programs	

Next meetings for subcommittee: 2<sup>nd</sup> Tuesday of the month at 9-10 a.m. EST

▫ October 14	▫ January 13
▫ <i>No call in November due to holiday</i>	▫ February 10
▫ December 9	▫ March 10

### State Plan Subcommittee Update

ISDH will write the actual trauma system plan, but we need the experts in the field to help with the development. The Indiana State Trauma Care Committee Statewide Trauma System Planning Subcommittee and the ISDH have identified four areas of focus for the trauma system plan, which are: 1) Trauma Registry, 2) Trauma System Issues, 3) Miscellaneous Issues, and 4) Injury prevention. It was determined that IPAC should lead the discussion on injury prevention. There is a one page handout for state plan subcommittee that will be sent out to the group.

Draft strategic plan ideas: (modeling after Florida's 2009-2013 Injury Prevention Strategic Plan):

1. Collaborative injury prevention efforts in Traffic Safety, Poisoning, and Traumatic Brain Injury
2. Statewide direction and focus for older adult (age 65+) falls prevention
3. Statewide direction and focus for child injuries: Safe sleep, Child passenger safety, and Bullying
4. Statewide direction and focus for violence prevention: Indiana Violent Death Reporting System, with a focus on homicides, suicides, and other violence
5. Enhance the skills, knowledge, and resources of injury prevention workforce through a Resource Guide, IPAC membership, and IPAC injury prevention conference
6. Establish a sustainable and relevant infrastructure that provides leadership, funding, data, policy and evaluation for injury prevention

### IPAC Terms of Reference

The group reviewed the terms of reference. The group did not suggest any changes or have additional comments. The Terms of Reference went to a vote and were officially adopted. The accepted TOR will be placed on the IPAC website on the ISDH page.

### Upcoming IP Events and Activities

- National Suicide Prevention Week: September 7-13
  - World Suicide Prevention Day: September 10
- National Child Passenger Safety Week: September 14- September 20 (
  - National Seat Check Saturday: September 20
- Falls Prevention Awareness Day: September 23 (first day of Fall)
- 2014 Prescription Drug Abuse Symposium: October 16 & 17

-Fireworks Injury Reporting Form: <http://www.state.in.us/isdh/19042.htm#Fireworks>

Fax: 317-233-8199 Attn: Injury Prevention Epidemiologist

Mail: Indiana State Department of Health  
2 N Meridian St Indianapolis, IN 46204

-2015 IPAC meeting dates have been finalized:

Rice Auditorium in ISDH Offices (2 N Meridian St. Indianapolis, IN 46204) from 1- 3 p.m. EST

Thursday, March 12, 2015	Thursday, September 17, 2015
Thursday, June 18, 2015	Thursday, December 10, 2015

### Action items for ISDH:

-Send out MMWR from State Heroin/ Rx Opioid Mortality Study when published, special emphasis reports, NVDRS hand out, and statewide injury prevention state plan hand out

*The next IPAC meeting is **Thursday, November 20, 2014** at 1- 3 p.m. in Rice Auditorium*