

Indiana Diabetes Advisory Council
Wednesday, May 12, 2010
Indiana State Department of Health
Rice Auditorium 1-4 PM

Attendees:

Monica Brook

Carla Chance

Jenny Conder

April Cross

Rosanna DeJesus

Sandra Edmond

Craig Freeze

Meena Garg

L'erin Garner

Roy Geib

Katie Hillman

Carrie Jackson-Logsdon

Shelly Leary

Barbara McNutt

Laura Mosier

Carolyn Muegge

Meghan Pasicznyk

Karen Pope

Beverly Reed

Violet Reynolds

Brad Sutton

Karen Ten Cate

Barb Welty

Laura Heinrich opened the meeting and the council members introduced themselves. Minutes of the last meeting were then reviewed and approved.

An update was given on the Indiana Women's Diabetes Initiative Project. Laura Mosier, Project Director, Office of Women's Health and Carolyn Muegge, Epidemiologist, Bowen Research Center presented a slide show on the project. This project is a three-year ASIST 2010 grant through the Federal Department of Health and Human Services, Office of Women's Health. The pilot program's main goal was to connect women who have diabetes with community resources by utilizing diabetes patient navigators. To date, 470 women have been enrolled with the majority between the ages of 18 and 60 years of age. Approximately 70 percent were white and 19 percent were Hispanic. Only 50 percent had healthcare coverage, 68 percent were unemployed, and 60 percent were within the poverty range.

This grant is due to expire in August 2010. Additional funding sources are being sought to continue offering the Diabetes Patient Navigators within community health centers.

Laura Heinrich gave an update on the National Council on Aging (NCOA) grant. The two-year grant period expired on December 31, 2009. This grant allowed the DPCP and its partners to implement Stanford University's Chronic Disease Self-Management Program (CDSMP). Indiana renamed this program as "Living a Health Life with Chronic Conditions". Thirteen of the 16 area agencies on aging (AAA) were trained and offered the program to seniors in their communities. To date approximately 200 seniors have been enrolled.

The Federal Administration on Aging awarded a two-year ARRA grant to the Division of Aging and the State Health Department. This will allow Indiana to continue implementation within the remaining two AAA's and work on sustainability, fidelity and changes to the health system.

The program is open to individuals 55 years of age and older; however, AAAs will accept younger enrollees. The median age of past program attendees was 74.

Laura then spoke of the Diabetes Prevention Program. The YMCA of the USA is in the process of rolling out this evidence-based program across the county. Indiana has three sites: YMCA of Greater Indianapolis, YMCA of Greater Fort Wayne, and the Monroe County YMCA in Bloomington. Indianapolis already has programs up and running. The other two YMCAs will be trained this summer with classes starting in August 2010. United Health Care will be reimbursing the YMCAs for participants who complete the program and have attained their 5-7% body weight loss and 150 minutes of exercise per week.

DPCP Updates: The DPCP has just finished hiring an Epidemiologist and a Program Coordinator. The DPCP completed internal strategic planning. Priority areas for the State Department of Health will be 1) primary prevention of diabetes; 2) prevention of diabetes complications; 3) reduction of health disparities; and 4) use of evidence-based strategies and programs. The next burden report is almost complete.

The Indiana State Diabetes Plan is 6 years old and must be updated. The DPCP will be starting the process of updating the Plan and needs the assistance of the Diabetes Advisory Council. The DPCP will be working on the process for this and will present it at the next council meeting in July 2010. There was general consensus that there is more focus on Prevention.

Announcements: Sandra Edmond mentioned that the Marion County Health Department recently completed a report on the diabetes prevalence in Marion County. It is posted to their website at: http://www.in.gov/isdh/files/Marion_County_Diabetes_Report_2009.pdf.

The meeting was then adjourned.

The next Council meeting will be: July 13, 2010 Tuesday

Other scheduled Council Meetings: October 14, 2010 Thursday

(Meeting dates are posted to the DPCP website @ www.in.gov/isdh/19709.htm)