INFANT MORTALITY
Central Hospital Region 2015

INFANT MORTALITY FACTS

• Infant mortality is defined as the death of a baby before his or her first birthday
• The infant mortality rate (IMR) is the number of babies who die in the first year of life, per 1,000 live births
• Of the 613 Indiana infant deaths in 2015, 191 occurred in the Central Hospital Region
• Black infants are 2.1 times more likely to die than white infants in Indiana & 1.6 times more likely in the Central Hospital Region

For more information on infant mortality in your area, please see the Indiana State Department of Health Mortality Report, Tables 2 and 8 (http://www.in.gov/isdh/reports/mortality/2015/index.html)

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PRACTICES TO REDUCE INFANT MORTALITY

• Improve overall health for women of child-bearing age
• Promote early & adequate prenatal care
• Decrease early elective deliveries before 39 weeks
• Decrease prenatal smoking & substance abuse
• Increase breastfeeding duration & exclusivity
• Support birth spacing & interconception wellness
• Promote the ABC’s of safe sleep: place baby to sleep alone, on his or her back, in a crib

CAUSES OF INFANT MORTALITY

• Congenital Malformations
• Perinatal Risks
• SUIDs
• Assaults/Accidents
• Other

Note: Age specific mortality rates may not exactly equal the overall infant mortality rate due to rounding.
INDIANA QUICK FACTS
• Smoking rates among pregnant women are always one of the nation’s worst
• Almost 1/3 of pregnant women do not receive early PNC
• Black women in Indiana are more likely to have a LBW or preterm baby & not get early PNC
• White women in Indiana are more likely to smoke during pregnancy

CENTRAL REGION QUICK FACTS
• There were 26,043 births in the Central Region
• Higher percentage of low birthweight and preterm births when compared to Indiana
• Higher percentage of women receiving PNC in the first trimester
• Lower percentage of women smoking during pregnancy
• Higher percentage of women breastfeeding at hospital discharge

LBW = Low Birthweight   PNC = Prenatal Care   IMR = Infant Mortality Rate
^ = Rate per 1,000 live births

For more information on birth outcomes in your area, please see the Indiana State Department of Health Natality Report, Table 32 (http://www.in.gov/isdh/reports/natality/2015/index.html)