



2013 ANNUAL REPORT Indiana Army National Guard

## **MISSION**

Support children, youth, and families of the Indiana National Guard during times of deployment, extended separation, and normal day-to-day operations

### GOALS

Increase opportunities that foster personal growth, education citizenship, and

leadership for military kids

Advocate for and raise awareness of

military connected youth within state

programs and partnering agencies

Activate statewide networks that can better serve geographically dispersed

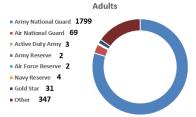
military populations



In FY18, Child and Youth Services hosted, led, or contributed to 58 EVENTS around the Indiana,

serving a total of 2257 ADULTS and 1734 YOUTH across the state.

### 2257 ADULTS



### 999 YOUTH AGES 6-12

Youth Ages 6-12

a Army National Guard 913

a Air National Guard 34

a Active Duty Army 4

a Army Reserve 3

a Navy Reserve 1

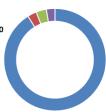
a Gold Star 21

b Other 20

## 735 YOUTH AGES 13-17

Youth Ages 13-17

Army National Guard 670
Air National Guard 21
Gold Star 24
Other 20



# 164 VOLUNTEERS contributed a staggering 6706 HOURS

Child and Youth Services is truly a volunteers led program. They serve has camp counselors, operations staff for events and yellow ribbon activities, chaperones, bus drivers. They recruit new members, design programs, and touch lives!

"Volunteering for Youth Services is very important to me. I'm able to watch over my brothers while my dad is deployed."

**Anna Kneller, Volunteer** 





7 Yellow Ribbon Events

5 Robotics Workshops

3 Overnight Camps

8 Outreach Events

1 Teen Summit

14 Resilience Trainings

4 Teen Council Meetings

3 Volunteer Trainings

1 Teen Leadership Camp to the Great Smoky Mtns.

7 Military Appreciation Events

1 Family Skate with Nap Town Roller Girls

15K Color Run (MOMC)

2 Holiday Family Events

1 State Child Care Council Conference

399 Hours of Programming

EY PARTNERSHI



CampDocs

# SALVATION ARMY—HIDDEN FALLS CAMP

Cohost Kids AT Youth Camp South, week-long residential camp at NO COST to the National Guard. True partners in planning, execution, and evaluation of the event. Salvation Army provide facilities, staff, food, and equipment for the week, National Guard provides volunteer counselors, campers, workshop leaders, and some supplies. Partnership is in its 4th year and going strong.



#### LIFEFIT—KIDFIT AT CAMP

Lifefit, an initiative tied to Soldier fitness that teaches nutirition, healthy havits, exercise, strength conditioning, stretching, and relaxation joined with Kids AT Youth Camp and led curriculum tailored to youth ages 9-13 and teens ages 14-17. Lifefit provided instructors, equipment, and curriculum design, Youth Services provided facilities and campers. The program was a great success and received postivie remarks from Indiana TAG GEN Carr.

**Ted Wiese** 

# **OTHER FORCE MULTIPLIERS:**

Benjamin Harrison House

**Head Start** Military Family Research Institute **Early Learning Indiana** 4H STARBASE Indy **Project YES** The Carina Place Indianapolis Zoo IN National Guard Relief Fund **Red Cross** Foundation for Youth Camptown **Bradford Woods** Wonderlab Nap Town Roller Girls **Peace Learning Center** 

Camp Potawotami



# BEST PRACTICES

#### ROBOTICS WORKSHOPS

FY18 saw the birth of a new initiative, Robotics Roadshow. State Youth Coordinators traveled to 5 Indiana cities for combined 5 Robotics Workshops, culminating in 25 hours of programming. Participants learned building, programming, and the Scientific Method, working in pairs and reporting outcomes

Youth experimented with state of the art technology and curriculum created by Lego Education. Youth 7-10 used Lego WeDo 2.0 curriculum and those 11-14 Lego MINDSTORM EV3 and iPads to program though block method.

Workshops were well attended and several participants traveled to multiple locations around the state to participate again!

#### **MONTH OF THE MILITARY CHILD EVENTS**

During the month of April, Indiana Child and Youth Services hosted 6 events around the state, including a 5K Color Run in coordination with the Sexual Assault Response Program and a Family Skate with the Nap Town Roller Girls. Nap Town Roller Girls also dedicated a bout to military families, recognizing a family during break in play and donating tickets

To recognize military youth, Coordinators created a mailing initiative where deployed parents could send personalized messages to their children recognizing the service and sacrifice of their children.

For the 7th year, Indiana's Governor signed a proclamation to declare. April is Month of the Military Child to establish a statewide recognition. While 9 area school celebrated Purple Up Day with a military speaker and activities.

Enthusiasm and awareness of MOMC continues to grow around the state!





#### **EXPANDING RESILIENCE TRAINING**

In FY18 we worked with State Resilience Team to expand state training from small classroom settings to large-scale Kids AT Camp (week-long overnight camp). This gave trainers multiple days to cover large amounts of skills and apply them to everyday camp life. We found that Resilience Training at camp improved coping skills for camps and reduced behavioral issues for all age groups attending camp. During two one-week camp periods, we trained both children and Adult Volunteers on MRT Standards.





# STATE TEEN PANEL

10 members ages 14-17

4 meetings throughout the year

Designed and led the Teen Summit for 19 teens in attendance.

Presented educational workshops on stress management, stereotyping, and building healthy relationships.

Briefed military leaders on state teen issues and events

Completed 142 volunteer hours at Child and Youth Services events and also in their communities

4 members attended and presented at the Region V Teen Summit in Paynesville, MN

Members continue to contribute to annual events and programs



# RESILIENCE TRAINING

In FY18, Child and Youth Services trained 279 INDIVIDUAL YOUTH the Army's Resilience Curriculum

Adapted program to be taught at camps and overnights

Teen Council members experienced complete curricula and assisted in teaching other teens

Expanded participation to include adult volunteers and parent groups

Worked with the State Resilience Team to adapt curriculum to younger audiences

Spoke during state MRT Refresher Training to recruit volunteers to next year's camp







"My kids are stronger than I

**Amber Modricker-Campbell** 

**SGT Brandon Campbell** 

even give them credit for.

Thank you INNG Youth



"Last year, my dad was in deployment in Afghanistan Kids AT Camp made me happy about making friends and it makes me very proud of my dad."

Kids AT Camper
Aged 6-12

# **Anne Tedore**

Lead Youth Coordinator
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Program!"

Youth Coordinator
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"I personally can only tell my 3 children stories of the military that their father told me before he died. Going to this camp gives them more of an idea what AT was like for their Dad, they get to do so many cool things there and meet some of the soldiers' children that served with him. They look forward to it every year!"

Beth Kohlheim
SGT Spencer Kohlheim
(deceased)



INNG Teen Council

**INNG Youth Program** 

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**INNG Youth Program** 

