



INDIANA  
YOUTH PROGRAMS



2016  
ANNUAL REPORT



# our impact

## MISSION

Support children, youth, and families of the Indiana National Guard during times of deployment, extended separation, and normal day-to-day operations

## GOALS

Increase opportunities that foster personal growth, education citizenship, and leadership for military kids

Advocate for and raise awareness of military connected youth within state programs and partnering agencies

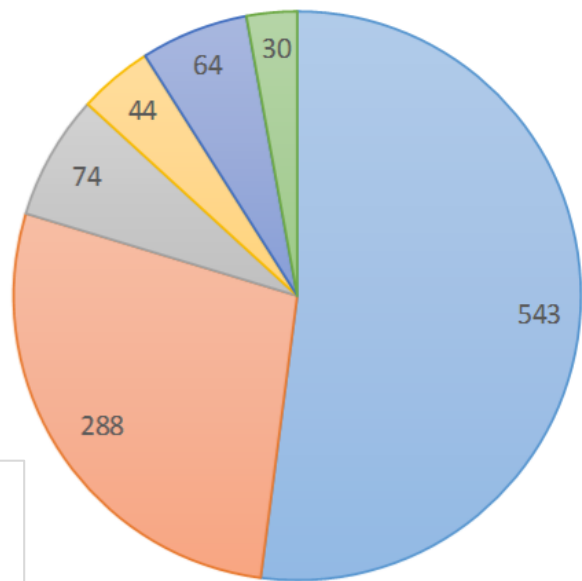
Activate statewide networks that can better serve geographically dispersed military populations



"Camp has taught me to try new things and to not be afraid of what people think of me."

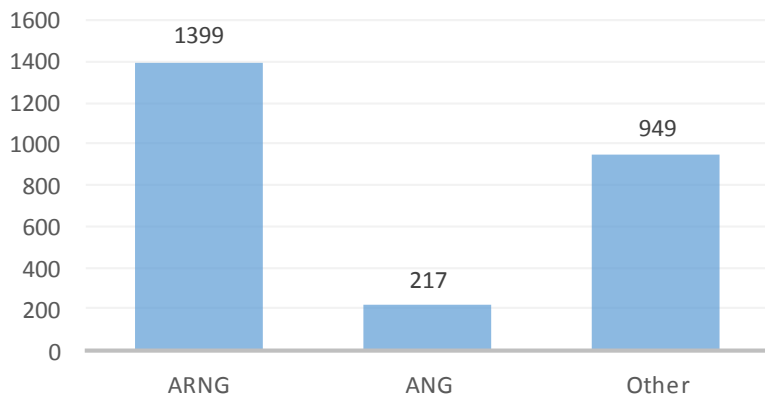
- Camper at Kids AT

## Youth Served



- ARNG 6-12
- ARNG 13-18
- ANG 6-12
- ANG 13-18
- Other 6-12
- Other 13-18

## Adults Served





# by the numbers

91

teens trained in Resilience

9

teen council members

6

Camps impacting

8

Yellow Ribbon events

190

Resource referrals



433

youth



559



INNG Service Members deployed

32

Gold Star families served



6928

Volunteer hours



1014

Hours youth community service



511

Program hours



It is important to go further than your comfort zone because you won't get far in life if you are only comfortable.

- Camper when asked, "What did you learn at camp?"



125,000

Dollars in-kind services provided







# resilience training

91 youth trained in resilience during teen council meetings, regional teen summit, and camps. A new initiative was begun in FY2016 to bring families together to teach resilience to teens and parents in order to build a common language. Family Resilience Camp was incredibly successful, 15 families attended the 3 day weekend and used the skills acquired during resilience training throughout the weekend.

# partner up!

Indiana Youth Programs partner with the Salvation Army (SA) to host a youth camp at their location, Hidden Falls Camp, Bedford, IN. SA provides food, housing, facilities, and staff to run programming. Youth Programs manages registration and marketing, and provides safety items, medical staff, operations staff, and volunteer counselors. The partnership is only in its second year, but has been wildly successful. Summer 2016 saw 190 campers, 31 volunteers, 19 National Guard staff, and 39 Salvation Army personnel. Other partners include:



9 members of the council met quarterly and visited 5 Indiana universities. Teens completed 6 hours of community service and 12 hours of resilience training. In June, the council planned the regional teen summit where teens presented 4 hours of educational workshops and lead activities.

“IMTC has helped me in learning how to take control in different aspects of my life, like school, my job, and how I interact with people on a daily basis.”

- Kayla Ratliff, 16

## FAMILY RESILIENCE CAMP

Goals: conduct Resilience training with teens AND parents in order to teach families the same leadership tool, make use of a camp setting to challenge families to use the skills they learned, and increase family communication.



15 families (43 adults and 40 youth) attended the 3-day weekend in fall 2015. Participants were broken up into age-specific instruction, then families rejoined to use the skills learned in team building activities. Each night, families enjoyed enrichment activities like hayride and bonfire, and at the conclusion, each group set a family goal. Feedback and enthusiasm for the event was overwhelmingly positive and participants indicated that the four Resilience skills we chose to highlight will be useful in the day-to-day communication and connection with their family.

"I found myself using and applying the skills with my children. I believe that since I was able to actually use the skills after the training that it will stick with me."

-ARNG Parent



## REGION V TEEN SUMMIT

Goals: create a project for the Indiana Teen Council (ITC) to work on year round that will multiply training and youth development, gather Region V teens at single site for training, multiple efforts of state teen councils by sharing best practices and learn from peers

"It helped me better understand different personality types and how to step back and analyze a problem for what it is."

-ARNG Teen  
Teen Summit

34 teen from 4 states attended the 4-day training,. Indiana Teen Council planned and executed the event with contributions from each state's council. At the summit, states were asked to lead an icebreaker activity and present an update about council activity. Indiana Teen Council members lead 5 hours of educational workshops and managed the weekend. Teens enjoyed a national speaker, REAL Colors training facilitated by a local 4H educator, 3 hours of Resilience training, teambuilding activities, community service, and recreation. When asked, *how did this weekend make you a better leader?*, teens replied that the summit increased teamwork, facilitated self-discovery, increased self-confidence, and increased connection with and understanding of others.



# stay connected

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INNG Youth Pro-



INNG Teen Coun-



INNG Youth Program

"These children have grown so much from this environment."

- ARNG Parent Volunteer

Kids AT Youth Camp

