



# Indiana Law Enforcement Academy



*Date of Test*

### Instructor/Staff Member/Assessor

ID#

## X -Failed component

**+2** -2 second penalty

- 1-Lap around gym
- Shuttle Run, must touch cones/kettlebell (**+ 2 sec**)
- Fail to place kettlebell back (**+ 2 sec**)
- Must be controlled, knock down (**+ 2 sec**)
- Each cone thrown down or missed (**+ 2 sec**)
- Sprawl (Hand Release), fail to lift hands off floor (**+ 2 sec**)
- Be controlled-Sliding, touch, or knock down (**+ 2 sec**)
- Fail to clear (**+2 sec**)
- Run thru (**+ 15 sec**)
- At least 1 hand on fence
- Run Around (**+ 15 sec**)
- Sprawl (Hand Release), fail to lift hands off floor (**+ 2 sec**)
- Cone is struck with dummy, (**+ 2 sec**)
- Fail to count out for each pull; or over line (**+ 2 sec**)
- Fail to count out for each pull; or over line (**+ 2 sec**)
- Time stops only when correct photo is chosen
- Fail to run around any cone on course, (**+2 sec**)
- If Applicant fails to attempt or skip two components, they are disqualified (X)
- If Applicant is unable to complete stairs, test stopped (Failure)
- If Applicant is unable to lift or drag the dummy the distance, test stopped (Failure)