

## Core Public Health Services Activity Summary

This is a snapshot of core service activity as reported by local health departments from Jan. 1, 2024 - Dec. 31, 2025

### PORTER COUNTY

Population: 175,335

Total Number of Preventative Services Provided: 89,503

### Access and Linkage to Clinical Care

Total Number of Services Provided: 14,679

<b>Screening and Referrals (383)</b>		<b>383</b>
Number of people screened for high blood pressure through local health department or partners		123
Number of people identified with undiagnosed high blood pressure through local health department or partners		13
Number of people screened with a hemoglobin A1c through local health department or partners		63
Number of people identified with elevated hemoglobin A1c		4
Number of people screened for diabetes risk factors through local health department or partners		71
Number of people referred to or enrolled in a diabetes prevention program		10
Number of people referred to or enrolled in a diabetes self-management education support program		18
Number of people screened for BMI		37
Number of people referred to a weight treatment or obesity prevention program		17
Number of people identified as having a BMI over 30		17
Number of people referred to a food assistance program		10
<b>Programming (265)</b>		<b>265</b>
Number of adults participating in nutrition and physical activity education programming		87
Number of seniors participating in nutrition and physical activity education programming		177
Number of cancer risk reduction and prevention programs provided by the LHD		1
<b>Number of pediatric referrals for clinical care: (8)</b>		<b>8</b>
Substance Use Disorder		1
Mental Health Services		5
General		2
<b>Number of adults referrals for clinical care: (137)</b>		<b>137</b>
Diabetes		1
HIV		5
Hepatitis		7
Syphilis		7
Chlamydia		6
Gonorrhea		6
Substance Use Disorder		14
Mental Health Services		23
General		22
Number of individuals referred to insurance navigation or Medicaid/Medicare		46
<b>Other (13,886)</b>		<b>13,886</b>
Other Services Provided:		
- Transportation provided to medical appointments (distributed bikes, provided referrals, scheduled ride service, etc.)		13,886
- Various referrals provided (medical assistance, vision services, food pantry, dental, etc.)		
- Adult hearing screenings conducted		
<b>Child and Adult Immunizations</b>		
<b>Total Number of Services Provided: 7,198</b>		
Number of children who received immunizations at the local health department or a contractor/partner of the LHD		3,727
Number of individuals connected with insurance navigation services		115
Number of adults who received immunizations at the LHD or a contractor/partner of the LHD		3,237
Number of vaccination clinics held off-site of primary LHD location		118
<b>Other (1)</b>		<b>1</b>
Other Services Provided:		
- Social media advertisements for immunizations and Smart Start		1
<b>Childhood Lead Screening and Case Management</b>		
<b>Total Number of Services Provided: 657</b>		
<b>Testing (203)</b>		<b>203</b>
Number of children tested for blood lead level		120
Number of children identified with an elevated blood lead level (EBLL) above 3.5 µg/dL		43
Number of children identified with an EBLL for whom case management was started		28
Number of children with an EBLL who were referred to developmental resource services (Head Start, etc.)		12
<b>Home Services (8)</b>		<b>8</b>
Number of homes of children with EBLLs at which the LHD was able to conduct a risk assessment		6
Number of children identified with an EBLL whose homes had an identified lead hazard		2
<b>Education (343)</b>		<b>343</b>
Number of families provided lead education		323
Number of health care providers or early childhood providers given lead testing/lead reduction education		20
<b>Other (103)</b>		<b>103</b>
Other Services Provided:		
- Blood lead tests performed		103
- Off-site testing for children		

## Chronic Disease Prevention and Reduction

Total Number of Services Provided: 2,708

<b>Screening and Referrals (1,443)</b>		<b>1,443</b>
Number of people screened for high blood pressure through local health department or partners		446
Number of people identified with undiagnosed high blood pressure through local health department or partners		91
Number of people screened with a hemoglobin A1c through local health department or partners		194
Number of people identified with elevated hemoglobin A1c		39
Number of people screened for diabetes risk factors through local health department or partners		261
Number of people referred to or enrolled in a diabetes prevention program		106
Number of people referred to or enrolled in a diabetes self-management education support program		63
Number of people screened for BMI		152
Number of people referred to a weight treatment or obesity prevention program		54
Number of people identified as having a BMI over 30		37
<b>Programming (795)</b>		<b>795</b>
Number of adults participating in nutrition and physical activity education programming		397
Number of seniors participating in nutrition and physical activity education programming		394
Number of cancer risk reduction and prevention programs provided by the LHD		4
<b>Other (470)</b>		<b>470</b>
Other Services Provided:		
- Referral to medication assistance program		
- Medication assistance		
- Rock Steady Boxing classes offered in partnership with Portage YMCA		
- Various social media advertising (lung cancer, diabetes, breast cancer, prostate cancer, etc.)		
- Blood pressure self-monitoring support & prediabetes education		
		470

## Emergency Preparedness

Total Number of Services Provided: 122

Number of individuals that received medical countermeasure (vaccine, test, service) during public health related outbreak or emergency		8
Number of emergency preparedness drills/exercises conducted between LHD and other preparedness partners		36
<b>Other (78)</b>		<b>78</b>
Other Services Provided:		
- Various meetings/trainings attended (communications drill, bombing response training, pipeline safety training, etc.)		
		78

## Fatality Review (Child, Infant, Fetal, Suicide, Overdose)

Total Number of Services Provided: 3,148

<b>Equipment/Resources (694)</b>		<b>694</b>
Number of people provided with infant safe sleep education, including families and professionals		357
Number of infant sleep sacks provided to families		265
Number of portable cribs provided to families		3
Number of firearm locks provided to families		69
<b>Education (1,847)</b>		<b>1,847</b>
Number of people trained in an evidence-based suicide prevention training (QPR, ASIST, MHFA, etc.)		40
Number of people educated about 988 and crisis resources		1,807
<b>Referrals/Screenings (11)</b>		<b>11</b>
Number of Handle with Care (HWC) referrals (if HWC present in county)		10
Number of individuals connected to grief and bereavement resources		1
<b>Community Support (10)</b>		<b>10</b>
Number of schools in county with evidence-based anti-bullying programs and groups that support student mental health (e.g., Bring Change to Mind)		10
<b>Other (586)</b>		<b>586</b>
Other Services Provided:		
- PCHD Summer Kickoff to Health & Wellness Fair		
- Social media education and outreach (suicide prevention, safe sleep & SIDS)		
		586

## Infectious Disease Prevention and Control

Total Number of Services Provided: 3,818

<b>Disease Prevention and Control (105)</b>		<b>105</b>
Number of outbreaks (or suspected outbreaks) that were investigated		99
Number of outbreaks (or suspected outbreaks) in which the pathogen responsible for the outbreak was identified if known		5
Number of vaccinations given due to disease investigation interviews (e.g., HAV, HBV)		1
<b>Testing (2,273)</b>		<b>2,273</b>
Number of people provided HIV testing		502
Number of people provided Hepatitis C testing		398
Number of people provided Syphilis testing		465
Number of people provided Chlamydia testing		454
Number of people provided Gonorrhea testing		454
<b>Referrals and Treatment (194)</b>		<b>194</b>
Number of referrals to counseling and/or care for HIV		8
Number of referrals to counseling and/or care for Hepatitis		18
Number of referrals to counseling and/or care for Syphilis		27
Number of referrals to counseling and/or care for Chlamydia		40
Number of referrals to counseling and/or care for Gonorrhea		22
Number of individuals treated for HCV/HIV/STI (not including Syphilis)		40
Number of individuals treated for Syphilis		39

<b>Community Outreach (517)</b>	517
Number of people educated on HIV/HCV/STI	517
<b>Other (729)</b>	729
Other Services Provided:	
- Communicable disease screenings/follow-up	
- HIV/STI testing, treatment, & education	
- Animal bite investigations and referrals for prophylaxis	
- Management of open communicable disease cases	
- Social media education on safe sex	729

## Maternal and Child Health

**Total Number of Services Provided: 7,633**

<b>Prenatal Services (up to time of delivery) (35)</b>	35
Number of pregnancy tests provided	9
Number of women referred to prenatal care	2
Number of women provided prenatal services - Syphilis testing	8
Number of women provided prenatal services - HIV testing	8
Number of women provided prenatal services - Hepatitis C testing	8
<b>Postpartum Services (following delivery) (4)</b>	4
Number of people provided with parenting classes/education	2
Number of families referred to childcare assistance (such as CCDF program)	2
<b>Health and Safety Services (1,496)</b>	1,496
Number of people receiving child car safety seats	38
Number of child car safety seats provided	41
Number of car safety seat inspections provided	90
Number of people provided safe sleep education	241
Number of people receiving sleep sacks	233
Number of cribs provided by LHD or partner	1
Number of period products distributed	852
<b>Community Assistance (30)</b>	30
Number of referrals to housing supports or resources	6
Number of families screened or referred to developmental services, such as First Steps	1
Number of families receiving home visiting services, such as a home visiting program	1
Number of families referred to home visiting services, such as a home visiting program	1
Number of families referred to an insurance navigator or Medicaid	21
<b>Contraception/STIs (473)</b>	473
Number of people provided contraceptive education	201
Number of women tested for STIs/HIV	221
Number of women referred for STI/HIV treatment	33
Number of women treated for STIs/HIV	18
<b>Food and Nutrition (60)</b>	60
Number of women referred to WIC	27
Number of families referred or connected to local food pantries	33
<b>Other (5,535)</b>	5,535
Other Services Provided:	
- Distribution of child and infant supplies (diapers, wipes, sanitary pads, backpack snacks)	
- Referrals for childcare, baby items, and car seat services	
- Social media education on safe sleep	
- Safe Sitter classes	5,535

## Student Health/School Health Liaison

**Total Number of Services Provided: 21,219**

<b>Screenings (554)</b>	554
Number of children receiving vision screening through support of liaison	50
Number of children receiving hearing screening through support of liaison	458
Number of children receiving oral health screening through support of liaison	46
<b>Education (87)</b>	87
Number of schools requesting support with mental health education, resources through school liaison	77
Number of schools in county with supported evidence-based anti-bullying programs and groups that support student mental health (e.g., Bring Change to Mind)	10
<b>Number of schools partnering with school liaisons to provide health promotion and education for: (48)</b>	48
Trauma and Injury Prevention	25
Child Safety Topics - Car Seat Safety	4
Child Safety Topics - Bicycle/bike helmet safety	1
Child Safety Topics - Water Safety	18
<b>Number of schools receiving emergency preparedness education (staff and students): (423)</b>	423
Stop the Bleed	5
CPR	5
Overdose/naloxone	413
<b>Equipment / Supplies (60)</b>	60
Number of Stop the Bleed kits distributed through school liaisons	53
Number of schools who received other public health-related equipment from their LHD (such as vision screeners, etc.)	7
<b>LHD Support (1,615)</b>	1,615
Number of schools stocking emergency medications through LHD/school liaison - Albuterol	98

Number of schools stocking emergency medications through LHD/school liaison - Epinephrine	28
Number of schools stocking emergency medications through LHD/school liaison - Naloxone	964
Number of immunizations given at LHD/Liaison clinics for students/staff	525
<b>Number of student support initiatives provided by school (or county) with support of LHD/school liaison: (5,477)</b>	<b>5,477</b>
Clothing Closets	1
Hygiene Supplies	22
Feminine Hygiene Supplies	30
Weekend Food Bags	5,424
<b>Tobacco and Vaping Prevention and Cessation (9,509)</b>	<b>9,509</b>
Number of schools providing vaping prevention education through local health department/school liaison	46
Number of school staff who have been trained to provide tobacco education	8
Number of schools providing nicotine dependence/tobacco treatment resources through local health department/school liaison	16
Number of schools with supportive discipline/alternative to suspension policies through LHD/school liaison	28
Number of youth provided education on the harms of vaping/tobacco	9,019
Number of individuals age 13-17 years referred to Indiana Tobacco Quitline/Quit Now/Live Vape Free Indiana or other cessation resource	392
<b>Other (3,446)</b>	<b>3,446</b>
Other Services Provided: - Backpack snack program - Performed heart screenings & physicals - Dental training - Provided lice supplies	3,446
<b>Trauma and Injury Prevention and Education</b>	
<b>Total Number of Services Provided: 4,601</b>	
<b>Training/Education (1,216)</b>	<b>1,216</b>
Number of people receiving Stop the Bleed training	26
Number of people receiving CPR training	357
Number of people educated or trained on water safety (including swim lessons)	68
Number of people educated about brain injury risks and safety practices	4
Number of people educated in fall prevention and home remedied for fall risks	33
Number of people educated and/or trained on substance use prevention	167
Number of people educated and/or trained on mental health and suicide prevention	258
Number of seniors participating in activities related to fall prevention	303
<b>Equipment (856)</b>	<b>856</b>
Number of child car seats distributed	37
Number of bicycle helmets distributed	113
Number of firearm locks provided to families	101
Number of people provided with infant safe sleep education, including families and professionals	280
Number of infant sleep sacks provided to families	323
Number of portable cribs provided to families	2
<b>Referrals (65)</b>	<b>65</b>
Number of people referred/linked to substance use/mental health treatment	65
<b>Other (2,464)</b>	<b>2,464</b>
Other Services Provided: - First responder mental health training - Safe medication disposal - Distributed harm reduction kits - Various referrals provided (housing assistance and repair, employment, senior assistance, food pantries, clothing, etc.) - Seasonal Affective Disorder & Impaired Driving Prevention education	2,464
<b>Tuberculosis (TB) Prevention and Case Management</b>	
<b>Total Number of Services Provided: 2,836</b>	
Number of people provided TB testing (IGRA or TST)	1,417
Number of people provided treatment for latent TB infection (LTBI)	70
Number of people provided treatment for TB disease	7
Number of people provided Directly Observed Therapy (DOT) services	7
Number of people educated on TB	1,227
Number of people with a Class B1 TB designation served	21
Number of referrals to wraparound services	7
<b>Other (80)</b>	<b>80</b>
Other Services Provided: - Social media education on TB	80
<b>Vital Records</b>	
<b>Total Number of Services Provided: 20,884</b>	
<b>Certificates (20,864)</b>	<b>20,864</b>
Number of birth certificates issued by the LHD within jurisdiction	5,554
Number of death certificates issued by the LHD within jurisdiction	15,310
<b>Number of other vital record services performed (20)</b>	<b>20</b>
Genealogy - (Number of people's records researched)	6
Paternity - (All Types)	12
Court Ordered Change	2

### Notes:

- This report contains data pertaining to preventative core services as reported by local health departments in the activity tracker from 1/1/2024-12/31/2025.
- Vital Records only reflects services provided from 1/1/2025-12/31/2025.
- Data pertaining to youth/schools that were previously listed under the Tobacco Prevention and Cessation core service prior to July 2025 have been moved to Student Health/School Health Liaison.
- Calculations focused on number of services provided summing the subfields when data was available; when unavailable, the number of unique individuals served was used.
- Changes to these data and/or associated collection methods may affect the comparability of counts to previous or future reports.
- Reported counts may also contain duplications of unique individuals and activities.
- Population data are based on the 2023 U.S. Bureau of Census estimate population counts for Indiana and its county populations.

**Data is current as of 1/5/2026**