

New Facilitator Training

CLASS LOCATION:

University of
Indianapolis
Health Pavilion

1643 East Hanna
Avenue
Indianapolis, IN
46227

WORKSHOP DATES:

**Wednesday
June 10**

**Thursday
June 11**

**Friday
June 12**

**FOR MORE
INFORMATION,
PLEASE CONTACT:**

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Stepping On



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WHAT IS STEPPING ON?

- A research-based and proven program to reduce falls.
- A workshop that meets for two hours a week for seven weeks.
- Led by two trained facilitators.
- A program that uses guest experts who provide information on exercise, vision, safety, and medications.

HOW TO REGISTER?

Two ways to register:

- Contact the University of Indianapolis Center for Aging & Community
- Or [register here](#)

Advance registration is required for the workshop

WHY BECOME A FACILITATOR?

Facilitators gain valuable skills in group leadership of an evidence based fall prevention program. Facilitators will contribute meaningfully to their community by helping older adults stay safe and in their own homes longer.

Stepping On, provides a chance to learn, lead, and make a positive difference in the community.

WHAT IS THE COST?

There is a \$150.00 charge for the training. Lodging and meals are not included in the cost.

HOW LONG IS THE TRAINING?

Class attendees will need to watch the WIHA Basic Training videos and attend 3 days of in person training.