



**Safe sleep**  
today so they are  
here tomorrow.

Alone, on their Back, in a Crib.

Every nap, every night, every time.



In honor of Emily Broady  
who lost her life in an unsafe  
sleep environment in 2019.



**Indiana**  
Department  
of  
**Health**



Indiana  
**SAFE SLEEP PROGRAM**  
SafeSleep.isdh.in.gov

# Safe sleep saves lives.



**Safe sleep no matter who is caring for the baby.** This includes babysitters, childcare providers, friends, and family members. Talk to the people who put the baby down for naps or for night time sleep.

Visit [safesleep.health.in.gov](https://safesleep.health.in.gov) for a Childcare and Safe Sleep Conversation Checklist.

SAFE SLEEP FOR BABY:

Alone, on their Back, in a Crib.

Every nap, every night, every time.

Scan to hear Sarah tell her story about her daughter, Emily.

