

# **Drug Overdose Prevention Newscast**

Jan. 24, 2023

# **Updates**

#### **National Survey on Drug Use and Health 2021 Results**

On Jan. 4, the Substance Abuse and Mental Health Services Administration (SAMHSA) released results from the 2021 National Survey on Drug Use and Health (NSDUH). These findings detail how people in the United States navigate their experiences with mental health conditions, substance use, and finding treatment. It is the most comprehensive report on substance use that SAMHSA has released to date.

The report revealed the prevalence of mental health conditions among certain age groups. About 1 in 3 adults aged 18-25 had a mental health condition, but this age group had the lowest rate of treatment compared to other age groups. About 13.5% of young adults in the 18-25 age group category had co-occurring disorders, mainly substance use disorder and a mental health condition.

For an in-depth review on the 2021 NSDUH results, CLICK THIS LINK.

#### **Recovery Assist Platform Upgraded**

The Marion County Public Health Department is pleased to announce that the searchable online directory, Recovery Assist Platform, has been upgraded. The upgrade is to make it easier to find services and agencies for persons with substance use disorders. Platform enhancements include improved user-friendly search functions, streamlined webpage navigation, and a new look at the Transportation Toolkit. To visit the



#### **Beyond Substance Podcast**

upgraded directory, CLICK THIS LINK.

The Marion County Public Health Department invites you to listen to the latest installment of their Beyond Substance podcast. In this episode, titled What's Stigma Got to Do With It?, hosts examine how stigma complicates the journey to treatment and recovery for people with substance use disorder.

Guests on this episode include Kimberly Sharp, director of pain management for Community Health Network, and Kati Muller, a stay-at-home mother in long-term recovery.

To listen to this episode, CLICK THIS LINK.

# **Upcoming Events**

#### **Overdose Reversal Kit Making**

5 p.m. - 7 p.m. EST, Jan. 24 **Hosted by: Overdose Lifeline** 

Join Overdose Lifeline every other Tuesday evening to assemble overdose reversal kits for distribution to the public. This volunteer activity will contribute to saving lives. Volunteers make kits to distribute across the state. Overdose Lifeline distributes an average of 1,000 kits a week to individuals in all 92 Indiana counties. To register, CLICK THIS LINK.

### **Virtual Motivational Interviewing Training Series**

9 a.m. – 1 p.m. PST, Jan. 30 **Hosted by: Northwest ATTC** 

This FREE intensive motivational interviewing (MI) learning series is designed for all levels of behavioral health practitioners. Participants will receive five days of interactive virtual trainings. This virtual three-part MI basic to intermediate training opportunity provides social service, medical and behavioral health professionals with evidence-based methods for creating a person-centered approach to service delivery. MI is especially useful for partnering with patients and clients to enhance motivation and promote healthy behavior changes.

In this 20-hour live virtual series, we will cover the foundational practices of motivational interviewing. Through the use of presentations, videos, highly interactive exercises and demonstrations, the trainers will guide participants in learning the technique, style and spirit of MI. Participants will be given many opportunities to observe, practice, receive feedback and interact with trainers and peers. To register, CLICK THIS LINK.

### Clark County CARES Drug Facts Week 2023

Feb. 6-11

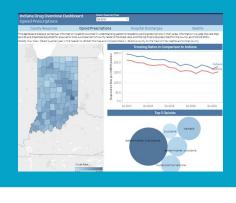
### Jeffersonville (specific locations detailed below)

Clark County CARES (Community Addiction Resources, Education, and Support) is a community movement in Clark County for education and recovery support. Throughout Drug Facts Week, which will take place February 6-11, daily events will be hosted in Jeffersonville to educate the public on how substance use impacts Clark County. Please view below for more details on specific events!

**CLICK THIS LINK** 

## **Indiana Drug Overdose Dashboard**

Please visit the Indiana Drug Overdose Dashboard, where you will find data from 2017 up to provisional data for 2021. In this dashboard, you will find data regarding opioid prescriptions, hospital discharges, and drug-related deaths. You can use this dashboard to explore overdose data at the county and state levels.



To promote, protect, and improve the health and safety of all Hoosiers

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