

Neonatal Abstinence Syndrome Clinical Definition

- **In utero Exposure** to opioids with or without other psychotropic substances
- **Clinical signs** characteristic of substance withdrawal; any **2** of the following five signs qualify:
 - Excessive crying (easily irritable)
 - Fragmented sleep (<2-3 hours after feeding)
 - Tremors (disturbed or undisturbed)
 - Increased muscle tone (stiff muscles)
 - Gastrointestinal dysfunction (hyperphagia, poor feeding, feeding intolerance, loose or watery stools)

The diagnosis is a separate issue from the treatment methodology.

