

Response has three main elements that are listed below. Within each element are key points that need to be considered as you implement module 3 of the *Substance Use Disorder* (SUD) Practice Bundle. The module provides tools and resources that are designed to assist the prenatal care provider in addressing the unique needs of the pregnant or postpartum person with a substance use disorder.

Element 1: Assist pregnant and postpartum people with SUD to receive evidence-based, person-directed SUD treatment that is welcoming and inclusive in an intersectional manner, discuss readiness to start treatment, as well as referral for treatment with a warm hand-off and close follow-up.

- A Map of Care for pregnant and postpartum persons with SUD has been developed focusing on "no wrong door" and with identification of professionals that need to be part of a comprehensive care team. <a href="https://www.in.gov/health/mch/files/ipgic/Map-of-Care.pdf">https://www.in.gov/health/mch/files/ipgic/Map-of-Care.pdf</a>
- A pocket card that provides a sample script for interviewing the pregnant or postpartum person, documentation of the conversation and appropriate billing codes for screening and Make Mothers and Babies Count in Indiana brief intervention activities.
  - https://www.in.gov/health/mch/files/ipqic/IN-OB-Provider-Pocket-Card-rev.pdf
- Two sample patient handouts orienting them to the prenatal risk assessment and quality care they will be receiving, one letter for patients with known substance use and one for the general population.
  - https://www.in.gov/health/mch/files/ipqic/Patient-Orientation-Letters-Final.pdf
- Information regarding motivational interviewing to improve communication with the pregnant patient.
   <a href="https://www.in.gov/health/mch/files/ipqic/Motivational-Interviewing.pdf">https://www.in.gov/health/mch/files/ipqic/Motivational-Interviewing.pdf</a>

Element 2: Establish specific prenatal, intrapartum and postpartum care pathways that facilitate coordination among multiple providers during pregnancy and the year that follows.

- A clinical care pathway has been developed spanning prenatal care through postpartum discharge with specific interventions and resources. <a href="https://www.in.gov/health/mch/files/ipqic/Clinical-Care-Pathway-rev.pdf">https://www.in.gov/health/mch/files/ipqic/Clinical-Care-Pathway-rev.pdf</a>
- Postpartum discharge planning <a href="https://www.in.gov/health/mch/files/ipqic/Postpartum-Discharge-Planning-and-Referral-Checklist.pdf">https://www.in.gov/health/mch/files/ipqic/Postpartum-Discharge-Planning-and-Referral-Checklist.pdf</a>

APRIL 2023 1



 A guide to additional information that identifies counseling opportunities for the pregnant or postpartum person and actions that should be taken by the provider; <a href="https://www.in.gov/health/mch/files/ipqic/Recomendations-for-Counseling.pdf">https://www.in.gov/health/mch/files/ipqic/Recomendations-for-Counseling.pdf</a>

## Element 3: Offer comprehensive reproductive life planning discussions and resources.

- A comprehensive guide on Long-Acting Reversible Contraception <a href="https://www.in.gov/health/mch/files/ipqic/Final-LARC-Guidance.pdf">https://www.in.gov/health/mch/files/ipqic/Final-LARC-Guidance.pdf</a>
- Postpartum birth control options in English and Spanish
   <a href="https://www.in.gov/health/mch/files/ipqic/Consumer-Information-Chart.pdf">https://www.in.gov/health/mch/files/ipqic/Consumer-Information-Chart.pdf</a>
   <a href="https://www.in.gov/health/mch/files/ipqic/consumer-information-chart-SPANISH-mhl-4-1-21.pdf">https://www.in.gov/health/mch/files/ipqic/consumer-information-chart-SPANISH-mhl-4-1-21.pdf</a>

APRIL 2023 2