Respectful, Equitable, and Supportive Care has three main elements that are listed below. Within each element are key points that need to be considered as you implement this module of the *Substance Use Disorder (SUD) Practice Bundle*. The module identifies tools and resources that are designed to assist the prenatal and postpartum care provider in addressing the unique needs of the pregnant or postpartum person with a substance use disorder.

Element 1: Engage in open, transparent, and empathetic communication with the pregnant and postpartum person and their identified supportperson(s) to understand diagnosis, options, and treatment plans.

Resource materials include:

- A pocket card that provides a sample script for interviewing the pregnant or postpartum person, documentation of the conversation and appropriate billing codes for screening and Make Mothers and Babies Count in Indiana brief intervention activities. <u>https://www.in.gov/health/mch/files/ipqic/IN-OB-Provider-Pocket-Card-rev.pdf</u>
- Information regarding motivational interviewing to improve communication with the pregnant patient.

https://www.in.gov/health/mch/files/ipqic/Motivational-Interviewing.pdf

- A Map of Care for pregnant and postpartum persons with SUD has been developed focusing on "no wrong door" and with identification of professionals that need to be part of a comprehensive care team.
- <u>https://www.in.gov/health/mch/files/ipqic/Map-of-Care.pdf</u>
 A guide to additional information that identifies counseling opportunities for the pregnant or postpartum person and actions that should be taken by the provider.
 - https://www.in.gov/health/mch/files/ipqic/Recomendations-for-Counseling.pdf

Element 2: Integrate pregnant and postpartum persons as part of the multidisciplinary care team to establish trust and ensure informed, shared decisionmaking that incorporates the pregnant and postpartum person's values and goals. Resource materials include:

• Additional resources for prenatal care providers and pregnant or postpartum persons are available at the link below.

https://www.in.gov/health/mch/files/ipqic/Provider-and-Patient-Resources-rev-links.pdf

• The Indiana Pregnancy Promise Program is a free, voluntary program for pregnant Medicaid members who use opioids or have used opioids in the past. The program ensures individuals' privacy and confidentiality. The Pregnancy Promise Program connects individuals to prenatal and postpartum care, other physical and mental health care, and treatment for opioid use disorder.

https://www.in.gov/fssa/promise/

Module Five: Respectful, Equitable, and Supportive Care – Every Unit, Provider and Team Member



Engaging Communities in Family Care Plans – Parkview Medical Center has developed an initiative to wrap services around pregnant and postpartum persons with SUD.
 <u>https://www.in.gov/health/mch/files/ipqic/Engaging-the-community.pdf</u>
 Model Plan of Safe Care
 <u>https://www.in.gov/health/mch/files/ipqic/Plan-of-Safe-Care-Fillable-Form.pdf</u>

Element 3: Respect the pregnant and postpartum person's right to decline intervention in accordance with their values and goals.

https://www.in.gov/health/mch/files/ipqic/Trauma-Informed-Care-Position-Statement.pdf https://www.in.gov/health/mch/files/ipqic/The-Cycle-to-Respectful-Care.pdf