

# Thinlung Damnak kong I fiannak

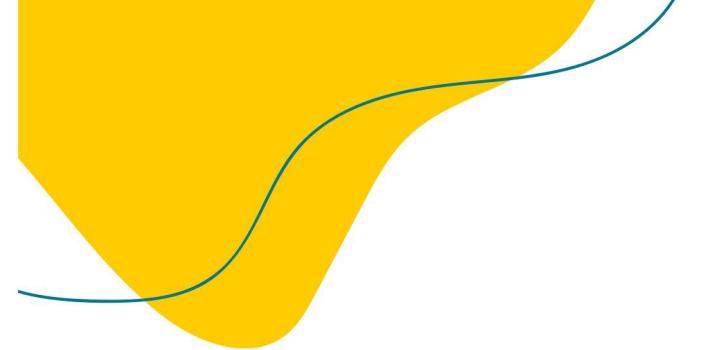
Thinlung damnak kong i fian dingah, kan takpum damnak kong kha kan ruah hmasat hrimhrim a hau. Kan takpum nih zawtnak a tuar tikah, damdeuh in um dingah thil tampi kan tuah. Tahchunhnak ah, fak piin khuhnak kan ngeih ahcun, idinh, sii din, asilole siibawi ton kan izuam kho.

Asinain thazaang ngeih lo in kan um i damlo in kan um tikah zeidah a cang? Khu tamtuk kan ruah ruang i kan i hngilh khawh lo ahcun zeidah kan tuah? Khuh bantukin, hi bantuk ruahnak pawl thlop dingah timhtuahmi kan ngeih a hau. Hi pawl cu thinlung damnak i tahchunhnak pawl an si. Hihi nangmah caah thawngpaang thar a si ahcun, na thinphang lai, nangmah lawng na si lo, bawmhnak a um.

A liamcia caan ah, thinlung damnak kong cawnpiaknak cu takpum damnak lei cawnpiakmi nak in a tlawmdeuh. Sihmanhsehlaw, hihi atu cu aa thleng cang. Kan hngalhmi cu kan thinlung damnak caah zohkhenhnak nih aho paoh caah fahnak kha a zorter khawh ti a si i midang pawl cawnpiak dingah na kan bawmh lai tiah kan zumh. Hmunkhat te ah thadeuh in kan ifiang kho lai i pakhat le pakhat thinlung le takpum damnak kan i bawm kho lai



**EXODUS  
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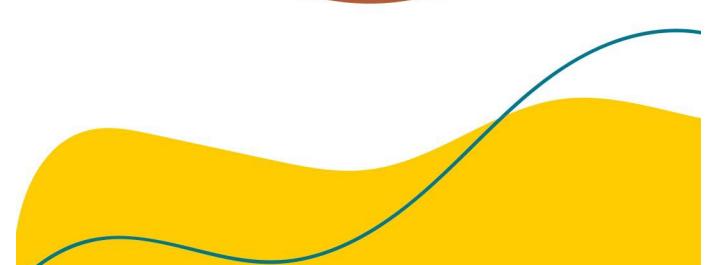
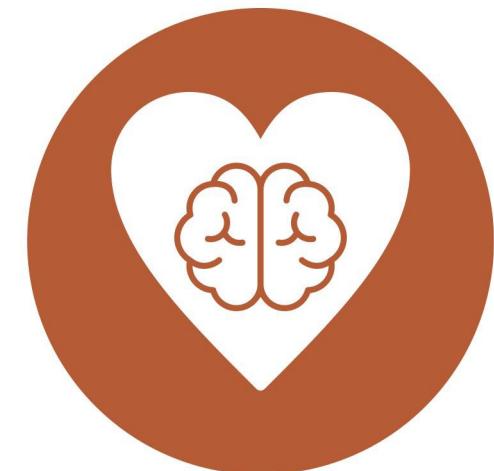
## Exodus Kong

Exodus Ralzam Ramchung luhternak (Exodus Refugee Immigration) cu ralzam pawl umthutnak lei herhmi pawl riantuanpiaknak hmangin le hremnak, dinlonak le ral ruangah a zammi adang a thialkammi minung pawl Indiana ah donnak hmangin nuhrin covo runvennak ah aa pumpemi a si.

Exodus nih ram, nunphung, holh, zumhnak le ramkhel lei ruahnak tami sin in ralzam le himnak a kawlmi pawl donnak lei saupi tuanbia a ngei. Kum 1980 ah Mariel tilawng in a hung phanmi mipeem pawl le Cuban ralzam pawl i upadi lei herhmi pawl riantuanpiak ding tinhmi he kum 1981 ah kan rak thawk. Mah lio caan thawkin, Exodus nih aa dang liangluangmi ram 50 nak tam sin in ralzam tami kha a rak bawmh hna i Indiana ah nunnak thar a thawkter hna.

Hi thilri a hrampi cu Thinlung Damnak lei phu nih Exodus ah hmunkhat tein an chiah. Exodus ah thinlung damnak lei riantuanpiaknak caah aa tlakmi na si le silo hngalh na duh ahcun, kan zung kha 317-921-0836 ah na chawnh khawh. Exodus kong tamdeuh hngalh na duh ahcun, kan website ah na zoh khawh: [www.exodusrefugee.org](http://www.exodusrefugee.org)

# Thinlung Damnak cu Zeidah a si?



## Thinlung Damnak cu Zeidah a si?

Thinlung damnak ah hin kan umtuning, khua kan ruah ning le thil kan tuahmi asilole thil kan tuah ning aa tel. Hihi kan umtuning lei, thinlung lei le zatlang nun lei damnak ti zong in kan auh khawh. Nangmah caah a ngandammi asilole a ngandamlomi ningin khua na ruah khawh, na um khawh i thil na tuah khawh. Thinlung damnak cu nunnak a dot kip ah a biapi, ngakchia in upat tiang. A caancaan ah cun kanmah tein asilole hawikom pawl le innchungkahr bawmhnak he thanchonak pawl kan tuah khawh, asinain a caancaan ah cun thinlung damnak lei i thiamsang a thiambakmi sinin bawmhnak kan herh.

## Bawmh na herh kha zeitindah na hngalh?

Hi biahalnak pawl ah asi tiah lehnak na tuah ahcun, a thabakmi bawmhnak na hmuh lai.

- Voi tami ah ngaihchia, thinhun, tih, asilole lungnuamhlo in na um maw?
- Mitkutnak asilole i hngilhnak lei ah harnak na ngei maw?
- Khuaruahmi tamtuk na ngei i ngol dingah a har maw?
- A zaw bantuk asilole fahnak a ngeimi bantukin na um, asinain siibawi pawl nih na dam ko an in ti maw?
- A luancia i thil tha lo pawl kha a cang than ding bantukin ruah lo pi ah khuaruah na hmang bal maw?
- Thil pawl sin ah thinlung dihlak pek ding asilole ichinchiah dingah a har maw?
- Thazaang um lo bantukin na um maw?
- Aruang um loin lungfim huaha lo in na um maw?
- Thil pakhat khat na rak tuahlomi kongah lunghthat loin na um maw?
- Dai tein that dingah harnak na ngei maw?

## Na thinlung damnak thanchoter dingah zeidah na tuah khawh?

- Zalak in i hngilh
- A ngandamnak mi tirawl ei
- Na takpum cawlter, eksisai tuah.
- Harnak na tonmi le bawmh na herhmi kha na zumhmi minung pakhat khat sin ah chim
- Thil hmete hlawhtlinnak pawl kha lawm
- Nifatin thil pakhat caah lawmhnnak chim kha i zuam.
- Lungdai tein um dingah thlacannak asilole dai tein umnak hmang.
- Lamlen dingah a lengah chuak asilole kokek thinlung pawl sin ah caan hmang.
- Midang he biaruahnak, cakuatnak asilole caanhmaantinak ngeih uh.
- Na thaw fak piin dawp law, duhsah tein chuan.
- Midang pawl bawmh kha i zuam.



I chinchia, nangmah lawng an si lo i a thadeuh in khua na ruah than khawh ko lai.

Na thinlung damnak thanchoter dingah lam tami an um. Ruahchannak a um peng.

## Bawmhnak pakhat khat na herh rih maw?

US ah, minung tami cu bawmh dingah cawnpiak an si. Thinlung hngalhnak lei thiamsang pawl, thazaang pek biaruah thiam pawl, zatlang ca riantuantu pawl le thloptu pawl cu na thinlung damnak i fian, thanchoter le tawrel dingin nangmah bawmh dingah an dihlak in cawnpiak an si. Thinlung umtuning a hngalmi thiamsang pawl cu thinlung damnak ah a hleikhun in cawnnak a ngeimi siibawi pawl an si hna i a herh ahcun sii dinmi zong an pek khawh. Thiamsang pawl dihlak nih na harnak pawl kha an in ngaihpiak lai i a thadeuh in khua na ruah khawnak dingah an in bawmh lai. Hihi thlopnak tiah kan auh i aphon tami an um. Adang zawtnak bantukin na thinlung damnak caah sii cheukhat dinnak in thlop khawh a si. Sihmanhsehlow, sii dinnak pawl cu a thabikmi aphichuak caah thlopnak he hman dingah duhpiakmi an si.



## Bawmhnak Hmuhnak

Na him lo ahcun, 911 kha chawn.

- Nangmah le nangmah harnak pek dingin khuaruah na ngeih i minung pakhat khat chawnh na herh ahcun, 988 kha zeitik caan paoh, chun asilole zan ah chawn law minung pakhat khat nih an in bawmh lai.
- Na siibawi kha chim law amah nih bawmh dingah an pehtonh khawh ko lai.
- Nangmah kong tawlreltu asilole nangmah an bawmtu ding minung pakhat khat na ngeih ahcun, a thabakmi bawmhnak kawl dingah bawmh na hal khawh hna.