



LAAJ NEIM

MRN

ETAM

□ KORA

□ EMMAAN

D.O.B. ____ / ____ / ____

M.O.

JIKIN JOKWE

TU IA

KADEDELOK AOLED MELELE AK KADDEPE LABOL KO AN RINANINMEJ EO IJIN

Facility:

THE EDINBURGH POSTNATAL DEPRESSION SCALE

Einwot ke ej kab wor nejum ninnin kem konaan jela ejet am pad. Jouj im jipade book eo nan uaak eo epaaktata kin wawein am enjaake ILO RAAN KO 7 REJ JEMLOK, ejjab ewi wot wawein am enjaake rainin. Juon in waanjonak, ededelok kadede.:

Elap ao kar monono

- Aeet, aolep ien
- Aeet, enanin aolep ien
- Jaab, ejjab aolep ien
- Jaab, ijjab

Ej melelein: "elap ao kar monono enanin aolep ien" ilo wiik eo ej jemlok. Kadedelok kajjitok kein jet ilo ejja wawein in wot.

1. Ikar maronin etton im loe an kojak jet men:

- Elap jen jonan ao maron
- Ejjab kanuij lap kio
- Lukkin ejjab lap kio
- Ijjab nan jidik

2. Emoj ao reimaanlok nan an men ko kamononoiki io:

- Elap jen einwot mokta
- Bolen diklok jen mokta
- Lukkin diklok jen mokta
- Ejjelok ao konaan

3. Ilakar na ruo make elane ejjab emman ialan jet men:

- Aeet, aolep ien
- Aeet, jet ien
- Ejjab aolep ien
- Ijjab nan jidik

4. Ilakar inepata kin ejjelok un ko:

- Jaab, ijjab nan jidik
- Ijjab
- Aeet, jet ien
- Aeet, jeijo ien

5. Ilakar mijak kin ejjelok un ko:

- Aeet, ebwe an lap
- Aeet, jet ien
- Jaab, ejjab lap
- Jaab, ijjab nan jidik

Kadedelok ilo _____ Raan _____
(initials)

6. Aolep men relukin lutok nan iaera:

- Aeet, enanin aolep ien ijjab maronin bukot melan nan jidik
- Aeet, jet ien ijjab maron bukot mejlan einwot mokta
- Jaab, enanin aolep ien ij bukot mejlan ilo ejjelok apan
- Jaab, ilakar bukot mejlan einwot ao kijoor kommane mokta

7. Ijjab monono im ejjab emman ao kiki:

- Aeet, aolep ien
- Aeet, jet ien
- Ejjab aolep ien
- Ijjab nan jidik

8. Elakar nana ao mour:

- Aeet, aolep ien
- Aeet, jet ien
- Ejjab aolep ien
- Ijjab nan jidik

9. Elap ao jan wot jonan ao jab monono:

- Aeet, aolep ien
- Aeet, jet ien
- Jeijo ien wot
- Ejjab nan jidik

10. Kolmenlokijken eo nan kometak io make emoj an jino itok nan io:

- Aeet, jet ien
- Jet ien
- Ejjab kanuij
- Ijjab nan jidik

Total jikoor: ____ / 30 Total jikoor nan kajjitok ko 10: ____ / 3

© 1987 The Royal College of Psychiatrists. Cox, J.L., Holden, J.M., & Sagovsky, R. (1987). Detection of postnatal depression. Development of the 10-item Edinburgh Postnatal Depression Scale. British Journal of Psychiatry, 150, 782-786.