

Long-term Care NEWSLETTER

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LTC Update:

CMS Nursing Home Staffing Study

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In February 2022, President Biden announced a <u>comprehensive set of reforms</u> aimed at improving the safety and quality of care within the nation's nursing homes so that seniors, people with disabilities and others living in these facilities receive the reliable, high-quality care they deserve.

One key initiative is to ensure that every nursing home provides a sufficient number of staff who are adequately trained to provide high-quality care. To achieve this objective, the Centers for Medicare & Medicaid Services (CMS) intends to propose minimum staffing requirements that nursing homes must meet. CMS will conduct a new research study to determine the minimum level and type of staffing needed to ensure safe, quality care and expects to issue a proposed rule within one year.

As part of the multifaceted approach, CMS is planning to conduct a new, mixed methods research study to assess minimum staffing requirements needed to ensure residents receive safe and quality care in Medicare- and Medicaid-certified nursing homes. While CMS is still working on the final methodology for the study, one aspect is conducting onsite visits via a contracted research team. CMS has asked state agencies to communicate with nursing homes that this work will be commencing shortly, and facilities are encouraged to take advantage of the opportunity to provide direct feedback.