



ANNUAL REPORT 2024

Knox County Health Department

328 N 2nd Street, Suite 100, Vincennes, IN 47591

Mission and Vision of the Knox County Health Department

Mission Statement:

“The mission of the Knox County Health Department is to protect, promote, and improve the health and environment for all the people in Knox County, Indiana.”

Vision Statement:

“Lead the effort and create strategic partnerships to promote good health, and to eliminate health disparities in Knox County, Indiana”

Board of Health Members

Tanner Bouchie-President

Heidi Hinkle

Dr. Heather Ludwig

Dr. Caroline Steinman

Kyre Cleveland

Seth Masterson

Charlene Grove

Bryan Jewel -Board Attorney

Message from the Knox County Health Officer, Dr. Alan Stewart

The Knox County Health Department had a busy year continuing and expanding services to meet the public health needs of Knox County. While expanding the services that we perform, we continue to focus on the fact that partnerships within the community with other organizations to accomplish what one organization could not do individually is a major factor in the success of the public health program. During the past year partnerships have also formed with other organizations in the state as well as with other counties.

We also continue to call upon the services of members of the community who we fondly call our "paid volunteers" to do the many tasks that have evolved without outreach programs, particularly within the schools and within the immunization programs.

To further develop our public health program, we seek to fulfill the recommendations of the state of Indiana sponsored program of Health First Indiana in which the Knox County government voted early to participate. Beyond that we seek ways to identify needs or health care gaps in general, and to encourage our citizens to take advantage of what we have to offer. We look forward to a very active year as we continue to develop, expand and refine our public health offerings and further develop and expand cooperation with our community and statewide partners.

Financial Summary

Ending Balances as of December 31, 2024

1159-Health - \$472,366.01

1161-Health First Indiana - **-\$134,030.95**

1168-Local Health Maintenance Fund - \$15,342.25

1206-IN Health Department Trust Account \$11,727.57

4922-Non-Reverting Health Fines and Fees - \$17,158.92

8109-93.069 CO. Health-Bioterrorism - \$0.00

8120-ELC Grant - \$2,731.91

8122-Immunization - **-\$629.74**

8128-Immunization and Vaccines - **-\$95,208.87**

8131-Public Health Emergency - \$97,135.33

8950-ARP Coronavirus Local - \$1,182.11

8951-CCHW-Lead Grant/ARP Coronavirus State Fiscal R - \$20,305.73

Financial Statements

1159-Health

Beginning Balance: \$193,052.13

Ending Balance: \$472,366.01 (as of 12/31/2024)

Revenue

Line Name	Amount Received
General Property Tax	\$204,545.26
License Excise Taxes	\$12,481.32
Reprint of Death Certificates	\$360.00
Financial Institution Tax	\$1,669.21
County Health Department	\$129,135.99
C-VET	\$1,699.69
HFI Allot	\$218,909.20
Miscellaneous Receipts	\$525.00
Fines & Fees Collected	\$7,189.00
Administration Fee	\$101,904.62
Total Revenue	\$678,419.29

Expenses

Line Name	Amount Paid
Health Officer-Stewart	\$34,242.23
Registrar-Kempfer	\$21,264.90
Health Nurse Immunization-Rivera	\$26,488.95
Communicable Nurse-Neighbors	\$32,704.75
Administrator-Smith	\$0.00
Environmentalist-Robey	\$22,117.57
Asst. Sanitarian-McCrary	\$32,557.54
Sanitarian-Hayden	\$24,509.19
Medical Billing Specialist-Taylor	\$0.00
Community Health Nurse-Yochum	\$0.00
Emergency Preparedness-Catt	\$6,148.17
Public Health Nurse-Franklin	\$0.00

Social Security	\$14,714.39
PERF	\$15,028.49
Health Insurance	\$47,529.02
Unemployment	\$274.16
Compensation Board of Health	\$262.50
All Supplies	\$9,091.99
Nursing Supplies	\$950.15
Emergency Preparedness Supplies	\$286.59
CPR/Community Health Supplies	\$799.39
Legal Services Expenses	\$5,750.00
T.B. Control	\$0.00
Postage IDOH Labs	\$109.18
Education	\$736.00
Mileage	\$2,109.40
Lodging and Meals	\$2,242.62
Telephone	\$1,898.36
Contractual Services	\$34,145.21
Association Dues	\$2,335.00
Printing	\$1,180.51
Clothing Allowance	\$388.00
Software	\$440.72
Rent/Utilities	\$41,355.00
Liability Insurance	\$9,132.00
Malpractice Insurance	\$127.00
Uninsured Testing Program	\$0.00
Clinic Maintenance Program	\$252.12
Tobacco Cessation Program	\$0.00
Vector Control/Abatement Program	\$1,896.58
STD/Infectious Disease	\$1,016.11
Fatality Review	\$20.00
Obesity/Community Health Program	\$2,003.92
Vehicle Maintenance	\$918.91

Vehicle Fuel	\$1,101.95
Other Disbursements	\$976.84
Total Expenses	\$399,105.41

1161-Health First Indiana

Beginning Balance: \$0.00

Ending Balance: \$-134,030.95 (as of 12/31/2024)

Revenue

Line Name	Amount Received
HFI ALLOT	\$218,909.20

Expenses

Line Name	Amount Paid
Health Officer-Stewart	\$32,500.00
Registrar-Kempfer	\$19,564.74
Health Nurse-Rivera	\$27,364.50
Communicable Nurse-Neighbors	\$34,688.25
Administrator Smith	\$64,453.34
Environmentalist-Robey	\$0.00
Asst. Sanitarian McCrary	\$0.00
Sanitarian Hayden	\$19,564.74
Medical Billing Specialist-Taylor	\$34,650.01
Community Health Nurse-Yochum	\$0.00
Emergency Preparedness-Catt	\$0.00
Public Health Nurse-Franklin	\$0.00
Social Security	\$17,482.53
PERF	\$26,072.03
Health Insurance	\$20,369.58
Unemployment	\$183.92
Compensation Board of Health	\$1,087.50
All Supplies	\$10,034.45
Nursing Supplies	\$3,631.98
Emergency Preparedness Supplies	\$868.08
CPR/Community Health Supplies	\$1,948.98
Incentive Supplies	\$250.00

Legal Services Expenses	\$2,191.25
T.B. Control	\$0.00
Postage IDOH Labs	\$164.13
Education	\$1,723.00
Mileage	\$1,537.94
Lodging and Meals	\$2,048.60
Telephone	\$1,479.00
Contractual Services	\$13,730.39
Association Dues	\$585.47
Printing	\$325.00
Clothing Allowance	\$70.00
Software	\$2,000.99
Liability Insurance	\$0.00
Malpractice Insurance	\$0.00
Uninsured Testing Program	\$439.30
Clinic Maintenance Program	\$2,484.49
Tobacco Cessation Program	\$951.22
Vector Control/Abatement Program	\$2,835.36
STD/Infectious Disease	\$0.00
Fatality Review	\$0.00
Obesity/Community Health Program	\$3,843.83
Vehicle Maintenance	\$880.36
Vehicle Fuel	\$935.19
Total Expenses	\$352,940.15

1168-Local Health Maintenance Fund

Beginning Balance: \$54,435.19

Ending Balance: \$15,342.25 (as of 12/31/2024)

Revenue: \$0.00

Expenses

Line Name	Amount Paid
Office Administrator	\$5,096.00
Part Time Data Clerk	\$4,753.13
PT-Digital Records Preserve	\$9,100.00
Social Security	\$1,449.64
PERF	\$1,589.91
Unemployment	\$36.98
Fuel	\$76.63
Education, Meeting, Travel Expense	\$9,317.48
Contractual Services	\$2,356.25
Updates, Repair, and Maintenance	\$2,361.71
Software	\$2,955.21
Total Expenses	\$39,092.94

1206-IN Health Department Trust Account

Beginning Balance: \$65,952.18

Ending Balance: \$11,727.57 (as of 12/31/2024)

Revenue: \$0.00

Expenses

Line Name	Amount Paid
All Supplies	\$13,120.62
Vehicle Fuel	\$115.22
Printing, Advertising, and Postage	\$10,526.00
Education, Meeting, Travel Expense	\$1,307.05
Contractual Services	\$1,405.00
Equipment/Furniture/Computers	\$27,750.72
Total Expenses	\$54,224.61

4922-Non-Reverting Health Fines and Fees

Beginning Balance: \$11,994.04

Ending Balance: \$17,158.92 (as of 12/31/2024)

Revenue

Line Name	Amount Received
Health Dept Fines and Fees	\$5,812.75

Expenses

Line Name	Amount Paid
Contractual Services	\$-161.60
Other Disbursements	\$809.47
Total Expenses	\$647.87

8109-93.069 CO. Health-Bioterrorism

Beginning Balance: \$-13,000.00

Ending Balance: \$0.00 (as of 12/31/2024)

Revenue

Line Name	Amount Received
Grant Funds	\$27,500.00

Expenses

Line Name	Amount Paid
Contractual Services	\$14,500.00
Total Expenses	\$14,500.00

8120-ELC Grant - \$2,731.91

Beginning Balance: \$2,731.91

Ending Balance: \$2,731.91

Revenue: \$0.00

Expenses: \$0.00

8122-Immunization - \$-629.74

Beginning Balance: \$-629.74

Ending Balance: \$-629.74

Revenue: \$0.00

Expenses: \$0.00

8128-Immunization and Vaccines

Beginning Balance: \$11,977.96

Ending Balance: \$-95,208.87 (as of 12/31/2024)

Revenue: \$0.00

Expenses

Line Name	Amount Paid
Public Health Nursing Director	\$65,000.00
FICA	\$4,972.50
PERF	\$7,280.00
Unemployment	\$47.50
Supplies	\$863.84
Travel-Mileage	\$163.51
Contractual	\$1,375.00
Equipment	\$5,895.00
Other Disbursements	\$21,589.48
Total Expenses	\$107,186.83

8131-Public Health Emergency

Beginning Balance: \$186,186.05

Ending Balance: \$97,135.33 (as of 12/31/2024)

Revenue: \$0.00

Expenses

Line Name	Amount Paid
Outreach Coordinator	\$58,240.00
Social Security	\$4,361.23
PERF	\$6,522.88
All Supplies	\$9,680.22
Mileage	\$124.08
Contractual Services	\$9,341.76
Printing and Advertising	\$337.42
Uniforms	\$443.13
Total Expenses	\$89,050.72

8950-ARP Coronavirus Local

Beginning Balance: \$4,469.61

Ending Balance: \$1,182.11(as of 12/31/2024)

Revenue: \$0.00

Expenses

Line Name	Amount Paid
KC Health Department Renovations/Furnis	\$3,287.50
Total Expenses	\$3,287.50

8951-CCHW-Lead Grant/ARP Coronavirus State Fiscal R

July 1, 2023, to June 30, 2024

Beginning Balance: \$9,651.83

Ending Balance: \$768.59 (as of June 30, 2024)

Revenue July 1, 2023-June 30, 2024

Line Name	Amount Received
Grant Revenue	\$26,264.52

Expenses July 1, 2023-June 30, 2024

Line Name	Amount Paid
Salaries and Wages	\$25,459.08
FICA	\$4,906.46
Supplies	\$2,982.22
Environmental Inspection Lead Cases	\$1,800.00
Total Expenses	\$35,147.76

July 1, 2024 to June 30, 2025

Beginning Balance: \$768.59

Ending Balance: \$20,305.73 (as of December 31,2024)

Revenue July 1, 2024-June 30, 2025

Line Name	Amount Received
Grant Revenue	\$30,578.39

Expenses July 1, 2024-June 30, 2025

Line Name	Amount Paid
Salaries and Wages	\$7,393.00
FICA	\$1,848.25
Contractual Services	\$1,800.00
Total Expenses	\$11,041.25

Notes to Financial Statements

(Septic) Financial YTD: \$6,437.50

(Sanitarian) Financial YTD: \$53,475.00

Other sources of income for 2024:

Eclipse glasses were available for sale to the public for \$1.00 each. Revenue from the sale of the eclipse glasses was put into the 4922 Non-Reverting Fund.

CPR Courses were also provided to those in the community seeking certification. Income related to CPR Courses was put into the 4922 Non-Reverting Fund.

Local Grants and Donations

Keep Vincennes Rolling INC.-\$191.25 (reflected in the 4922 Non-Reverting Account Revenue)-Reimbursement for the purchases of bike helmets.

Good Samaritan (Safety Pin)-\$3,212.95 (reflected in the 1159 Health Fund)-
Reimbursement for purchases related to Healthy Mom, Healthy Baby program.

Department Reports

Administrator – Karla Smith

The Health Department Administrator supervises, directs and coordinates all of the activities of the Health Department personnel, under the direction of the Health Officer, Alan D. Stewart, M.D.

- Ensures all of the policies and procedures set forth by the Knox County Employee Handbook are followed as well as coordinating and preparing budgets in a timely manner and submits to the appropriate boards for approvals.
- Pays invoices and manages ADP for the health department and approves payroll submission to the auditor for employee pay.
- Develops and reviews guidelines for grant proposals and department programs.
- Advises and assigns all personnel in general sanitation, vector and rabies control, health education, food sanitation, communicable disease, laboratories, and public health nursing by approval of the Health Officer.
- Develops and updates administrative and personnel policies and procedures for all departments, subject to approval of the Health Officer or the Board as appropriate.
- Participate in various board meetings to discuss information regarding the health department.
- Assure that the Health Department has long-term strategies which achieve its mission and vision statements and goals.
- Maintain all necessary records and documents, and ensure compliance with all state, federal, and local laws, and regulations.
- No later than August 1st of each year, the Administrator will provide the Board of Health members with a State Financial Report for review and approval.
- No later than March 1st of each year, the Administrator will provide the Board of Health members with an Annual Report for the previous year end for approval, before publishing and distribution.
- Administrator must maintain and file annually the inventory and Asset Control file with the Knox County Auditor's Office.

Vital Records – Roxanne Kempfer VRP-SC

Roxanne works in the vital records department. Roxanne reports that the drive system, through Indiana Access Portal, has become more user friendly throughout its early stages. Drive has implemented new fetal death software as well. The vital records department works with the Daviess County IRACS in assisting incarcerated individuals in obtaining their birth certificates for future employment, housing, and identification purposes.

In the year 2024, KCHD has given 7 birth certificates to people in need of them. Daviess County has paid some of them back. The vital records department has supplied 25 free birth certificates for the homeless, making it easier for them to obtain a copy of their birth certificate without the funds needed. Roxanne has obtained her capstone certification through the Indiana Vital Records Association for 2024. Roxanne holds 5 certifications in the Indiana Vital Records Association.

Records Issued:

- 1,812 Birth Records
- 2,584 Death Certificates
- 3 Genealogy Certificates
- 35 Death Certificate Reprints
- 16 Paternity Affidavits

Septic & Wastewater – Joseph Robey

Joseph Robey oversees all septic related complaints, installations, and repairs of septic systems in Knox County. Joseph also handles complaints regarding wastewater, sewage, and septic issues. Joseph trained side by side with Indiana Department of Health, and Michael Beaman.

Permit Information:

- 56 Septic Permits Issued
- 39 Permits Completed

Unfit Dwellings:

- 6 Unfit Dwellings

Sanitation – Tara Hayden

Tara is head of the food safety department. Tara has completed training through the Indiana Department of Health, FDA, and CDC. Tara consistently pursues her knowledge and training in food safety and food borne illness. Tara inspects all local food establishments, mobile trucks, push carts, temporary vendors, and all festivals/fairs. Tara recently took the role of tattoo establishment inspections/permitting and inspecting/permitting body artists.

Permits:

- 246 Retail Food Permit
- 9 Tattoo Establishment Permit
- 21 Tattoo/Body Artist Permit

PHEP/Environmentalist – Michael Catt

The abundance of resources and opportunities provided by the Knox County Health Department has continued to expand as the year 2024 comes to an end. The Knox County Health Department remains a leader in local public health from dedication to wellness through education, prevention, and treatment.

Lead Poisoning Prevention

Lead exposure cases are currently on the rise throughout the State of Indiana and the same could be said for Knox County. This is in part due to better education of known health risks, a national spotlight on the issue, as well as states and the CDC reducing the levels considered to be hazardous. There were 9 new cases opened in 2024 for the investigation and control of possible lead hazards:

Visits Scheduled: 1
Assessment in Progress: 2
Lab Results Pending: 1
No Hazards Found: 1
Remediation In Progress: 2
Remediation Completed: 1
Administratively Closed: 1

Animal Bites

Animal bite reports continue to be consistently submitted from local health care providers as required by law. The reports are kept on file following verification and follow-up of possible quarantine procedures or rabies examination. Animal Bite records totaled in 75 reports for 2024 and consisted of:

Dog on Adult: 34
Stray Dog on Adult: 7
Cat on Adult: 6
Stray Cat on Adult: 4
Bat on Adult: 1
Raccoon on Adult: 1
Dog on Child: 14
Stray Dog on Child: 2
Stray Cat on Child: 1
Dog on Dog: 3
Cat on Cat: 1
Animals Tested for Rabies: 2 (Cat and Raccoon)
Animals Euthanized: 3 (Dog, Cat, Raccoon)
Bite Investigations Pending: 1 (Dog on Adult)

Public Health Emergency Preparedness

Effective emergency planning efforts are at the forefront of any well-prepared public health agency. The Knox County Health Department's participation in the Public Health Emergency Preparedness (PHEP) program has proved to be invaluable. This endeavor, made possible through cooperation with the CDC and Indiana Department of Health, has forged unique partnerships and activities for 2024 were numerous with major initiatives including:

Agreements updated to provide dispensing locations for mass prophylaxis. Covid-19 and naloxone kits distributed to schools and community groups, free of charge. Conducted AED, communications, and Narcan administration training. Attended Mass HCC drill, MRSE Drill, Incident Command training courses.

Held POD exercise at Men's Health Fair. Awarded grant on overdose prevention equipment or local charity. Made preparations to address disparities and access for improving health equity.

Howard Hatcher, PHEP coordinator of many years for the Knox County Health Department, retired in August of 2024. Immense gratitude and a great amount of thanks is extended to him for his role in emergency preparedness activities, as well as many others. His leadership has made this community better for all.

Immunization Nurse - Karen Franklin, RN

FIMR-FIMR meets every other month on the 3rd Thursday of that month. Karen Franklin represents Knox County Health Department and participates in these meetings. This group discusses cases to determine if any intervention could have prevented fetal demise.

STI-Knox County Health Department performs testing for Hepatitis C, HIV and Syphilis by finger stick specimen, free of charge. We also send out specimens for Chlamydia and Gonorrhea testing. In 2024, 24 tests were performed. Megan Davis also spends 1 day a week seeing Hepatitis patients and KCHD draws labs as needed for her clients.

Lead Manager - Kelly Neighbors, LPN

We have done 115 blood lead levels this year. This is 75 more blood lead levels since last year. We have also done 8 home visits this year. Kelly works with Michael Catt, our lead investigator in coaching and educating families who have been affected with high blood lead levels. Kelly has taken over the blood lead management and since taking over. Kelly has closed 8 high blood lead level cases with parent education and decreasing lead levels. The nurses at the KCHD continue to encourage parents to have their children's blood lead levels checked at age 1 and again at age 2.

The KCHD will also be receiving an Ages and Stages Questionnaire tool kit from the ISDH in English and Spanish that will be used to evaluate a child's development for a child with a high lead level.

Head Clinic Nurse – Betty Lankford

Betty reports that the Knox County Immunization Clinic has continued to vaccinate for COVID-19. Vaccines include Pfizer-Comirnaty mRNA and Moderna Spikevax mRNA. The need continues for Covid vaccinations with fluctuations as different variants have become more relevant.

Betty continues her community outreach programs with the assistance of our nurses, new staff and volunteers. The immunization clinic has been more accessible through the mobile clinics that have been offered such as KETA, long term facilities such as Fox Ridge and Gentle Care, Knox County Jail, increased availability to migrants, East Coast Migrant School, Colonial Assisted Living, KCARC influenza and COVID clinics, 1st Vincennes Savings, WIN Energy, Ewing Printing, Jamestown Apt., Schott, Perdue Hatchery, Dumes, Ireland Home Based Services, VU Health Fair, and Women's and Men's Health Fair.

Audrey Harper is the coordinator of CPR classes. 56 teachers received free CPR classes from the KCHD.

Outreach services were expanded to include attending Farmer's Market twice a month for blood pressure and oxygen saturation readings, VU Ag Day, GSH Stroke Clinic, Kindergarten Round Up, and GSH Baby Shower in the spring and fall. STD Treatment and testing continues to be initiated along with Megan Davis, providing Hep C clinics on site one day per week.

Head Immunization Nurse – Cara Rivera, LPN

Cara Rivera is the Head Immunization Nurse and Primary Vaccine Coordinator with ISDOH, with Kelly Neighbors, LPN, being back-up coordinator. Cara has trained Kelly on ordering all of the vaccines and oversee inventory management/tracking. Also, Kelly has been trained to take over the lead cases and is working diligently to get them all caught up and closed out, as well as various other clinical duties. Cara reports that we continue mandatory yearly sight reviews with the state, and we had 100% compliance for 2024. Cara has overseen one active TB patient that receives DOT (direct observation therapy) and has been since 6/1/2024. The patient will receive medication until April 2025. The patient is currently symptomatic, out of quarantine and has been very compliant with their treatment plan. Cara has 2 LTBI patients currently that will be receiving medication, as soon as the state approves and sends the treatment. Cara continues seeing homebound patients for any vaccination that they may need, as well as nursing homes, KCARC, Colonial Assisted Living, and several

businesses for flu and/or Covid vaccines. KCHD continued to do Blood Pressure checks and education on Saturdays at the Farmer's Market last Spring and through Fall.

Our total vaccinations given for 2023 was 5,200, and our total vaccinations given for 2024 was 5,430. We continue taking walk-ins to accommodate the public, with 7am appointments on Tuesdays and Thursdays, as well as staying open until 5pm on Wednesdays. KCHD continues to offer STI testing and A1C testing, with no cost to the patient. We attended both the women's and men's health fairs, as well as the Senior Citizen Health Fair at the YMCA.

Medical Billing Specialist/Administrative Assistant – Brian Taylor

Brian maintains and tracks all of Knox County Health Department's billing contracts and works at re-accreditation every two years for our Medicaid, MHS and Medicare billings.

Brian is responsible for all patient payments, insurance claims, and booking appointments for patients. Brian also assists by covering Vital Records, Immunization Clinic, filing patient records, and acts as Administrative Assistant. In 2024, Brian worked with GSH's billing office to be trained on Epic, to further assist with patient registration and billing, alleviating some of the workload from Good Samaritan Hospital's CBO.

2024 Immunization Report

The Knox County Immunization Clinic is staffed by:

- Betty Lankford RN - Clinic Administrator
- Cara Rivera, LPN - Head Immunization Nurse
- Kelly Neighbors, LPN - Lead Case Manager/Communicable Disease Nurse
- Karen Franklin, RN - Immunization Nurse
- Brian Taylor - Medical Billing Specialist/Administrative Assistant.

In 2024, the immunization clinic saw a total of 3,425 patients. The clinic staff provided a total of 541 standard vaccines and 1,178 Covid-19 vaccines. Influenza vaccine administrations increased to 556 and 409 for high dose. The clinic participated in several off-site outreach clinics and community events.

The staff has been trained to provide STD testing for HIV, Hep C, Gonorrhea, Syphilis and Chlamydia. Two nurses have been trained for phlebotomy while one nurse was already able to draw blood. They are also working closely with Vanderburgh County Health Department to provide STD treatments to patients that are unable to travel to Evansville.

The staff received training on how to perform a Blood Lead Level and an A1C.

Outreach/Education Coordinator – Pamela Stewart

The educational efforts of the Knox County Health Department continue to inform and equip our students to make good decisions for healthy lifestyles. We appreciate and continue to build on solid partnerships with our school systems to help children learn to make wise decisions concerning nutrition, physical activity, dental care, and germ reduction. We continue to look for ways to work with the county schools to identify and be of service.

The FitKids outreach occurs in the spring semester. Facilitators are trained to teach students to make healthy food choices. The third-grade curriculum centers on sugars, while the fifth-grade focus is fats. Teaching models are used to show sugar content, the difference between fat and muscle, artery composition, and the importance of a balanced plate. We are grateful to have received an American Dental Association grant entitled, Give Kids A Smile. This enabled us to add a dental component to address the need for dental education and care for our students. 658 county students were served in 2024.

The Gymbusters program occurs in the fall semester and is offered to pre-school and kindergarten students. With the interest of our facilitators, we added special education classes to our roster. This program centers on proper sneezing and coughing techniques as well as hand washing. 590 students were served.

Hearing screening at North Knox was completed in October. The speech language pathologists always contact us early to determine the dates. This is helpful to lock in the dates not only for the school system but also for the screeners.

Youth and Community Outreach - Susan Yochum and Krystle Russell School-Based and Youth Focused Programs

YMCA and 1972 Summer Camp - We were able to offer a program that focused on good nutrition and the importance of eating healthy foods. This program was 3 sessions and there were 155 kids who participated in the program.

Bike Safety Presentations - We had the opportunity to present on bike safety and bike helmets on two separate occasions at the Knox County Public Library. In addition to the presentation, bike helmet vouchers were also made available for those kids who did not have a bike helmet. We had 28 people attend over the 2 sessions.

INDEPTH - During 2024, we were able to implement the American Lung Association's INDEPTH program at Clark Middle School and Lincoln High School. This program is intended for

students who violate the school's tobacco-free policy. In 2024, 12 students successfully completed the program.

CATCH My Breath - We were able to successfully implement CATCH My Breath with some 9th grade students at Lincoln High School and with some 6th grade students at Clark Middle School. For 9th grade students, there were 94 students who attended at least one session of the program. For 6th grade students, there were 91 students who attended at least one session of the program.

You and Me, Together Vape-Free - We were able to implement You and Me, Together Vape-Free for 2nd and 4th grade students at Tecumseh-Harrison. There were at least 46 students who attended at least 1 of the 2 sessions for 2nd grade. And in 4th grade there were 56 students who attended at least 1 of the 2 sessions.

Tobacco-Free Campus Signs - We presented South Knox, North Knox, Vincennes Community, and Vincennes Catholic schools with tobacco-free campus signs and window decals.

Maternal and Child Health

Safety Pin - We worked with Good Samaritan Safety Pin program on a program to address smoking among pregnant women. We came up with a Healthy Mom, Healthy Baby program that utilizes the American Lung Association's Freedom From Smoking program. Through our partnership with Safety Pin, we were able to offer incentives to those who utilize the program. We have had 3 individuals who have completed at least one session.

Looking Forward

Under the guidance of Dr. Alan Stewart, the health department is excited to form new partnerships and establish new programs to promote public health within Knox County.

- Lead Evaluation & Testing
- Narcan Coordination
- Fentanyl Detection
- Harm Reduction Needle Exchange Program
- Participation in more community outreach programs and events
- STD Evaluation and Treatment
- Education and Program Expansion
- Fit Kids
- Germ Busters
- Community Education
- Smoking Cessation
- Community Health Worker Outreach