

# Sickle Cell Testing for NCAA Student Athletes



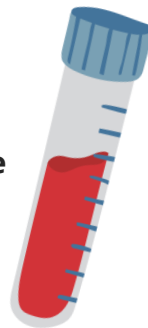
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## Overview

The NCAA requires collegiate student athletes to provide their school with documented results from a previous sickle cell test, or they must be tested during their participation medical examination.

### What does that mean for me?

If you will be playing for the NCAA in college, you need documentation of your sickle cell status. If you do not know your status, **you can be tested through a simple blood test**, or you may ask your healthcare provider to obtain your newborn screening results for you.



## Requesting your Test or Results

Sickle cell testing results from a newborn screening should be available to you through your healthcare provider. If your provider does not have the newborn screening results:

1. You may opt to be tested through a simple blood test.  
**The best way to receive your status is to get tested.**
2. Your provider can submit a results request to the newborn screening lab. Requests can take up to 30 days to complete.
3. If your provider will not submit the request on your behalf, you can request your newborn screening results; however, **this process takes substantially longer (up to 60 days to complete).**
  - If you are 18 years or older, complete [State Form 55649](#) and provide a photocopy of a valid ID.
  - If you are younger than 18 years, your parent or guardian must complete [State Form 55649](#) and submit a photocopy of their ID.

Completed forms and ID photocopies can be mailed or emailed to the health department as provided on State Form 55649: <https://www.in.gov/health/gnbs/files/GNBS-Access-Request-55649.pdf>

## Sickle Cell Fast Facts

- Having sickle cell trait (SCT) means that a person carries a single gene for sickle cell disease and can pass the gene to their children.
- People with SCT usually do not have any of the symptoms of sickle cell disease and live a normal life.
- SCT is most common among people whose ancestors come from Africa, the Mediterranean region, Middle East and South Asia.

**The newborn screening program cannot expedite the results request process for any reason. Please plan accordingly if results are needed by a certain date.**

For additional information on requesting newborn screening results:

[in.gov/health/gnbs/information-for-families/#results](https://www.in.gov/health/gnbs/information-for-families/#results)

