

## Indiana Palliative Care and Quality of Life Advisory Council Meeting Minutes

<b>Indiana Palliative Care and Quality of Life Advisory Council</b>			
<b>Meeting Date</b>	Thursday, January 19, 2017		
<b>Meeting Time</b>	3:00 to 4:30 p.m.		
<b>Meeting Location</b>	Indiana State Department of Health; 2 N. Meridian St., Indianapolis, IN 46204; 3 <sup>rd</sup> Floor Yoho Board Room		
<b>Recorder</b>	Grace Miller		
<b>Attendees</b>	Bryan Hannon, Chris Brinneman, Susan Hickman, Jeffery (Derek) Imars, Steve Ivy, Tom Ledyard, Karen Moody, Lynn Robbin, Stacey Sharp, Gerald Walthall, Terry Whitson, Ann Alley, Keylee Wright, and Grace Miller.		
<b>Other</b>	Mika Hill and Emily Jones participated on the phone.		
<b>Topics</b>	<b>Discussion</b>	<b>Action or Follow-up</b>	<b>Responsible Person</b>
<b>Welcome and Introductions</b>	<p>Susan Hickman, PhD, Council Chair, provided welcoming remarks. Meeting participants introduced themselves.</p> <p>Meeting minutes from the December 9, 2016 meeting were reviewed and unanimously approved by Council members.</p> <p>Bryan Hannon, Indiana Government Relations Director, American Cancer Society-Cancer Action Network, provided background information about Rhode Island’s and Texas’ Palliative Care Councils. He prepared and provided a detailed handout and highlighted the areas of focus and recommendations for each state, as well as key takeaways from his research. Highlights from Rhode Island’s report: access to palliative care/hospital-based palliative care; advance care planning; and access to opioids. Highlights from Texas’ report: confusion regarding the definition, goals, and benefits of palliative care; a shortage of specialized resources; lack of palliative care training among front line providers; and financial barriers. Key takeaways: both states started with a review of the current palliative care landscape; both states have websites as a way to share what their council is doing; and both include or recommend an education component.</p> <p>This review led to an open discussion for how this information can guide Indiana’s council. A pressing issue that goes hand in hand with palliative care and quality of life is opioid use. Many of the meeting participants discussed serious issues with opioid regulations and how this impacts their ability to effectively manage pain among their patient population.</p> <p>A handful of meeting attendees suggested conducting an assessment of palliative care services to identify gaps in care, etc. as a way to help define the structure and future activities of the council. Once the focus is narrowed, it is likely small work groups will form to work on specific topics. For now, future all-Council meetings will focus on one topic.</p> <p>There has been a change in leadership at the Indiana State Department of Health (ISDH). Jennifer Walthall, M.D., M.P.H., former Deputy State Health Commissioner, is now Secretary of the Family and Social Services Administration. She provided support and guidance to the Council before her departure, and the</p>		

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	<p>group inquired regarding whom from ISDH leadership may be assigned to the Council. Keylee Wright, M.A., Cancer Control Section Director, indicated that decision has not be made, but in the meantime, the meetings are on Jerome Adams', M.D., M.P.H., State Health Commissioner, calendar. Ms. Wright commented that the Council has the option to decide their direction. ISDH leadership involvement will help determine how big or small recommendations from the Council should be and help identify boundaries. Recommendations should be reasonable, practical, data-driven, measurable, and evidence-based. Perceived areas of focus are: opioids, access to care, and advance care planning.</p> <p>In order to determine next steps, the group feels like conducting an assessment of sorts is necessary.</p> <p>The group began discussing potential dates of the next meeting. A Doodle poll will be administered to determine the best day and time. The next meeting will be held at Little Red Door Cancer Agency.</p>	<p>Research what a potential assessment would cover.</p> <p>Send Doodle Poll.</p>	<p>Emily Jones, Cancer Survivorship Director</p> <p>Emily Jones</p>
<p><b>Upcoming Meeting</b></p>	<p>TBD.</p>		

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