

Consent Statement

Thank you for your willingness to participate in this survey. If you are an adult (at least 18 years of age) and currently participating in Double Up Indiana, you are eligible for this survey. If you complete this survey, it will be entered into a research study evaluating the program. Participation in this study is voluntary and anonymous. Your name and contact information will not be linked with your responses. You can choose to not answer any questions you do not want to answer and/or you can stop at any time. We will protect the information that you provide by not attaching your name to your responses and safely storing this information. The information provided will be combined with responses from other individuals. You may contact our program manager at JDurica@health.in.gov if you have any questions about this research. You may also contact a representative at VIRB Institutional Review Board Administrator with any questions about your involvement in this study at virb@viableinsights.com. By participating in this survey, I agree to my survey responses being part of a research study.

1. How long have you been using Double Up Indiana to get fruits and vegetables?

- ☐ Never
- ☐ Today is my first time
- ☐ Less than 3 months
- ☐ 3-6 months
- ☐ 7-11 months
- ☐ 1-2 years
- ☐ More than 2 years

Think about the people that you live with and share the fruits and vegetables that you get from Double Up Indiana with.

2. Counting yourself, how many adults (18 years and older) does this include?

Number: _____

3. How many children (younger than 18 years) does this include?

Number: _____

For this set of questions, think about the fruits and vegetables you have eaten since joining Double Up Indiana.

4. The quantity of **fruits** in my diet has...

*Quantity means the **amount** of fruits you eat.*

- ☐ Decreased
- ☐ Stayed the same
- ☐ Increased

5. The quantity of **vegetables** in my diet has...

*Quantity means the **amount** of vegetables you eat.*

- ☐ Decreased
- ☐ Stayed the same
- ☐ Increased

6. The variety of **fruits** and **vegetables** in my diet has...

*Variety means different **kinds** of fruits and vegetables.*

- ☐ Decreased
- ☐ Stayed the same
- ☐ Increased

7. The quality of **fruits** and **vegetables** in my diet has...

*Quality means the fruits and vegetables **look and taste good**.*

- ☐ Decreased
- ☐ Stayed the same
- ☐ Increased

8. My confidence that I can eat fruits and vegetables every day has...

- ☐ Decreased
- ☐ Stayed the same
- ☐ Increased

The next two questions are about your health since joining Double Up Indiana. Physical health includes illnesses and how my body feels. Mental health includes things like stress, depression, and anxiety.

9. Since joining Double Up Indiana, my physical health has...

- ☐ Gotten worse
- ☐ Not changed
- ☐ Gotten better

10. Since joining Double Up Indiana, my mental health has...

- ☐ Gotten worse
- ☐ Not changed
- ☐ Gotten better