Suicide and Overdose Fatality Review



About SOFR Fall 2022

Suicide and Overdose Fatality Review (SOFR) teams are local groups of multi-disciplinary professionals who work to prevent future suicide and overdose deaths by reviewing cases, determining risk factors and contributing circumstances, and recommending policies, practices, and programs for prevention. By keeping SOFR local, the reviews can lead to community-informed recommendations.

SOFR Goals

- Identify missed opportunities for prevention and gaps in the system
- Build working relationships between local stakeholders on suicide and overdose prevention
- Recommend policies, programs and legislation to prevent future suicide and overdose deaths
- Implement data-driven prevention and intervention activities

SOFR in Indiana

In Indiana, the Indiana Department of Health works with local counties to establish and maintain SOFR teams and provide technical assistance. There are more than 20 counties in Indiana with active SOFR teams.

Successes

- The Hamilton County team improved resources around grief support, increased their knowledge regarding local mental health services, and created a workgroup to implement Handle with Care, a program that assists with crisis intervention and behavior management training.
- The Lake, LaPorte and Porter counties team identified a trend that individuals had visited a dental provider near the time of their overdose, and as a result helped train local dental providers on substance abuse risk screenings.
- The Tippecanoe County team updated its community resource guide and increased access to Naloxboxes, heavy-duty boxes containing Naloxone and breathing masks that help prevent overdose deaths.

Interested in starting a team in your county? Please email Caitlyn Short, SOFR program manager.

