

# Request for Applications

## Asthma Capacity Building Programs



March 11, 2024

### Overview

The Indiana Department of Health (IDOH), Division of Chronic Disease, Primary Care and Rural Health, Chronic Respiratory Disease Section (CRDS), is pleased to announce the availability of funding for asthma capacity building programs for the promotion of coordinated care for people with asthma. The funding is open to Indiana local health departments and community-based organizations serving communities with a high burden of asthma.

The objective of the asthma capacity building project is to identify and expand environmental and/or health services for Indiana residents with poorly controlled asthma. Activities for the project are based on the [CDC EXHALE Technical Package](#):

- E1 – Education on asthma self-management
- X – eXtinguishing smoking and secondhand smoke
- H – Home visits for trigger reduction and asthma self-management education
- A – Achievement of guidelines-based medical management
- L – Linkages and coordination of care across settings
- E2 – Environmental policies or best practices to reduce asthma triggers from indoor, outdoor and occupational sources

**Applications are due by 4 p.m. EDT on Wednesday, March 20, 2024, to [sgriewank@health.in.gov](mailto:sgriewank@health.in.gov).**

### Deliverables

To accomplish the project goals, **the following deliverables are required**. Organization size will be taken into consideration for deliverable modifications in the final scope of work.

1. Establish organizational infrastructure to promote and/or provide asthma self-management education (AS-ME) programs. For those entities establishing a new program, AS-ME facilitator training must be completed within 60 days of the funding start date by a minimum of two relevant staff (i.e. those staff serving in a capacity to provide education to clients/community groups such as a community health worker [CHW]). All funded entities must establish a plan for initiating AS-ME program opportunities or promotion by the conclusion of the funding period.

One or more of the following programs must be utilized:

- a. American Lung Association (ALA)
  - I. [Open Airways for Schools](#): Children ages 8 to 11 years (approx. grades 2-5)
  - II. [Kickin' Asthma](#): Students ages 11 to 16 years (approx. grades 6-10)
  - III. [Breathe Well, Live Well](#): Adults
- b. [Asthma & Allergy Foundation of America](#) (AAFA)
  - i. Wee Breathers: For parents of young children

- ii. You Can Control Asthma: School age children and families
  - iii. Severe ASTHMA Care: Adults and their caregivers
  - iv. ASTHMA Care for Adults: Asthma health educators; Adults with asthma
- 2. Participate in the Indiana Asthma Home Visit Program, offered by the IDOH CRDS in partnership with the IDOH Environmental Public Health Division (EPHD). By the conclusion of the funding period, all entities must have identified at least one staff member who has completed the [Home Assessment for Asthma Triggers Training](#) (available on CDC TRAIN), completed a minimum of three individual technical assistance sessions with the Indiana Asthma Program team, and developed an approved sustainability plan for providing home environmental trigger assessments for Indiana residents with poorly controlled asthma.
  - a. As part of the sustainability plan, any trained staff will need to complete the IDOH Asthma Triggers in the Home post-training survey, to be provided after award confirmation.
- 3. Develop and make publicly available a network of resources to address the social drivers of health and comprehensive needs of individuals with asthma. Information may be found online via the CDC's [Guides on Using EXHALE](#).
- 4. Submit a final program and data report within 30 days of the conclusion of the funding period. Reports must include a narrative summary of work completed for all deliverables, program successes and program challenges.
  - a. Data reporting must include:
    - i. Staff training on AS-ME
    - ii. Number of AS-ME sessions provided, if applicable, and participant demographics
    - iii. Staff training on asthma home trigger assessments
    - iv. Asthma home visits provided, if applicable, and participant demographics
    - v. Resource guide information and linkages/interventions provided with participant demographics, if applicable

## Award

The total funding available is an estimated \$45,000. Individual award amounts will depend upon the number of eligible applications received and awarded. It is the intent of the Indiana Asthma Program to provide six awards. **All awarded funds must be encumbered by August 31, 2024.**

Ongoing funding may be available in subsequent years for successful projects.

## Contact

Direct questions to Sara Griewank, chronic respiratory disease section director at [sgriewank@health.in.gov](mailto:sgriewank@health.in.gov) by **4 p.m. EDT on Thursday, March 14, 2024.**



## Applications

**Applications are due by 4 p.m. EDT on Wednesday, March 20, 2024, to [sgriewank@health.in.gov](mailto:sgriewank@health.in.gov).**

All applications must be submitted as a Word document and **must include**:

- **A cover page** with the following applicant information:
  - Name of organization
  - Division, unit or department, if applicable
  - Street address, city, state and ZIP code
  - Phone number
  - Website
  - Program supervisor name, job title, e-mail address and phone number
  - Program primary contact name, job title, e-mail address and phone number
  - Financial contact person name, job title, e-mail address and phone number
- **An organizational history** including a description of the population/community regularly served. This should be no more than three to four paragraphs. Links to annual reports, if applicable, may be included.
- **A project description** briefly summarizing any asthma programming currently in place within the organization, and up to a single page description identifying any program goals or a rationale for participating in the asthma capacity building project.
- **A budget proposal** must be included with the submission identifying how the applicant intends to use the provided funds. Budget categories may include personnel (salary/fringe), supplies, contractual, or travel. A brief justification should be included. Budgets should be based on five months, with an estimated start date of April 1, 2024 and end date of Aug. 31, 2024. A final budget will be agreed upon prior to entering into a grant agreement.

## Resources

- Indiana Asthma Data: [https://www.in.gov/health/cdpc/files/IDOH\\_Asthma\\_Slide\\_Library\\_2022.pdf](https://www.in.gov/health/cdpc/files/IDOH_Asthma_Slide_Library_2022.pdf)
- Hoosier Environmental Council: <https://www.ikecoalition.org/asthma/>
- AAFA: Asthma Disparities in America: <https://www.aafa.org/wp-content/uploads/2022/08/asthma-disparities-in-america-burden-by-race-ethnicity-executive-summary.pdf>
- CDC National Asthma Control Program: <https://www.cdc.gov/asthma/nacp.htm>
- American Lung Association (ALA): <https://www.lung.org/lung-health-diseases/lung-disease-lookup/asthma/learn-about-asthma/what-is-asthma>

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