LIFECOURSE NEXUS | STRATEGIC THINKING TOOL

Who We Are

Title of Project, Name of Lead Entity, Partner, Counties in Indiana we are impacting.

Group Music Therapy and Community Music Events

Keys for Success Music Therapy with partner Resounding Joy

County Impact: Dearborn, Decatur, Ohio, Switzerland, Franklin, Ripley, Shelby, Jefferson, Jennings, and Rush

What We Will Do

Specific actions your agency will take to carry out pilot project.

Provide Music Therapy Groups to individuals on the waiver ranging in size from 4-8 participants

- Early Childhood Groups (ages 0-5)
- School Aged Group (grades K-5)
- Teen Group (grades 6-12)
- Adult Tone Chime Choir
- Adult Rock Band

Invite individuals on the waiver waitlist to enroll in the Early Childhood Groups

Host monthly Community Music Events

Develop Recommendations for Group Music Therapy

How We Will Do It

Plan and implementation

Develop programming for specific music therapy groups

Partner with Resounding Joy to implement early childhood music therapy approach

Develop Intake and Assessment Protocols for Group Placement

Market groups to case managers and individuals age 0-5 on the waiver waitlist

Implement Pre-Post Group Surveys and Collect Data

Analyze, Compile, and Report survey responses and therapist-collected data

What Will Result

Long-term goals to transform services and/ or better support individuals.

Individuals on the waiver will attend Group Music Therapy

Individuals on the waiver will have more choice and access to group programming in the future

Individuals age 0-5 on the waiver waitlist will receive time-limited summer music therapy

Individuals in performance-based music therapy groups will present at least one community performance

Individuals request, choose, and attend Community Music Making **Events**

What We Expect if We Achieve our Vision

Expected short-term and long-term outcomes; and positive impacts on individuals if your project successfully carries out these actions.

Create a model for different group sizes and flexible service delivery options for music therapy

Create access for services for individuals on the waitlist

Parents of individuals aged 0-5 on the waitlist will gain access to a support system through other parents and develop waiver contacts and support through the music therapy provider

Individuals on the waiver will work toward and generalize individual goals in a group setting

Offer more flexibility and choice for individuals on the waiver

Enable more flexibility in service models for providers

Increased opportunities for community engagement and tools to develop natural community supports

Increased opportunities to develop and grow friendships with people with and without disabilities

Increased confidence and leadership skills and tools to generalize to other settings

What We Want to Avoid

Outcomes that may take away from the vision and will serve as "red flags" to consider course correction.

Individuals do not enroll in Music Therapy Groups

Low attendance at Community Music Making Events

Waitlisted individuals experience frustration when the summer groups end and they remain on the waitlist





