

**DYSPHAGIA FACT SHEET**

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

DATE DEVELOPED \_\_\_\_\_ **REVISED:** \_\_\_\_\_

DYSPHAGIA LEVEL \_\_\_\_\_

STATUS: (Risk factors):

| <b>TOPIC:</b>   | <b>PROPOSED STRATEGY/ACTIVITY:</b> | <b>TRIGGERS:</b>  |
|---|------------------------------------|---|
| <i>ORAL CARE AND MEDICATION ADMINISTRATION</i>        | 1.                                 | <ul style="list-style-type: none"> <li>• Coughing with signs of struggle (watery eyes, drooling, facial redness)</li> <li>• Wet Vocal Quality</li> <li>• Vomiting</li> <li>• Sudden Change in Breathing</li> <li>• Watery eyes</li> <li>• Total meal refusals (X 2)-nursing notified.</li> <li>• Pocketing of food in mouth</li> <li>• Weight loss/gain of 5lbs in a month</li> </ul> |
| <i>MEAL POSITION AND ADAPTIVE EQUIPMENT</i>           | 1.                                 |   |
| <i>GENERAL POSITIONING AND WHEELCHAIR POSITIONING</i> | 1.                                 |   |
| <i>NUTRITIONAL CONCERNS</i>                           | 1.                                 |   |
| <i>SPEECH ORAL MOTOR CONCERNS</i>                     | 1.                                 |   |
| <i>WHAT TO DO IF YOU NOTICE A DYSPHAGIA TRIGGER</i>   | 1.                                 |   |