



Mike Braun, Governor
State of Indiana

Indiana Family and Social Services Administration

402 W. WASHINGTON ST., P.O. BOX 7083
INDIANAPOLIS, IN 46207-7083

E. MITCHELL ROOB JR., SECRETARY

February , 2025

Note: Indiana's Aged and Disabled Waiver was replaced by the Health and Wellness and PathWays Home and Community Based Services (HCBS) Waivers on July 1, 2024.

1. Why is there a waiting list for the Health and Wellness and PathWays HCBS Waivers?

The Health and Wellness Waiver and PathWays HCBS Waiver have a maximum capacity each year for individuals to receive services. These numbers are determined in the state's waiver application, which is approved by the Centers for Medicare and Medicaid Services. FSSA reached the current maximum capacities and implemented a waiting list for individuals seeking to access services through the Health and Wellness and PathWays HCBS Waivers.

2. Whom do I contact to get on the Health and Wellness Waiver or the PathWays HCBS Waiver waiting list?

Your local Area Agency on Aging (AAA) is available to assist you with exploring options for long-term services and supports, including services through the Health and Wellness Waiver or the PathWays HCBS Waiver. To find your local AAA, visit the Indiana Division of Aging website (www.in.gov/fssa/da), or visit INConnect's website (www.in.gov/fssa/inconnectalliance), or contact the Area Agencies on Aging or Aging and Disability Resource Center toll free at 800-713-9023. You'll be connected with options counselors at the Aging and Disability Resource Center.

3. How do the Health and Wellness Waiver or PathWays HCBS Waiver waiting lists work?

When you contact your local Area Agency on Aging / Aging and Disability Resource Center, you will receive an initial assessment to determine whether you meet specific functional eligibility requirements for the Health and Wellness Waiver or the PathWays HCBS Waiver. Indiana requires waiver participants to meet the same criteria as persons approved for



admission to a nursing facility, who meet the Nursing Facility Level of Care. If you meet this requirement, you will be placed on the waiver waiting list.

4. Can I receive other services while I am on the Health and Wellness Waiver or PathWays HCBS Waiver waiting list?

Options counselors at the Aging and Disability Resource Center at your local Area Agency on Aging are available to assist you with exploring options for support and assistance.

5. How can I confirm I'm on the Health and Wellness Waiver or PathWays HCBS Waiver waiting list?

Contact your local Area Agency on Aging (AAA) to confirm you are on the waiting list. To find your local AAA, visit the Indiana Division of Aging website (www.in.gov/fssa/da), INConnect's website (www.in.gov/fssa/inconnectalliance), or contact the Area Agencies on Aging and Aging and Disability Resource Center toll free at 800-713-9023.

6. Is there anything I need to do to keep my spot on the Health and Wellness Waiver or the PathWays HCBS Waiver waiting list?

Please ensure your contact information stays up to date while you are on the waiting list. Contact information includes your phone number, email address, and address of current residence. If any of this information changes, you should contact your local Area Agency on Aging (AAA) to update your records. To find your local AAA, visit the Indiana Division of Aging website (www.in.gov/fssa/da), INConnect's website (www.in.gov/fssa/inconnectalliance), or contact the Area Agencies on Aging and Aging and Disability Resource Centers toll free at 800-713-9023.

7. What documentation do I need to have ready for when I am invited onto the waiver?

To join the waiver, you must have both Medicaid eligibility (financial eligibility) and functional eligibility (nursing facility level of care (NFLOC)).

If you are on the waiting list, you should begin gathering the information needed for Medicaid eligibility. To grant Medicaid eligibility, the Division of Family Resources (DFR) needs some information about your income and assets. If you're married, DFR may need some information about your spouse's finances as well. Please find the following documents and be prepared to give them to DFR when asked:

- Social Security Card
- State Issued Identification Card
- Birth Certificate
- Statements for all open banking accounts (savings, checking, CDs)
- Mutual Funds
- Individual Retirement Account information/balances (401k)

- Revocable Trusts
- Social Security Retirement benefit information
- Income information, if employed
- Spouse’s income/retirement information
- Automobile titles
- Property titles (including land/farm)
- Life insurance policy information (including any cash surrender values on policies)

To access the waiver more quickly, please prepare the documents listed directly above while you’re on the waiting list. Note that DFR may ask for additional documents.

If you believe you meet the financial eligibility requirements for Medicaid, you may apply for Medicaid with the Division of Family Resources (DFR) at any time.

- If you require the Special Income Limit determination for Medicaid financial eligibility, you should apply at DFR when you receive your invitation to the waiver. If you are over the special income limit (SIL), a Qualified Income Trust, also known as a Miller’s Trust, will need to be created with a financial institution. As of January 2025, the SIL is \$2,901/month.

8. How will I know when I’m at the top of the Health and Wellness Waiver or the PathWays HCBS Waiver waiting list?

When you reach the top of the Health and Wellness or the PathWays HCBS Waiver waiting list, you will receive a letter in the mail that invites you to continue the process to pursue your respective waiver. Your options counselor with the Aging and Disability Resource Center will make up to 4 attempts, including mailing you a letter, to contact you to confirm you want to continue the process to pursue the waiver services. If your options counselor is not able to contact you within 30 days of your invitation date and confirm your intention to continue the process to access the waiver, they will send you a letter giving you 15 days to respond. If you do not respond within the established timeframe, your invitation will be rescinded. For this reason, it is important that you keep your options counselor informed of any changes in your address or contact information. Once you are invited, you are no longer on the waiting list and can reapply at any time.

9. When I am invited from the Health and Wellness Waiver or PathWays HCBS Waiver waiting list to continue the process to access the waiver, how long do I have to respond to the Area Agency on Aging (AAA) in order to proceed?

You have 30 calendar days from the date of your invitation letter to respond to the Area Agency on Aging (AAA). The invitation letter will be sent to the address on file. Once you are invited, you are no longer on the waiting list and can reapply at any time. If you do not respond to the invitation letter, your invitation to pursue the Health and Wellness Waiver or PathWays HCBS Waiver will be rescinded.

10. What are the expectations of the Area Agency on Aging to help me while I'm on the Health and Wellness Waiver or the PathWays HCBS Waiver Waiting list?

The Area Agency on Aging (AAA) is responsible to support and assist individuals on the waiting list. AAAs are embedded in communities to better serve, engage, network, and refer individuals to community resources. AAAs are expected to support individuals with the following activities that include, but are not limited to:

- Providing assistance with navigating the Medicaid application.
- Exploring the individual's needs holistically through person-centered practices.
- Referring the individual to community resources.
- Supporting the individual with information necessary for them to make the best-informed decision about services and supports.

11. What is my spot on the waiting list? When will I be invited from the waiting list?

Individuals on the PathWays Waiver and Health and Wellness Waiver waiting lists do not have a static place in line. The waiting list is fluid, as individuals are added on a daily basis with varying level of care criteria and dates that impact how individuals are invited. Please see the text above this FAQ for information on how invitations are sent, first for approved priority categories and then based on the original level of care date.

In order to increase transparency and help individuals, families, and other stakeholders get more information about the latest invitations, FSSA has added the latest LOC date to be invited to the [monthly dashboards](#).

If you have questions about your place on the waiting list, you can reach out to your local Area Agency on Aging (AAA). If you still have questions after reaching out to your AAA, you can reach out to FSSA at medicaid@fssa.in.gov. Please note that for the reasons outlined above, your AAA will not be able to tell you about your place on the waiting list (nor will FSSA) but can provide information regarding your original level of care date or priority category status.

12. What does it mean to be “invited” off the waiting list?

An “invitation” off the waiting list indicates that there is space for you on the respective waiver if you meet all eligibility requirements for receiving services. You have 30 calendar days from the date of your invitation letter to respond to the Area Agency on Aging (AAA). The invitation letter will be sent to the address on file. If you do not respond to the invitation letter within 30 days, your invitation to pursue the Health and Wellness Waiver or PathWays HCBS Waiver will be rescinded. If you accept the invitation, please work with your options counselor at your Area Agency on Aging to begin the process. Once you are invited, you are no longer on the waiting list and can reapply at any time

13. How do I know when I've been invited off the waiting list?

You will receive a letter in the mail from FSSA, and your Area Agency on Aging options counselor will reach out to you to continue the process to determine if you remain eligible to access waiver services. In order to receive the letter, please proactively ensure your address is up to date and notify your AAA if your address changes.

14. How do I get invited off the waiting list?

You will receive a letter inviting you to continue with the process to access the waiver, if eligible. FSSA plans to invite individuals each month as the capacity remains. In order to receive an invitation letter, it is important for individuals on the waiting list to keep their contact information current with their Area Agency on Aging / Aging and Disability Resource Centers. You have 30 calendar days from the date of your invitation letter to respond to the Area Agency on Aging (AAA). The invitation letter will be sent to the address on file. If you do not respond to the invitation letter within 30 days, your invitation to pursue the Health and Wellness Waiver or PathWays HCBS Waiver will be rescinded.

15. What do I do when I'm invited off the waiting list?

When you are invited, your Area Agency on Aging (AAA) options counselor will conduct a face-to-face assessment which includes a new level of care to determine if you meet the criteria to join the waiver. Additionally, if you have not applied for Medicaid, you will need to apply for it. If you meet the level of care and are eligible for and have active Medicaid, you will join either the Health and Wellness Waiver or PathWays HCBS Waiver depending on your age (under 60 or 60+ respectively). Please communicate with your options counselor for detailed information about the steps you need to take to receive waiver services.

You have 180 days from the date of your invitation letter to complete the process to join the waiver. This includes accepting the invitation within 30 days (as noted above), completing all the steps to obtain functional eligibility with your AAA, establishing Medicaid eligibility through the Division of Family Resources (DFR), and becoming active on the waiver. Once you are invited, you are no longer on the waiting list and can reapply at any time.

FSSA has created these checklists to assist you with the invitation process: [Health and Wellness Checklist](#), [PathWays HCBS Waiver Waiting List for those on PathWays](#) and [PathWays Waiver Waiting List for those NOT on PathWays Program](#).

16. How long do I have to complete the process to join the waiver?

You have 180 days from the date of your invitation letter to complete the process to join the waiver. This includes accepting your invitation within 30 days (as noted above), getting Medicaid eligibility through the Division of Family Resources (DFR), getting functional eligibility with your AAA, and becoming active on the waiver. If you do not complete the

entire process within 180 days, your invitation to pursue the Health and Wellness or PathWays HCBS Waiver will be rescinded. Note that once you are invited, you are no longer on the waiting list and may reapply at any time. If you need any help with this process, you should talk to your Area Agency on Aging or Aging and Disability Resource Center.

17. I was invited to join the waiver but didn't complete the process within 180 days. Can I re-apply?

Once you are invited, you are no longer on the waiting list and can reapply at any time.

18. What happens if I don't reply to the invitation letter or the outreach from my Area Agency on Aging (AAA) options counselor?

If you don't reply to the invitation letter or the outreach from your Area Agency on Aging options counselor within the established timeframe, your invitation will be rescinded. If your invitation is rescinded, you must reapply to rejoin the waiting list.

19. I am about to move. Does this impact my placement on the Health and Wellness Waiver or PathWays HCBS Waiver waiting lists?

As long as you still live in Indiana, moving will not impact your placement on the waiting list. However, it is your responsibility to keep your contact information up to date with your options counselor so that you can be notified when you are invited to continue the process to access the waiver. Keep your contact information updated with your local Area Agency on Aging. To find your local AAA, visit the Indiana Division of Aging website (www.in.gov/fssa/da), INConnect's website (www.in.gov/fssa/inconnectalliance), and Disability Resource Centers toll free at 800-713-9023.

20. I'm currently on the waiting list but have decided I am no longer interested in receiving services on the Health and Wellness or PathWays HCBS Waiver. What do I need to do?

Your local Area Agency on Aging or Aging and Disability Resource Center can help remove you from the waiting list. If you later decide you are again interested in pursuing these services, your placement on the waiting list will reflect a new initial assessment date. Once you are removed from the waiting list, you will have to reapply if you want to seek services through the Health and Wellness or PathWays HCBS Waiver.

21. I failed to update my contact information for the Health and Wellness Waiver or PathWays HCBS Waiver waiting lists. What should I do?

The options counselors at the Aging and Disability Resource Center or at your local Area Agency on Aging can assist you with updating your contact information for the Health and Wellness Waiver or PathWays HCBS Waiver waiting list. As a reminder, it is your responsibility to keep your contact information up to date so you can be reached when you

are invited to continue the process to pursue the Health and Wellness Waiver or PathWays HCBS Waiver.

22. Will I have to go to a nursing home now since I can't get on the Health and Wellness Waiver or PathWays HCBS Waiver?

Options counselors at the Aging and Disability Resource Center at your local Area Agency on Aging are available to assist you with exploring options for support and assistance.

23. Do I lose my spot on the Health and Wellness Waiver waiting list if I have to go to a nursing home?

No. Your placement on the Waiver waiting list will be maintained while you are in a nursing facility. If your placement in the nursing facility is 60 or more days, it is important that you contact the local Area Agency on Aging or Aging and Disability Resource Center and let them know as you will meet a priority category to be invited to continue the process to access the waiver.

24. I am currently receiving waiver services. Will I have to go on the waiting list if my services are interrupted for some reason?

In most cases, you can resume services following a short interruption so long as you remain eligible for Medicaid. You should contact your care manager if you have questions about whether you will resume services.

25. I was just discharged from a nursing home and need services. Do I need to go on a Waiver waiting list?

Options counselors at the Aging and Disability Resource Center at your local Area Agency on Aging are available to assist you with exploring options for support and assistance.

26. I'm on Medicaid. Is being on the Health and Wellness Waiver or PathWays HCBS Waiver waiting list going to impact my current Medicaid?

If you currently have Medicaid, the waiting list will not impact your current Medicaid status.

27. I'm not on Medicaid. Can I still get Medicaid while I'm on the Health and Wellness or PathWays HCBS Waiver waiting list?

You may be eligible for Medicaid while you are on the Health and Wellness Waiver or PathWays HCBS waiting list. You are encouraged to apply for Medicaid. Your local Area Agency on Aging or Aging and Disability Resource Center may be able to assist you with the Medicaid application process. You may also visit <https://fssabenefits.in.gov> to begin the process.

28. My Medicaid was just denied. Can I keep my spot on the Health and Wellness Waiver or PathWays HCBS Waiver waiting list while I reapply?

Yes. Your spot on the Health and Wellness Waiver or PathWays HCBS Waiver waiting list will not be impacted. You may reapply for Medicaid at any time.

29. If I am eligible for another waiver that also has a waiting list, can I be on multiple waiting lists?

A person may be eligible for more than one waiver and may be on multiple waiting lists. If you access services on a different waiver, you will still remain on the waiting list for the Health and Wellness Waiver or the PathWays HCBS Waiver unless you request to be removed. You may only receive services from one Medicaid waiver at a time and would need to stop receiving services on another waiver in order to start receiving Health and Wellness Waiver or PathWays HCBS Waiver services.

30. Can I pick a PathWays plan while I'm on the Health and Wellness waiting list or the PathWays HCBS Waiver waiting list??

If you are eligible for the PathWays program, you should select your PathWays health plan. If you have questions about your eligibility to enroll or if you would like to enroll, you can call the Indiana PathWays for Aging helpline at 87-PATHWAY-4 (877-284-9294) to discuss your options. More information about PathWays can be found at <https://www.in.gov/pathways/>.

31. I was on the Aged and Disabled Waiver waiting list and now I've been told I'm on the Health and Wellness Waiver or PathWays HCBS Waiver waiting list. What happened?

On July 1, 2024, the Aged and Disabled Waiver for adults aged 59 and under became the Health and Wellness Waiver and is now operated by the Division of Disability and Rehabilitative Services. The PathWays HCBS Waiver is a new waiver, replacing the Aged and Disabled Waiver for individuals aged 60 and over. You will receive a waiting list invitation letter based upon your age and which waiver you may be eligible for.

32. Does placement on the PathWays HCBS Waiver or Health and Wellness Waiver waiting list guarantee access to services?

No. Individuals must be assessed to ensure they meet waiver eligibility requirements, including nursing facility level of care. They must also be eligible for Medicaid. The Area Agency on Aging will help individuals invited off the waiting list with these processes.

33. I am not yet eligible for Medicaid. Can I still receive waiver services?

Medicaid eligibility is required to receive waiver services. If you have been invited off the waiting list and have not yet completed your Medicaid eligibility, your options counselor can help you start the process. You can also contact the Division of Family Resources to

apply for Medicaid. If you meet Medicaid eligibility, you will continue the process towards receiving waiver services.

34. I have turned 60 since joining the waiting list. Will the process be different for me?

If you joined the Health and Wellness Waiver waiting list before and have turned 60 years of age since joining the waiting list, you will be automatically transferred to the PathWays HCBS Waiver waiting list on the first day of the month you turn 60. Then, when it's your turn to be invited off the waiting list, you'll receive an invitation to continue the process for assessing if you can join the PathWays HCBS Waiver.

If you have a question that is not answered above, contact your AAA. If you need additional information after talking to your AAA, please email Medicaid@fssa.IN.gov.