



Supporting Individuals with Dual Diagnoses

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Welcome

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Housekeeping

Please:

- Use chat ONLY for immediate technical issues
- Use Q&A button to ask questions
- Click closed captioning (cc) in order to see the live transcript
- Complete the evaluation that will be sent in the follow-up email (the email will also serve as confirmation you attended)

The recording will be uploaded to the FSSA YouTube Channel after the live sessions have been conducted





Agenda

- Overview of Indiana 988 Crisis Response
- Overview of state and national resources
- Intersection of intellectual/developmental disabilities and serious mental illness





Supporting Individuals with Dual Diagnoses

Kara Biro

State Director of Behavioral Health Crisis Care
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988 Indiana Vision and Mission Statements

Vision

Providing quick, competent, and nation-leading crisis response services for every Indiana resident

Mission

Creating a sustainable infrastructure that will fully coordinate crisis care for mental health, substance use, and suicidal crises

Applying a recovery orientation that includes:

- trauma-informed care,
- significant use of peer staff,
- **person** and family **centered** focus,
- collaboration with law enforcement,
- and a commitment to Zero suicide/suicide safer care and the safety of consumers and staff



988 in Indiana - 6 to 9 Year Plan

- A simple, short number for anyone experiencing mental health-related distress – whether that is thoughts of suicide, mental health or substance use crisis, or any other kind of emotional distress.
- The establishment of mobile crisis teams who are trained and skilled in responding to anyone experiencing mental health-related distress.
- Mobile crisis teams are comprised of peers and behavioral health professionals skilled in providing specialized crisis care to people on site in their community.
- A greater ability to refer Hoosiers in crisis to a network of local crisis specialists who are familiar with the community and better equipped to provide culturally competent support and referrals to local resources and other lifesaving follow-up care.



988 - More Than a Number

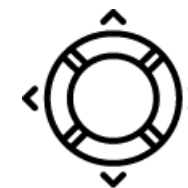
It's a chance to transform crisis care



Someone to contact



Someone to respond

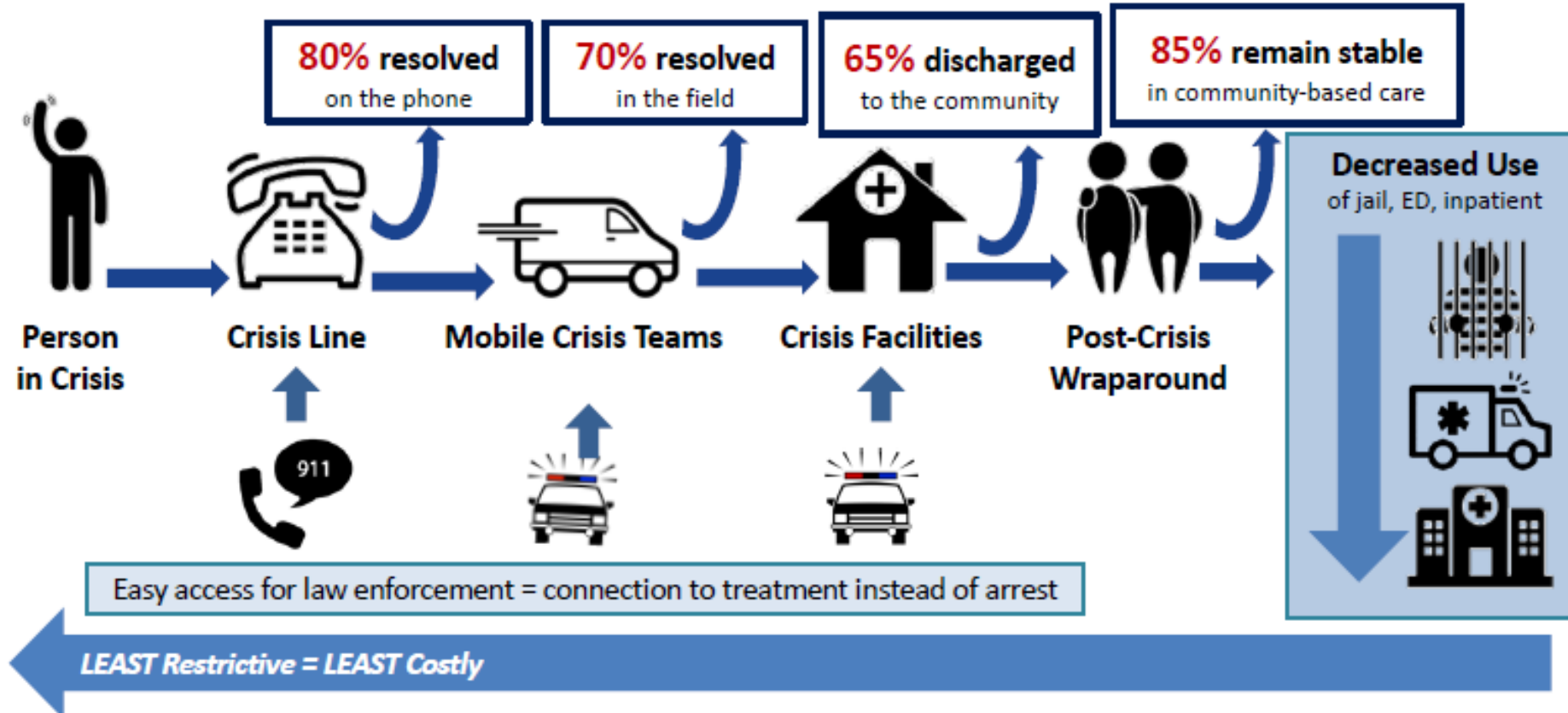


A safe place for help

STATE INFRASTRUCTURE CONNECTING THE THREE PILLARS

988 will offer a direct connection to compassionate, accessible care and support for anyone experiencing mental health-related distress.

Crisis System: Alignment of services toward a common goal



Balfour ME, Hahn Stephenson A, Winsky J, & Goldman ML (2020). *Cops, Clinicians, or Both? Collaborative Approaches to Responding to Behavioral Health Emergencies*. Alexandria, VA: National Association of State Mental Health Program Directors. <https://www.nasmhpd.org/sites/default/files/2020paper11.pdf>



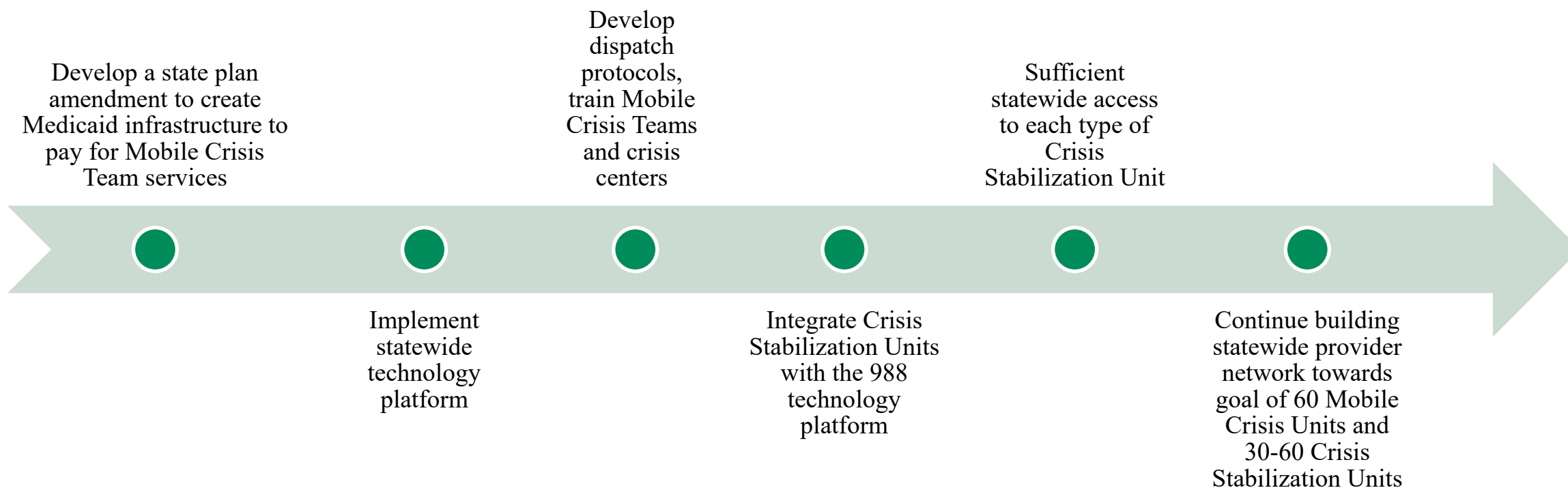
What does person-centered mean?

- **Dignity and Respect:** Listen to and honor perspectives and choices. Values, beliefs, and cultural backgrounds are incorporated into care.
- **Information Sharing:** Communicate and share complete and unbiased information in ways that are affirming and useful. Those in crisis receive timely, complete, and accurate information in order to effectively participate in decision-making.
- **Participation:** Encouraged and supported in participating in care and decision-making at the level they choose.
- **Collaboration:** All involved collaborate in policy and program development, implementation, and evaluation; in facility design; in professional education; and in research, as well as in the delivery of care.



Crisis Services on the Horizon: 988 Implementation Timeline

Near-Term: It will take another six to nine years for the Crisis System to fully mature



Strategies for Community Engagement



- Volunteer Opportunities
 - Food banks, community centers, etc
- Recreation and Leisure Activities
 - Peer supports, advocacy groups, Special Olympics
- Cultural and Educational Activities
 - Museums, libraries, diverse community organizations



Community Mental Health Centers



- Psychiatry
- Therapy
- Life Skills
- Addiction Treatment
- Medication Management
- Transition Aged Youth Programming

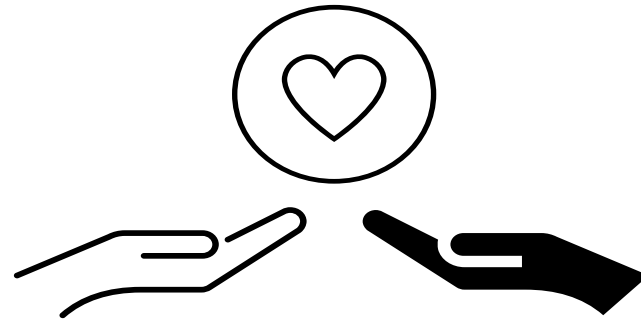


Consumer Protection Line: 1-800-901-1133

Intellectual/Developmental Disabilities and Serious Mental Illness



- Trauma- Informed
- Person-Centered
- Team Collaboration
- Documentation
- Continuity of Care



State and National Resources



- [Governor's Council for People with Disabilities](#)
- [Finder Indiana Disability Resource Center](#)
- [Indiana 211](#)



Indiana **2·1·1**
Get Connected. Get Help.™

Resources

Mental Health Services at DMHA (<https://www.in.gov/fssa/dmha/mental-health-services>)

- [Adult 1915\(i\) Programs](#) (Adult Mental Health Habilitation and Behavioral and Primary Healthcare Coordination)
- [State Psychiatric Hospitals](#)
- [Medicaid Rehabilitative Option](#)

The Mental Health and Developmental Disabilities National Training Center (MHDD-NTC)

<https://www.mhddcenter.org/>





ALL people are empowered to live, love, work, learn, play and pursue their dreams.





We're In This Together

If you need additional information,
please contact us at

800-545-7763

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Stay Connected

Sign up for the DDRS listserv:

<https://public.govdelivery.com/accounts/INFSSA/subscriber/new>

Follow the BDDS FB page:

<https://www.facebook.com/Indiana-Bureau-of-Developmental-Disabilities-Services-318818311807579/>







Questions?

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