

FACT SHEET

About the Health and Wellness Waiver (previously known as the Aged and Disabled Waiver)



**Division of Disability and
Rehabilitative Services**
Bureau of Disabilities Services

What is the Medicaid Home- and Community-Based Services Waiver program?

The Medicaid Home- and Community-Based Services Waiver program provides person-centered individualized supports that assist children and adults with living successfully in their homes and communities. On July 1, 2024, the Aged and Disabled Waiver became the Health and Wellness Waiver. The Health and Wellness Waiver is one of four Indiana Medicaid home- and community-based services waivers provided by the Bureau of Disabilities Services. It will provide services to eligible individuals 59 years of age and younger.

Why is the Bureau of Disabilities now managing the Health and Wellness Waiver?

In September 2022, the Family and Social Services Administration announced that the A&D waiver was to be divided into two new waivers, one serving individuals 60 and over and the other supporting those 59 and under. The A&D waiver was divided to enhance FSSA's ability to support more Hoosiers to age at home through the managed care initiative Pathways. With older Hoosiers supported through Pathways, FSSA focused on better supporting Hoosiers with disabilities by transitioning those 59 and under to a home- and community-based waiver operated by the Division of Disability and Rehabilitative Services. The H&W waiver was created to address the needs of the individuals formerly supported by the A&D waiver.

Who is impacted?

The Health and Wellness Waiver serves eligible individuals 59 years of age and younger. Eligible individuals who are 60 years of age and older will be served through the Pathways for Aging Waiver.

What is the Health and Wellness Waiver?

Home- and community-based services provide person-centered individualized support to individuals with disabilities to live successfully in their home and community. The H&W Waiver is a home- and community-based service that provides access to services and supports that promote choice, autonomy, and quality of life for eligible individuals.

Am I eligible for the Health and Wellness Waiver?

To qualify for the H&W Waiver, an individual must meet Nursing Facility Level of Care and have a compatible category of Medicaid. The criteria include the individual experiencing a medical condition that is causing the need for assistance with their activities of daily living.

What services are available under the Health and Wellness Waiver?

The H&W Waiver offers a range of services that are chosen by the individual based upon person-centered principles and are delivered in the home- and community-based setting by an approved Medicaid provider.



FACT SHEET

About the Health and Wellness Waiver (cont.)



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Current services include:

- Adult day service
- Adult family care
- Attendant care
- Assisted living
- Care management
- Community transition
- Home and community assistance
- Home-delivered meals
- Home modifications
- Home modification assessment
- Integrated health care coordination
- Nutritional supplements
- Participant-directed home care services
- Personal emergency response services
- Pest control
- Skilled respite
- Specialized medical equipment and supplies
- Structured family care
- Transportation
- Vehicle modification

Whom do I contact for more information about the Health and Wellness Waiver?

Individuals seeking services through the H&W Waiver should contact their local Area Agency on Aging for a level of care assessment.

Indiana's Area Agencies on Aging/Aging and Disability Resource Centers provide information and service options to older adults and individuals with disabilities of any age and their caregivers.

Contact your local agency for assistance on how best to meet your long-term services and support needs, whether that be through your own resources or those of your family, through community resources and/or through other resources for which you may qualify.

To find your local AAA/ADRC, call your local INconnect Alliance network member at 800-713-9023 or visit the INconnect Alliance website at www.INconnectAlliance.org.

You may also access [the AAA map](#), which displays the 16 planning and service areas and associated AAA/ADRC.

The Bureau of Disabilities Services may be contacted for inquiries about the Health and Wellness Waiver. Call 800-545-7763 or email BDS.Help@fssa.in.gov.

