

Art 4 Healing

Women Veterans Art Therapy Group



Art 4 Healing is generously funded by the Indiana First Lady's Charitable Foundation.

Female veterans will have the opportunity to use art to explore thoughts, feelings and behavior related to their experiences. The group will provide safety and support for expressing concerns related to returning home and to help relieve feelings of anger, depression and anxiety.

6-week group

Wednesdays 4/15-5/20
6:30pm - 8:30pm

8-week group

Sundays 4/26-6/21
5:00-6:30pm

Location: Art of the Soul Studio,
6350 N. Shadeland Ave. Ste. 3
Indianapolis, IN 46220

For more information or to sign up contact:

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