

Newsletter

Veteran Suicide Prevention Month

It is during our darkest moments that we must focus to see the light.

— Aristotle

This Month has meaning for many of our Indiana Military & Veteran Community

Sept. 2
V-J Day
(Victory
over Japan)

Sept. 20
National
POW/MIA
Recognition Day

Sept. 11
Patriot Day

Sept. 29

VFW Day

Sept. 18
Air Force
Birthday & Air
National Guard
Birthday

Sept. 29
Gold Star Mother's Day







#### **Suicide Prevention Month**

National Suicide Prevention Month, observed every September, is dedicated to raising awareness about suicide prevention and providing resources to support those in need.

# **EVENTS**

There will be Awareness Run/Walks and Stand Down Events across the state this month.

- American Foundation of Suicide Prevention walks
- Walking Together Raising Suicide Awareness in Elkhart County
- All Indiana events



If you or someone you know is having a crisis or harmful thoughts/actions, please call the Veterans Crisis Line: 1-800-273-8255 and press 1 or please call 911. You can also text to 838255 or chat online.

#### **ONLINE RESOURCES**

- VA S.A.V.E. Training
- Question. Persuade. Refer. (QPR) Training
- VA.gov/Reach

Don't wait. Reach out.

VA.GOV/REACH









## **What's Happening**

### SUBMIT A VETERAN EVENT!

Tell us about events to support, serve, and advocate for your veteran community!

We want to know about events happening all across our great state.

Visit our site and let us know to add it to our website calendar!



#### VA LEGAL CLINICS

**Read More** 

The Military Assistance Project is a statewide project that provides free civil legal advice and direct representation to eligible low-income Indiana military members, veterans, and their dependents. Please call our centralized intake line at 1 (844) 243-8570.

## Veterans Script Writers & Readers, FREE for Veterans

Every other Thursday, 8 p.m. angelinelarimer@gmail.com

## Punch for Veterans Boxing Clinic

Saturdays, 9 a.m. Info: (317) 447-7803

#### **FREE Veterans Food Pantry**

Richmond, IN CBOC 4th Tuesday/month, 9 a.m. Info: (765) 983-2183

#### RECURRING EVENTS

#### Coffee with a Veteran

Schoolhouse 7 Cafe 12125 Cyntheanne Rd. Fishers, IN 46037 Last Saturday of the month

# VISIT THE IDVA NEWSROOM FOR OTHER NEWS & INFORMATION









#### **VA News & Notes**

Military Voices
Free Writing
Workshop - Online





Beware:
Claims
predators
want to prey
on your
benefits











#### **Your IDVA**











<u>Learn More</u> Indiana Veterans Home





## **Indiana Benefits Spotlight**

#### **Veteran License Plates**



Indiana offers specialized license plates for all armed forces branches and special veteran groups and designations,



**Event Sponsorship** Program (ESP)

The IDVA Event Sponsorship Program (ESP) is dedicated to providing sponsorship dollars for veteran-oriented events across the state. The goal is to provide funds to ensure a local non-profit can host their event or to enable them to enhance their event.

#### **Learn More**

#### **Learn More**





outreach@dva.in.gov





## **CVSO Spotlight**

## **CVSO SPOTLIGHT**

This Veteran Service office offers assistance in the following:

- Obtaining your DD-214
- Discharge Review
- Filing claims for service connected or nonservice connected disabilities
- Education benefits
- Low Income Wartime Pension Benefits
- Survivor Benefits
- VA Medical Care
- VA Home Loans
- G.I. Bill Benefits
- Vocational Rehabilitation
- Burial Benefits
- Property Tax Abatement
- Tuition and Fee Exemption for Children of Disabled Veterans
- Motor Vehicle License Plates

#### **CONTACT VIGO COUNTY**

Tim Cunningham & Vickie Albright

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tim.cunningham@vigocounty.in.gov vickie.albright@vigocounty.in.gov

Monday - Friday from 8 a.m. to 12 p.m., 1-4 p.m.

Office: (812)462-3261 FAX: (812)231-5646



**Read More** 

GI Bill® is a registered trademark of the U.S. Department of Veterans Affairs (VA). More information about education benefits offered by VA is available at the official U.S. government Web site at http://www.benefits.ya.gov/gibill.









### **IDVA Partner Spotlight**

This Indiana Veteran Community consists of veterans, family members, caregivers, friends, organizations, and providers that touch veteran lives in some way. Indiana owes a great debt to its veterans, past and present, for their personal sacrifices and dedicated service. IDVA is committed to providing quality services, benefits, and programming with our great partners.

Read More

#### **IDVA Partner Feature:**

Creative Arts for Vets (CAV) aims to support veterans, service members, and military-connected populations of all ages and abilities through the arts and arts-based approaches that promote connectedness and improve mental health and wellbeing.



Evidence-based research shows that arts-based wellness, equine-assisted activities, and yoga can improve mindfulness, and reduce negative feelings associated with stress, anxiety, depression, and trauma. Creative Arts for Vets collaborates with veterans, service members, military-connected populations, community organizations, and the Indiana Department of Veteran Affairs to develop unique experiences that fit the needs and interests present in specific communities. All of our events are free, and we travel anywhere in the state of Indiana and beyond. With our events, veterans and service members are always encouraged to bring a plus one—a spouse, a friend, or an adult family member.

Director of Campus Partnerships, Center for Rural Engagement and Army veteran: Todd Burkhardt, Ph.D: toddburk@iu.edu







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## **HOOSIER VETERAN**

### **Connect with IDVA**







