

**Provider:**

Ball State University

**Course Code:**

7168

**Content Area:**

CTE: Health & Human Services

**Course Delivery:**

Online

**Enrollment Type:**

Non Continuous

**Enrollment deadline:**

Fall: 8.13.25 and Spring: 12.19.25

**Course Description:**

Emphasizes life-style behaviors contributing to health promotion and disease prevention. General areas affecting health status are identified and suggestions made as to how health-related behaviors, self-care, and individual decisions contribute to wellness and influence dimensions of health. No regularly scheduled laboratory.

**Credit:**

3

**Credit Type:**

Dual Enrollment

**NCAA Approved:**

Yes

**Contact:**

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**Cost:**

\$350.00

**Additional Course Cost Information:**

Textbooks and Materials

**Indiana Course Title:**

Fundamentals of Human Health