**Grade 4 Anti Bullying Guidance Lesson**

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| School Corporation: | | YOUR SCHOOL NAME | | | |
| School Name: | | YOUR SCHOOL NAME | | | |
| Contact:  Telephone, Email: | | School Counselor Contact Info | | | |
| **Indiana Student Standards for Guidance Addressed** | | | | | |
| Standard(s) addressed: | **3 Citizenship Development** | | | Indicator(s) addressed: | **3-5.3.16 demonstrate respect** |
| Instructional Development | | | | | |
| Grade Level(s): | | I use this lesson in 4th grade | | | |
| Title: | | Bully Free is the Way to Be! | | | |
| Summary: | | We discuss different aspects of bullying and discuss showing respect so everyone can feel safe and give students an opportunity to pledge to support targets not bullies. Students act out scenarios (often provided ahead of time). I also sometimes show a video “I Was Just Kidding! Learning about Harrassment” | | | |
| Time Frame: | | 45 minutes (preferably a 2nd lesson following up) | | | |
| Lesson: | | I start with a “True or False” worksheet from Bully Free Classroom CD-ROM with discussion. I have the class read together “Our Classroom Is a Place Where…” (…we treat each other with respect) and post a “Class Pledge” sheet for students to voluntarily sign. If teachers or student let me know of some bullying problems already, using “Bullying Stories”, students take roles of bully, victim (or target) and two bystanders and act out scenarios. I also share “Bully Box Report” which I designed, which will be sent to the counselor to investigate. We close with a questionnaire “What Should You Do?” | | | |
| Evaluation | | | | | |
| How will mastery of the guidance indicator(s) be evaluated? | | We work together on the “true/ false worksheets” and “What Should You Do?” worksheet so the evaluation is the discussion and an improvement in reporting and reduction of bullying. | | | |
| **Learning Resources** | | | | | |
| Resources needed:  e.g., technology resources, media resources, books, web sites | | | The Updated Edition of Bully Free Classroom CD-ROM 2003 published by Free Spirit Publishing  “I was Just Kidding! Learning About Harassment” video | | |
| Citation(s):  You may include copyrighted materials in “resources needed,” but do not reproduce copyrighted materials in your lesson plan. Non-copyrighted materials need to be reproduced and included with your lesson plan. Cite sources here. | | | Bully Box Report available upon request. | | |
| Collaborative Partners: e.g., advisory teachers, other teachers, community resource people | | | Teachers often provide instances of bullying in their classes for scenarios. | | |