



## Summer Food Service Program Menu Planning

Menu planners must ensure planned Summer Food Service Program menus meet the minimum [meal pattern requirements](#). Items listed below are intended to provide ideas for healthy, nutritious and child-friendly meals.

Hot Entrée Items	
<ul style="list-style-type: none"> <li>Burrito*</li> <li>Chicken sandwich*, nuggets*, strips*</li> <li>Chicken fajita</li> <li>Chili Corn Dog</li> <li>Crispito*</li> <li>Hamburger/Cheeseburger* on bun</li> <li>Hot dog on bun</li> </ul>	<ul style="list-style-type: none"> <li>Pancakes on a stick*</li> <li>Pizza*</li> <li>Sloppy Joe* on bun</li> <li>Stromboli</li> <li>Teriyaki Chicken patty on garlic bread</li> <li>Walking tacos*</li> <li>White Chicken chili*</li> </ul>

Cold Entrée Items	
<b>Sandwiches with Meat/Meat Alternates:</b>	
<ul style="list-style-type: none"> <li>Ham</li> <li>Turkey (Ham)</li> <li>Chicken</li> <li>Cheese of Choice: American, Provolone, Cheddar, Swiss, etc.</li> </ul>	
<b>Grains:</b>	
<ul style="list-style-type: none"> <li>Bagel</li> <li>Pretzel Roll/bun</li> <li>Pumpernickel swirl bread</li> <li>Round/split top bun</li> </ul>	<ul style="list-style-type: none"> <li>Tortilla</li> <li>White or WG wheat bread</li> <li>Breadsticks, rolls, garlic toast</li> <li>Crackers</li> </ul>
<b>Salad Entrees with Meat/Meat Alternates:</b>	
<b>Chef Salad</b> <ul style="list-style-type: none"> <li>Diced chicken or ham</li> <li>Hard-boiled egg</li> <li>Cottage cheese</li> <li>Shredded cheese</li> </ul>	<b>Asian Salad</b> <ul style="list-style-type: none"> <li>Diced chicken</li> <li>Edamame, chickpeas</li> <li>Nuts and/or Sunflower seeds</li> </ul>

Better in a Bowl Meals
<ul style="list-style-type: none"> <li>Asian inspired bowls with noodles or rice, protein, vegetables</li> <li>Chicken nuggets*, poppers*, patty*, mashed potatoes, corn</li> <li>Chicken alfredo pasta bowl</li> <li>Ham, dinner roll, cheesy potatoes, green beans</li> <li>Hamburger (patty*, crumbles*), garlic toast, mashed potatoes, cooked carrots</li> <li>Spaghetti bowls with protein (beef/sausage crumbles*, chicken), vegetables</li> </ul>



## Multi-Day Non-Congregate Meal Pack Ideas

Shelf-Stable Meat/Meat Alternates:	Perishable Options:
<ul style="list-style-type: none"> <li>• Bean dip*</li> <li>• Cheddar cheese cup*</li> <li>• Chicken salad or BBQ chicken salad kit</li> <li>• Dried meat sticks*</li> <li>• Dry roasted chickpeas***</li> <li>• Nuts/seeds</li> <li>• Peanut butter &amp; jelly</li> <li>• Soy nuts</li> <li>• Sunflower kernels</li> <li>• Sunflower seed butter &amp; jelly</li> <li>• Trail mix</li> <li>• Tuna salad kit</li> </ul>	<ul style="list-style-type: none"> <li>• Cheese stick or cubes</li> <li>• Hummus* or red-pepper hummus</li> <li>• Yogurt</li> </ul>
Shelf-Stable Fruits/Vegetables:	Perishable Options:
<ul style="list-style-type: none"> <li>• Applesauce or other fruit cups</li> <li>• Marinara or salsa cup*</li> <li>• Raisins or other dried fruit**</li> <li>• Whole fresh fruit (apples, oranges, tangerines)</li> <li>• Shelf stable 100% juice</li> </ul>	<ul style="list-style-type: none"> <li>• Cleaned fresh vegetables</li> <li>• Fresh fruit (including diced, sliced)</li> <li>• Fruit smoothie</li> </ul>
Grains:	
<ul style="list-style-type: none"> <li>• Bagel</li> <li>• Dry Cereal</li> <li>• Granola bar</li> <li>• Packaged crackers (Graham, Animal, Goldfish)</li> </ul>	<ul style="list-style-type: none"> <li>• Pretzels</li> <li>• Pita bread</li> <li>• Tortilla</li> <li>• Tortilla chips/strips</li> </ul>

\* Indicates the item may need a CN label and/or Product Formulation Statement to determine component crediting, if a prepared product and/or ingredients used are not found in the [Food Buying Guide](#).

\*\* Dried fruit credits cup for cup in SFSP. Example: ¼ cup portion of dried fruit credits as ¼ cup fruit.

\*\*\* Beans and peas (legumes) cannot be credited as both a vegetable and meat/meat alternate in the same meal.

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