



## **Research and Evidence-Based Instruction on Child Abuse and Child Sexual Abuse: Indiana Code (IC) 20-30-5-5.7**

Annually by December 15, each public school, including charter schools and accredited non-public schools must provide age-appropriate and research and evidence-based instruction on child abuse and child sexual abuse to students in kindergarten through grade 12. Instruction on child abuse and child sexual abuse may be delivered by a school safety specialist, school counselor, or any other person with training and expertise in the area of child abuse and child sexual abuse.

Registries rate evidence-based practices according to their own criteria. The Indiana Department of Education (IDOE) does not endorse individual registries or the programs listed. The following evidence-based practice registries list evaluated programs and practices to prevent child abuse and neglect, violence, juvenile delinquency, substance abuse, and other community concerns:

- [Blueprints for Violence Prevention: U.S. Department of Justice, Office of Juvenile Justice and Delinquency Prevention \(OJJDP\)](#)
- [California Evidence-based Clearinghouse for Child Welfare \(CEBC\)](#)
- [Model Programs Guide and Database: OJJDP](#)
- [Child Abuse and Neglect Resource: Centers for Disease Control \(CDC\)](#)
- [Child Abuse & Neglect: Children's Bureau](#)
- [Back to School Safety Tips: Prevent Child Abuse Indiana](#)
- [Knot Today](#)

Visit the [Child Welfare Information Gateway](#) to review a description of each of the registries.

A few examples of programs and curricula from CEBC shared as research-informed, promising, research and evidence-based, or evidence-based are listed on the next page. Please refer to the registries noted on this page if a full list of programs is needed.

### **Prevention and Instruction for Students**

#### **[Who Do You Tell? \(CEBC\)](#)**

Child sexual abuse education program designed for children from **kindergarten to grade 6** with three different versions tailored to reflect the developmental level of the children being taught.

#### **[Body Safety Training Workbook \(BST\) \(CEBC\)](#)**

BST is a behaviorally-based and developmentally-appropriate curriculum for parents and teachers to instruct young children about personal safety. There are two versions of the workbook; one for parents and one for teachers. This workbook includes 10 lessons and is appropriate for children ages three through eight, parents, and teachers.



## Indiana Department of Education

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Dr. Katie Jenner, Secretary of Education

### **[The Safe Child Program \(CEBC\)](#)**

The Safe Child Program is a comprehensive curriculum that teaches prevention of sexual, emotional, and physical abuse by people known to the child; prevention of abuse and abduction by strangers; and safety in self-care. This program is presented in a preschool through third grade series and teaches a broad base of life skills.

### **Education & Programs for Schools & School Employees**

#### **[Commit to Kids](#)**

Commit to Kids is a program designed to help organizations create safe environments for children. It provides strategies, policies, and a step-by-step plan for reducing the risk of child sexual abuse. The program encourages organizations to take an active, participatory role in protecting children in their care. View the [Commit to Kids Overview Guide](#) for more information.

#### **[Stewards of Children Prevention Training \(Darkness to Light\)](#)**

This two-hour training teaches adults how to prevent, recognize, and react responsibly to child sexual abuse. It integrates commentary from sexual abuse survivors, experts in the field, and other concerned adults all providing practical guidance for preventing and responding to child sexual abuse. It is available in both a facilitator-led and online model.