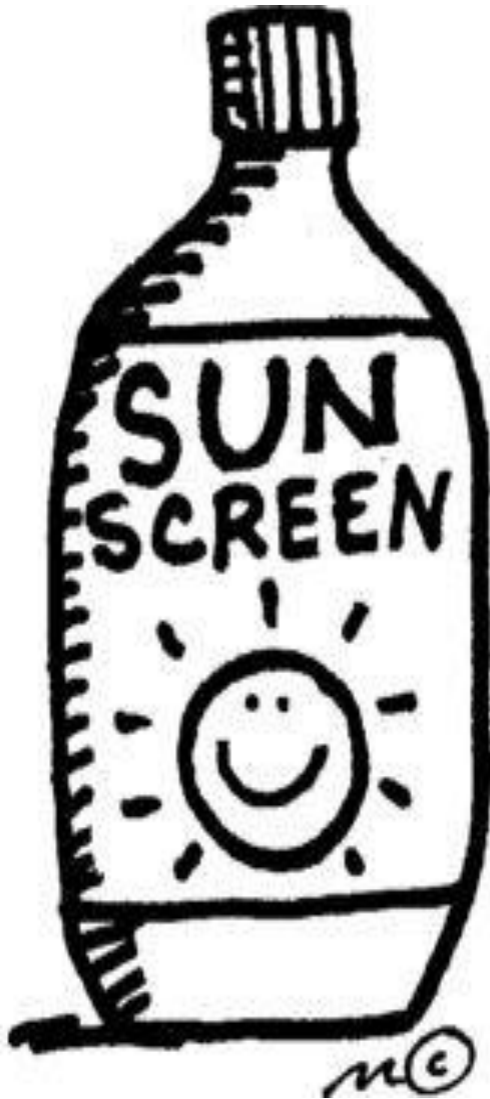


Be Sun Safe!



Sunscreen protects your skin from the sun. Always protect your skin when you are outdoors.

- **Use a sunscreen with an SPF of at least 30.**
- **Apply twenty minutes before going outside.**
- **Reapply every two hours.**
- **Use an ounce of sunscreen every time you apply.**
- **Make sure your sunscreen hasn't expired.**



www.outrunthesun.org