

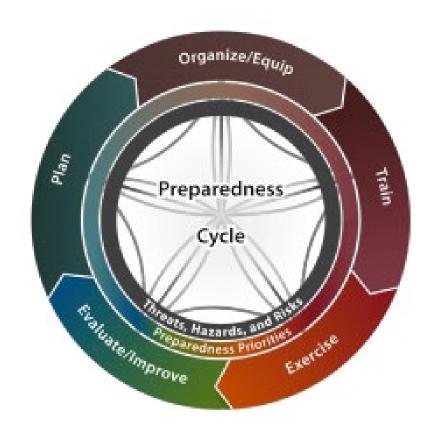
# EXERCISE

exercise@dhs.in.gov

## **INTEGRATED PREPAREDNESS**







#### WHAT IS EXERCISE?



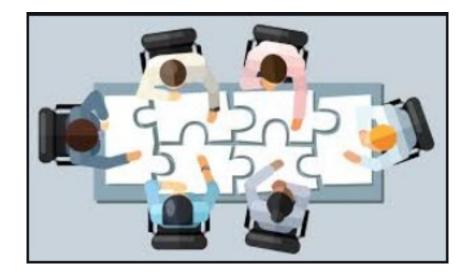
- Enables whole community stakeholders to test and validate plans and capabilities
  - Corresponds with the core capabilities and identified high priority hazards
- Key component of national preparedness
- Low-risk, no fault environment
- Familiarizes personnel with roles and responsibilities
- Addresses areas of improvement and identifies capability gaps

#### **TYPES OF EXERCISES**



#### **DISCUSSION-BASED**

- Seminar
- Workshop
- Tabletop (TTX)
- Games



#### **OPERATIONS-BASED**

- Drill
- Functional (FE)
- Full-Scale (FSE)

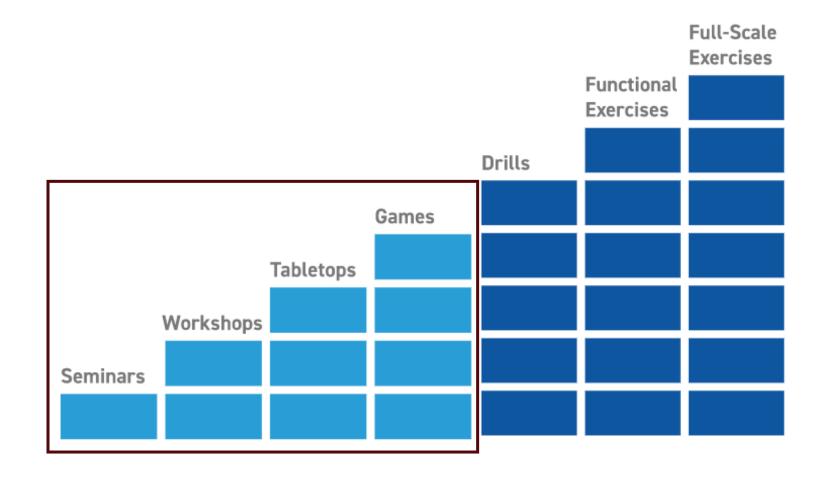


#### **DISCUSSION-BASED EXERCISES**



Discussion-based exercises focus on strategic, policy-oriented issues

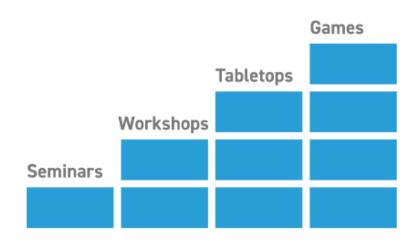
- Seminar
- Workshop
- Tabletop (TTX)
- Games



#### **SEMINAR EXERCISE**



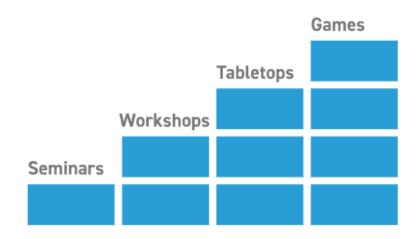
- Discussion-based
- Not to be confused with training
- Orients participants to a plan, policy or procedure



#### **WORKSHOP EXERCISE**



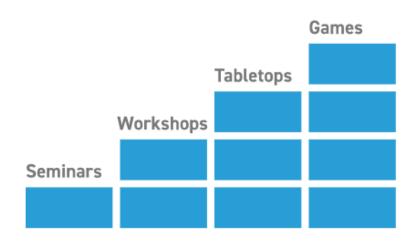
- Discussion-based
- Commonly misused and not to be confused with training
- Development of a plan, policy or procedure by the attendees
- Example Integrated Preparedness Planning Workshop (IPPW)
  - Produces the Integrated Preparedness Plan (IPP) and Integrated Preparedness Schedule (IPS)



## **TABLETOP EXERCISE (TTX)**



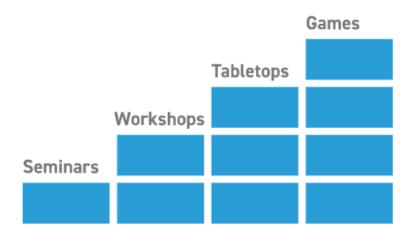
- Discussion-based
- Facilitation heavy to keep discussion on track with objectives
- Assesses plans, policies and procedures regarding a hypothetical, simulated emergency
- Outcome obtains recommended revisions to current plans, policies or procedures
- Basic v. Advanced



#### **GAMES EXERCISE**



- Discussion-based
- Rare
- Models and simulations that increase in complexity as game progresses
- Often involves two or more teams with competitive environment
- Uses rules, data and procedures to depict a situation
- Critical decision-making points determine success of game

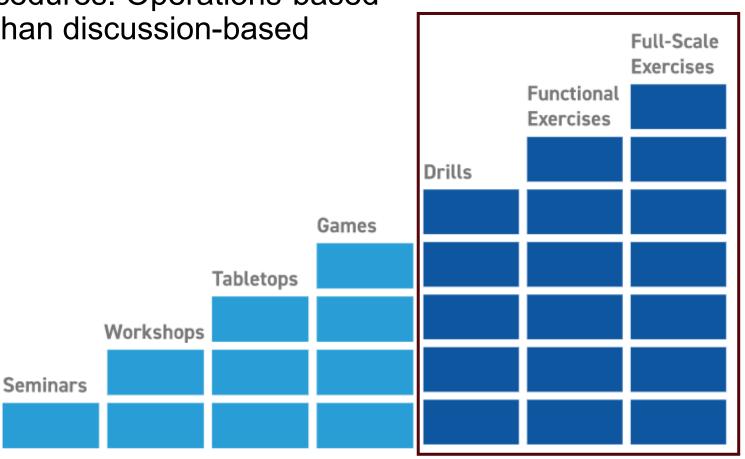


### **OPERATIONS-BASED EXERCISE**



Operations-based exercises are used to validate plans, policies, agreements and procedures. Operations-based exercises are more complex than discussion-based exercises.

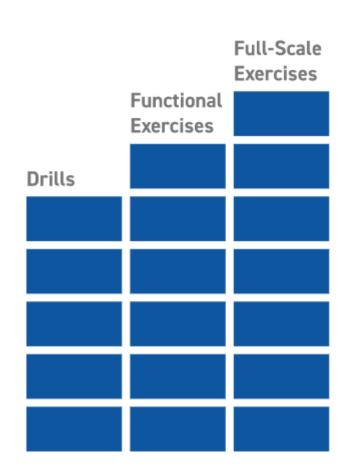
- Drill
- Functional (FS)
- Full-Scale (FSE)



#### **DRILL EXERCISE**



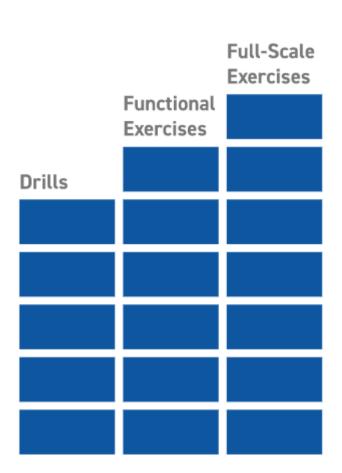
- Operations-based
- Commonly misused
- Tests single operation of function in a single agency or organization







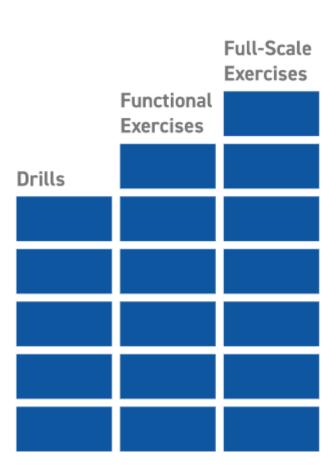
- Operations-based
- Validates multiple functions
- Movement of personnel and equipment is usually simulated
- Example Emergency Operation Center activation exercise







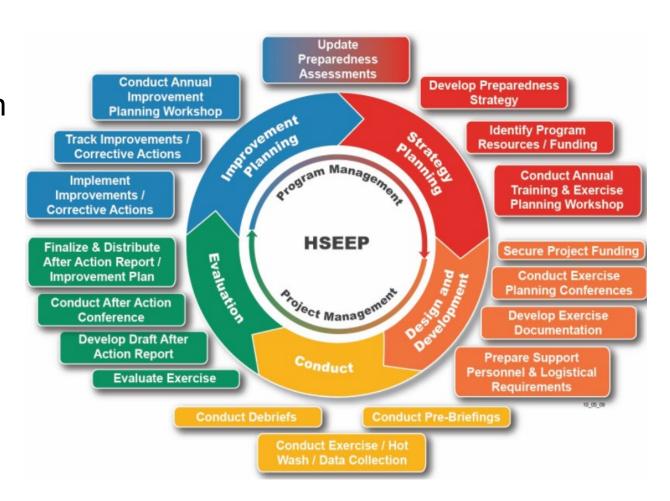
- Operations-based
- High stress, multi-agency, multi-jurisdictional activities
- Most complex
- Resource-intensive and possibly expensive
- Many moving parts



#### WHAT IS HSEEP?

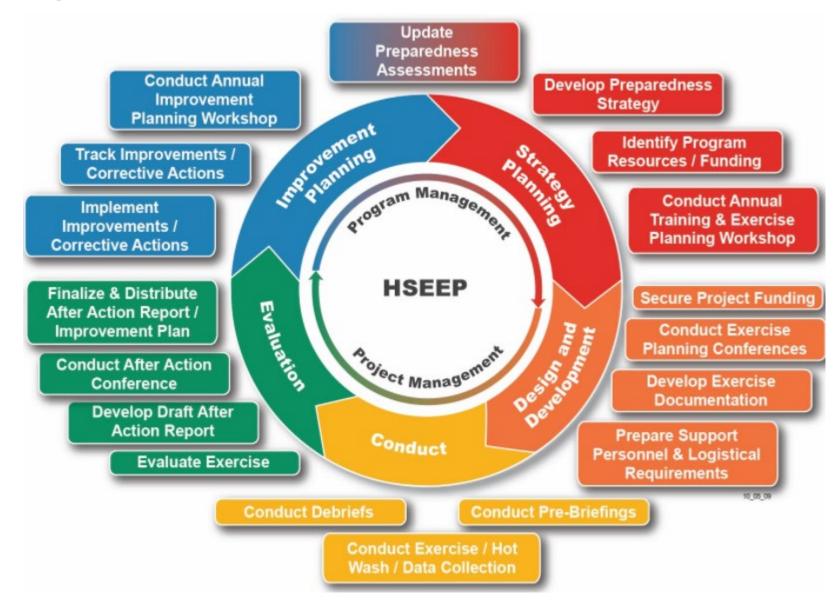


- Homeland Security Exercise and Evaluation Program
- Set of guiding principles, common approaches and common methodology for planning and conducting exercises
- Flexible
- Improves preparedness



#### WHAT IS HSEEP?





#### **IDHS POLICY**



- All exercises conducted by IDHS must use HSEEP.
- EMPG-funded individuals must participate in one HSEEP compliant or HSEEP consistent exercise in a year.
- Grant-funded exercises must be reviewed for HSEEP compliance by the IDHS Exercise Section.
- IDHS exercise staff approves/denies and track exercises as HSEEP compliant when requested.
- Sign-in sheet(s) and/or email PDF verification needed.





- Pre-planning meetings, sign-in sheets and agendas
  - Initial Planning Meeting (IPM)
  - Final Planning Meeting (FPM)
- Documentation
  - Budget
  - Pre-planning meeting, sign-in sheets and agendas
  - Presentations if applicable
  - Agenda for exercise event
  - Exercise participant rosters/sign-in sheet
  - Executive summary





- Pre-planning meetings, sign-in sheets and agendas
  - Initial Planning Meeting (IPM)
  - Final Planning Meeting (FPM)
- Documentation
  - Budget
  - Pre-planning meeting, sign-in sheets and agendas
  - Agenda for exercise event
  - Situation manual
  - Exercise evaluation guides
  - Exercise participant rosters/sign-in sheet
  - After-Action/Improvement Plan





- Pre-planning meetings
- Sign-in sheets and agendas
  - Concept and Objectives Meeting (C&O Meeting)
  - Initial Planning Meeting (IPM)
  - Midterm Planning Meeting (MPM)
  - Master Scenario Events List Meeting (MSEL Meeting)
  - Final Planning Meeting (FPM)

- Documentation
  - Budget
  - Pre-planning meeting, sign-in sheets and agendas
  - Agenda for exercise event
  - Exercise Plan
  - Master Scenario Events List
  - Controller/Evaluator Handbook
  - Exercise Evaluation Guides
  - Exercise participant rosters/sign-in sheet
  - After-Action/Improvement Plan

#### **IDHS HELPFUL TIPS**



- Use the templates.
  - Recommended but not required
  - If using your own version, documentation should still include the key components necessary, i.e. objectives and areas of improvement.
- Use exercise kits.
- Ask for assistance if you are planning an exercise with a hazard you have never exercised before. IDHS can help.
- Use core capabilities.
  - IDHS no longer uses target capabilities/mission areas.
- Include SMART objectives.

#### IDHS HELPFUL TIPS CONT.



- Progressive Planning and THIRA/SPR data-driven exercises
- Small exercise? HSEEP is flexible. Combine a planning meeting if necessary. Use a conference call or webinar for a planning meeting if you must. Just make sure you create an agenda and document who participated on the call.
- Well-written After-Action Reports, including Corrective Action Plans, are important to the improvement process and can be a valuable tool to inform organization and community leaders.



#### REFERENCE MATERIAL



- HSEEP
  - <a href="https://www.fema.gov/sites/default/files/2020-04/Homeland-Security-Exercise-and-Evaluation-Program-Doctrine-2020-Revision-2-2-25.pdf">https://www.fema.gov/sites/default/files/2020-04/Homeland-Security-Exercise-and-Evaluation-Program-Doctrine-2020-Revision-2-2-25.pdf</a>
- Exercise Templates
  - <a href="https://www.in.gov/dhs/emergency-management-and-preparedness/exercise-section/#Templates">https://www.in.gov/dhs/emergency-management-and-preparedness/exercise-section/#Templates</a>
- FEMA Independent Study: IS-0120.c An Introduction to Exercises
- IDHS Exercise Guide
  - https://www.in.gov/dhs/files/idhs-exercise-guide.pdf
- FEMA Mission Areas and Core Capabilities
  - https://www.fema.gov/core-capabilities

#### REFERENCE MATERIAL



- Support Requests
  - https://on.in.gov/exercise-support
- Recent Exercises at a Glance
  - https://www.in.gov/dhs/files/idhs-exercises-at-a-glance.pdf
- Integrated Preparedness Schedule
  - https://www.in.gov/dhs/files/integrated-preparedness-schedule.pdf
- HSEEP Compliance Table
  - https://www.in.gov/dhs/files/hseep-compliance-table.pdf