

RAPT APPROVED ALTERNATIVE

IN-SERVICE TRAINING LIST (2026 Approvals)

Alternative Training Update	1
Alternative Training Request Form	1
Alternative Training Requirements	2
Books	3
TV Series & Movies	3
Colleges Courses & Curriculum	4
Conferences, Retreat, Summit, & Workshops	5-6
Instructor Led Virtual Trainings, Resource Fair, Support Group,	7-8
SuccessFactors, & Webinars	

Alternative Training Update

We are revising the approval process for alternative training. A workgroup has been formed to review monthly requests and will focus on college courses, curriculum, live/virtual trainings, seminars, and conferences. Once upper management approves the workgroup's recommendations then an email will be sent quarterly from

DCSRAPTRegistrations@dcs.in.gov with the list of approved alternative trainings.

Alternative Training Request Form

Click the link below to request alternative trainings to be approved.

<https://forms.office.com/g/3SMaVXr3WA>

Alternative Training Requirements

The Indiana Department of Child Services (DCS) requires each person who is issued a license to operate a resource family home to successfully complete 15 hours of in-service training annually following completion of their initial licensure. Eight hours of credit is the most that can be earned through alternative in-service training when 15 hours are required.

DCS requires each licensee who has a therapeutic certificate to successfully complete 20 hours of in-service training annually, which includes 10 hours of training required to be licensed as a resource parent and 10 of additional therapeutic training to meet the child's specific needs. Eight hours of credit is the most that can be earned through alternative in-service training when 20 hours are required.

The following steps are to be taken when fulfilling the alternative training hour requirement:

1. Verify that the alternative training activities are on the Current Approved Alternative In-Service Training list.
2. Contact their licensing worker to request approval of any non-approved training activities; and
3. Complete and submit an Alternative Training Verification (SF52643/CW2110) form to be approved by the licensing worker after reading a book or viewing a tape/video. <http://www.in.gov/dcs/3332.htm>
4. The licensing worker will maintain documentation for alternative in-service training requirement exceptions in an individual file at the DCS local office or LCPA office.

In-service training is available to prospective resource parents, licensed resource parents, prospective adoptive parents, DCS merit staff, and respite care providers. **All alternative in-service training must be related to the roles of the resource parent(s) working with families and children and be approved by RAPT Assistant Deputy Director.** Training hours will not be given, nor will they be accepted for Quality Assurance purposes if they are not on the Approved Alternative In-Service Training list.

Please note that state and local laws, policies, and procedures take precedence over any information found within these materials or at the approved web sites listed.

For those who are already licensed foster parents; new training hour requirement will be explained at the time of annual review and effective for the coming year

1. Total hours = 15
 - a. At least 7 hours in person (face to face)
 - b. Up to 8 hours may be alternative (online training, books, videos)

Books		
Alternative Training Title	Type of Alternative Training	Training Hours
Attachments: Why You Love, Feel, And Act the Way You Do	Audio Book	14 Hours
Eyes Are Never Quite: Listening Beneath the Behaviors of Our Most Troubled Students	Book	308pgs = 5.25Hours
Ten Things Every Child with Autism Wishes You Knew Updated and Expanded Edition 2012	Book	200pgs = 3.25Hours
The Loving Push: How Parents and Professionals Can Help W/Spectrum Kids Become Successful Adults	Book	280pgs = 4.75Hours

TV Series & Movies		
Alternative Training Title	Type of Alternative Training	Training Hours

College, Self-Paced, On-Demand Courses & Curriculum

Alternative Training Title	Type of Alternative Training	Training Hours
Adolescent Psychology	College Course	
Being Trauma Informed	Self-Paced	1 Hour
Beyond Reaction: Proactive Steps In Behavioral Intervention	Self-Paced	1 Hour
Crisis & Calm - A Holiday Survival Guide	Self-Paced	1 Hour
Essential Elements Of Trauma-Informed Care Modules 1-4	Self-Paced	2 Hours
Grief And Loss	Self-Paced	.5 Hours
Handle With Care School Presentation (Updated Oct 2024)	Self-Paced	.5 Hours
How To Care of Yourself So That You Can Help Others	Self-Paced	1 Hour
IN988: Building Skills To Support Trafficking Victims	Self-Paced	1 Hour
IN988: Managing Personal Triggers While Supporting Others	Self-Paced	.5 Hours
In988: Mastering Stress Management Essential Techniques	Self-Paced	1 Hour
IN988: Power Of the Pivot	Self-Paced	1 Hour
IN988: Supporting Youth and Adolescent Visitors	Self-Paced	.5 Hours
Indiana Early Learning Standards	Self-Paced	1.5 Hours
Labor And Sex Trafficking Red Flags In UAC Programs	Self-Paced	1.5 Hours
Overview Of Americans with Disabilities Act	Self-Paced	1 Hour
Safe Sleep for Babies	Self-Paced	.5 Hours
Sexual Abuse Awareness Training	Self-Paced	1 Hour
Skills Training for Evaluation and Management of Suicide	Self-Paced	1 Hour
Spark! Ouch! Biting Hurts!	Self-Paced	1 Hour
Supporting Individuals Experiencing Psychotic Symptoms	Self-Paced	1 Hour
Supporting Individuals with Intellectual Disabilities	Self-Paced	2 Hours
Transferring Learning into Action	Self-Paced	2 Hours
Trauma Informed Care	Self-Paced	.5 Hour

Conference, Retreat, Summit, & Workshops

Alternative Training Title	Type of Alternative Training	Training Hours
2026 Foster Parent Appreciation Banquet	Conference	1 Hour
2026 Kids Trauma Conference	Conference	14 Hours
Building A Calmer Brain From The Bottom Up	Conference	1 Hour
Bullying: Recognition and Response	Conference	1 Hour
Caregiver of Mental Health Part 1	Instructor Led Webinar	3 Hours
Caring for the Caregiver: Mental Health and Well-being for Parents	Conference	1.5 Hours
Child Abuse Prevention Awareness Breakfast (LaPorte County)	Conference	4 Hours
Child Abuse: Mandatory Reporting	Conference	.5 Hour
Coaching Safe Sleep with Kids Safe Sleep	Instructor Led Webinar	1.5 Hours
Communication Styles and Skills	Conference	.5 Hour
Connection & Attachment in Action	Conference	1 Hour
Creating a respectful workplace and learning culture	Conference	.5 Hour
De-Escalation Strategies (full course)	Conference	.5 Hour
Digital Safety Summit	Summit	3 Hours
Disruptive Student Behavior (full course)	Conference	.5 Hour
Eating Disorder and Awareness/Prevention	Conference	.5 Hour
Elkhart County Children's Summit 2026	Conference	6.5 Hours
FCM PanelDiscussion	Conference	1.5 Hours
Filled: A Gathering for Foster, Adptive, and Kinship Moms 2026	Conference	8 Hours
Fostering and Adoptive Parenting	Conference	2 Hours
Fostering Belonging in K-12 Classrooms	Conference	.5 Hour
Grief	Conference	1 Hour
Growing Strong: Early Intervention Support for Foster Families	Live Event	1.5 Hours
Hazing Prevention in K12 Environments	Conference	1 Hour
Health Emergencies - Asthma Awareness	Conference	.5 Hour
Health Emergencies - Life threatening allergies	Conference	.5 Hour
High in Plain Sight	Conference	3 Hours
Hope for the Journey 2026	Conference	2 days = 5 Hours
Invisible Wounds: Understanding Traumatic Brain Injury Survivors	Recording of Conference/Webinar	1 Hour 15m
IOA Winter Conference 2025 CME	Conference	2 Hours
Mental Health First Aid	Conference	8 Hours

Mental Health First Aid	Conference	8 Hours
Mental well-being for staff	Conference	.5 Hour
NMC Foster and Adoptive Mom Retreat	Conference	3 Hours
Parenting on Purpose	Conference	6 weeks 1Hour ea = 6Hours
Parenting Practices: Connection, Regulation, and Trust Building	Conference	1 Hour training, 1Hour support
Practicing Self Regulation	Conference	
Reconnect, Renew, Reimagine, Parenting with TBRI	Conference	12 Hours
Regulation First	Conference	1 Hour
Self-harm and prevention	Conference	.5 Hour
Sextortion, Sexting, Gaming and Online Safety	Conference	1.5 Hours
Sexual Misconduct - Staff to Student	Conference	.5 Hour
Socilaization/Family Night at Vigo County Headstart	Summit	2.5 Hours
Stress Management	Conference	.5 Hour
Sustainability & Caregiver Capacity	Conference	1 Hour
TBRI	Conference	15 Hours
TBRI Blocked Care and Self Regulation	Conference	
TBRI Summit	Conference	6.75 Hours
TBRI Training for Parents and Caregivers	Instructor Led Webinar	Two days 16 Hours
The Power of Us	Conference	6.5 Hours
Understanding the "Why" Behind Behavior	Conference	1 Hour
Understanding the Teen Experience: Trauma, Belonging, and Safety	Conference	1 Hour
Using Play Therapy to Heal Wounded Attactment and Dissociation (2025)	Conference	2 day = 12 Hours
WAIT: What Am I Thinking?	Live Event	6 sessions x 1.5 ea = 10 Hours
Webs of Support: Seeing Kids in Full color	Instructor Led Webinar	1.5 Hours
When the World Says Cope, God Says Hope: Encouragement and Hope for Families Affected by Disabilities	Conference	1.5 Hours
When Trauma Grows up with You: Developmental Trauma in Youth	Conference	2 Hours

Instructor Led Virtual Trainings, Resource Fair, Support Group, SuccessFactors, & Webinars

Alternative Training Title	Type Of Alternative Training	Training Hours
Advocacy And Training Alliance Foundations For Working With Sexual Harm In Youth	Training	7 Hours
An Evening With Claudia Rowe; Author Of: Wards Of The State, The Long Shadow Of American Foster Care	In Person	2.5-3 Hours
Attachment, Connection & Relational Trust	Training	2 Hours
Before Someone Goes Missing	Training	2 Hours
Behavior Decoding	Support Group	2 Hours
Building Trust With Children	Support Group	2 Hours
Bullying: Recognition And Response	Training	1 Hour
Caregiver Of Mental Health Part 1	Training	3 Hours
Caregiver Wellness	Support Group	2 Hours
Child Abuse: Mandatory Reporting	Training	.5 Hour
Coaching Safe Sleep With Kids Safe Sleep	Training	1.5 Hours
De-Escalation 101	Support Group	2 Hours Each
Emotional Development, Growth & Stabilization	Training	2 Hours
Empowered Parenting	Training	1 Hour X 8wk = 8 Hours
Empowered Parenting	Training	1 Hour X 8wk = 8 Hours
Encouraging Leadership Skills	Support Group	2 Hours Each
Family Internet Safety Course	Training	1.5 Hours
Gastrostomy Tubes And Buttons	Medical Training	1 Hour
Grief	Training	1 Hour
Grief And Joy	Support Group	2 Hours
Growing Up Too Soon	Support Group	2 Hours Each
Helping Children With Depression	Support Group	2 Hours Each
Holiday Planning	Support Group	2 Hours Each
Human Trafficking Awareness	Training	1 Hour
Intimate Partner Violence: Assessment, Safety Planning And Trauma	Training	3 Hours
Invisible Wounds: Understanding Traumatic Brain Injury Survivors	Recording Of Conference/Webinar	1 Hour 15m
Managing Behavior Outburst	Support Group	2 Hours
Managing Expectation In Foster And Adoptive Parenting	Support Group	2 Hours
Managing Me Through Adversity	Training	1 Hour
Mindfulness & Grounding Techniques	Support Group	1.5 Hours

Our Faith Filled Adoption Journey Part 1	Training	1 Hour
Our Faith Filled Adoption Journey Part 2	Training	1 Hour
Parenting For ADHD Communication For Connection	Training	2 Hours
Partnering With CASA To Support Children In Foster Care	Support Group	1.5 Hours
Positive Way To Address Stealing	Support Group	2 Hours Each
Responding To Manipulation	Support Group	2 Hours Each
Rock (Raising Our Children's Kids) - Topic Week 1 - You Are Not Alone, Intro To Group And Leader	Training	1 Hour
Rock (Raising Our Children's Kids) - Topic Week 2 - Grief, Loss And Letting Go	Training	1 Hour
Rock (Raising Our Children's Kids) - Topic Week 3 Trauma Stress And The Body	Training	1 Hour
Rock (Raising Our Children's Kids) - Topic Week 4 Parenting Again In The New World	Training	1 Hour
Rock (Raising Our Children's Kids) - Topic Week 5 Navigating School, Medical And Legal System	Training	1 Hour
Rock (Raising Our Children's Kids) Topic Week 6 Caring For Yourself Without Guilt	Training	1 Hour
Rock (Raising Our Children's Kids) Topic Week 7 Managing Big Emotions And Behavior	Training	1 Hour
Rock (Raising Our Children's Kids) Topic Week 8 Relationships With Adult Children	Training	1 Hour
Rock (Raising Our Children's Kids) Topic Week 9 Building Support And Planning Ahead	Training	1 Hour
Rock (Raising Our Children's Kids) Topic 10 Strength Hope Moving Forward	Training	1 Hour
Self-Awareness, Regulation & Brain-Based Safety	Training	2 Hours
Sleep Health And Sleep Disorders Across The Lifespan	Training	4 Hours
Socialization/Family Night	Training	1.5 Hours
Students With Exceptional Needs	Training	3.5 Hours
TBRI Attachment	Support Group	1 Hour
TBRI Training For Parents And Caregivers	Training	Two Days = 16 Hours
Textured Love	Training	4 Hours
The Biblical Counseling Training Conference At Faith Lafayette	Training	29 Hours
Trauma Informed Behavior Management	Training	1.5 Hours
Understanding Anthem Benefits For Foster Families	Training	1.5 Hours
Understanding Identity Development In Children	Support Group	2 Hours
Webs Of Support: Seeing Kids In Full Color	Training	1.5 Hours
When A Child Refuses To Attend School	Support Group	2 Hours Each
Your Role In Visits	Training	1 Hour