

**Harrison County Government**  
*Harrison County, Indiana*

# 2026

## EMPLOYEE BENEFITS OPEN ENROLLMENT



# Welcome to your 2026 Employee Benefits!

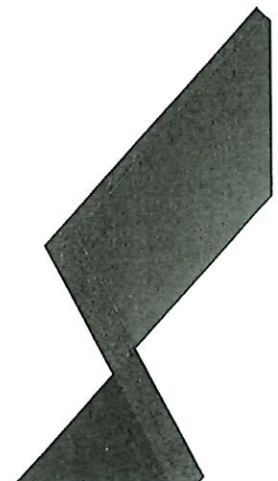
Harrison County Government recognizes the important role employee benefits play as a critical component of your overall compensation. We strive to maintain a benefits program that is competitive within our industry and designed to protect your health, your family, and your way of life.

This guide was created to answer some of the questions you may have and provide the tools and resources you will need to take full advantage of the programs and plans being offered. Please read it carefully along with any supplemental materials you receive.

For any questions about the benefits outlined in the guide, please contact your Human Resources Department.

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# Open Enrollment & Plan Highlights

## 2026 Plan Year Highlights



### Medical Plan

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Anthem | Group # W11580

[anthem.com](https://www.anthem.com)

1.833.578.441



### Dental Plan

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Anthem | Group # W11580

[anthem.com](https://www.anthem.com)

1.877.604.2142



### Vision Plan

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Anthem | Group # W11580

[anthem.com](https://www.anthem.com)

1.833.723.0515

### Shepherd Insurance

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Chris Maynard

812.483.4377 | [cmaynard@shepherdins.com](mailto:cmaynard@shepherdins.com)

Luke Shoulders

812.916.7003 | [lshoulders@shepherdins.com](mailto:lshoulders@shepherdins.com)

## Eligibility

All full-time employees working 30 hours per week are eligible for the benefits program. Medical, Dental, and Vision benefits begin date of hire. Basic Life & A&D, Voluntary Life, and Long-Term Disability benefits begin on the first of the month of the following 30 days of employment. You may insure yourself and eligible family members under the program. Children are eligible for Medical, Dental, Vision, and Voluntary Life and AD&D to age 26.

- For new employees working 30 hours per week, benefits begin on the first of the month following 30 days.
- All current employees work 30 hours per week.

### Eligible Dependents

- A spouse with whom you are legally married
- A dependent child under the age of 26. Coverage terminates at the end of the month of the dependent's 26th birthday

**Please Note:** If you cover an individual on your benefit plan who is not an eligible dependent, this is considered fraud and theft. Claims may be reprocessed and become your responsibility. Anyone found providing false statements will be subject to discipline up to and including termination of employment.



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Harrison County, Indiana





# Open Enrollment & Plan Highlights

## Benefit Change in Status

Harrison County Government sponsors a cafeteria plan which allows eligible employees to choose from a menu of different benefits to suit their needs and to pay for some or all of those benefits with pre-tax dollars.

Harrison County Government's plan year is January 1st through December 31st. Participant elections made under a cafeteria plan are generally irrevocable and run from the beginning of the Plan Year (or date of initial eligibility) through the end of the Plan Year. You will not be able to change or revoke your elections during the Plan Year unless you experience an IRS-permitted qualifying event. Any change you make must be consistent with the qualifying event. Examples of qualifying events that may entitle you to make a mid-year change in your election during a Plan Year include:

- Birth / Adoption
- Divorce
- Death
- FMLA Related Leave
- Dependent Child Age Limit
- Marriage
- Loss of Coverage
- Eligible for Medicare

**You must notify your Human Resources Department within 30 days from the Status Change in order to make a change in your benefit selections.**



# 2026 Medical Benefit Summary

2026 Plan Year Details (24 pays)

| Employee Payroll Deductions | Option 1 Core Plan | Option 2 - Buy Up |
|-----------------------------|--------------------|-------------------|
| Employee                    | \$25.57            | \$62.56           |
| Employee + Spouse           | \$53.69            | \$131.36          |
| Employee + Children         | \$46.02            | \$112.60          |
| Employee + Family           | \$81.60            | \$199.65          |

| Service   | Option 1 Core Plan    |                  | Option 2 Buy Up       |                 |
|---|-----------------------|------------------|-----------------------|-----------------|
|   | In Network            | Out of Network   | In Network            | Out of Network  |
| <b>Deductible</b><br>(Individual/Family)              | \$1,000/\$2000        | \$3,000/\$6,000  | \$500/\$1,000         | \$1,000/\$2,000 |
| <b>Out of Pocket Maximum</b><br>(Individual/Family)   | \$3,000/\$6,000       | \$6,000/\$12,000 | \$1,500/\$3,000       | \$3,000/\$6,000 |
| <b>Physician Office Visits</b><br>(Individual/Family) | \$30 Copay/\$30 Copay | 50% Coinsurance  | \$25 Copay/\$25 copay | 40% Coinsurance |
| <b>Prenatal Care</b>                                  | Covered in Full       | 50% Coinsurance  | Covered in Full       | 40% Coinsurance |
| <b>Emergency Room Copay</b>                           | \$200 Copay           | \$200 Copay      | \$200 Copay           | \$200 Copay     |
| <b>Urgent Care Copay</b>                              | \$75 Copay            | 50% Coinsurance  | \$75 Copay            | 40% Coinsurance |
| <b>Outpatient Surgery</b>                             |                       |                  |                       |                 |
| <b>Hospital/Alternative Care Facility</b>             | 20% Coinsurance       | 50% Coinsurance  | 20% Coninsurance      | 40% Coinsurance |

## Prescription Drugs

*\*Rx non-network diabetic/asthmatic supplies not covered except diabetic test strips*

|   |                 |               |                |               |
|---|-----------------|---------------|----------------|---------------|
| <b>Retail 30 Day Supply</b><br>(Tier 1/2/3)     | \$10/\$25/\$40  | 50% min \$40* | \$10/\$20/\$30 | 50% min \$30* |
| <b>Mail Order 90 Day Supply</b><br>(Tier 1/2/3) | \$10/\$60/\$100 | Not Covered   | \$10/\$50/\$90 | Not Covered   |



# 2026 Dental Benefit Summary



2026 Plan Year Details (24 pays)

## Employee Payroll Deductions

|                     |         |
|---------------------|---------|
| Employee            | \$13.60 |
| Employee + Spouse   | \$30.18 |
| Employee + Children | \$39.57 |
| Employee + Family   | \$56.16 |

|  | In Network                | Out of Network   |
|--|---------------------------|------------------|
| <b>Deductible</b><br>(Individual/Family)   | \$25 Single/3X Individual |                  |
| <b>Maximum Benefit</b>   | \$1,000                   |                  |
| <b>Diagnostic &amp; Preventative Services</b><br>Oral Examinations, Full Mouth & Bitewing X-rays, Cleanings    | 100% Coinsurance          | 100% Coinsurance |
| <b>Basic Services</b><br>Amalgam Fillings, Front composite filling, Back composite filling, Simple Extractions | 80% Coinsurance           | 80% Coinsurance  |
| <b>Oral Surgery</b><br>Surgical extractions  | 80% Coinsurance           | 80% Coinsurance  |
| <b>Endodontics</b><br>Root Canal Therapy   | 50% Coinsurance           | 50% Coinsurance  |
| <b>Periodontics</b><br>Scaling and Root Planning   | 50% Coinsurance           | 50% Coinsurance  |
| <b>Major Services &amp; Prosthodontics</b><br>Crowns, Dentures, Bridges, Dental Implants                       | 50% Coinsurance           | 50% Coinsurance  |
| <b>Orthodontia</b><br>(Dependent Children Only)  | 50% Coinsurance           | 50% Coinsurance  |
| <b>Orthodontia Lifetime Maximum</b>  | \$1,000                   | \$1,000          |



Harrison County Government  
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# 2026 Vision Benefit Summary

2026 Plan Year Details (24 pays)



## Employee Payroll Deductions

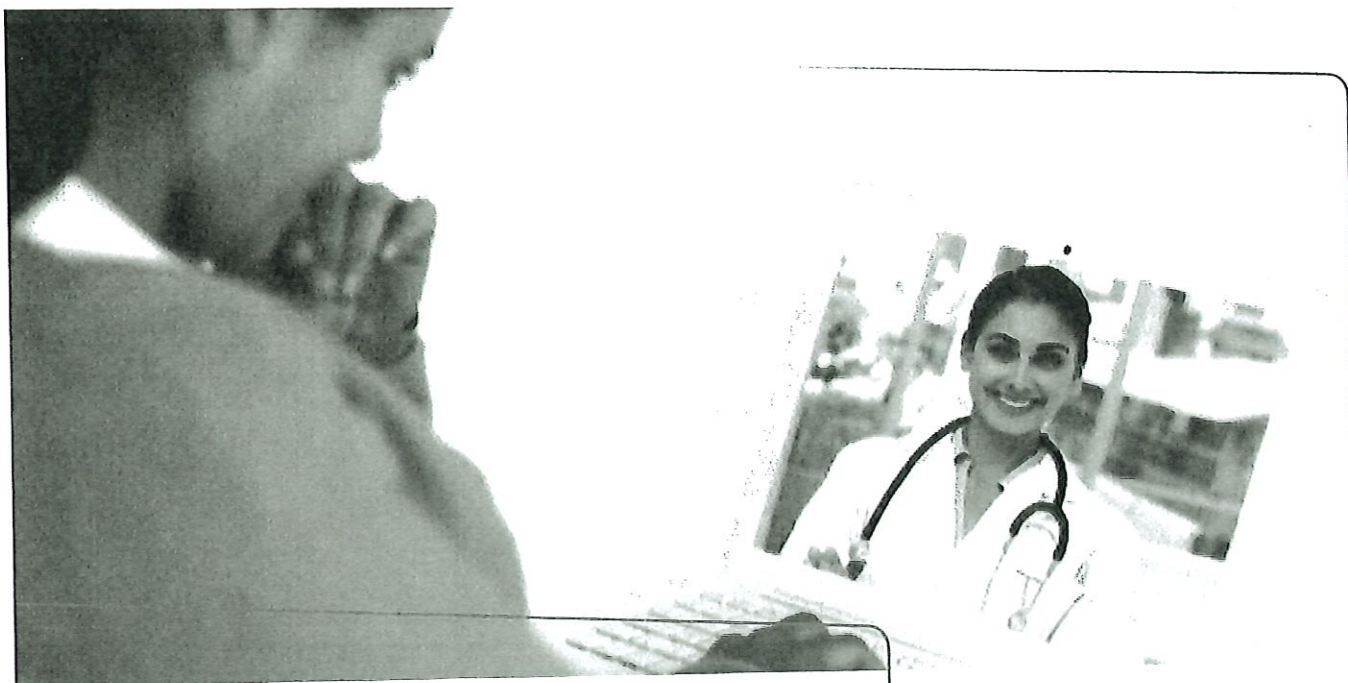
|                     |         |
|---------------------|---------|
| Employee            | \$5.22  |
| Employee + Spouse   | \$9.40  |
| Employee + Children | \$9.40  |
| Employee + Family   | \$15.11 |

|  | In Network                       | Out of Network        |
|--|----------------------------------|-----------------------|
| <b>Routine Eye Exam</b> ( <i>every calendar year</i> ) | \$20 Copay                       | Up to \$42 allowance  |
| <b>Eyeglass Frames</b> ( <i>every calendar year</i> )  | \$130 allowance, 20% off balance | Up to \$45 allowance  |
| <b>Standard Plastic Lenses</b>                         |                                  |                       |
| Standard Single  | \$20 Copay                       | Up to \$40 allowance  |
| Standard Bifocal                                       |                                  | Up to \$60 allowance  |
| Standard Trifocal                                      |                                  | Up to \$80 allowance  |
| <b>Contact Lenses</b> ( <i>every 12 months</i> )       | In lieu of eyeglasses            |                       |
| <b>Elective Conventional</b>                           | \$130 allowance, 15% off balance | Up to \$105 allowance |
| <b>Elective Disposable</b>                             | \$130 allowance                  | Up to \$105 allowance |
| <b>Medically Necessary</b>                             | Covered in Full                  | Up to \$210 allowance |



**Harrison County Government**  
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# LiveHealth Online

What you need to know about video visits  
with a doctor, 24/7

## What is LiveHealth Online?

LiveHealth Online lets you have a video visit with a board-certified doctor using your smartphone, tablet or computer with a webcam. No appointments, no driving and no waiting at an urgent care center. Doctors are available 24/7 to assess your condition and, if it's needed, they can send a prescription to your local pharmacy.\*

Use LiveHealth Online if you have pinkeye, a cold, the flu, a fever, rashes, infections, allergies or another common health condition. It's faster, easier and more convenient than a visit to an urgent care center.

## Why would I use LiveHealth Online Instead of going to visit my doctor in person?

LiveHealth Online isn't meant to replace your primary care doctor. It's a convenient option for care when your doctor isn't available. LiveHealth Online connects you with a doctor in minutes. Plus, you can get a LiveHealth Online visit summary from the *MyHealth* tab at [livehealthonline.com](http://livehealthonline.com) to print, email or fax to your primary care doctor.



**LiveHealth**  
ONLINE

LiveHealth Online should not be used for emergency care. If you have a medical emergency, call 911 right away.

## When is LiveHealth Online available?

Doctors are available 24/7, 365 days a year.

## How does LiveHealth Online work?

When you need to see a doctor, simply go to [livehealthonline.com](http://livehealthonline.com) or use the LiveHealth Online mobile app. Pick the state you're in and answer a few questions.

Setting up an account allows you to securely store your personal and health information. Plus, you can easily connect with doctors in the future, share your health history and set up online visits at times that fit your schedule.

Once connected, you can talk with the doctor as if you were in a private exam room.



Your Anthem plan includes benefits for video visits using LiveHealth Online, so you'll just pay your share of the costs — usually \$59 or less for a doctor visit.

**Will I be charged more if I use LiveHealth Online on weekends, holidays or at night?**

No, the cost is the same.

You can use PayPal, American Express, Visa, MasterCard and Discover cards to pay for an online doctor visit. Keep in mind that charges for prescriptions aren't included in the cost of your visit.

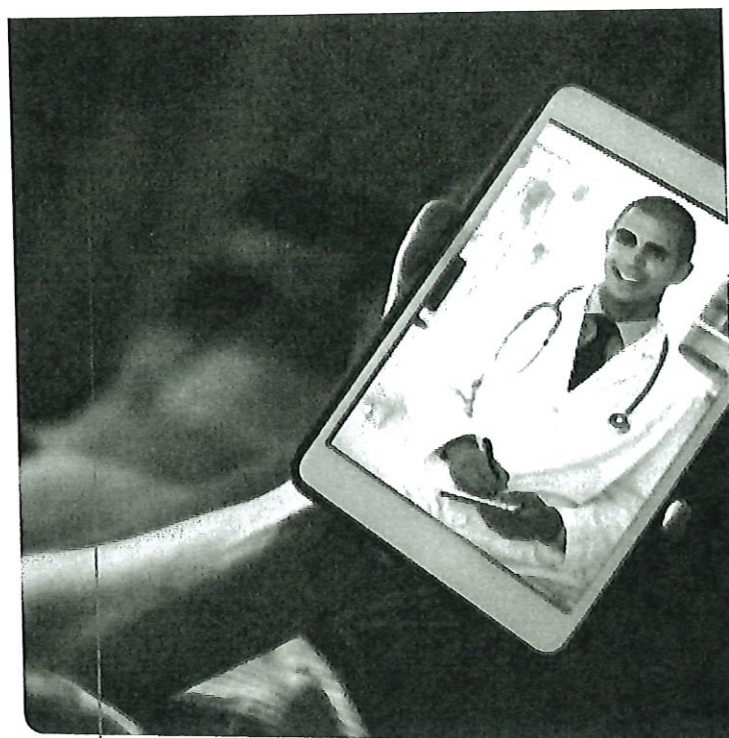
**Is there a LiveHealth Online app that I can download to my smartphone?**

Yes, search for “LiveHealth Online” in the App Store® or on Google Play™. To learn what mobile devices are supported and get instructions, go to [livehealthonline.com](http://livehealthonline.com) and select **Frequently asked questions** under the *How it works* tab.

You'll need high-speed Internet access, a webcam or built-in camera with audio. To learn what computer hardware and software you need, go to [livehealthonline.com](http://livehealthonline.com) and select **Frequently asked questions** under the *How it works* tab.

It depends on whether or not you set up an account. With a LiveHealth Online account, you can allow doctors to access and review your health information from past visits. Also, to help keep track of your own health information, you can record it at [livehealthonline.com](http://livehealthonline.com). Once you sign in, go to the *MyHealth* tab and then select **Health Record**.

A typical LiveHealth Online visit with a doctor lasts about 10 minutes.



Yes, just select the state you're in under **My Location** on [livehealthonline.com](https://livehealthonline.com) or with the app, and you'll only see doctors licensed to treat you in that state. Don't forget to change the state back when you get home.

Send an email to [customersupport@livehealthonline.com](mailto:customersupport@livehealthonline.com) or call toll free at 1-888-548-3432.



**LiveHealth<sup>®</sup>**  
ONLINE

\* Prescription availability is defined by physician judgment and state regulations. Visit the home page of [livehealthonline.com](http://livehealthonline.com) to view the service map by state. LiveHealth Online is the trade name of Health Management Corporation, a separate company providing telehealth services on behalf of Anthem.

If you're a retiree or have coverage that complements your Medicare benefits, your employer sponsored health plan may not include coverage for online visits using LiveHealth Online. Check your plan documents for details. You can still use LiveHealth Online, but you may have to pay the full cost of a visit. Online visits using LiveHealth Online may not be a covered benefit for HRA and HSA members.

Visit [artem.com](http://artem.com). Online visits using LiveHealth Connect may have a covered cost for new and HMO members.

Artem Health, Artem Cross and Blue Shield is the trade name of In Colorado: Rocky Mountain Hospital and Medical Service, Inc. HMO products underwritten by HMO Colorado, Inc. Copies of Colorado network access plans are available on request from member services or can be obtained by going to [artem.com/network-access](http://artem.com/network-access). In Connecticut: Artem Health Plans, Inc. In Georgia: Blue Cross Blue Shield Health Plan of Georgia, Inc. In Indiana: Anthem Insurance Companies, Inc. In Kentucky: Anthem Health Plans of Kentucky, Inc. In Maine: Anthem Health Plans of Maine, Inc. In Missouri (excluding 30 counties in the Kansas City area): Regi-Health® Managed Care, Inc. (H1), Health Alliance® Life Insurance Company (H4), and Health Alliance® Life Insurance Company (H4), and Health Alliance® Life Insurance Company (H4). In Michigan: Anthem Health Plans of Michigan, Inc. In Minnesota: Anthem Health Plans of Minnesota, Inc. In New Hampshire: Anthem Health Plans of New Hampshire, Inc. HMO plans are administered by Anthem Insurance Company of New Hampshire, Inc. In New Jersey: Anthem Health Plans of New Jersey, Inc. In New York: Anthem Health Plans of New York, Inc. In North Carolina: Anthem Health Plans of North Carolina, Inc. In North Dakota: Anthem Health Plans of North Dakota, Inc. In Ohio: Community Insurance Company, Inc. In Virginia: Anthem Health Plans of Virginia, Inc. In Washington: Anthem Health Plans of Washington, Inc. In Wisconsin: Blue Cross Blue Shield of Wisconsin (BCBSWI), underwrites or administers PPO and indemnity policies and underwrites the out-of-pocket benefits of PPO policies offered by CompCare Health Services Insurance Company (CompCare) or Wisconsin Collaborative Insurance Corporation (WCIC). CompCare underwrites or administers HMO or PPO policies; WCIC underwrites or administers full Priority Health or PPO policies. Incentive Fee Vehicles® is the Blue Cross and Blue Shield Association Insurance is a registered trademark of Anthem Insurance Companies, Inc.

# Save money

with SpecialOffers and discounts

As part of your health plan, you qualify for discounts on products and services that help promote better health and well-being. These discounts are available through SpecialOffers, which can help you save money while taking care of your health.



## Dental, hearing, and vision

### Dental

#### RefreshaDent

Save on premium dentures sent direct to your home. You can receive a 50% discount on a lifetime warranty. This program includes a lifetime digital record of your dentures for easy replacement.

### Hearing

#### NationsHearing®

Receive hearing screenings and in-home service at no additional cost. You can also receive hearing aids at a discounted rate.

#### Hearing Care Solutions

Receive no-cost hearing exams and discounts on hearing aids. Hearing Care Solutions has 3,100 locations and eight manufacturers, and offers a three-year warranty, batteries for two years, and unlimited visits for one year.

### Amplifon

Save on top-quality care and ongoing service and support for your hearing aids.

### Eyewear

#### Glasses.com® and 1-800 CONTACTS®

Shop for the latest brand-name frames at a fraction of the cost for similar frames from other retailers. You can also receive additional savings on orders of \$100 or more, plus no-cost shipping and returns.

### EyeMed

Take advantage of discounts on new glasses, nonprescription sunglasses, and eyewear accessories.

### LASIK

#### Premier LASIK Network

Save on LASIK when you choose any featured Premier LASIK Network provider.

### TruVision

Save on LASIK eye surgery at over 1,000 locations.



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# Wellbeing Solutions



## Focus on your well-being and earn rewards up to \$200



**The more activities you complete, the greater your reward**

The Wellbeing Solutions program connects you with easy-to-use digital health and wellness tools that can help you stay your best. When you complete any of the activities listed below sponsored by your employer, you'll earn rewards to put toward electronic gift cards for select retailers. You choose the activities you'd like to complete to receive the maximum of \$200.

| Activity Type  | Activities  | Amount |
|--|---|--------|
| <br>Preventive care | Have an annual preventive wellness exam or well woman exam with your doctor | \$25   |
|  | Get an annual cholesterol test <sup>1</sup>                                 | \$20   |
|  | Have a colorectal cancer screening (ages 45 and older)                      | \$25   |
|  | Have a routine mammogram (women ages 40 to 74)                              | \$25   |
|  | Have an annual eye exam <sup>2</sup>  | \$25   |
|  | Get an annual flu shot  | \$20   |

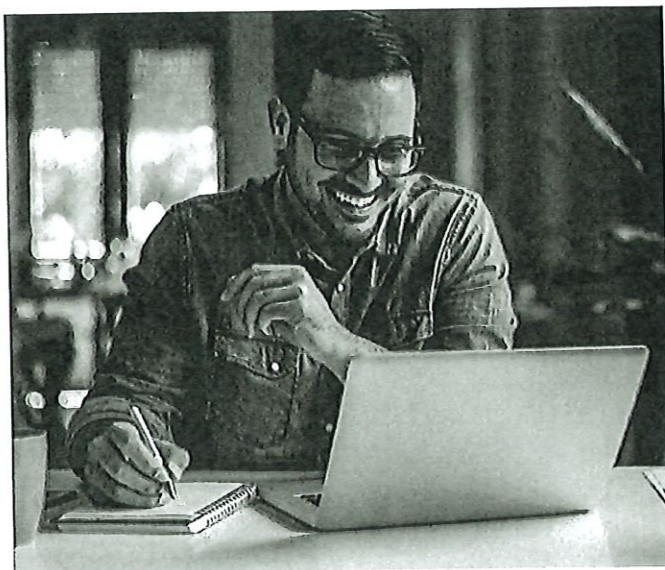




| Activity Type  | Activities  | Amount                                    |
|--|---|---|
|  <b>Condition management programs</b>     | ConditionCare: Work one on one with your health coach and earn rewards for participating in and completing the program <sup>3</sup>   | Up to \$50 (\$20/\$30)                    |
|  | Building Healthy Families: Support is available through the Sydney <sup>SM</sup> Health app wherever you are in your family planning process, such as trying to conceive or raising your toddler <sup>4</sup> | Up to \$40 (\$10/\$10/\$10/\$10)          |
|  | Well-being Coach – Weight Management: Receive one-on-one coaching by phone as you complete your goal to earn a reward <sup>5</sup>  | \$25                                      |
|  | Well-being Coach – Tobacco Cessation: Receive one-on-one coaching by phone as you complete your goal to earn a reward <sup>6</sup>  | \$25                                      |
|  <b>Digital &amp; wellness activities</b> | Log in to your Anthem account   | \$5                                       |
|  | Connect a fitness or lifestyle device   | \$5                                       |
|  | Complete a health assessment and receive tailored health recommendations  | \$20                                      |
|  | Complete action plans around eating healthy, weight management, and physical activity   | Up to \$25 (\$5 per action plan)          |
|  | Track your steps  | Up to \$60 (\$2 per 50,000 steps tracked) |
|  | Complete Well-being Coach digital daily check-ins <sup>7</sup>  | Up to \$20 (\$4 per milestone)            |
|  | Update your contact information   | \$10                                      |

### Well-being Coach can help you meet your goals

The Well-being Coach digital coaching app offers you 24/7 personalized support. Well-being Coach can help you maintain a healthy weight, quit tobacco, and improve your nutrition, exercise habits, mindfulness, and sleep. If you need extra support with weight management or quitting tobacco, talk to a certified health coach.



### Earn rewards

Here's how and when you'll earn rewards for completing the activities already mentioned.

**Preventive care:** Simply visit your doctor for any of the screenings or appointments listed in the chart. Your rewards are added to your account after your claim is processed, which may take up to 60 days.

**Condition management:** Rewards are added to your account as you meet certain benchmarks or complete a program. Programs include: ConditionCare (for asthma, diabetes, and heart or lung conditions), Building Healthy Families, and Well-being Coach for weight management and tobacco cessation.

**Digital and wellness activities:** Log in to the Sydney Health app or [anthem.com](https://www.anthem.com) to complete available activities, such as taking a health assessment, participating in the Well-being Coach digital program, and tracking your steps. Rewards are added to your account as activities are completed.

## Use your rewards toward electronic gift cards for select retailers.

- 1 To view your rewards, open the Sydney Health app or go to **anthem.com**. Next, go to **My Health Dashboard**.
- 2 Select **My Rewards**.
- 3 Select **Redeem Rewards** to see how much you've earned. Use your rewards toward electronic gift cards from popular retailers, including Amazon, Uber, Gap Options (all brands), Apple, Target, The Home Depot, and TJ Maxx. The minimum gift card amount is set by each individual retailer.



Download the Sydney Health mobile app by scanning this QR code with your phone's camera.

## Do you have questions?

Log in at **anthem.com** or open the Sydney Health app. Then go to **My Health Dashboard** and select **My Rewards** to learn more. You can also call Member Services at the number on your ID card.

1. Annual independent audit, membership records, member data, and other information for all members of the plan.

2. Annual review of the plan's financial health, including the plan's financial health.

3. All members of the plan are eligible to participate in the plan's rewards program. The plan's rewards program is subject to the plan's terms and conditions, which are available on the plan's website.

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Anthem 

## The Sydney Health mobile app makes healthcare easier

Access personalized health and wellness information wherever you are

Use Sydney<sup>SM</sup> Health to keep track of your health and benefits — all in one place. With a few taps, you can quickly access your plan details, Member Services, virtual care, and wellness resources. Sydney Health stays one step ahead — moving your health forward by building a world of wellness around you.

### Find Care

Search for doctors, hospitals, and other healthcare professionals in your plan's network and compare costs. You can filter providers by what is most important to you, such as gender, languages spoken, or location. You'll be matched with the best results based on your personal needs.

### My Health Dashboard

Use My Health Dashboard to find news on health topics that interest you, health and wellness tips, and personalized action plans that can help you reach your goals. It also offers a customized experience just for you, such as syncing your fitness tracker and scanning and tracking your meals.

### Chat

If you have questions about your benefits or need information, Sydney Health can help you quickly find what you're looking for and connect you to an Anthem representative.

### Virtual Care

Connect directly to care from the convenience of home. Assess your symptoms quickly using the Symptom Checker or talk to a doctor via chat or video session.

In addition to using a telehealth service, you can receive in-person or virtual care from your own doctor or another healthcare provider in your plan's network. If you receive care from a doctor or healthcare provider not in your plan's network, your share of the costs may be higher. You may also receive a bill for any charges not covered by your health plan.

Sydney Health is offered through an arrangement with Carelon Digital Platforms, a separate company offering mobile application services on behalf of your health plan. ©2024 The Virtual Primary Care experience is offered through an arrangement with Hydrogen Health. Anthem Blue Cross and Blue Shield is the trade name of: In Colorado: Rocky Mountain Hospital and Medical Service, Inc. HMO products underwritten by HMO Colorado, Inc. Copies of Colorado network access plans are available on request from member services or can be obtained by going to [anthem.com/co/networkaccess](http://anthem.com/co/networkaccess). In Connecticut: Anthem Health Plans, Inc. In Indiana: Anthem Insurance Companies, Inc. In Georgia: Blue Cross Blue Shield Healthcare Plan of Georgia, Inc. and Community Care Health Plan of Georgia, Inc. In Kentucky: Anthem Health Plans of Kentucky, Inc. In Maine: Anthem Health Plans of Maine, Inc. In Missouri (excluding 30 counties in the Kansas City area): RightChoice<sup>SM</sup> Managed Care, Inc. (RMC), Healthy Alliance<sup>SM</sup> Life Insurance Company (HALIC), and HMO Missouri, Inc. RIT and certain affiliates administer (and/or HMO benefits underwritten by) HMO Missouri, Inc. RIT and certain affiliates only provide administrative services for self-funded plans and do not underwrite benefits. In Nevada: Rocky Mountain Hospital and Medical Service, Inc. HMO products underwritten by HMO Colorado, Inc., aka HMO and HMO benefits underwritten by HMO Missouri, Inc. RIT and certain affiliates only provide administrative services for self-funded plans and do not underwrite benefits. In New Hampshire: Anthem Health Plans of New Hampshire, Inc. HMO plans are administered by Anthem Health Plans of New Hampshire, Inc. and underwritten by Matthew Thornton Health Plan, Inc. In 17 southeastern counties of New York: Anthem HealthChoice Assurance, Inc. and Anthem HealthChoice HMO, Inc. In these same counties Anthem Blue Cross and Blue Shield HP is the trade name of Anthem HP, LLC. In Ohio: Community Insurance Company. In Virginia: Anthem Health Plans of Virginia, Inc. trades as Anthem Blue Cross and Blue Shield, and its affiliate HealthKeepers, Inc. trades as Anthem HealthKeepers providing HMO coverage, and their service area is all of Virginia except for the City of Fairfax, the Town of Vienna, and the area east of State Route 123. In Wisconsin: Blue Cross Blue Shield of Wisconsin (BCBSWI), underwrites or administers PPO and indemnity policies and underwrites the out-of-network benefits in PPO policies offered by Compare Health Services Insurance Corporation (Compare) or Wisconsin Collaborative Insurance Corporation (WCIC). Compare underwrites or administers HMO or PPO policies; WCIC underwrites or administers Well Priority HMO or PPO policies. Independent licensees of the Blue Cross and Blue Shield Association. Anthem is a registered trademark of Anthem Insurance Companies, Inc.

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### Community Resources

This resource center helps you connect with organizations offering no-cost and reduced-cost programs to help with challenges such as food, transportation, and child care.

### My Health Records

See a full picture of your family's health in one secure place. Use a single profile to view, download, and share information such as health histories and electronic medical records directly from your smartphone or computer.

### ¿Prefieres obtener información en español?

Tienes opciones. Si tu teléfono móvil ya está configurado en español, la aplicación Sydney Health también estará en español. Si no es así, selecciona el menú dentro de la aplicación Sydney Health y elige el idioma de la aplicación. También puedes visitar [anthem.com/es](http://anthem.com/es).



### Download the Sydney Health app today

Use the app anytime to:

- Find care and compare costs.
- See what's covered and check claims.
- View and use digital ID cards.
- Check your plan progress.
- Fill prescriptions.



Scan the QR code to download the Sydney Health app.

You can also set up an account at [anthem.com/register](http://anthem.com/register) to access most of the same features from your computer.